

# *Baglioni Spa*

*A hidden gem in the heart of Kensington.*



# Baglioni Signature Ritual

## ROSE INDULGENCE

150 minutes £ 280

Relax and indulge your skin and senses with the anti-ageing properties of damask rose and delicate spicy essential oils with this exquisite face and body ritual. First your body is massaged with an exfoliating blend of rosehips seeds and diamond dust to refine the skin. Rhythmical massage with unique Rose-scented dry oil ensures a body free of stress. Next the face is treated to skin brightening, sculpting massage and a firming mask for a youthful, radiant and glowing complexion.



# Facial Treatments

## **DIAMOND LIFE INFUSION RITUAL**

The Art of Youth - 90 minutes £ 185

Imported from Hollywood, this intensive facial uses the diamond range of luxurious products that contain the most potent anti-ageing ingredients. It reverses skin ageing with Telomere technology that works on your skin's DNA to help it act younger. The highlight is a sensational peel off gold mask that brightens and plumps out tired, sallow skin. You will also enjoy indulgent shiatsu fingertip massage that works the muscles on the face and neck to increase microcirculation for further toning results. The ultimate pre party facial, one session ensures brighter, firmer and noticeably younger-looking skin.

## **DIAMOND ENERGY FACIAL**

For a Rosy Complexion - 60 minutes £ 145

A triple 'A' treatment: anti-ageing, anti-stress and antioxidant rich, this gorgeous pampering facial gets skin glowing with products that contain the finest Damask rose extract sourced from Morocco. First, dull skin is significantly brightened with a deep exfoliation. Next a diamond nectar serum is applied with a sculpting massage to lift sagging skin. Finally, while a cooling algae mask firms the skin, hands are massaged with a divine rose oil. Sheer bliss.

## **DIAMOND WHITENING SYSTEM**

Treat pigmentation - 60 minutes £ 160

The ideal antidote for sun-exposed skin, this facial effectively evens out skin tone and eliminates brown spots. Using a powerful AHA peeling treatment and other active ingredients to restore the creamy canvas of youth. Also included are an energising massage to boost radiance and soothing mask to help combat any redness. A great choice pre or post holiday to get your skin on track.

## **AGE-DEFYING FACE**

Switch gears on the aging process - 60 minutes £ 115

Puffy eyes, jowly jawlines and crepey necks will all benefit from this supremely smoothing facial that treats slackened and dull skin tone. Using a potent cocktail of naturally sourced collagen and antioxidant vitamins (A+C+E), which are applied to the skin with peppery massage moves. Professional strength serums work on skin at a cellular level to obtain a firm and glowing complexion.

## **SKIN COMFORT**

A unique solution for extreme sensitivity - 50 minutes £ 100

Using the NB Ceuticals range, which was specially formulated with no alcohol, parabens or soap, this powerful repairing treatment visibly reduces redness and inflammation thanks to its highly effective herbal extracts that soften and soothe the skin. Ideal for Rosacea sufferers or calming weather beaten skin, the treatment also includes a soothing mask to reduce puffiness and strengthen the skin.

## O<sup>2</sup> RELAX

Infuse your skin with a blast of Oxygen - 50 minutes £ 100

A deep clean for congested or stressed skin. This facial uses the Oxygen range, which releases molecules of pure oxygen deep into the skin to help remove toxins and deliver hydration. The perfect solution for parched people: frequent travellers, smokers or those who live in the city. Pores are purged and fine lines are plumped. O2 Relax is also a great choice for combination/oily skins and those that work out. Expect a fresher-faced complexion.

## GENT'S FACIAL

Created for the specific requirements of men's skin - 60 minutes £ 105

Inspired by the techniques used at traditional barber shops, this treatment incorporates a ritual of hot towels to open up pores for a deep clean. Our therapist administers a stimulating face massage to give the skin with a youthful, fresh and clean appearance and applies serums that soothe skin stressed by shaving. Also included; massages on the scalp, neck and shoulders to induce total relaxation.



# Body Treatments

## DIAMOND ROSE BODY TREATMENT

Reboot your skin - 60 or 90 minutes £ 125/165

For skin that feels like velvet and smells like roses, this luxurious exfoliating massage ritual envelopes the body from top to toe with damask rose. An exfoliation with rosehip seeds and diamond dust is followed by a sensational massage with Rose-scented dry oil that leaves the skin glowing. The ideal accessory for your party dress.

## AROMA MASSAGE

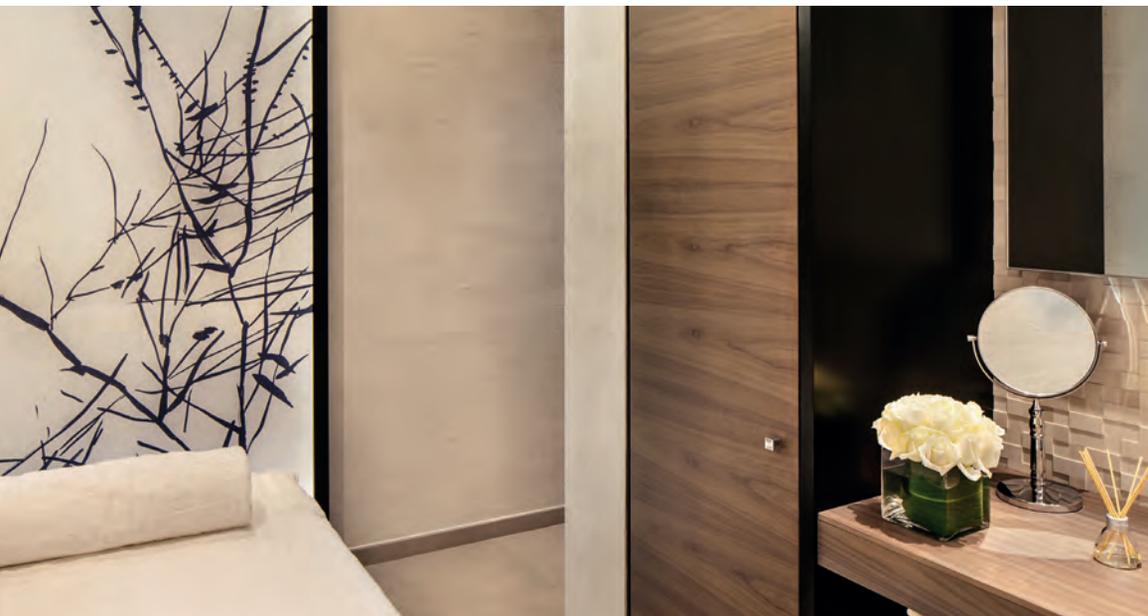
A unique ritual to stimulate the senses through aromatherapy - 25/50/75/90 minutes £ 60/100/125/150

The ultimate antidote to city stress, this massage is ideal for unknotting computer cricked necks, soothing sore muscles and tension headaches. It also works well to combat water retention and improve posture. A mix of two aromatic nectars (relax and detox) are applied along the spine before the therapist uses a combination of Mediterranean and Polynesian massage moves to melt away aches and strains. The result; relaxed muscles, more supple skin and a calm and balanced mind. We challenge you to stay awake.

## MARINE ESSENCE

Hydrate and re-mineralise your skin - 60 minutes £ 110

Harnessing the power of the sea, this quenching massage uses marine algae to contour and regenerate the skin. A superb exfoliation prepares the skin before a purifying mask covers the entire body. The final touch is a detoxifying massage that reveals a deeply hydrated, soft and revitalized skin. A great way to prepare your body for the summer season ahead.



# Treatments

*Whether you choose a facial or massage, enhance the benefits by adding an invigorating body scrub, an express facial, a revitalising eye boost or a luxury hand and foot treatment.*

## **BAMBOO SCRUB**

Recapture your beautiful skin - 25 minutes £ 60

Not all body scrubs were created equal. This delicate, non-scratchy gel uses bamboo micro-particles to delicately resurface and exfoliate the skin with a massage that removes impurities from the skin's surface. The ideal pre-holiday treatment, it paves the way for an even tan and leaves skin feeling super soft.

## **CARBOXY-EXPRESS**

A quick pick-me-up to revitalize and refresh the skin - 25 minutes £ 60

Give us 25 minutes and we'll give you some ping back into your skin. First a cleanse, followed by a deep polish with our famous this G3 peel that fizzes on the skin, munching away dead skin cells, evening out the complexion, softening the appearance of fine lines and delivering the wow factor.

## **AGE-DEFYING LIP & EYE**

Erase the signs of aging from these delicate areas - 25 minutes £ 60

An exceptional treatment for the areas of the face that first show signs of ageing. Collagen and elastin amino acids visibly reduces expression lines, restores suppleness and deeply hydrate the most fragile of areas.

## **BAMBOO & SILK**

Softness for hands and feet - 25 minutes £ 60

Put your feet up and let us soothe you with this incredibly relaxing massage that tackles a range of concerns. Cracked heels, puffy ankles and the backs of hands are soothed with a gentle exfoliation followed by a detoxifying cocktail of algae to nourish the skin and hydrating silk cream massage. Ideal as a lunchtime treat or for days when you need some pep in your step, this relaxing massage is the key to velvety soft skin.

# *Baglioni Massage*

*Let the experts take away the strain. Following your consultation your therapist will recommend a personalised massage ritual combining an aromatic balm with traditional techniques of Swedish, Deep Tissue or Hot Stone Massage. Ideal if you prefer a deep massage or the use of heat to relieve muscle tension.*

## **HOT STONE MASSAGE**

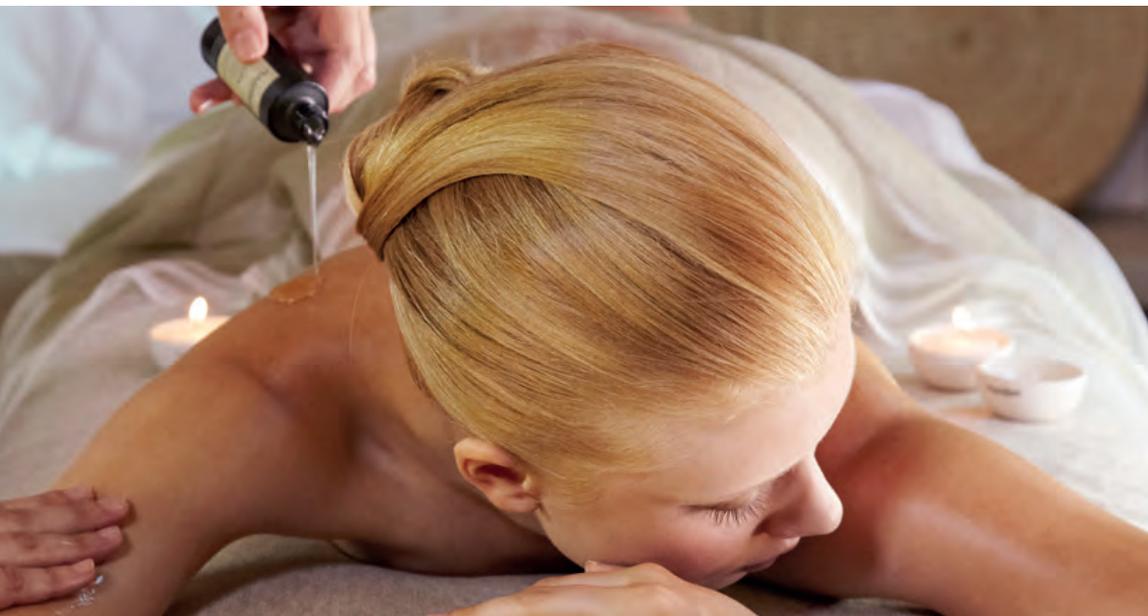
75/90 minutes - £ 140/160

## **DEEP TISSUE MASSAGE**

25/50/75/90 minutes - £ 60/100/130/150

## **SWEDISH MASSAGE**

25/50/75/90 minutes - £ 60/100/130/150



# Final Touches

Nothing says wellness more than beautiful, refreshed and relaxed hand and feet. **Cuccio Professional Manicure & Pedicure Collection** combines irresistible scents with beneficial fruits and botanical based ingredients to help redefine today's hand and foot care needs.



## CLASSIC MANICURE

£ 50

### LADY WAXING

Full legs: £ 50

Half legs: £ 30

Bikini/Brazilian/Hollywood £ 25/30/40

Underarms: £ 25

Full arms: £ 30

Half arms: £ 25

Lip: £ 15

Eyebrows shape: £ 25

## CLASSIC PEDICURE

£ 70

### MAN WAXING

Back & Shoulders: £ 35

Chest & Abdomen: £ 35

Eyebrows shape: £ 30





## *Baglioni SPA Packages*

Baglioni SPA offers special packages designed to relax your body and your mind for a full caring and personalized experience.

Choose your relax.

# SPA & Afternoon Tea

## THE PACKAGE INCLUDES:

- Choose between 50-minute relaxation, deep-tissue or Swedish massage
- Afternoon Tea with an Italian Twist, including finger sandwiches such as a grilled Mediterranean vegetable focaccia, scones served with jam, clotted cream and Nutella, sweet treats such as Tiramisu, Sfogliatelle, Cannoli
- A glass of Prosecco

## PACKAGE RATE

£ 110 per person



# Facial & Aperitivo

## THE PACKAGE INCLUDES:

- A 50-minute personally tailored facial
- An Aperitivo, the tradition of enjoying small bites of food with a choice of special drinks such as Prosecco, Spritz, Martini Royal, Crodino, Sanbitter and many more

## PACKAGE RATE

£ 110 per person



# Health & Beauty

## THE PACKAGE INCLUDES:

- A 60-minute Marine Essence Wrap
- A Healthy three-course lunch menu, created by the nutrition expert Linn Hansen

## PACKAGE RATE

£ 110 per person



# General informations

## HOURS OF OPERATION

We are open 9am to 8pm, Monday to Thursday. 9am to 9pm, Friday to Sunday.  
(Please note that treatments maybe available outside of these hours on request).

## FACILITIES

Three private treatment rooms. Relaxation area, separate ladies and gents steam room with showers. Fitness Centre with Technogym Equipment.  
We offer also our treatments in our Hotel Room, with a supplement of £ 55.

## RESERVATION

Please make appointments for 'à la carte' services personally at the spa reception by phoning +442073685923, (in house guests can dial extension 5923) or book online via [spa.london@baglionihotels.com](mailto:spa.london@baglionihotels.com). Appointments need to be guaranteed with a valid credit card. Cancellations must be made with 24 hours' notice otherwise the full charge of the service will apply. The spa is for hotel resident Clients, non-residents will have to book through spa appointments. Please note that our treatments are available only for people aged 18 years old and over.

## WHAT TO WEAR

Robes, slippers and towels are provided for the comfort and convenience of guests having spa treatment only. Since Baglioni Spa is not responsible for lost or stolen articles, we advise you not to bring valuables to the premises.

Before and After

Please allow at least 15 minutes before your scheduled appointment or earlier if you will enjoy steam room, gym or relaxation area. Payment can be made with either credit cards, cash or directly to your hotel room.

## GRATUITY

Tips are at your discretion - gratuities are not automatically added to the charge.

## GIFT VOUCHERS

Treat a friend or your loved one to a memorable Spa experience with our versatile gift vouchers, redeemable for all Spa treatments and Spa days at Baglioni Spa. Orders can be placed by phone or visiting us in the Spa.

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## PACKAGES TERMS & CONDITIONS:

These packages are based on 2 people.

Please do cancel 48 hours prior to the appointment to avoid a full cancellation charge.

Natura Bissé  
Barcelona

**NATURA BISSÉ** established in Barcelona in 1979 remains a family owned and run business. Loved and relied upon by many of the world's most radiant men and women before red carpet events NATURA BISSÉ is a luxury skincare brand combining true skincare results with indulgent spa rituals.

After just one treatment you'll look brighter, feel lighter and people might start asking you what's your secret. This menu has top to toe solutions from targeted, skin brightening facials to massages and scrubs that take the tension out of urban living.

Prepare to be spoilt...

