

## La Terrasse Lunch Menu

Salads and starters	Rs
<b>Salad</b>	
Mixed green salad	420
<b>Mauritian salad</b>	700
Roasted chicken fillet, pineapple, cherry tomato, coconut, spicy pecan nut, avocado, honey mustard vinaigrette	
<b>Palmist salad with orange</b>	775
Fresh heart of palm, orange segment, tomato, lime, olive oil	
<b>Tomato &amp; mozzarella (V)</b>	780
Arugula salad with basilic, pesto oil	
<b>Greek salad</b>	790
Mesclun, feta cheese, marinated bell pepper, tomato, cucumber, kalamata olive, onion, virgin olive oil and lemon ≈	
<b>“Niçoise” salad ≈</b>	825
Lettuce, white tuna, anchovy, boiled egg, tomato, pepper, onion, green bean, potato, kalamata olives, vinaigrette	
<b>Caesar salad</b>	625
Romaine lettuce, crouton, parmesan shaving, Caesar dressing	
<b>Choice with supplement</b>	
Grilled chicken fillet with thyme	725
Or	
Shrimps flavoured with red chili, ginger	815
<b>Starters</b>	
Bruschetta	525
<b>Mezze</b>	700
Vegetable tabouleh, tzatziki, hummus, falafel, tapenade, babaganoush, tomato salad with lime and mint, pita bread, parmesan crostini	
<b>Carpaccio of red bell pepper</b>	620
Marinated red bell pepper, goat cheese quenelle, roasted walnut balsamic emulsion	
<b>Carpaccio of salmon, pineapple chutney</b>	780
Fresh marinated salmon and pineapple chutney, citrus dressing	
<b>Angus beef carpaccio</b>	820
Sliced Angus beef fillet, pesto mayonnaise, pine nut, shaved parmesan, rocula salad	
<b>Seasonal sea food platter</b>	1300
Sea urchin, oyster, crab, prawn, shrimp, lobster Served with pepper, mayonnaise, cocktail sauce, lemon and rye bread	

<b>Sandwiches</b>	
<b>Hot dog</b>	550
Ketchup and mustard (Choice of sausages: pork or chicken)	
<b>Corn fed chicken burger</b>	580
Iceberg salad, onion, tomato, gherkin	
<b>Angus and wagyu beef burger</b>	875
iceberg salad, onion, tomato, gherkin (cheese choice: cheddar, emmenthal, blue)	
<b>Croque Monsieur</b>	620
White bread, ham, emmenthal , béchamel sauce	
<b>Fresh baguette</b>	665
Parma ham, lettuce, tomato, emmenthal	
<b>Club sandwich</b>	680
White bread, roasted chicken, bacon, tomato, avocado, lettuce, egg, emmenthal	
<b>Bagel bread with poppy seed, smoked salmon</b>	950
Bagel bread with poppy seeds, smoked salmon, tomato, tzatziki sauce	
<b>Pan Bagnat:</b>	650
<b>Sandwich olive oil stuffed Provençal style</b> kalamata olives, tomato, white tuna, garlic, bell pepper, onion, basilic, boiled eggs and anchovies	
<b>Wraps</b>	
<b>Mauritian farata served with</b>	
Vegetables	595
Chicken	625
Or	
Lamb	675
Pita bread, roasted lamb, mint, tzatziki sauce served with vegetables tabouleh	675

*Burger, Sandwich and Wrap are served with French fries  
and salad*

<b>Traditional Sushi and Sashimi</b>	
<b>Assorted vegetarian sushi, ginger pickles (V)</b>	495
Maki salad, cucumber roll avocado, tomato, asparagus, mozzarella & mushroom nigiri ≈	
<b>Mixed sashimi</b>	1420
White fish, tuna, salmon, lobster	
<b>Mixed sushi</b>	1650
California rolls, vegetable maki, futo maki, tuna, salmon, shrimps and crab	
<b>Cold Soup</b>	
Melon soup with fresh mint	425
Tomato gazpacho	450
Served with vegetables salsa	
<b>Steamed</b>	725
Mixed vegetables, olive oil, coarse salt, anchoiade, tapenade, virgin sauce	
<b>Pasta</b>	
<b>Penne with pickles tomato and basil</b>	560
Tomato sauce and pickles eggplant	
<b>Spaghetti Amatriciana</b>	675
‘ Pancetta’, chili, tomato and onion	
<b>Fried ravioli with cheese and wild mushroom</b>	725
Ravioli stuffed with cheese, wild mushroom and tomato sauce	
<b>Linguini with sea food</b>	850
Clams, calamari, shrimps, garlic and basilic	
<b>From the wood oven fire</b>	
<b>Margherita</b>	625
Tomato, basilic, oregano and mozzarella (V)	
<b>Vegetarian ≈</b>	675
Grilled vegetables, tomato, olives, basilic, mozzarella and pesto sauce (V)	
<b>Pizza: six grains dough ≈</b>	725
Tomato, rucola, olives, fresh goat cheese, pickles eggplant, oregano	
<b>Al prosciutto</b>	775
Parma ham, rucola salad, tomato and Mozzarella	
<b>Four cheeses</b>	825

Gorgonzola, goat cheese, pecorino and mozzarella

### From the grill

**Seared tuna steak on the teppan** 975

Red tuna cook on the teppan with bell peppers salsa and roasted palmist, thyme, wine butter sauce

**Grilled fillet catch of the day** 1125

Assorted vegetables sautéed and pilaf rice

**Mixed grill from the lagoon** 1925

Lobster, giant prawns, seabass, calamari, ratatouille, pilaf rice, lemon butter sauce

**Roasted whole spring chicken with 3 flavored** 950

Mustard, lemon, tarragon, sautéed spaetzel and caramelised onions

**Grilled beef Angus fillet,** 1350

Mash potato, confit shallots, béarnaise sauce

### Hot Asian Dish

**Trio satay** 1125

Prawn, calamari, chicken served with peanut sauce, saffroned mayonnaise, tomato salsa

**Beef fillet teriyaki, in wok** 1425

Tepanyaki beef tenderloin with onions, leeks, soya sprout, shitake mushrooms, green beans, broccoli, ginger and bok choy

### Mauritian 'mine frit'

Sautéed noodles with shrimps, bean sprout, coriander and chili 750

Fried Chinese noodles with white cabbage, carrots, chives, ginger, oyster and soya sauce

Chicken 675

Or

Seafood 725

Traditional Mauritian curries served with papadum, Basmati rice and chutneys

- Vegetables curry (V) 525
- Octopus curry 850
- Chicken and shrimp curry 1050

 Well being Option (V) Vegetarian

All prices are in Mauritian Rupees inclusive of VAT