

# JANESCE

## JANESCE SIGNATURE FACIAL TREATMENTS

This intensive hydrating facial includes deep cleansing and gentle exfoliation followed by intense saturation of a cooling, soothing mask enriched with rose and lavender essential oils and nourishing vitamins. Rediscover a fresh and radiant complexion.

*Hydrator Facial Treatment  
\$145/45 minutes*

## JANESCE ENERGISING & RADIANCE TREATMENT

A perfect pep-up for sluggish skin. Deliver a high powered boost to rev up your skin's vitality. Anti-aging resources with an intense infusion of vitamins, essential oils and a dynamic digito-pressure massage.

*\$175/60 minutes*

## ROTORUA PURE SOURCE MUD FACIAL

Rich in antioxidants, vitamins, minerals, enzymes and oligosaccharides, this traditional Rotorua mud treatment helps your skin to retain hydration and promotes healing by drawing impurities and excess oil from the skin.

*\$85/45 minutes*

## TREETOPS TANTALISING MASSAGE TREAT

An invigorating full body massage simulating senses throughout your entire body with a focus on individual requirements and personal taste. A tantalising treat.

*\$165/60 minutes*

## CANDLE WAX MASSAGE

A whole new way to relax with wax, melted and massaged with a blend of nourishing oils for pure indulgence. The scented candle is yours to keep as a memento. Candle wax massage.

*\$200/60 minutes*

## HOT TUBS

We have two hot tubs in the Treetops Spa, along with a sauna, showers and small gym. After your work out, detox in the steam room, refresh in the shower and wind down with a soak in the hot tub, feeling at one with nature you overlook the ancient native forest around you.

The gym, sauna and spa are open from 7am until 10pm.

# TREETOPS

• LODGE & ESTATE •

ROTORUA, NEW ZEALAND



## WILDERNESS SPA MENU



## OUR WILDERNESS SPA & MAORI HEALING RITUALS

Welcome to our spa, developed with a sensitivity to sustainability, environmental responsibility, indigenous and cultural learning and careful consideration to integrating the best in wilderness environment. Open from 7am to 10 pm the two spa therapy rooms, sauna, and healing lounge opening directly onto the Treetops private wilderness. Two wooden outdoor Jacuzzis or 'hot tubs' (available to guests 24/7), set amongst 800 year old virgin forest, use water sourced from a dedicated, deep spring, which also provides drinking water of exceptionally high quality.

Treetops' Maori Healing Rituals, and our Treetops Signature Estate Sourced Manuka Honey Scrub are complemented by a full range of organic treatments from Janesce, a professional botanical skincare, based on a harmonious blend of plants and pure essentials oils.

*Authentic styles of Maori treatment and healing using natural, locally sourced ingredients and plants, traditionally combine physical and spiritual cleansing.*

### MIRIMIRI MASSAGE

Begins with an ancient Maori prayer and powhiri (welcome) to honour you and your ancestors, followed by deeply relaxing therapeutic massage to raise the vibration of your physical body. Your mauri (life essence) and wairua (spirit) are encouraged to synchronise thus giving a sense of well-being, connectedness and balance. Mirimiri massage also works on the central nervous system aiding the release of tension and stress, bequeathing you deep relaxation, and a sense of clarity and rejuvenation.

*\$225 / 60 minutes*



### ROMIROMI MASSAGE

Romiromi is the deeper of the traditional holistic Maori body treatments. Similar to Hawaii's lomilomi, it combines body alignment, deep-tissue massage and stimulation of pressure points to aid the release of cellular blockages, toxins, pain and extraneous energy, replacing these with positive energy and vitality. Natural body systems are invigorated, nourished and balanced and the extraordinary lightness felt after treatment demonstrates a positive shift to greater wellbeing and health. Ideally suited for the end of a full day hiking on the estate.

*\$225 / 60 minutes*



## TREETOPS SIGNATURE TREATMENT

### ESTATE SOURCED MANUKA HONEY SCRUB

Our 100% pesticide free Manuka honey sourced from the Treetops Estate has the most anti-inflammatory and anti-bacterial benefits in the range of honeys. It also contains vitamins, amino acids and minerals...and it is good to use such an ingredient when body scrubbing... since you will expose your skin. Using raw honey is very important since without being processed, the honey will keep all the power of the ingredients as well as alive beneficial enzymes! Mixed with fine raw sugar, this is a totally organic treatment with the benefits of a full body massage. We finish with a full body Janesce Rose Mist, for hydrating, specifically for the calming benefits of its Rose Oil.

*\$225/60 minutes*