



Salon Lichtental

For precise information for allergens please do not hesitate to ask our service personnel.



Good Morning,

start your day in relaxed fashion with a superb breakfast in Salon Lichtental.

Salon Lichtental with its own terrace overlooking the Brenners Park offers the opportunity to enjoy breakfast outside. Always with the choice of helping yourself from the extensive buffet or to enjoy a traditional full service breakfast!

We are delighted to accommodate any food allergies or intolerances by offering alternatives to select dishes and beverages. These items are marked on the menu as well as on our breakfast buffet or can be served upon request.

Hot drinks

Coffee specialties

Portion of coffee

Cappuccino

Espresso

White coffee

Latte Macchiato

Espresso Macchiato

Please do not hesitate to ask for lactose-free products

Brenners Infusion Natural Herbs

This exclusive and organic herbal tea was especially created for the Brenners Park-Hotel & Spa. Lemon grass, slices of apple, leaves of strawberries and a few more ingredients complete this health-conscious tea.

For the enjoyment at home we offer one bag for 14.50€/50g.

Green tea

Green Dragon

Elegant tea from Indian highland plantations with a distinct fine and flowery aroma

Morgentau

Delicately bitter tea with fine fruity flavour of cornflower and rose

Jasmin

Soft and unmixed tea, flavoured with jasmine flowers

Black tea

Spring Darjeeling

Light and lovely tea with a fine and flowery aroma

Summer Gold

High quality plant with flowery elegance and a delicious aroma

English Breakfast

Pretty dark and typical tea from Ceylon with an excellent bitterness and a sparkling flavour

Assam Bari

Extravagant broken tea full of high quality aroma: strong, spicy and malty

Earl Grey

Darjeeling with a delicious scent surrounded by a precious aroma of bergamot

Herb and fruit tea

Camomile

Agreeable and calming with its typical softy bitter aroma

Peppermint from Morocco

Peppermint refreshes and relaxes with its natural content of menthol

Fitness

Vitalizing herbal tea with Rooibosh and fresh ingredients of mint and anise

Sweet Berries

Sun-ripenes fruits, intensive and sweet aroma

Cream Orange

Orange and soft vanilla with hearty rooibos

Portion of homemade hot chocolate

The Brenners gourmet breakfast

You are invited to help yourself at our rich breakfast buffet and enjoy warm egg dishes especially prepared for you "à la minute". Please order your boiled egg from our service staff.

Refreshing drinks and sparkling Specials

Selters Culinaria and Vittel

Freshly squeezed orange juice, grapefruit juice, pine apple juice, multivitamin, mango juice, apple juice and tomato juice

Carpe Diem Kombucha, cranberry and quince

The tea mushroom Kombucha has a metabolism stimulating and a blood cleaning effect

Fürst von Metternich Riesling Sekt

Local fresh milk products

Fresh milk, buttermilk, kefir, Actimel and milkshake

Plain yoghurt, curd cheese and cottage cheese

Please do not hesitate to ask for lactose-free products

Delicate and mild breakfast cheese

International choice of cheese from our cheese wain

Sausage specialties

Best choice of sausages and ham

Black Forest ham and cooked ham, fine sliced cold meat

Coarse and fine liver sausage, "Rügenwalder" sausage

Different kinds of salami

Fish

Fresh filet from salmon, char and trout

Salmon and trout smoked with beech smoke

Marinated herring and shrimps

Wholemeal products and breakfast cereals

Rolled oats, Cornflakes, chocolate muesli, crunchy muesli

Cappuccino muesli, coconut-almond muesli, fruit muesli

Sunflower cores, linseed, grain flakes, wheat bran, pumpkin cores

Fruit

Freshly sliced fruit

Fruit salad from fresh fruit

Apricots, dried mangos, dried figs, cranberries, raisins

Candied papayas

Rolls, assortment of bread and croissants

Crunchy rolls, wholemeal bread and toast bread

Butter croissants and special „Laugen“ croissants, finest pastries

Please do not hesitate to ask for gluten-free products

Marmalade, honey and nut-nougat cream

Fruit marmalade from strawberry, sour cherry, blueberry, apricot

Orange, blood orange, tropic, blackberry, raspberry

Kiwi-gooseberry

Diet marmalade from orange and apricot

Assorted local honey

Nut-nougat cream

Warm dishes will be prepared „à la minute“ for you

Fried egg, scrambled egg, egg in a glass, land egg as soft as butter

Plain omelette or omelette with a variety of ingredients of your choice

Freshly baked pancakes with maple syrup

Our breakfast eggs originate from ethical husbandry based on organic guidelines



Additional hot dishes

Nürnberger sauteed sausages

Crunchy breakfast beacon

Grilled tomatoes

Houseguests 38.00 €

Breakfast guests 40.00 €

Spa Breakfast

A glass of freshly squeezed juice of your choice

Crunchy fresh rolls and a choice of bread

10g butter or margarine

Jam, marmalade and finest bee honey

Slices of fresh fruits

or fruit salad with low fat yoghurt (0.1%)



Please do not hesitate to ask for lactose-free and/or gluten-free products

Spa Specialities

We are pleased to choose you poultry, smoked salmon

Boiled ham or roast beef

Houseguests 32.00 €

Specialities à la carte

Selection of farm egg dishes

Egg Benedictine 11.00 €

Scrambled egg with truffle 22.00 €

For a special breakfast

Glass of champagne Alfred Gratien 16.50 €

Potato pancake with smoked salmon 16.00 €

Tournedos with herb mushrooms 21.00 €

Continental breakfast

We are pleased to serve you a continental breakfast.



Crunchy fresh rolls and a choice of bread
Butter- und „Laugen“-croissants, toast and finest pastry

Please do not hesitate to ask for gluten-free products

Jam and marmalade from a selection of fruits
Finest bee honey and nut-nougat cream

Please choose your drink:
Coffee, special teas or homemade hot chocolate

Please do not hesitate to ask for lactose-free products

A glass of freshly squeezed juice of your choice

Houseguests	28.00 €
Breakfast guests	30.00 €

Allergens



A Gluten



B Crustaceans



C Egg



D Fish



E Peanuts



F Soya



G Milk, Lactose



H Edible nuts



L Celeriac



M Mustard



N Sesame



O Sulfite



P Lupines



R Mollusks