

Beniya Mukayu Entei Spa べにや無何有・円庭 施術院

Our treatments are not restricted to hotel guests so feel free to make a booking. Reservations are required for all treatments. Tax is excluded from the price list.

Hot Spring

Spring quality: Simple alkaline spring water

Guests begin their treatments after soaking in hot spring water to enhance the treatment effects.

We also offer a hot spring-footbath after the treatments with curative herbs from Hakusan Mountain and individually selected medicinal herbs.

Hot spring water has benefits such as body warming, hydrostatic pressure, buoyancy and pharmacological.

“Warming effect” brings the heat to the body, and improves the blood/lymphatic circulation and metabolism. Moreover, body wastes or toxins can be removed.

“Hydrostatic pressure” causes blood vessels to contract, and sluggish circulation around the foot can be eased by pushing up the blood. The rate of breathing and the cardiopulmonary function will be also increased by pressing the diaphragm and lungs.

“Buoyancy effect” alleviates the pressure in the muscles and joints, and the body will be released from tension. Regarding “pharmacological” the spring quality is alkaline simple hot spring, known as “Spring water for beautiful skin”. It is believed to be effective for neuralgia, muscle pains/aches, joint pains, stiff shoulders, fluid retention in the joints, bruise, sprain, chronic digestive diseases, hemorrhoids, sensitivity to cold, convalescence stage, fatigue recovery and health improvement.

Medicinal Herb Matrix “Ho, Sha, Ryu, Cho”

Cho 調	Ryu 流	Sha 捨	Ho 補	
<ul style="list-style-type: none"> Snakegourd Fruit Prepared Liquorice Root Fennel Fruit 	<ul style="list-style-type: none"> Sanchi Turmeric Root-tuber Turmeric 	<ul style="list-style-type: none"> Snakegourd Fruit Ginger Persimmon Leaf 	<ul style="list-style-type: none"> Reish Mushroom Manyprickle Acatopanax Root Fragrant Solomonseal Rhizome Heterophyly Falsestarwort Root Chinese Caterpillar Fungus 	本 Hon
<ul style="list-style-type: none"> Snakegourd Fruit Chrysanthemum Cassia Twing 	<ul style="list-style-type: none"> Turmeric Root-tuber Turmeric Pearl Powder Benzoine Peppermint 	<ul style="list-style-type: none"> Radish Seed Snakegourd Fruit Lotus Leaf 	<ul style="list-style-type: none"> Manyprickle Acatopanax Root Nelumbe Semen Jujube 	心 Shin
<ul style="list-style-type: none"> Barbary Wolfberry Fruit Chrysanthemum Cassia Twig Fennel Fruit 	<ul style="list-style-type: none"> Momordica Grosvenori Swingle Pearl Powder Benzoine 	<ul style="list-style-type: none"> Eucommia Bark Christina Loosetrife Herb Bamboo Leaf Pine Leaf 	<ul style="list-style-type: none"> Eucommia Bark Tortoise Shell English Walnut Seed Semen Pini Koraliensis 	寿 Ju
<ul style="list-style-type: none"> Mulberry Leaf Erect St.John'swort Herb Barbary Wolfberry Fruit Peppermint 	<ul style="list-style-type: none"> Bitter Orange Pearl Powder Argy Wormwood Leaf Safflower 	<ul style="list-style-type: none"> Coffee Senna Seed Belvedere Fruit Loquat Leaf Pine Leaf 	<ul style="list-style-type: none"> Tortoise Shell Nelumbe Semen English Walnut Seed Sesame Seeds Fig 	美 Bi

● Domain where herbal balls are effective.

⦿ Domain where herb teas are effective.

■ Domain where herbal footbath is effective.

This table was prepared by Toshitaka Koi, Doctor of Traditional Chinese Medicine.

Yakushiyama and Entei Spa

The Yamashiro hot spring has been nurtured in a close relationship with “Hakusan (White Mountain),” a sacred mountain in the area. In the Heian period (about 1,000 years ago), the five Hakusan temples were completed, which came to play a central role in people’s beliefs in Hakusan. The Yakuoin Onsenji temple in Yamashiro thrived as the main temple among the five Hakusan Temples. The area around Yakuoin Onsenji used to be called “Yakushiyama (Healing Buddha’s Mountain)” for its high spirituality, which was a place for training and learning for Buddhist monks, and at the same time, a place for healing, where the monks cured people by providing hot spring baths and preparing medicinal herbs. Beniya Mukayu is a hot-spring hotel quietly standing on a hill of this sacred Yakushiyama, where the main hall of Yakuouin Onsenji was once located. At our “Entei spa”, we provide “Yakushiyama treatment” and other treatments for mental and physical health care using hot spring water and medicinal herbs, inheriting the spirit of traditional Yakushiyama hot spring and herbal remedies provided by local monks.

I Yakushiyama Body Treatment

We provide counseling based on the principle of the medicinal herbal matrix, “Ho, Sha, Ryu, Cho,” and prepare a custom blended “herbal ball” and “herbal cream,” according to the physical condition and constitution of each guest.

Then, therapist will offer you a treatment customized to your condition and request, such as slimming, relaxing, recovery from fatigue, etc.. After the massage, steamed herbal balls will be applied as hot compresses, pressed gently against the body. Entei Spa’s original “medicinal herbal ball” and “medicinal herbal cream massage” will allow deep penetration of the herbs’ medicinal components, leaving the body refreshed and balanced.

Herbal ball - a blend of traditional oriental medicinal herbs wrapped in cotton. The ball is steamed and used as a hot compress.

Herbal cream – a blend of brewed traditional medicinal herbs, hot spring mineral water, medicinal herbal oil and Onkuchu Cream (a cream consisting of 24 types of medicinal herbs).

70min. - Body (back only), shoulders, herbal ball ¥18,000

90min. - Body, shoulders, neck, herbal ball ¥21,000

120min. - Body, shoulders, neck, phyto-head massage, herbal ball ¥24,000

II Yakushiyama Facial Treatment

We provide counseling based on the principle of the medicinal herbal matrix, “Ho, Sha, Ryu, Cho,” and prepare custom blended “Herbal balls,” and “Herbal gommage” according to the physical condition and constitution of each guest.

“Herbal gommage” removes the dirt from your pores and the waste keratin, so that your skin absorbs the nutrients efficiently from the herbs and the hot spring water throughout the treatment. Steamed “Herbal balls” will be pressed gently around your neck and shoulders. A lift-up massage will alleviate swelling or fatigue, and tightens up facial contours. This massage is performed using “Yakushiyama emulsion” from our Mukayu brand skincare line of the “Yakushiyama Amenity”. It contains ingredients like a serum which has a smooth texture like an emulsion. It also provides nourishment for damaged skin. Treatment will be completed with “Yakushiyama lotion” and “Yakushiyama emulsion”, adding the “Yakushiyama aging-care line” which is rich in placenta extracts to aid whitening, aging-care, and rejuvenate your skin.

*All courses include décollete and head massage.

70 min. - facial cleansing, herbal gommage, oil massage, herbal ball ,skin balancing ¥17,000

90 min. - facial cleansing, hearbal gommage, oil massage, hand massage, herbal ball, herbal mask, skin balancing ¥19,000

120 min. - facial cleansing, herbal gommage, oil massage, hand massage, herbal ball ,skin balancing, herbal mask, phyto-head massage ¥23,000

III Yakushiyama Body & Facial Treatment Combinations

A combination of Yakushiyama Body and Facial Treatment at a more affordable price. Please refer to the menu of Yakushiyama body treatments and Yakushiyama facial treatments for full details.

90 min. - body (Back), or leg, facial ¥25,000

120 min. - body (Back and leg), facial ¥28,000

140 min. - body , facial ¥34,000

IV Japanese pressure point massage

Our original massage first works on muscle tension in the neck, shoulders and lower back, then eventually your whole body will feel a sense of release. This pressure massage is applied slowly along the meridian to give you deep relaxation. The therapist uses their manual skills without any oils. It helps energize the body and refresh the shoulders, neck and legs.

* We will require you to change into our treatment outfit.

50 min. — Full body treatment ¥13,000

70 min. — Full body treatment ¥15,000

90 min. — Full body treatment , herbal ball ¥17,500

V Aromatherapy Body & Facial Treatment

Aromatherapy is a treatment utilizing the essential oil of plants based on the study of herbal medicine passed down to us from ancient times. Based on the principle of the herbal matrix, “Ho, Sha, Ryu, Cho,” essential oils will be chosen and blended according to the physical condition and constitution of each guest. The highly aromatic essential oils facilitate breathing, whereas the slow rhythm, fluid touch, and gentle pressure of the massage will lead to a deeper state of relaxation. All essential oils used are of the highest quality, extracted from organically grown and naturally cultivated plants.

70min. - Full body massage ¥15,000

70min. - Facial shoudlers ¥15,000

90min. - Body(Back), facial, shoulders ¥19,000

120min. - Full body, facial, shoulders ¥22,000

VI Reflexology Foot Massage

Based on the principle of the herbal matrix, “Ho, Sha, Ryu, Cho,” essential oils will be chosen and blended according to the physical condition and constitution of each guest. Reflexology is a natural therapy, which vitalizes various parts of the body by applying gentle pressure on the reflex points of the feet. All essential oils used are of the highest quality, extracted from organically grown and naturally cultivated plants.

50min. - Reflexology, massage below the knees ¥13,000

70min. - Reflexology, massage below the knees, phyto-head massage ¥15,000

VII Seasonal Menu

Seasonal and limited time offers are also available. Please contact the spa for details.

VIII Tailor-made Menu

We can customize a special menu for you by combining menu elements to suit your specific needs. Please inform your therapist about your requests. 150 min. ~

IX Optional Menu

The following options can be combined with any other treatment courses on the menu.

Treatment for abdomen 15 min. ¥2,000

This treatment is effective when combined with a Yakushiyama aroma body treatment. We also recommend it if you have a problem with your digestive system, fluid retention or high level of stress. Please ask your therapist.

Herbal rap (For legs) 20 min. ¥3,000

A soaked bandage soaked in medicinal herbs is wrapped around the legs to accelerate the circulation of blood and lymphatic fluid to ease swollen legs. It is effective for tired legs.

Phyto head 30 min. ¥4,500

This scalp massage provides nourishment to the scalp and the hair using special head cream. It removes fatigue from the head, neck, shoulders and eyes, and boosts circulation in the scalp. It is also effective for hair growth.

Reservations

Please make a reservation by the phone.

A reservation clerk will accept your reservation.

Unfortunately your treatment time might be shortened if you are late for your reservation.

Toll-free: 0120-07-1340