## Park Grill Breakfast Menu

## Beginnings

House-made Pistachio-Almond Granola with Seasonal Berries, Bananas & Regular or Nonfat Yogurt 10 Sliced Local Fruits & Berries with Regular or Nonfat Yogurt & Pumpkin Bread 14 Selection of Cold Cereals 6 – with Bananas or Seasonal Berries 8 Old Fashioned Rolled Oats with Brown Sugar & Raisins 9 Ruby Red Grapefruit Segments 6

## **Healthy Start 17**

Choice of Oatmeal or Granola Choice of Juice & Coffee or Tea

### **Continental 15**

Choice of Juice Choice of Croissant, Bagel, Muffin, Danish, Pastry, or Toast (White, Wheat, Rye, Sourdough, Multi-grain, or English Muffin) Coffee or Tea

### **American Breakfast 23**

Choice of Juice Eggs Any Style

Country Smoked Bacon, Aidell's All Natural Chicken and Apple Sausage or Ham, Home Fried Potatoes & Toast (White, Wheat, Rye, Sourdough, Multi-grain, or English Muffin), Coffee or Tea

#### **Create Your Own Omelet 17**

(Egg Whites & Egg Beaters Available Upon Request)
Select up to 4 items: Ham, Sausage, Avocado, Bell Pepper, Onion, Mushroom, Tomato, Spinach, Olives,
Monterey Jack, Cheddar, Swiss, or Feta
Your Choice of Home Fried Potatoes, Sliced Vintners' Organic Tomatoes, or Fresh Fruit.
Served with Your Choice of Toast (White, Wheat, Rye, Sourdough, Multi-grain, or English Muffin)

#### **Favorites**

The Jason Segal Cambridge Farms Smoked Salmon with Traditional Accompaniments 18 Cream Cheese & Bagel

Belgian Style Malted Waffle, Mixed Berries & Maple Syrup 15

Traditional Eggs Benedict, Natural Smoked Pork Loin & Hollandaise 17

New York Steak & Eggs Your Way with Home Fried Potatoes 20

Buttermilk or Whole Wheat Griddle Cakes with Whipped Cream 14 Choice of Bananas or Blueberry

Crispy Brioche French Toast with Vermont Maple Berry Compote and Caramel 15

Topped with Powdered Sugar

House Made Fresh Corned Beef Hash with Poached Eggs 17

| Sides                  |      | Beverages                                    |      |
|------------------------|------|--|------|
| Applewood Smoked Bacon | 6.50 | Brewed Regular or Decaf Illy Coffee          | 5.75 |
| Chicken Apple Sausage  | 6.50 | Regular or Decaf Premium Loose Tea           | 6.50 |
| Hash Browns            | 5.50 | Illy Espresso 5.75 or Illy Cappuccino        | 6.00 |
| Sautéed Spinach        | 5.50 | Fresh Orange, Grapefruit or Carrot Juice     | 6.00 |
|                        |      | Apple, V8, Tomato, Cranberry, or Prune Juice | 5.50 |
|                        |      | Whole, 2%, Skim Milk or Soy Milk             | 5.00 |

# Signature Éclairs