

THE BEAR & MONARCH

favorites

- PATISSERIE BASKET croissants - cinnamon roll - danish >>> 13
- SMOKED SALMON dried tomato - cream cheese - caper - everything bagel >>> 22
- GRILLED AVOCADO TOAST charred onion - frisée - lemon >>> 16 ... add sunny egg +2
- ANSON MILLS STEEL CUT OATMEAL dried fruit - maple sugar - walnuts >>> 12
- LEMON RICOTTA PANCAKES market berries - whipped cream - maple >>> 19

eggs

- EGGS BENEDICT >>> 20
hobb's canadian bacon - potatoes - hollandaise - english muffin
... add dunqeness crab +8

- OMELET potatoes - toast >>> 20
choose four: tomato - onion - mushroom - spinach - jalapeño - bacon - ham - pork sausage
chicken sausage - cheddar - jack cheese ... add smoked salmon +3 | add ingredient +2

- AMERICAN BREAKFAST 2 eggs - potatoes - toast >>> 22
choose one: smoked bacon - country ham - pork sausage - chicken sausage
- ENGLISH BREAKFAST >>> 25
2 eggs - potatoes - beans - bacon - black pudding - sausage - grilled tomato - toast
- CORNED BEEF HASH >>> 24
sunny egg - potatoes - scallion - sweet peppers - onion - hollandaise
- MINCED BEEF CONGEE >>> 18
slow egg - charred scallion - radish - watercress - fresno chili
- HAWAIIAN BREAKFAST >>> 17
housemade spam & macaroni salad - sunny egg - rice - kimchi

sides

- BREAKFAST MEAT smoked bacon - chicken apple sausage - pork sausage - country ham >>> 9 ea.
- BREAKFAST POTATOES >>> 9
- BAGEL & CREAM CHEESE >>> 8 | TOAST >>> 4
- FRUIT BOWL >>> 14 | BERRIES BOWL >>> 14
- EGGS one >>> 6 - two >>> 8 - three >>> 10
- CEREAL corn flakes - raisin bran - frosted flakes >>> 9 ea.

beverages

- JUICES orange - grapefruit - cranberry - apple - carrot - tomato >>> 8 ea.
- FRESH HAND-SQUEEZE ORANGE or GRAPEFRUIT JUICE >>> 10
- GREEN JUICE >>> 10
- COCOUNUT HYDRATION >>> 10
- MR. ESPRESSO REGULAR & DECAF COFFEE >>> 7
- SPECIALTY COFFEE cappuccino - latte - mocha - espresso >>> 8 ea.



CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS. 20% GRATUITY WILL BE ADDED TO PARTIES OF 6 OR MORE.

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small plates

OUR SOURDOUGH BREAD - koji butter - sea lettuce >>> 6

PEA SOUP ricotta dumpling - serrano ham >>> 14

CHICKEN LIVER TOAST red onion marmalade - petit greens >>> 10

MUSSELS ESCABECHE carrot - fennel - pedro ximenez - crusty bread >>> 14

FIRE ROASTED SQUASH BLOSSOMS shu mai - xo - scallion >>> 17

SCALLOP TERRINE daurenki caviar - dill crème fraiche - lardo - forbidden cracker >>> 27

cold plates

MARKET SALAD fennel - radish - rye - mandarin - charred onion vinegar >>> 16

RED DRAGON ARUGULA burrata - strawberries - fava beans

pistachio - white balsamic vinegar >>> 16

OCEAN TROUT PASTRAMI fermented turnip - grilled rye - salmon roe >>> 20

A5 WAGYU TARTARE black garlic ranch - beef chicharron - dried herbs >>> 32

larger dishes

WHOLE WHEAT FENNEL CAMPANELLE chicken sugo - broccolini - shishito - calabrian chili >>> 22

RIGATONI LAMB BOLOGNESE harissa biscotti - arugula - chili flakes >>> 26

SPINACH TAGLIATELLE CARBONARA bacon - english peas - sunny egg >>> 26

DOUBLE CHEESEBURGER bacon - market lettuce - caramelized onion - fancy sauce >>> 24

KING SALMON piperade - baby octopus - green garlic emulsion >>> 28

FRIED CHICKEN >>> 27

PRIME NEW YORK STEAK (10 OZ.) >>> 42

108-DAY AGED PRIME BONE IN STRIPLON >>> 3.75 per oz

WAGYU TOMAHAWK - FOR TWO (34 OZ.) >>> 185

Comes with: potato puree - grilled spring onion & delta asparagus - shitake A1

dessert

CHOCOLATE TART whipped crème fraiche - sake lees caramel >>> 10

EVERYTHING CEREAL DONUT strawberry frosting - marshmallow ice cream >>> 11

SMOKED BOURBON ICE CREAM SUNDAE poached cherry - peanut - smoked banana bread >>> 14



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small plates

PEA SOUP ricotta dumpling • serrano ham >>> 14

CHICKEN LIVER TOAST red onion marmalade • petit greens >>> 10

SMOKED AVOCADO TOAST burnt onion • mustard greens • lemon >>> 19

MUSSELS ESCABECHE carrot • fennel • pedro ximenez • crusty bread >>> 14

cold plates

MARKET SALAD fennel • radish • rye • mandarin • charred onion vinegar >>> 16

RED DRAGON ARUGULA burrata • strawberries • fava beans • pistachio

white balsamic vinegar >>> 16

DUNGENESS CRAB LOUIE cucumber • grilled lettuce • watermelon radish • egg yolk bottarga >>> 22

... add chicken +10 | add shrimp +12 | add salmon +12

sandwiches

TURKEY fontina • bacon • spinach • ciabatta • tarragon aioli >>> 20

SMOKED SALMON egg salad • pickled shallots • shaved fennel • caper >>> 23

FRIED CHICKEN celeriac remoulade • pickles • torpedo roll >>> 22

DOUBLE CHEESEBURGER bacon • market lettuce • caramelized onion • fancy sauce >>> 24

larger dishes

ORECCHIETTE ARUGULA PESTO • smoked bacon • asparagus • bread crumbs >>> 19

WHEAT FENNEL CAMPANELLE chicken sugo • broccolini • shishito • calabrian chili >>> 22

LAMB BOLOGNESE RIGATONI • harissa biscotti • arugula • chili flakes >>> 26

KING SALMON piperade • baby octopus • green garlic emulsion >>> 28

GRILLED BRICK CHICKEN morels • asparagus • madeira • hobb's guanciale >>> 29

dessert

CHOCOLATE TART sake lees caramel >>> 10

SMOKED BOURBON ICE CREAM SUNDAE poached cherry • peanut • smoked banana bread >>> 14



CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS. 22% GRATUITY WILL BE ADDED TO PARTIES OF 6 OR MORE.

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to share

GRILLED CHICKEN WINGS • thai flavors

six >>> 8 | twelve >>> 15

MUSSELS ESCABECHE >>> 9
carrot • fennel • pedro jimenez • crusty bread

CHICKEN LIVER TOAST >>> 7
red onion marmalade • frisée • radish

CHEESEBURGER >>> 15
gruyere • market lettuce • fancy sauce

TRUFFLE FRENCH FRIES >>> 7

MARKET SALAD >>> 16
fennel • radish • charred onion vinegar

ORECCHIETTE ARUGULA PESTO >>> 19
smoked bacon • asparagus • bread crumbs

RED DRAGON ARUGULA >>> 16
burrata • strawberries • fava beans

to drink

INVITATION SAUVIGNON BLANC
California >>> 9

INVITATION PINOT NOIR
California >>> 9

FARMHOUSE RED BLEND
California >>> 9

INTO THE FURNACE >>> 12
roasted habanero tequila • watermelon • agave

TAVERN PUNCH >>> 9
daily house made spiked punch

SOUR CHERRY & ROSEMARY MULE >>> 12
house made ginger beer • vodka

ANCHOR STEAM >>> 6



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