

# SPA



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## SKINCARE

### BESPOKE FACIAL BY NATURA BISSÉ

80M / \$250  
50M / \$185

Let us design a bespoke facial with your skin concerns in mind. Our estheticians choose from scientifically advanced collections, cutting edge products and applied techniques to address your skin's specific needs. Through deep exfoliation and an infusion of result-driven ingredients, your skin is left balanced and radiant.

### C+C VITAMIN FACIAL BY NATURA BISSÉ

80M / \$260  
50M / \$190

This exquisite facial awakens your senses, infusing skin with all of the energy of Vitamin C. Antioxidant action repairs even the most mistreated skin, unveiling a completely hydrated, revitalized complexion that showcases your radiant face.

### NATURAL GLOW KOMBUCHA FACIAL BY EMERGINC

80M / \$250  
50M / \$185

Bring your complexion to perfection. This facial begins with a mandarin ginger lily journey to put your mind at ease. Active cosmeceuticals, kombucha probiotics, antioxidants, enzymes, natural fruit acids and a wide variety of potent botanical extracts combine to deeply cleanse, firm and nourish the skin.

### DIAMOND BRIGHTENING FACIAL BY NATURA BISSÉ

80M / \$270  
50M / \$195

Reveal a brighter complexion with this revolutionary facial treatment that provides results for hyper-pigmented skin. High concentrations of effective whitening and lightening active ingredients deeply renew the skin, even skin tone, prevent the formation of pigmentation and minimize pores to unveil a luminous complexion without imperfections.

### AGE-DEFYING FACIAL BY NATURA BISSÉ

80M / \$270  
50M / \$195

This next-generation facial will challenge the test of time and reduce visible signs of aging to transform your skin. Experience firmer, more defined, plump and smooth skin rejuvenated and able to defend against environmental stressors. This result-oriented facial will reveal radiant skin.

### HYDRAFACIAL

80M / \$350  
50M / \$225

Non-laser skin resurfacing to remove dead skin cells and extract impurities while cleansing, hydrating and moisturizing. Take results to the next level with the addition of lymphatic drainage, a soothing mask and scalp massage in the 80-minute treatments to provide instant results for all skin types with no downtime.

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## BODY

### SIGNATURE BODY MELT

80M / \$275

Feel tension unravel, be enveloped from head to toe in total relaxation, and deeply nourish your skin with a refreshing full body exfoliation and soothing aromatherapy massage.

### CITRUS DRENCH BY NATURA BISSÉ

50M / \$185

Drench your skin with energizing nutrients. An ideal body treatment for skin that has been damaged by the sun or free radicals in our environment. This body wrap restores elasticity to the skin and provides an intense, deep hydration. Natural ingredients, shea butter, absorbic acids and orange juice protect the skin from dryness and premature aging, providing rejuvenating, antioxidant and firming results from the very first session.

### RADIANT RENEWAL

50M / \$185

Buff and polish skin to radiant perfection. Smooth dry skin with a thorough body exfoliation and hydrating scrub followed by a warm Swiss shower. A decadent application of nourishing moisturizer reenergizes the skin.

### DIAMOND ROSE EXPERIENCE BY NATURA BISSÉ

80M / \$295

50M / \$195

Take a journey through an unprecedented sensory experience. Enjoy a smoothing and nourishing exfoliation followed by a regenerating massage with the exquisite absolute Damask rose oil that will transport you to a complete state of relaxation and well-being.

### CRÈME DE LA CRÈME

110M / \$395

Melt away tension and succumb to our most luxurious body-mind ritual that will nourish and replenish skin as you ease aching muscles. Begin with a full body exfoliation followed by a detoxifying body wrap. Complete this decadent experience with a comforting full body aromatherapy massage and hot oil scalp treatment.

### ACUPUNCTURE WELLNESS

50M / \$195

Designed to rebalance and re-energize the flow of Chi, this treatment eases headaches, stress, sleep disorders and jet lag. Our expert Acupuncturist eases the mind and alleviates tension through the application of needles and moxibustion therapy along the energy pathways of the body. A scalp and foot acupressure massage is also included.

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## MASSAGE

### SIGNATURE MASSAGE

80M / \$265

50M / \$195

Our Signature massage treatment uses hot stones and heated herbal compresses filled with organic herbs and salts to massage and soothe muscles and joints to open the flow of energy, creating a healthier mind and body connection.

### CLASSIC MASSAGE

80M / \$250

50M / \$180

Revive your body as stress and tension are released with this intensive and restorative treatment. Fast-paced and firm Swedish massage techniques boost circulation, relieving tightness, strain and persistent aches and pains. You'll emerge feeling lighter-limbed and re-energized.

### DEEP MUSCLE MASSAGE

80M / \$250

50M / \$180

Let go of deep tension, ease sore muscles and restore body and mind. Powerful, specialized massage techniques target areas most in need of attention – relaxing and releasing a stiff neck, aching lower back or tight shoulders.

### ARNICA INFUSION MASSAGE

80M / \$285

50M / \$215

Focus on muscle and joint pain with a variety of massage techniques that span the globe. Principles of Swedish, Shiatsu, and Thai massage are expertly combined with an anti-inflammatory Arnica gel and other cooling oil extracts to target muscle pain and joint stiffness. This treatment is adapted to specific body types and ailments to achieve the ultimate massage experience.

### ROSE MASSAGE

80M / \$265

50M / \$195

Transport yourself to a deep state of relaxation and wellbeing through an unprecedented sensory experience. Enjoy the smoothing and nourishing effects of a regenerating massage with the exquisite absolute Damask rose oil. This treatment will leave your skin feeling silky and satiny while enveloping you in a delicious floral fragrance.

### PACIFIC BREEZE

#### ROOFTOP MASSAGE

80M / \$305

50M / \$220

Enhance your spa experience in the natural surroundings of our open-air Rooftop Terrace. Enjoy cool ocean breezes with your choice of a Classic Massage or Deep Muscle Massage with a stunning ocean view and glass of sparkling wine or sparkling cider. Weather permitting, advanced reservations required.

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## MASSAGE (CONTINUED)

### PRE-NATAL MASSAGE

80M / \$250

50M / \$180

Nurture the mother-to-be with a soothing maternity massage. This light massage is recommended for the second and third trimester to assist in releasing lower back pain, water retention and promote an overall sense of well-being.

### DUET MASSAGE

80M / \$250

50M / \$180

Enjoy side-by-side treatments in one of our couple's rooms. Choose from a Classic Massage or Deep Muscle Massage and spend some quality time with the one you love.

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## PACKAGES

### THE JOURNEY

160M / \$525

Our most decadent experience featuring the Signature Body Melt and Age-Defying Facial leaves skin beautifully radiant head to toe while restoring body and mind.

### TAILOR MADE

100M / \$325

Enjoy our most popular journey, The Bespoke Facial (50 minutes) and Classic Massage (50 minutes.)

### SHINE BRIGHT

100M / \$350

The perfect beginning to your celebration! Enjoy a Diamond Brightening Facial and Diamond Rose Body Experience to reveal your most luminous self.



# SANTA BARBARA

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## SALON

### HAIR CARE

- Custom Style, starting at \$95
- Cut & Style, starting at \$110
- Men's Haircut, \$75
- Shampoo & Blow Dry, starting at \$75

### NAIL CARE

- Manicure, \$55
- Pedicure, \$85
- Manicure & Pedicure, \$125
- Shellac Manicure, \$75
- Shellac Pedicure, \$110
- Add Paraffin to Hands or Feet, \$35

### MAKE-UP

- Make-up Application, \$130

### WAXING

- Full Leg, \$90
- Full Face, \$85
- Half Leg or Arm, \$65
- Chest or Back, from \$75 per area
- Bikini, \$65
- Underarm, \$45
- Lip, Chin, or Brow, \$35

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## SPA GUIDELINES

### HOURS

The Spa is open daily from 8 a.m. to 8 p.m. The Fitness Center is open from 6 a.m. to 8 p.m.

### ARRIVAL TIME

We suggest you arrive 30 minutes prior to your scheduled treatment. Each service will start and end according to the time reserved. To accommodate all our guests as scheduled, late spa arrivals will receive the balance remaining in treatment time.

### CANCELLATION

We require a 24-hour notice to change or cancel spa appointments. No shows or cancellations within 24-hours will result in a full service charge.

### SPA BOUTIQUE

Visit the Spa Boutique for professional skincare and body products as well as designer swimwear, fitness apparel, spa accessories and gift cards.

### RESERVATIONS

805.571.4210



**THE RITZ-CARLTON**

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