

fresh  
ENGLISH



At Fresh we take our name seriously and serve only the freshest ingredients delicately prepared for you. Relax, enjoy the salty sea breeze and allow us to nourish you with our delicious, fresh fare.

## Light Bites

**FRENCH FRIES AND CRISPS (V)** 85,000 VND  
Classic French fries and sweet potato crisps with lime, salt, black pepper and lime aioli


**GREEN PEA MINT HUMMUS BOWL (V)** 95,000 VND  
Pea, tahini & Mint dip with fresh sprouts, radish, toasted seeds served with coconut rice crackers

**SWEET POTATO WEDGES (V)** 110,000 VND  
Oven roasted sweet potatoes with pickled carrot, papaya, chilli, fresh coriander and caramel chilli roasted peanuts and miso lime dressing

**TRADITIONAL FRESH SPRING ROLL** 110,000 VND  
Classic Vietnamese shrimp and pork fresh spring rolls with peanut dipping sauce and soya sauce

**TRADITIONAL CRISPY SPRING ROLLS** 110,000 VND  
Traditional minced pork and mushroom served with nuoc mam dipping sauce

**SEARED SESAME TUNA** 170,000 VND  
Tuna loin marinated in sesame with edamame beans, garden herbs, chilli and garlic chips with sesame ginger sauce

**HOMEMADE BANH BAO**   
Steamed buns with choice of filling:  
Five spice orange confit duck, 165,000 VND  
radish slaw, tamarind sauce  
Grilled pork in char siu sauce, 145,000 VND  
pickled vegetables

## Soups


**GREEN COCONUT SOUP (V)** 140,000 VND  
Celery, spinach, ginger and coconut soup with toasted chickpeas and soya toasted seeds (served hot or cold)

**PUMPKIN SOUP (V)** 120,000 VND  
Pumpkin blended with smoked eggplant and served with tomato relish

**SWEET & SOUR SEAFOOD SOUP** 140,000 VND  
Traditional light Vietnamese broth with tomato, pineapple, tamarind, fresh shrimp, clams and squid

## Salad

**GREEN MANGO & SQUID SALAD** 190,000 VND  
Green mango, crispy shallot, herbs and grilled squid with a classic shallot dressing

**POMELO & PRAWN SALAD**  220,000 VND  
Fresh pomelo, mint, onions, crispy shallots and grilled prawn skewers with a classic Vietnamese dressing

**GREEN PAPAYA & GRILLED PORK SKEWER SALAD** 190,000 VND  
Shredded green papaya, carrots, onion, chilli, shallots and street-style grilled pork skewer with a classic Vietnamese dressing

**CAESAR SALAD**  
Cos lettuce, parmesan shavings, croutons and capers with a creamy anchovy dressing.  
Choice of classic 170,000 VND  
grilled chicken 190,000 VND  
grilled prawn 220,000 VND

**SO – BEAUTIFUL SALAD (V)** 150,000 VND  
Chilled rice noodles with fresh pomelo, chilli, tofu, toasted peanuts and mango with a star anise citrus dressing

 Fresh specialty

V vegetarian. Conversion to usd daily rate. 5% service charge and 10% government tax not included

## Seafood Starters

**FINE DE CLAIRE OYSTERS** 6 for 220,000 VND  
fresh, grilled or Korean style pan-fried

**GRILLED GIANT CLAMS** 5 for 250,000 VND  
served with peanuts and spring onion

**STEAMED MINI CLAMS** 120.000 VND  
with lemongrass

## Seafood Solo

Served with Asian slaw and choice of steamed rice, cauliflower rice or French fries

**CRAB** whole crab 320,000 VND  
wok fried with tamarind

**SQUID** 180,000 VND  
crispy fried with salt and pepper

**TIGER PRAWNS** 6 for 370.000 VND  
crusted with chilli and coconut

**LOCAL MINI LOBSTER** whole lobster  
simply steamed or grilled 590.000 VND

## Seafood Shared

Served with Asian slaw and choice of steamed rice, cauliflower rice or French fries

**FRESH FISH (2 PERSONS)** 700,000 VND  
red snapper/grouper/sea bass

**FRESH SEAFOOD BASKET (2 PERSONS)** ♥ 700,000 VND  
Selection of fresh sea bass fillet, tiger prawns, squid

**DELUXE SEAFOOD BASKET (2 PERSONS)** 1,200,000 VND  
Selection of mini lobster, fresh sea bass fillet, tiger prawns, squid, clams



## Main Courses

**VEGGY BEAUTY BOWL (V)** 230,000 VND  
Warm mixed whole grains topped with broccoli, coconut roasted pumpkin, sauteed cherry tomatoes, bean sprouts. With green goddess and tahini miso dressing

**SALMON FRIED RICE** 290,000 VND  
Sesame seared salmon fillet on fried rice with crispy shallots and mustard butter  
Alternative choices: vegetarian, chicken, shrimp 240,000 VND

**COCONUT CHICKEN CURRY** 280,000 VND  
Pumpkin and chicken in light Vietnamese curry served in coconut with steamed rice

**CARAMEL PORK IN CLAY POT** 240,000 VND  
Pork belly stewed in traditional caramel and fish sauce, served with steamed rice


**MAHI MAHI FISH FILLET**  250,000 VND  
Pan fried Mahi Mahi fillet with pineapple, cucumber & avocado salsa, smoked coconut shavings and French fries

**AUSTRALIAN BEEF TENDERLOIN** 550,000 VND  
Ginger soya marinated grilled beef tenderloin served with radish and apple salad, French fries and miso mayonnaise

## Noodles

**MY QUANG** 180,000 VND  
White rice noodles, five spiced chicken, local herbs, crispy pork spring roll with tomato gravy, fresh herbs, rice crackers and lime

**CAO LAU** 180,000 VND  
Flat rice noodles with sliced pork char siu, sprouts and local herbs with rich pork jus, crispy wonton squares and lime

**CHA CA**  260,000 VND  
Chilled bun noodles topped with turmeric fried grouper fish, fresh dill and toasted peanuts

**WOK FRIED SEAFOOD NOODLES** 280,000 VND  
Prawn, clam and squid wok fried with egg noodles, pak choy, red chilli with a spicy shrimp head broth

**ZARU SOBA NOODLES** 270,000 VND  
Chilled soba noodles with tempura tiger prawns and vegetables with a ponzu sauce

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## Pasta

### VIETNAMESE BASIL PESTO PENNE 120,000 VND

Penne with homemade fusion garden basil pesto with oven roasted cherry tomatoes, toasted peanuts and fresh coconut

### SEAFOOD TAGLIATELLE 250,000 VND

Spinach tagliatelle with sauteed shrimps, clams, fish with garlic, topped with light tomato sauce

### SPAGHETTI BOLOGNAISE 190,000 VND

Spaghetti topped with a classic bolognese sauce, fresh parmesan shavings and basil pesto

## Pizza

Base options: Classic base or gluten free cauliflower

### MARGARITA PIZZA (V) 200,000 VND

Cherry tomato, sundried tomato, mozzarella and Vietnamese herb basil pesto

### SWEET & SOUR SHRIMP 260,000 VND

Shrimps, fresh coriander, tomato, mozzarella, sweet and sour tomato-pineapple relish

### PARMA & PARMESAN 280,000 VND

Parma ham, parmesan shavings, tomato, mozzarella

## Burgers

Served with garden salad and French fries  
Choice of sesame or gluten free bun

### CHEESE BURGER 290,000 VND

150g homemade beef patty

### GRILLED CHICKEN BURGER 230,000 VND

chicken fillet

### BETROOT FALAFEL BURGER 195,000 VND

beetroot, herb chickpea patty

#### ADD

Fried egg 15,000 VND

Crispy bacon 20,000 VND

Grilled pineapple 10,000 VND

## Sandwiches

### FRESH LOBSTER BANH MI 390,000 VND

Vietnamese baguette with chilled steamed lobster tails, garlic and spring onion aioli.  
Served with French fries

### VIETNAMESE BANH MI 150,000 VND

Vietnamese baguette with pork pate, herb salad and sweet chilli mayo  
Choice of: omelet, grilled chicken, char sui pork.

### FRESH CLUB SANDWICH 270,000 VND

Served with garden salad or French fries  
Choice of white or rye bread  
Grilled herbed chicken breast with bacon, fried egg and cheese

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## Desserts

**EXOTIC FRUIT SALAD** ♥ 150,000 VND  
Exotic local seasonal fruit salad served with ice cream

**GRILLED POMELO TARTLET** 150,000 VND  
Pastry base filled with vanilla and thyme scented custard topped with fresh local pomelo and glazed with palm sugar

**FROZEN RAW MANGO COCONUT 'CHEESECAKE'** 150,000 VND  
(Lactose Free)  
Nutty date base topped with a cashew and coconut filling with fresh mango

**CHOCOLATE MOUSSE** 180,000 VND  
Layers of white, milk and dark chocolate with crumble and a longan rose macaroon

**TROPICAL CRÈME CARAMEL** 130,000 VND  
Coconut, pineapple and Vietnamese rum crême caramel served with sesame tuile

**ICE CREAM & SORBET** 50,000 VND  
Vanilla, chocolate, caramel, green tea, coconut, strawberry  
Mango sorbet, lemon and lime sorbet  
  
Choice of chocolate, salted caramel or passion sauce

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