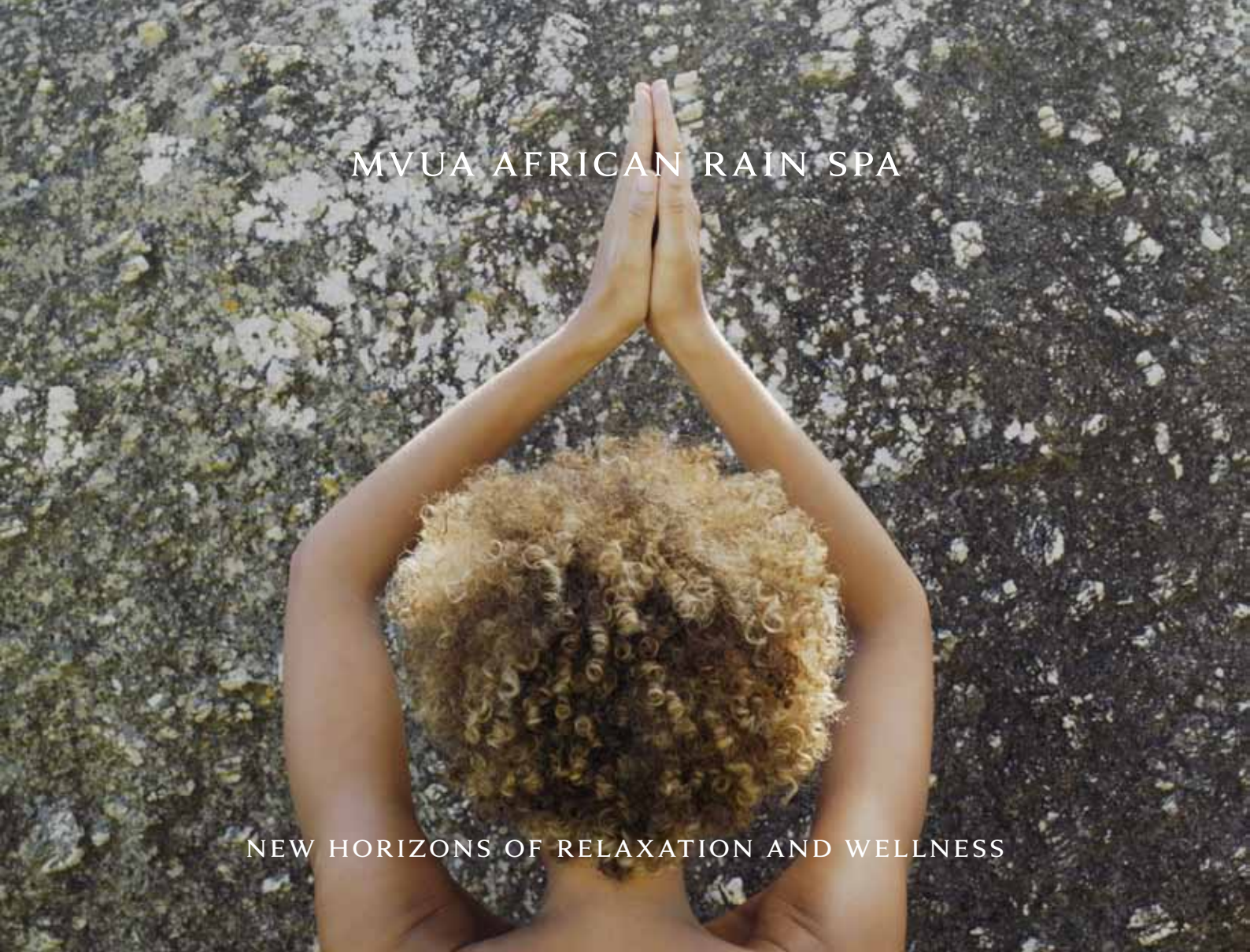
MVUA AFRICAN RAIN SPA
NEW HORIZONS OF RELAXATION AND WELLNESS

MVUA IS AN AFRICAN SWAHILI WORD WHICH MEANS "RAIN"

In Africa, rain brings life and life depends on it…
Rain is the gift that brings wealth to the earth and to all those who live in it. Rain refreshes from the still heat of the day by cooling the thirsty land, awakening the senses and sharpening the aromas in the bush.

Capturing the beauty and magic of African décor, Mvua African Rain Spa blends earthy colours and dramatic images to evoke a sensory journey and inviting guests to build a personal experience in its calming and welcoming ambiance.

At the Mvua African Rain Spa you will find everything you need to revitalize your body and mind.

At Mvua African Rain Spa we utilize indigenous natural ingredients and other native resources as plants, flowers, salt, grains, spices, wild honey and raw sugar. Our tempting choices of treatments are based on ancient African, Asian and European traditions designed to soothe the spirit, rejuvenate the body and enrich the mind.

After experiencing the attentive service and warm ambiance, your desire to repeat your visit will bring you back again and again.

Experience new horizons of relaxation and wellness

SPA FACILITIES

OASIS SALT WATER POOLS — KSH 1400

Awake your day in our salt water pools, which are divided into distinct zones with water jets to provide - Comfort, relaxation, stimulation of blood and lymph circulation - Recharging of the body with minerals and trace elements to reduce local strains Toning and invigoration - Reduction of cellulite

HYDRO OZONE THERAPY BATH — KSH 2000

GYM

(FREE ENTRY FOR DIAMONDS DREAM OF AFRICA GUESTS)
ONE DAY ENTRY KSH 500 - WEEK ENTRY KSH 2500

Runners, cardio machines and weights with spectacular sea view

ADDITIONAL FACILITIES

- 1 couple massage room
- 1 hydro ozone therapy bath room
- Male and female changing rooms
- 2 single massage rooms
- 1 beauty room
- Relaxation area

All prices include Tax and Services Charge. Prices are subject to change without notice.

AHAVA DEAD SEA TREATMENTS

The Earth's precious wellspring of vitality, health and beauty.
The Dead Sea abounds with the life-giving power of nature

		SINGLE	COUPLE
UPLIFTING BUTTER SALT SCRUB & DEAD SEA MUD WRAP	45 MIN	KSH 3900	KSH 7000
Let the luscious blend of natural oils, anti – aging seaweed, sugar and dead sea salt smooth and energise vitality			
MELTED BUTTER SALT SCRUB & DEAD SEA MUD WRAP	45 MIN	KSH 3900	KSH 7000
Powerful and regenerating it renews old and damaged cells, and moisturises			
THE AHAVA MASSAGE	50 MIN	KSH 3700	KSH 7000
A luxurious ritual massage that combines healthy vitamins, sea minerals and age - defying algae extracts wrapping your body in a hydrating mist that leaves your skin soft and glowing			
THE AHAVA FACIAL	60 MIN	KSH 4600	KSH 9000
Source skincare products are highly effective in improving our skin's vitality and supporting its natural, anti - aging defense system			

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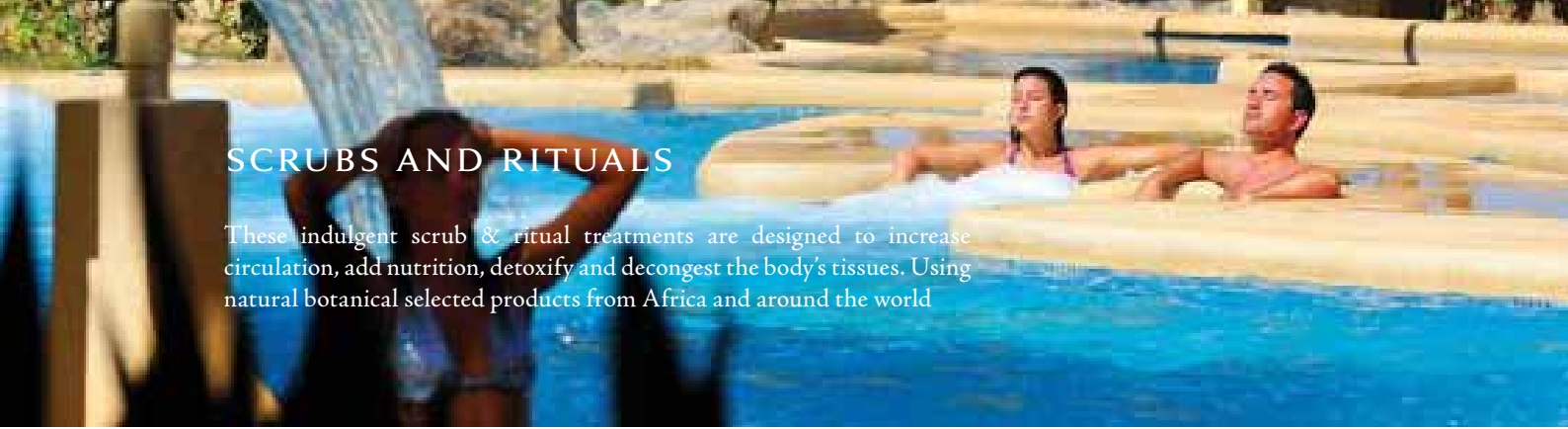

SCRUBS AND RITUALS

These indulgent scrub & ritual treatments are designed to increase circulation, add nutrition, detoxify and decongest the body's tissues. Using natural botanical selected products from Africa and around the world

		SINGLE	COUPLE
HARMONY BODY SCRUB & WRAP	45 MIN	KSH 3200	KSH 6000
Energise skin and absorb impurities to balance and leave the skin silky smooth and glowing			
PASSIONATE AND ROMANTIC BODY SCRUB & WRAP	45 MIN	KSH 3200	KSH 6000
Powerful and regenerating it renews old and damaged cells, and moisturises			
HERBAL REFRESHING BODY SCRUB & WRAP	45 MIN	KSH 3900	KSH 7000
A sunny citrus blend to leave you with an uplifting mood, rids of anxiety, nervousness and stress			
DETOXIFIYING BODY SCRUB & WRAP	45 MIN	KSH 3900	KSH 7000
It unclogs pores and detoxifies skin, leaving you with a hydrated skin that radiates a healthy glow			
EXOTIC ORIENTAL TONIC BODY SCRUB & WRAP	45 MIN	KSH 3200	KSH 6000
A pure and detectable rice butter scrub that stimulates cellular activity and gently exfoliates skin			

All prices include Tax and Services Charge. Prices are subject to change without notice.

PACKAGES

Our packages offer great value. Perfect for refreshing the mind, body and soul, these ritual spa treatments complements your stay at the hotel

		SINGLE	COUPLE
DREAM OF AFRICA	95 MIN	KSH 5500	KSH 9500
Oasis salt water pool - Sweet dream body scrub & wrap - Island harmony massage			
ANTI CELLULITE CONTOURING	80 MIN	KSH 7000	KSH 12000
Oasis salt water pool - Anti cellulite body mask - Anti cellulite massage			
INVIGORATION SUPERIOR FIRMING	100 MIN	KSH 7000	KSH 12000
Oasis salt water pool - Superior body scrub - Superior body mask - Superior firming massage			
MVUA AFRICAN RAIN SPA SIGNATURE RETREAT	155 MIN	KSH 11000	KSH 18500
Oasis salt water pool - Soothing Spices or Tropical glow body scrub & wrap - Mvua secret massage - Mvua secret facial			
AFRICAN JOURNEY	260 MIN	KSH 19000	KSH 34000
Oasis salt water pool - African warm herbal oil - African foot massage - Deep hydrating facial - Mvua manicure & Mvua pedicure			

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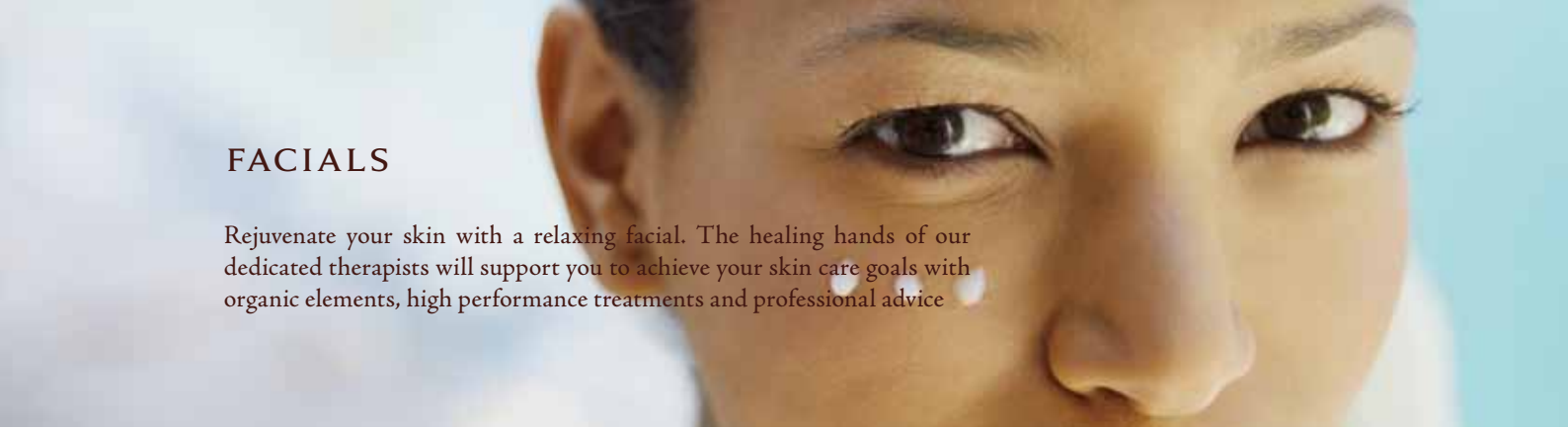

FACIALS

Rejuvenate your skin with a relaxing facial. The healing hands of our dedicated therapists will support you to achieve your skin care goals with organic elements, high performance treatments and professional advice

		SINGLE	COUPLE
DEEP HYDRATION	60 MIN	KSH 4600	KSH 8800

A unique blend for dry or mature skin leaving your skin skimmering with luninosity and supplness. This facial imparts smoothing, anti-aging and long-lasting moisturizing effects

PURIFYING	60 MIN	KSH 4600	KSH 8800

An extra mild formula that refines the pores and removes impurities from the skin

WELL - BEING	60 MIN	KSH 4600	KSH 8800

An exotic blend to help balance the skin's pH while firming and toning, activating skin collagen and repairing damaged tissues while rejuvenating the appearance of the skin

All prices include Tax and Services Charge. Prices are subject to change without notice.

SIGNATURE TREATMENTS

Signature treatments are the perfect way to pamper yourself during your holiday. Healthy products with natural active ingredients are used to rebalance, refresh and relax your body & mind

		SINGLE	COUPLE
AFRICAN WARM HERBAL OIL	50 MIN	KSH 4500	KSH 8500
An executive holistic massage with African warm herbal oils to stimulate blood circulation and strengthen the immune system			
MVUA SECRET MASSAGE	50 MIN	KSH 4500	KSH 8500
Luxurious and ancient ingredients like honey, wine and gold to rejuvenate your skin and awaken body			
MVUA SECRET FACIAL	60 MIN	KSH 4800	KSH 9200
Through ancient time, Queen Cleopatra used the extracts of honey, and gold to firm the skin, reduce wrinkles and maintain her youthfulness			
SOOTHINGSPICES BODY SCRUB & WRAP	45 MIN	KSH 3200	KSH 6000
A detoxifying and purifying island scrub & ritual using a blend of spices and herbs to reveal softer and healthier skin			
TROPICAL ISLAND GLOW BODY SCRUB & WRAP	45 MIN	KSH 3200	KSH 6000
Using natural ingredients like papaya, black sesame, jojoba oil and vitamin E, which help to remove dead skin cells, clean your skin deeply and stimulate circulation			

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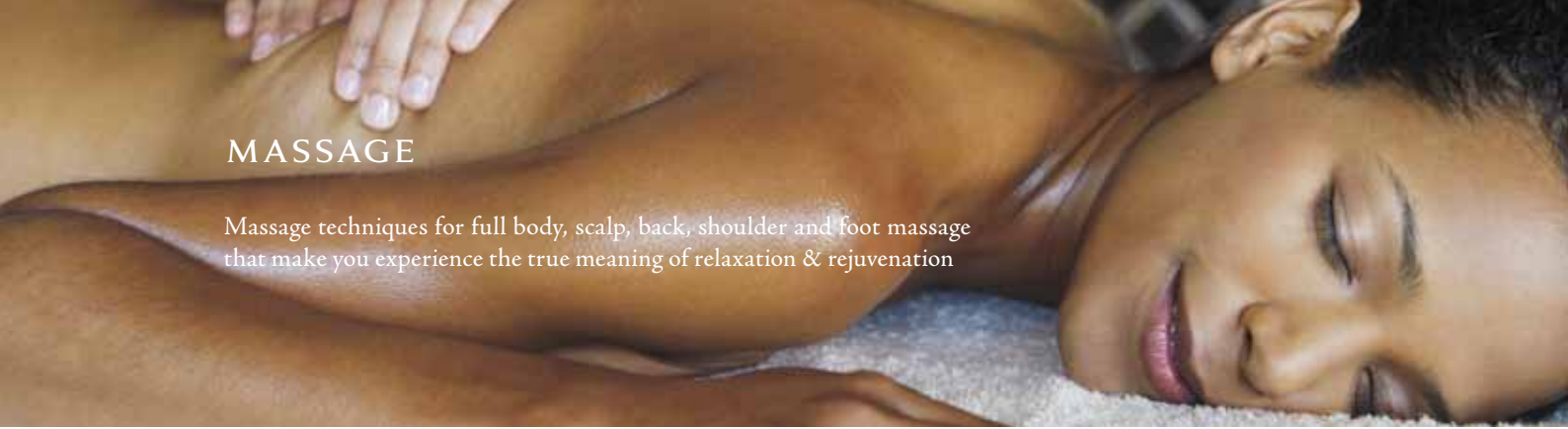


MASSAGE

Massage techniques for full body, scalp, back, shoulder and foot massage that make you experience the true meaning of relaxation & rejuvenation

		SINGLE	COUPLE
STRESS RELIEF MASSAGE	30 MIN	KSH 2800	KSH 5200
Relieves tension, soothes tired muscles, and invigorates the mind and body			
AFRICAN RAIN FOOT MASSAGE	30 MIN	KSH 2800	KSH 5200
An old age technique concentrating on reflex points on the feet to relax and ballance the full body			
AFRICAN HOT STONE MASSAGE	75 MIN	KSH 4200	KSH 8000
Sooth away tension and pain using warm stones and ritual blended oils			
ISLAND HARMONY MASSAGE	50 MIN	KSH 3700	KSH 7000
An experience to allow your senses to relax after an active day. Gentle strokes will leave you renewed and rejuvenated just as Mother Africa washes away her dust with rain			

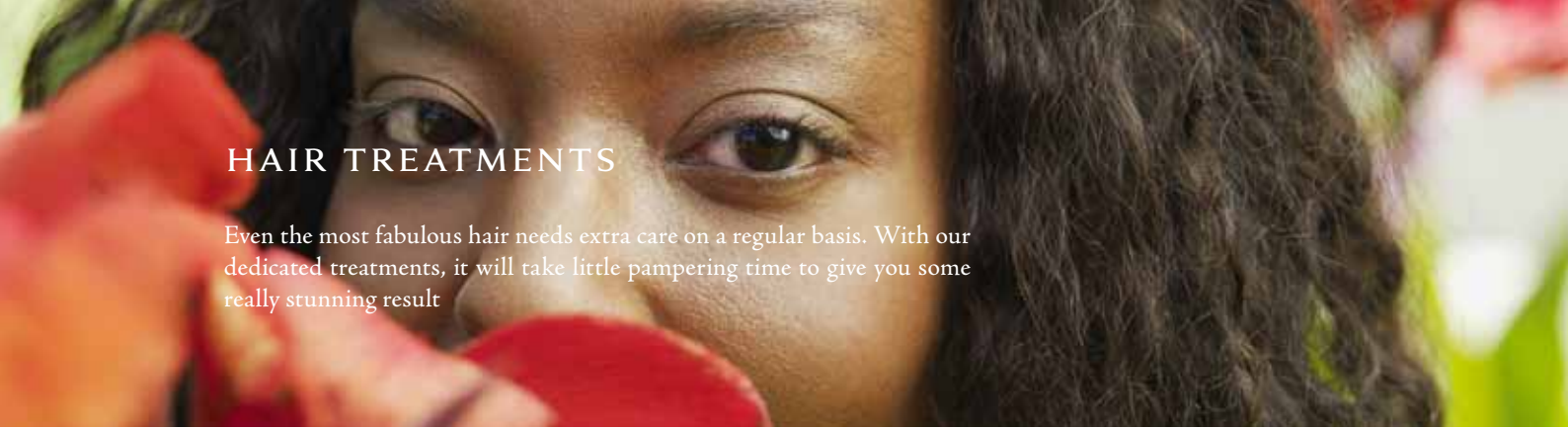
All prices include Tax and Services Charge. Prices are subject to change without notice.

MASSAGE

Massage techniques for full body, scalp, back, shoulder and foot massage that make you experience the true meaning of relaxation & rejuvenation

		SINGLE	COUPLE
SUPERIOR FIRMING MASSAGE	50 MIN	KSH 4200	KSH 8000
Shape up your body and increase skin's firmness and elasticity			
AROMA - LYMPHATIC MASSAGE	50 MIN	KSH 3700	KSH 7000
Help muscles indulge into deep relaxation, healing the body of day to day tension. It also relieves water retention and stimulates the lymphatic system			
ZEN CHI MASSAGE	50 MIN	KSH 3700	KSH 7000
Experience a unique blend of African and Asian massage techniques to sooth sore muscles, complete relaxation and freshness			
THAI MASSAGE	75 MIN	KSH 4200	
An ancient therapy using passive stretching and gentle pressure along energy lines in the body			

All prices include Tax and Services Charge. Prices are subject to change without notice.



HAIR TREATMENTS

Even the most fabulous hair needs extra care on a regular basis. With our dedicated treatments, it will take little pampering time to give you some really stunning result

HAIR DETOX	KSH 2500

The rice anti-oxidant extract protect the hair from pollution damage, restore and strengthen chemically treated hair. The light herbaceous aroma instantly transforms fatigue into fresh energy

HAIR SPA	KSH 2500

Totally devoted to your well being and relaxation, the hair spa offers a complete range of specialized treatments created to deeply nourish and repair hair, from the roots to the lips

SHAMPOO BLOW DRY (SHORT HAIR)	KSH 1500
SHAMPOO BLOW DRY (LONG HAIR)	KSH 2000
LADIES' HAIR CUT	KSH 1200
LADIES' HAIR CUT WITH BLOW DRY	KSH 2500
MEN'S HAIR CUT WITH BLOW DRY	KSH 800
CHILDREN'S HAIR CUT	KSH 500
HIGH LIGHTS	KSH 4000
ROOTS ONLY	KSH 2200

TINT	KSH 4000
PERMANENT WAVE	KSH 6000
PUT UPS	KSH 1000
WEDDING	KSH 10000
BEARD TRIM	KSH 400
AFRICAN HAIR BRAIDING HALF HEAD	KSH 4600
AFRICAN HAIR BRAIDING WITH EXTENSION	KSH 8000

All prices include Tax and Services Charge. Prices are subject to change without notice.

ADDITIONAL BEAUTY TREATMENTS

Our Spa manicures and pedicures can add the final touch to your Mvua Spa experience

MVUA MANICURE OR MVUA PEDICURE	KSH 3000
FRENCH MANICURE OR FRENCH PEDICURE	KSH 2500
EXPRESS MANICURE OR EXPRESS PEDICURE	KSH 2300
NAIL POLISHING	KSH 600
EYE BROW WAX/LIP WAX	KSH 900
UNDERARMS WAX/BIKINI WAX	KSH 900
HALF LEGS WAXING	KSH 1400
FULL LEGS WAXING (INCLUDING BIKINI LINE)	KSH 1900
SIMPLE HAND OR FOOT HENNA TATTOO	KSH 500
SIMPLE 2 HANDS OR FEET HENNA TATTOO	KSH 800
TRADITIONAL ARM HENNA TATTOO	KSH 800
TRADITIONAL HALF LEG HENNA TATTOO	KSH 1500

All prices include Tax and Services Charge. Prices are subject to change without notice.

SPA BASICS

WHAT SHOULD I WEAR TO THE SPA?

There is no specific dress code except what you feel comfortable with. Upon arrival you will be provided with Bathrobes & slippers.

HOW EARLY SHOULD I ARRIVE FOR MY APPOINTMENT?

Please arrive 15 minutes prior to your schedule time in order prepare yourself and get changed. Please take note that arriving late will limit the time for your treatment in order not to delay the next guest's appointment. However, if there are no schedule treatments after your bookings, the full duration of your treatment will be given.

IS THERE SOMEONE TO HELP ME DECIDE THE BEST TREATMENT FOR ME?

Our Spa staff will be able to assist you in choosing the best treatments to suit your needs. Please advise our Spa staff should you have any health ailments.

WHAT DO I WEAR DURING MY TREATMENTS?

You may wish to wear your own underwear or we can provide you with hygienic disposable brief. Alternatively, treatments may be enjoyed without clothing. Our therapists will use draping techniques to respect your privacy.

Minimum age to use the spa facilities and having treatments is 15 years old

SPA BASICS

WHAT ABOUT MY VALUABLES AND JEWELLERY?

Please leave your valuables in your Safe Box inside your room, or for your convenience, lockers are available for your use during our treatments at the spa.

WHAT IF I AM UNABLE TO ATTEND MY RESERVATION?

To avoid charges, please honour 6 hours advance notice cancellation policy. 50% cancellation charges will be applied.

The Mvua African Rain Spa is a place for relaxation. Please respect the peacefulness and privacy of our other Spa guests. Smoking, alcohol consumption and the use of mobile phones should be avoided within the Spa area

Minimum age to use the spa facilities and having treatments is 15 years old

INGREDIENTS ESSENCE OF NATURE

PAPAYA

It's great natural digestive aid and it promotes digestive health

ALOE VERA

Maintain moisture balance, soothes sunburn and other irritations

CUCUMBER

Rich in vitamin C and known for its astringent and soothing properties

GINGER

Good for circulation also helps to fight off colds and flu by incresing body temperature

SEAWEED

Rich in minerals and trace elements which soften and hydrate the skin

ORANGE

Helps to improve congested and dried skin condition, especially wrinkly and dermatitis skin

TUMERIC

Natural antibiotic with fungicide properties and stimulates circulation

INGREDIENTS ESSENCE OF NATURE

GREEN TEA

Excellent antioxidant helps to soothe the skin. Work toward whitening the skin by actively slowing the transportation of melanin to the skin surface

CINNAMON

Benefits include controlling blood sugar, improving colon and heart function and boosting brain power

HONEY

Maintain moisture balance, soothe sunburn and other irritation

GOLD

Removal of toxins, assisting with lymphatic drainage, prevents ageing and has rejuvenating effects on the skin

WINE

The antioxidants that are found in the grapes can have a wonderful healing effect on the skin by countering the damage that free radicals in our environment can cause

IVY

Has toning and tightening properties. Helps to prevent water retention in the skin tissue

BLACK SESAME

Stimulating blood circulation and benefiting the nervous system

MVUA SPA IN KENYA

- Diamonds Dream of Africa
- Exploreans Mara Rianta Camp

MVUA SPA IN ZANZIBAR

- Diamonds Star of the East
- Diamonds Dream of Zanzibar
- Sandies Mapenzi Beach Club
- Diamonds La Gemma dell' Est
- Sandies Neptune Pwani Beach

MVUA SPA IN TANZANIA

- Exploreans Ngorongoro Lodge

PLANHOTELGROUP

RESORTS, HOTELS & SPAS