



DEVARANA  
SPA

## SIGNATURE PACKAGE

### **The Heavenly Nantha Garden Experience (2.5 hours) Kshs 13,800**

In the work of ancient Thai literature called Tribhumpharuang, Nantha was described as a garden situated at Heaven's gate, with magical flowers and herbs. Devarana Spa's signature treatment brings the divine Nantha Garden to life by mixing fresh tropical leaves and flowers grown in Kenya with aromatic blends of ylang ylang to create a truly heavenly experience.

With the essence of flowers and herbs, this soothing treatment comforts your skin and uplifts your mind through the Devarana Bath and Devarana Body Scrub. Complete the unforgettable rejuvenation with the Devarana Massage that combines strong pressures of Thai, Ayurveda and Shiatsu techniques with Swedish and Aromatherapy influences for the ultimate in relaxation and pampering.

### **The Harmony of Tad Si- the Traditional Thai Medicine (2.0 hours) Kshs 10,800**

An ancient Thai therapy is based on the Buddhist teaching that the human body is composed of Tad Si or four elements of earth, water, wind and fire. Traditional Thai medicine also believes that diseases are caused due to two main reasons: first, an imbalance of the four elements in the body, and second that the mind is governed by 'ego' and ego leads to unhealthy emotions of attachment, aggression and obscuration that can disturb the body harmony.

The Harmony of Tad Si combines a Thai herbal compress dipped into aromatic oil tailored to each guest's body element, with Thai Massage, incorporating pressure point and stretching techniques to relax muscles, relieve soreness, promote circulation and stimulate the nerve meridians of the body.

### **Kenya Sensory Journey (3.0 hours) Kshs 17,000**

A luxurious way to ensure that your skin is ready to soak in the sun and Savanna breezes, this exclusive program uses the indigenous ingredients of Kenya. With the essence of native herbs and plants, this treatment rejuvenates your skin through an African Red Tea Body Scrub, a Kenya Coffee Detoxifying Wrap and an Oil Massage of choice with special formulated blend of Savanna grassland for a total rejuvenation before or after your Safari touring.



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## MASSAGE (a la carte)

### **Ayurvedic Head Massage (60 mins)**

**Kshs 6,800**

A traditional Ayurvedic oil massage for the head, neck and shoulders. Some of its many benefits include strengthening the hair roots, nourishing the scalp and releasing the flow of prana or energy through the entire body. Ideal for relieving stress and promoting a restful sleep.

### **Ginger Compress & Back Massage (60 mins)**

**Kshs 6,800**

Focusing on the neck, shoulders and upper back, this massage places lightly steamed gingers on the back and lets their heating effect to relieve aches and pains as well as stimulating blood circulation. After the compress, soothing hand movements work into the muscle and soft tissue to relieve stress and tension.

### **Reflexology Foot Massage (60 mins)**

**Kshs 6,800**

After cleansing the feet with a refreshing salt scrub, pressure is systematically applied to stimulate the nerve reflexes in the feet. These points correspond to all major body parts and organs, improving total body functioning and restoring balance and harmony to the body.

### **Aromatic Detoxified & Contoured Massage (90 mins)**

**Kshr 8,500**

A light, calming massage using specifically formulated slimming oils to fight the accumulation of cellulite and water retention. Lymphatic drainage technique is applied to help the body eliminate toxins, followed by contouring massage to assist in body slimming.

### **Devarana Signature Massage (90 mins)**

**Kshs 8,700**

Exclusive to Devarana Spa, this unique massage combines strong pressures of Thai, Ayurveda and Shiatsu techniques with Swedish and Aromatherapy influences for the ultimate soothing and pampering experience. The signature massage comes together with a bowl of hot water with freshly sliced lime and orange for respiratory clearing.

### **Swedish Massage (90 mins)**

**Kshr 8,500**

This ultimate relaxing massage uses long, soothing strokes to induce relief from stress and tension, while stimulating blood circulation. Pressure can vary from soft to medium, in accordance to your personal preference.

### **Traditional Thai Massage (90 mins)**

**Kshs 8,500**

The traditional Thai massage blends a strong and invigorating massage, using deep finger pressure point, with a passive body stretching to alleviate muscle fatigue and tension. Performed on Traditional Thai mattresses without oil, this full body massage reduces tension, improves flexibility and provides an excellent inner balance.



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## BODY SCRUB (a la carte)

### **African Red Tea Body Scrub (60 mins)**

**Kshs 6,200**

A moisturizing and detoxifying body scrub recipe singles out the healing property of African red tea to protect skin from sun damage, working as a mild detoxifier to stimulate skin toning and provide skin elasticity. Grapefruit oil assists in relaxing and refreshing benefits. The end-result is skin so smooth, soft and invigorated.

### **Aromatic Floral Coconut Body Scrub (60 mins)**

**Kshs 6,200**

The wonderful mixture of dried coconut and ylang ylang essential oil cleanses your skin without drying or removing the skin's natural moisture. The skin feels and looks smoother with even tone and healthy coloring.

### **Rose Petal Body Scrub (60 mins)**

**Kshs 6,200**

Legendary for its unsurpassed beauty and delicate fragrance, rose petal has long been used for softening and rejuvenating skin. Its rich nourishing and soothing properties help control thread veins, heal wounds and induce skin elasticity, making your skin smooth, fresh and well-nourished with uplifting aroma. Superb for anti-ageing.

## BODY WRAP (a la carte)

### **Algae & Caffeine Slimming Wrap (60 mins)**

**Kshs 6,800**

Seaweed extracts, essential oils and fresh coffee act to remineralize the vascular and lymphatic systems, providing a highly effective treatment against cellulite. The high iodine content of this pack also helps to stimulate the metabolism, encouraging detoxification and aiding weight reduction.

### **Thermo Caramel Mud Wrap (60 mins)**

**Kshs 6,800**

Enriched with brown sugar-cane, mineral-rich mud wrap leaves your skin soft and your body feeling refreshed and invigorated. In addition to being a superb body beautifier, the mud also aids in the reduction of cellulite and is excellent for cases of fluid retention.



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## FACIAL (a la carte)

### Replenishing Marine Facial (60 mins)

**Kshs 6,800**

A mineral-rich facial designed to rehydrate and replenish the skin, leaving it gloriously renewed. Using several different kinds of seaweeds with aromatic oil and plant extracts, this wonderful maritime face rejuvenation is very gentle even for those who have sensitive skin condition.

### Soothing Sea for Men (60 mins)

**Kshs 6,800**

Recommended for skin care that keeps men looking healthy and handsome, here's a refreshing facial using seaweed, aromatic oil and plant extracts, precisely tailored for men, to deeply cleanse the skin, enhance the moisture balance and restore natural radiance, for that fresh and revitalized appearance.

### Thermo Maritime Anti-Aging Facial (90 mins)

**Kshs 8,500**

The luxurious anti-aging remedy from the marine source of skin treasure, the powers of marine DNA and antioxidant nutrients amazingly work to replenish facial skin, soften fine lines and wrinkles while improving skin elasticity. The mineral-rich thermal mask allows active ingredients to penetrate deeper into the dermis. Enriched maritime moisturizer is generously applied to complete this wonderful treat. The immediate result is a very soft and smooth younger looking skin.

*\*Pre-purchase 3 treatments and receive a complimentary 4th treatment.*

## WATER TREATMENT (a la carte)

### Aromatic Thai Herbal Steam (30 mins)

**Kshs 2,200**

Refresh your body in this gentle cloud of steam filled with the aroma of fresh Thai herbs. Ideal before a massage, or anytime to cleanse the skin, clear the lungs, promote the circulation and invigorate the body.

### Luxury Milk & Roses Bath (30 mins)

**Kshs 3,200**

For all skin types, this romantic milk bath, filled with fresh rose petals, creates harmony and an unforgettably relaxing sensation. It soothes the emotions whilst softening and nourishing your skin, leaving it feeling silky smooth and lightly scented with a classic floral fragrance.



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## PAMPERING PROGRAMME

### **Living Radiance (2.0 hrs)**

**Kshs 10,900**

Restore the skin's natural radiance with a body scrub that exfoliates and smoothes the skin, followed by a 90-minute body massage, using natural essential oil blends.

### **Devarana Touch of Heaven (2.5 or 3.0 hrs)**

**Kshs 13,800/Kshs15,300**

Our most popular package. A heavenly relaxing combination of a 60 or 90-minute facial and a 90-minute body massage provides a sense of renewal for face and body.

### **Traveller Recovery Pack (3.0 hrs)**

**Kshs 16,900**

Overcome jet lag and relieve your travel-weary body of stiffness, aches and pains with thermo caramel mud Wrap, Swedish Massage and a 30-minute Refreshing Facial selected for your skin type.

### **Ultimate Glow (3.0 hrs)**

**Kshs 16,900**

Tailored for those seeking healthier and clearer complexion and a stress free body. Indulge with a facial and body scrub, and complete the pampering with a 90-minute massage.

### **Half Day Harmony (5.0 hrs)**

**Kshs 23,000 per person**

**Kshs 44,000 per couple**

Luxuriously designed to give you an ultimate relaxing experience. Start with an aromatic Thai herbal steam, floral bath, body scrub, a 90-minute massage, a 90-minute Facial and Reflexology Foot Massage.



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### **Arrival Time**

Please check in at Spa Reception at least 15 minutes prior to your scheduled appointment. Arriving late will result in a reduction of treatment time.

### **Cancellation Policy**

Because treatments are reserved especially for you, appointments cancelled with less than 6 hours notice will incur a cancellation fee of 50% of the reserved treatment cost or THB 1,000 per hour per person if no treatments have been selected. The full reserved treatment cost or THB 2,000 per hour per person will be imposed for a “no-show”.

### **Gift Certificates**

Gift Certificates for spa treatments and retail products are available for purchase.

### **Payment**

Cash and all major credit cards are accepted.

### **Refund**

Spa treatments and spa memberships are non-refundable, non transferable and non-exchangeable unless otherwise stated.

### **Spa Protocol**

We kindly request that mobile phones be turned to silent mode and that noise be kept to a minimum to allow all guests to enjoy the serenity of the spa. Children under 15 years are not permitted in the spa. Smoking and consumption of alcohol in the spa is not allowed.

### **Special Considerations**

Before undertaking spa treatments, please consult your health practitioner if you have any medical conditions such as high blood pressure, heart condition or any other medical complication. Guests are asked to complete a health questionnaire. Please advise reception if you have any health issues or concerns.

### **Contact Lenses**

We recommend you to remove your contact lenses before your facial treatment. Please bring your own case and solution for lenses.

### **Valuables**

Jewellery and valuables may be placed in secured drawers in treatment rooms; however we recommend that no jewellery be worn in the spa. The management accepts no responsibility for the loss of money or valuables brought in to the spa.

### **Accidents or Injuries**

Devarana Spa shall not be liable for any accident or injury suffered by any member or guest.

### **Extra Time**

We offer private changing and showering facilities in each of our treatment rooms. In addition to your treatment time, we allow 15 minutes for changing and showering. Extra time is charged at Kshs 1,500 for each 15 minutes or part thereof. Please let us know in advance if you require extra showering or changing time so that we may reserve your room.

