

RETREAT

KAYA MASSAGE

Our signature treatment, customized to address individual needs, focused on the back, shoulders, legs and feet. The massage is personalized to your preference of strength: deep tissue or soft and relaxing.

1 H 5,200
1 H 30 m 6,500

AROMA BLISS

A holistic treatment based on the external use of essential aromatic plant oils to maintain and promote physical and spiritual well-being. Each essential oil has specific healing properties designed to increase the flow of chi, energize your body, and elevate your spirits.

1 H 6,000
1 H 30 m 7,500

HOT STONE

Warmed, smooth river stones are placed along the meridian lines of the body. The heat emanating from the stones relaxes the muscles and relieves aches and pains.

1 H 30 m 8,500

KARMA CORRECTION

A therapeutic combination of Thai stretching, aroma and shiatsu massage techniques, seamlessly combined in perfect balance.

1 H 30 m 7,000

KAYA COMBINATIONS

PRESS PAUSE

Kaya Massage + Priadara Herbal Compress + Reflexology

2 H 9,800

PAMPER ME

90 minute Kaya Massage + Full Body Polish + Rasul Chamber

2 H 30 m 12,000

PURE INDULGENCE

Hot Stone Massage + Body Wrap + Utilivu Head Massage + Phytomer Facial Treatment

3 H 15,000

REFINE

KENYA GOLD

1 H 45 m 8,000

Coffee Detox Body Polish + 60 minute Kaya Massage

Rich in natural oils and emollients, this signature treatment uses sugar, coffee and other natural ingredients combined with asian botanicals in a scrub to invigorate and exfoliate the skin. Next, a rejuvenating body mask detoxifies the pores, increasing elasticity and encouraging cell growth. A 60 minute kaya massage follows, stimulating circulation and leaving the body refreshed, revived and polished.

RED TEA PURIFY

2 H 9,500

Body polish + Rasul Chamber + Kaya Massage

A deep cleansing scrub exfoliates dead skin cells, preparing it for the removal of toxins. Followed by complete relaxation in the Rasul Chamber which allows you to apply natural mineral clay in a steam cave - opening the pores and allowing nutrients to permeate the skin - stimulating blood flow and reviving tissue. The treatment ends with the luxurious signature warm oil Kaya massage.

GREEN TEA IMMERSION

2 H 11,000

Jacuzzi + Body Wrap + Massage

De-stress your muscles and cleanse the skin of impurities with this calming treatment. Soak in a deeply nourishing infusion of green tea and himalayan salts. This is followed with a warm cocoon like body wrap of seaweed and green tea masque generously applied to the entire body. The massage is next using a rich blend of shea butter and grapeseed oil.

HERBAL HIGH

2 H 10,000

Herbal Scrub + Kaya Massage + Utulivu Head Massage

An exotic body polish accentuated with a combination of fresh rosemary and peppermint herbs. This refreshing combo of herbs lifts the spirit and gives you a high. Next is the Utulivu head massage using a blend of essential oils followed by a warm lavender oil massage which unravels all the knotted up muscles and leaves you feeling new.

DEATH BY CHOCOLATE

2 H 30 m 11,000

Chocolate Body Polish + Kaya Massage + Paraffin Pedicure

A treatment almost wicked for the pleasure it gives. Pure unadulterated full body chocolate polish allows you to indulge. This is followed with a fluid full body warm oil massage and a paraffin foot pedicure to leave you unraveled and whole.

BFF PACKAGE

Kaya Massage + Phytomer Facial + Manicure + Pedicure (for two)

This journey begins with a 60-minute kaya massage, which culminates to a Phytomer facial for you and your BFF. Followed by relaxation time and a glass of sparkling wine in the suite's Jacuzzi. And finally an express manicure and pedicure to get you ready to face the world.

4 H

30,000
for two

ROMANCE PACKAGE

Private Rasul Journey + Kaya massage + Phytomer Facial (for two)

Sparkling wine kicks off this epic treatment for you and your loved one. Be transported to the other-worldly Rasul chamber - an ancient ritual combining delicately infused steam, detoxifying mineral clay, and vichy showers. Next, enjoy a side-by-side Kaya massage and Phytomer facial, with plenty of relaxation time in the jacuzzi.

4 H 20 m

36,000
for two

BUBBLES FOR TWO

90 minute Couples Massage + Hot Tub Relaxation

Take some time out with a friend or loved one for our signature treatment in the couples' suite. Enjoy a glass of sparkling wine and relax in the jacuzzi, followed by side-by-side kaya 90 minute massages.

2 H

15,000
for two

RESTORE

REFLEXOLOGY

A deeply relaxing treatment with benefits that can be felt throughout the body. Using acupressure and kneading to work on 'reflex' points of the feet, specific organs and glands in the body are stimulated to promote healing.

45 m

4,500

KAYA THAI

A traditional thai massage which involves stretching and acupressure to release tension in all the muscles, leaving them supple and relaxed. A loose thai uniform is provided to allow comfort for the full range of stretching.

1 H 30 m

6,500

PRIADARA THAI HERBAL COMPRESS

Thai massage techniques combined with heated herbal compress spheres which increase circulation, ease tired muscles and promote deep relaxation.

1 H 30 m

7,500

UTULIVU HEAD MASSAGE

A specialized technique which involves working along specific points on the head to stimulate chi flow.

30 m

3,000

BACK MASSAGE

Quick and effective, focusing on major stress points to relieve tension.

30 m

3,500

FOUR HANDS MASSAGE

An exotic massage conducted by two synchronized therapists, using palms, fingers, knuckles and elbows. The synergistic flow of both therapists is the perfect remedy for promoting relaxation.

1 H 15 m

10,500

MAMA MIO

specialized maternity body treatments

YUMMY TUMMY

An omega-rich facial for the tummy, which will maximize skin strength, health and elasticity, combined with a luxurious upper back, neck and head massage.

1 H 30 m

7,500

LIGHTEN UP

A mineral-rich foot soak, with exfoliation and massage for the lower legs and feet to help with poor circulation, water retention and the tiring effect of carrying the extra weight of pregnancy.

30 m

4,500

MELLOW MAMA

A relaxing full body massage, employing safe but effective pre-natal techniques and award-winning omega rich oils to relax the specific lower back muscles that carry your beautiful baby bump.

1 H 15 m

7,500

THE SMOOTHIE

A gentle exfoliating treatment, followed by a moisturizing massage to fully hydrate and elasticize skin.

1 H 15 m

7,500

4th TRIMESTER HEALING HOUR

A restorative massage to assist in re-aligning the body, this is the perfect treatment for new mothers.

1 H

6,500

MELLOW MAMA SPA PACKAGE

All the benefits of a gentle exfoliation hidden in the relaxation of the ultimate stress-relieving massage, this treatment maximizes skin strength, health and elasticity. With a targeted head massage, this is a complete stress-banishing treat.

3 H

15,000

BODY BOOTCAMP

targeted treatments for the body

BOOTCAMP FOR BUTTS – a virtual butt lift

Reduce cellulite and water retention, improve skin tone, and banish wobble with this circulation boosting, double exfoliating algae mask treatment.

1 H 15 m 12,000

BOOTCAMP FOR TUMMIES – tummy tuck formula

Combines a re-texturizing fruit acid peel for deep double exfoliation, with toning and tightening active botanicals and an algae rich mask. Specialized massage techniques wake up lazy abs and radically increase circulation.

1 H 15 m 12,000

BOOTCAMP FOR BOOBS – boob job with batwing blaster

An amazing upper body treatment which will enhance the pecs and triceps, dramatically increasing circulation to the whole bust area while releasing pressure points which affect posture. A gentle exfoliation combined with an omega-rich mask to boost collagen, elasticize and smooth the skin.

1 H 15 m 12,000

RASUL CHAMBER

Set in the traditional Rasul Steam Chamber this is an experience you cannot miss! Your journey starts with the smearing of mineral rich mud onto the skin. The chamber gradually warms with a eucalyptus infused steam to soften the mud. The nourishing mud is a great way to sooth tired muscles, improve circulation and soften the skin. The ritual finishes with a soft, warm tropical rain shower that removes the mud leaving your skin incredibly soft and smooth.

25 m 2,000
per person

Rasul unites the four fundamental elements of water (over head rain shower), fire (heat), earth (mineral mud) and air (steam) into a quite unique spa experience.

The chamber accommodates up to four people so is perfect to share with a partner or friends. The Rasul treatment lasts 25 minutes.

REFLECT

outdoor massages

UNPLUG

Using a poultice made of freshly picked herbs you experience a head massage both intense and soothing. This warm herbal compress is placed on achy points such as temples, neck and shoulders.

45 m

5,500

UNWIND

Take a deep breath and let yesterday go. Allow your therapist to take a peek into your world and understand what ails you. Design your massage together and focus on the areas that carry the most fatigue.

1 H 15 m

6,000

UPLIFT

This 20 minute session is comprised of stretches to align the whole body.

20 m

2,500

EXHALE

A specialized technique which involves working along specific points on the head to stimulate chi flow.

1 H 30 m

7,500

2 H

9,800

REPAIR

Using natural Himalayan Crystal Salt, freshly picked peppermint and lavender herbs this foot soak promotes healthy sleep patterns, prevents cellulite and reduces chances of developing rheumatism and arthritis. The reflexology that follows this treatment ensures that all the meridians are activated and energy blockages removed.

1 H 5 m

6,000

RESTORE

An infusion of lavender, rosemary and basil herbs in grapeseed oil is used for your shoulder, neck and head massage. This massage which addresses headache and fatigue points is calming and enhances healing and restores healthy sleep patterns.

45 m

5,500

PHYTOMER

facial skincare treatments

YOUTH REVEALING PIONEER TREATMENT

1 H 15 m 8,500

This original facial treatment uses innovative ingredients and exceptional treatment techniques for instant visible results. The treatment restores the skin's youthfulness, softness and luminosity. The specific face massage completes the action of the products and heightens relaxation.

DOUCEUR MARINE COMFORTING SOOTHING TREATMENT

1 H 8,500

A soothing beauty treatment that softens and heightens the natural defenses of skin that is sensitive or prone to redness. The result - soothed and ideally hydrated skin.

MARINE BREEZE

1 H 8,500

A breath of oxygen for combination, oily, or clogged skin. An oxygenating and purifying beauty treatment to reduce shine and blemishes. The face regains all of its luminosity. The skin is deeply-cleansed and detoxified.

SKIN ESCAPE FOR MEN

1 H 8,500

Oxygenating, moisturizing, soothing or age-defense beauty treatment. High-performance facial beauty treatment specially designed and adapted to the needs of men's skin.

OLIGOMER® SPA

holistic body treatment

REPLENISHING HOLISTIC TREATMENT

1 H 30 m 12,600

A deeply relaxing and reenergizing treatment with a gentle exfoliation and deep massage for a deeply revitalized body. It is a complete treatment for body and mind.

SPA ESSENTIALS

NAIL BAR

Spa Manicure	2,200
Paraffin Manicure	2,500
Spa Pedicure	2,700
Paraffin Pedicure	3,000
File And Polish Fingernails	1,100
Nail Repair	600 per nail
Soak Off	1,100
Acrylic New Set	3,800
Acrylic Natural Fill (2 Weeks)	2,500
New Set Toes	3,800
Gel Fill (2 Weeks)	2,500
Full Set Overlay	3,800
Nail Art Package	2,800
Express Manicure	1,200
Express Pedicure	1,800
Express Manicure & Pedicure	3,000

TINTING / SHAPING

Eyelash Tinting	1,200
Eyebrow Tinting	900
Eyebrow Shaping	600
Eyelash & Eyebrow Tinting	1,700

WAXING

Half Leg	2,000
Full Leg	3,000
Bikini Wax	1,800
Brazilian Wax	2,000
Hollywood Wax	2,500
Vajazzling	2,200
Full Back	2,000
Chest Wax	2,000
Tummy Wax	2,000
Butt Wax	2,000
Half Arm Wax	1,000
Full Arm Wax	1,500
Underarm Wax	1,000
Lip / Chin	600
Face Wax	1,000
Eyebrow / Chin Threading	600

KAYA STUDIO

caucasian & afro

HAIR - LADIES

Hair Cut 3,200

BLOWDRY

Short 2,000

Medium 2,500

Long 3,500

SINGLE PROCESS COLOR

Roots 4,500

Medium 5,500

Long 7,000 +

HIGHLIGHTS

8,000 +

FRESH HIGHLIGHTS

Short 8,000

Medium 9,500

Long 15,000

TONGS

3,500

FLAT IRON

2,500

Hair Relaxer 4,500

Relaxer and Set 6,500

Hair Treatment 2,500

Wash and Set 2,000

Wash, Blowdry and Set 3,000

Dreadlocks Retouch 4,500

Dreadlocks Styling 3,500

Weave Extensions 5,000 +

MENS

Hair Cut 1,200

Shave 500

Beard Trim 4,000

Guy Lights

Kids

Boys Cut (5 yrs & below) 1,000

Boys Cut (6 yrs - 15 yrs) 1,500

Boys Cut (15 yrs - 18 yrs) 1,800

Girls Cut (5 yrs & below) 1,000

Girls Cut (6 yrs - 15 yrs) 2,000

Girls Cut (15 yrs - 18 yrs) 2,200

SPA ETIQUETTE

For the comfort of all our guests, Kaya spa is a non-smoking facility. It is advisable to avoid the consumption of alcohol and heavy foods prior to, or directly after, a spa treatment.

Locker and changing facilities are available for your convenience. The locker key should be kept with the guest while in the spa. Valuables should be left in your room safe or at the Spa Reception and a receipt obtained.

Spa amenities including complimentary shampoo and spa body products are provided for your convenience.

Robes, slippers and disposable underwear are provided for our guests. Please bring your swim wear if you wish to make use of the spa steam room in the relaxation areas.

Guests are welcome and encouraged to use the steam room before most treatments. The heat and relaxation time will enhance the benefits of the treatment by warming the muscles, opening the pores and promoting a detoxifying effect on the body.

We highly recommend advanced booking prior to your arrival to ensure your preferred date and time of treatment. Please call the spa directly on 020 720-0656 or email kaya@tribehotel-kenya.com

Kindly specify whether you prefer a male or female therapist when making a booking.

Guests are requested to advise the spa of cancellation or any changes to their treatment times as soon as possible. Cancellations less than 12 hours before the treatment time will be billed to the guest at 50% of the full price. Specialist treatments that require 48 hours advanced booking carry a 100% cancellation fee if received less than 24 hours before the treatment time.

We recommend that guests arrive at least 30 minutes before their appointment to allow time for the necessary procedures and to enjoy the relaxation space before their treatment begins.

Guests with a previous medical history of cancer, heart problems, high blood pressure, asthma, claustrophobia (or ladies who are pregnant) are advised to seek advice from their medical practitioner before booking any treatments at the Spa.

Kaya is open from 8.30 am to 9 pm daily. Should you require an earlier or later treatment, kindly contact the Spa Reception.