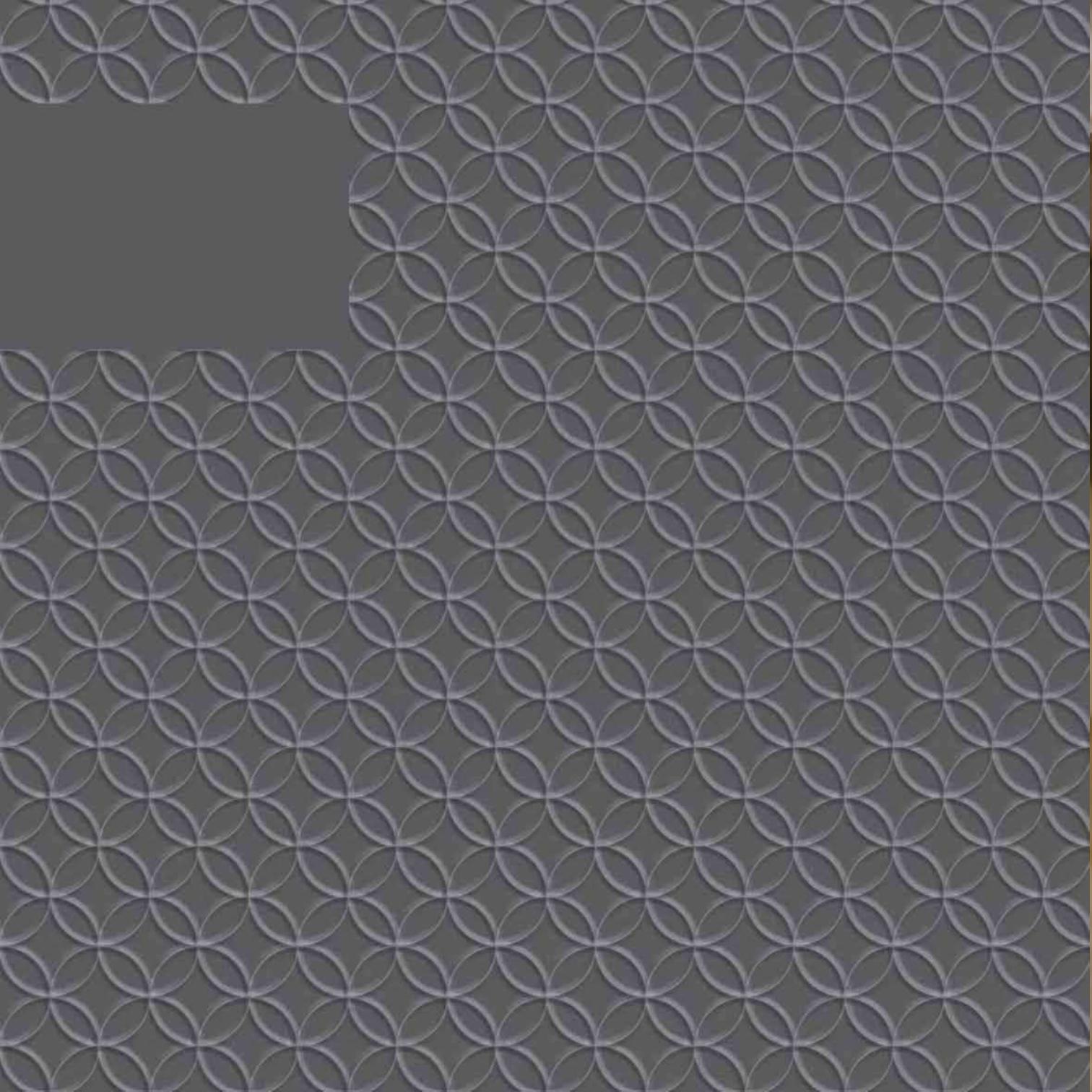


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ESPA

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## THE ESSENCE OF ESPA

ESPA at Resorts World™ Sentosa brings to Singapore the unique vision of the world's leading spa brand, successfully combining the experience of designing and managing prestigious spas across five continents with luxury face and body treatments to provide the ultimate spa experience.

With an award-winning range of natural spa products rich in heritage, texture and aroma, created with exceptionally potent ingredients sourced ethically and sustainably, every encounter with ESPA brings with it a profound sense of pleasure and discovery.



#### SUBLIME BY NATURE

ESPA at Resorts World™ Sentosa is an oasis of tranquility designed for total relaxation and recreation. Airy spaces, enchanting reflection pools and exquisitely-created Ice Fountains reflect the verdant forest, hill and water scenes of the surrounding countryside, creating the mesmeric experience of being completely immersed in nature - the perfect environment for naturally-based therapies combining the most effective traditional techniques and products sourced from around the world.



#### SPACE TO RELAX

ESPA at Resorts World™ Sentosa is a haven of calm, generous spaces, each designed to create the perfect ambience for socializing, introspection or actively rebalancing mind and body the natural way. With a range of treatment pavilions, deluxe suites and beach villas to choose from, guests will detox, de-stress and rejuvenate in luxuriously appointed and lavishly but tastefully furnished surroundings.

Be pampered in the Finishing Studio, a glamorous gathering point for immaculate nails and exotic refreshments; or leisurely partake in healthy eating options at Tangerine, a café within the spa that offers modern European cuisine infused with organic ingredients. And for that indulgence with a difference, SPA at Resorts World Sentosa offers unique experiences that include Forest Onsen-style pools, Crystal Steam rooms and Singapore's first fully-equipped Hammam.



## EXPERIENCE THE HEAT

As part of a holistic approach to fitness and well-being, ESPA at Resorts World™ Sentosa utilizes thermal therapy in a range of facilities that include Crystal Steam rooms, Rock Saunas, Ice Fountains, Experience Showers and outdoor Vitality Pools. Whether to cleanse, revitalize, stimulate or calm, the gender specific heat experiences are an essential part of the ESPA journey in the region.



#### A HAMMAM WITH A DIFFERENCE

This traditional cleansing ritual designed to revitalize mind and body is a first of its kind in Singapore. Here it is experienced in a luxuriously large and airy chamber with domed ceiling; a full sized scrub plinth, oversized rain showers and a steam room with ergonomically designed benches. A new benchmark in spa innovation.



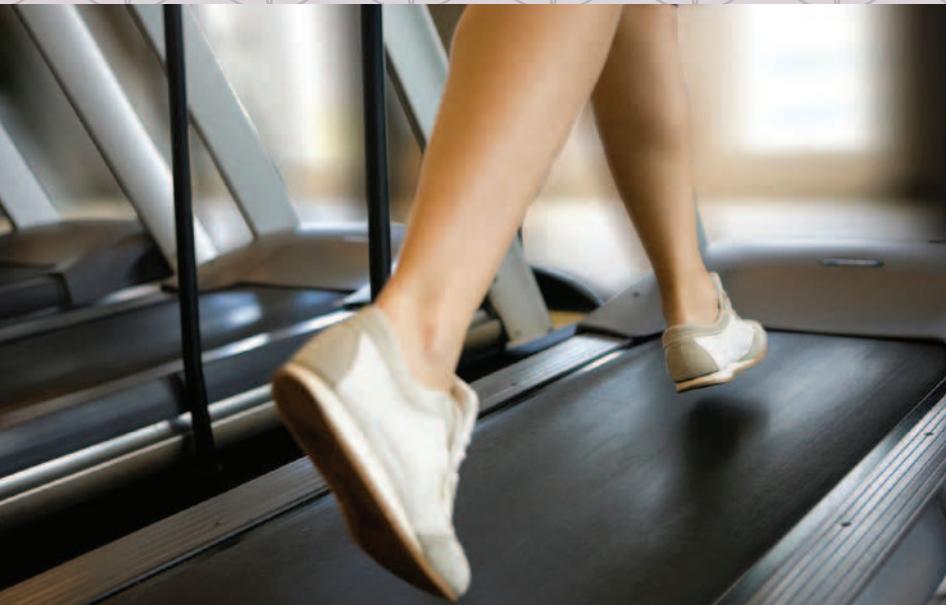
VITALITY POOL



## FIT FOR LIFE

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The holistic approach to fitness and well-being at ESPA at Resorts World™ Sentosa embraces fitness at all levels and in all its forms. Cutting edge equipment, expert Personal Trainers with nutritional advice and discreetly luxurious workout venues with inspirational views all serve to enhance the fitness experience, helping to deliver optimal results.



#### ZEN STUDIO

Located in tranquil landscaped gardens, an oasis of serenity providing a unique and intimate space for yoga, meditation and other bodywork classes.

#### GYMNASIUM

Equipped with a free-weights area, the latest Technogym cardiovascular and strength machines, and experienced trainers to assist with sports training, personal goal-setting or the creation of a life-changing fitness program.



### TANGERINE

Enjoying tranquil views of the reflection pools, Tangerine™ seats a total of 50 both indoors and outdoors. An integral part of the spa, the café offers an elegant yet casual dining environment with a European inspired menu selection focusing on organic and nutritious meal options.



#### TAKING HOME LUXURY

ESPA products comprise an award-winning skincare range, indulgent body collection and men's essentials that combine effective and natural ingredients designed to work in harmony with you and your skin. Beautifully packaged and presented, each ESPA product is an elegant statement of taste and discernment - now available as the perfect gift or personal indulgence.



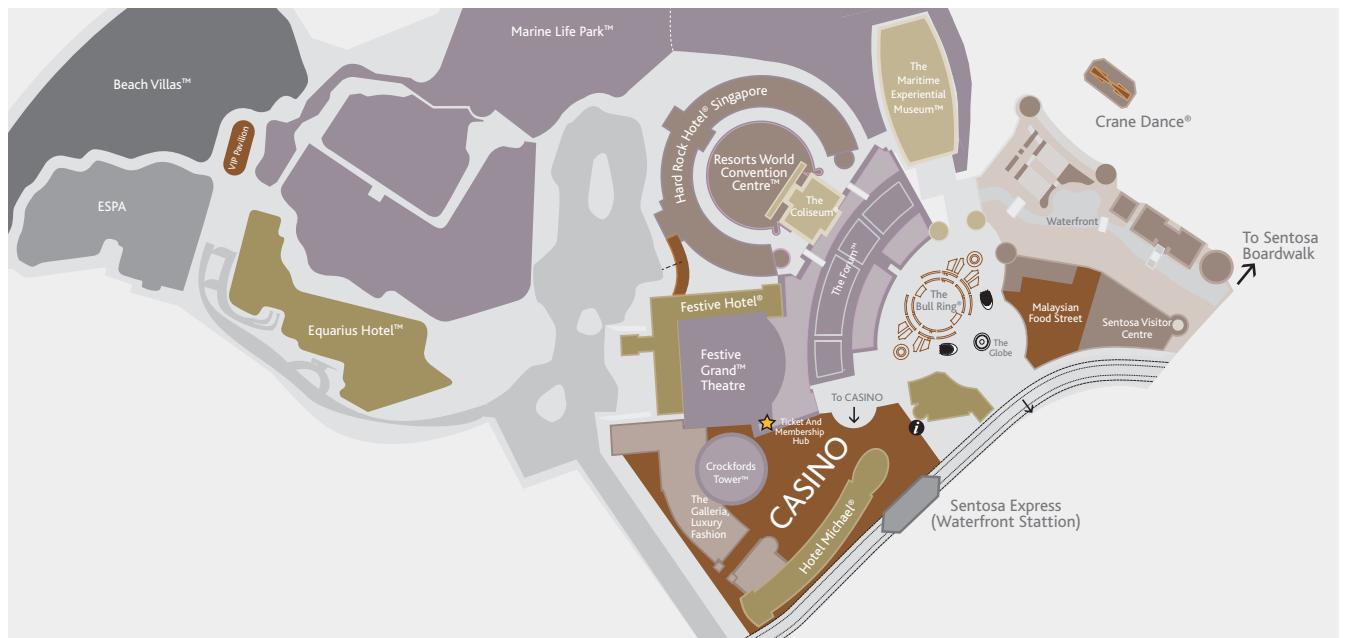
## MEMBERSHIP

Membership to ESPA at Resorts World™ Sentosa is one of the most exclusive of its kind. With the Lifestyle, Vitality and Essence membership tiers to choose from, Members will enjoy unlimited access to the spa with benefits that include gift products, priority bookings and upgrades, invitations to special events, and generous discounts off spa treatment packages, food and beverage, and retail items.

Membership to ESPA at Resorts World Sentosa is your passport to a privileged world that offers the region's most naturally luxurious approach to well-being, fitness and vitality.

To find out more, contact our membership team for a personalized tour and a consultation to determine a membership that suits you best.

# ESPA WITH US



Located in the west zone of the international destination resort of Sentosa Island, ESPA at Resorts World™ Sentosa is a spectacular leisure environment over 10,000 sq meters in size. Conceived by ESPA's award-winning team of creative visionaries, the spa's blend of contemporary design and classic Asian influences exudes an ambience of restrained sumptuousness and calm, ideal for relaxation, restoration and rejuvenation of mind and body, or for simply socializing.

## OPENING HOURS

Treatments	10am – 10pm Daily
Spa Facilities	9am – 10pm Daily
Gym	8am – 10pm Daily

