



BRIDES SPA CARTE

Avilé

SPA & WELLNESS *at* EXCELLENCE EL CARMEN



BRIDE'S SPA CARTE

It's your day

Let us wash away the stresses of pre-wedding planning and set you on a blissful course as you prepare to walk down the aisle.

Celebrate this special time with a spa day to share, to connect and to remember forever.



For the Brides

EL MAR COCOON RITUAL 100 min.

Coming from the invaluable gifts of the sea, begin this complete ritual starting with a marine salt glow exfoliation to mineralize your skin, followed by an herbal warm sachets treatment to calm your skin and a body massage with peppermint oils, to end with a unique hydracure facial to leave your skin nurtured and renovated.

\$250 USD

LAVENDER BLISS RITUAL 100 min.

Take a pause, calm and rest in a lavender & mint, cocoon, a body scrub, followed by a warm body wrap with essential oils and trace elements for a renewed skin, scalp massage and end with the most relaxing full body massage in slow rhythm and therapeutic movements.

\$250 USD

VITA C FACIAL 50 min.

A total revitalizing facial, with firming and anti-aging effects, bringing new luminosity to dull skin, due to high concentration of vitamin C acting as anti-oxidant, repairing sun damage and promoting collagen production for a youthful appearance.

\$130 USD

SPA MANICURE 50 min.

Provide a wake-up call to hands with our Spa Manicure with reparative, replenishing products to soften, repair, nurture and moisturize.

\$60 USD

SPA PEDICURE 50 min.

Our Spa Pedicure captures the sparkle of salt-spray that instantly exfoliates and softens even the roughest feet – with ingredients such as beach sand, energizing botanicals and soothing sea salts.

\$60 USD

HAIR DETOX & NUTRITION RITUAL 50 min.

Organic elixirs that will embrace your hair, in a detoxifying eucalyptus clay mask, a mint scrub for scalp to revive your hair pores, and milk and roucou balms that will rehydrate, protect and nourish your hair before or after sun exposure, chlorine and salt, in a sighing scalp massage. Followed by a shoulders, neck, hands and feet massage with jojoba and echinacea butter for a soothing and silky result in your skin.

\$80 USD

MAKE-UP \$60 USD

HAIRSTYLE \$85 USD

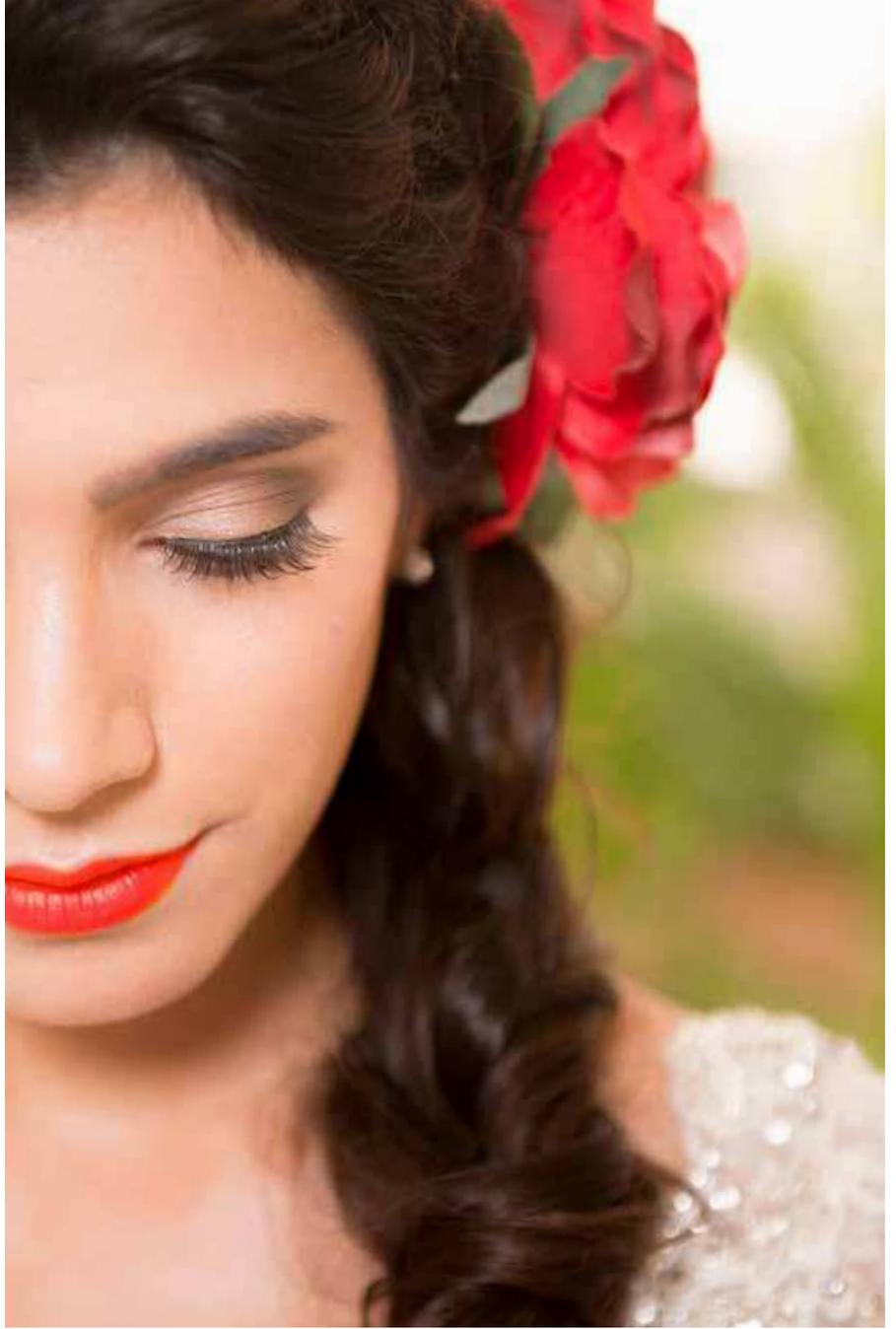
SHAMPOO AND BLOW DRY \$60 USD

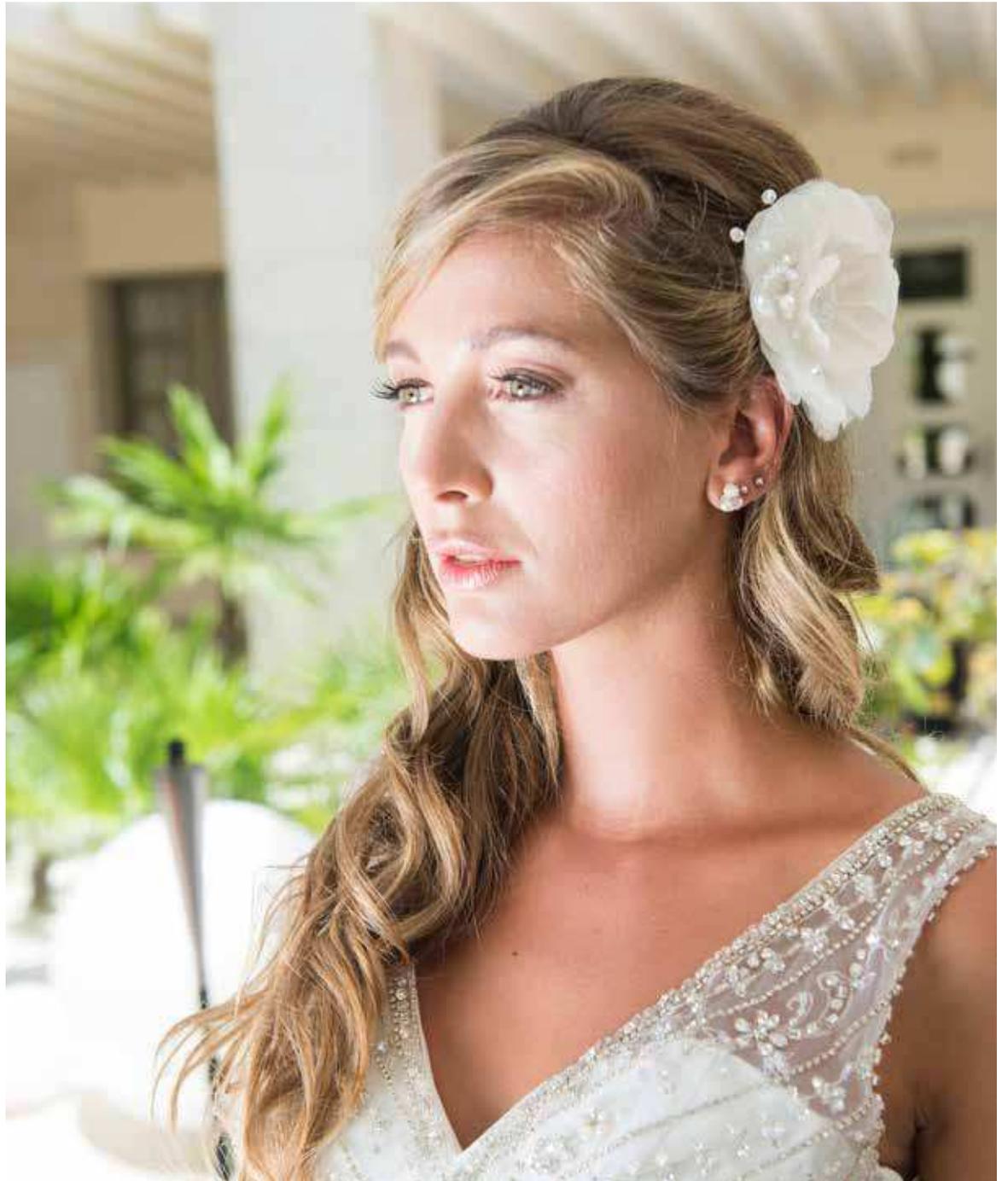
SHAMPOO AND HAIRSTYLE \$100 USD

Note: An additional \$30 USD will be applied to hair services, if the hairstyle involves existing hair extensions.



...be Vibrant







...be Romantic





...be Unique



..be Fresh



For the Groom

FOR MEN RITUAL 100 min.

Renew and energize your body with this exclusive blend of Swedish massage, shiatsu pressure points, deep tissue for your back, body stretching and Lomi techniques that will help to release muscle tension and rid the body of tiredness. Continue your ritual with a reviving facial with natural ingredients such as Birch Sap, Olive Extract, Vitamin C and Sake extract. Light, easily absorbed textures and sandal aromas, will hydrate, soothe and restore the men's skin.

\$250 USD

For Both

BRISA COUPLES RITUAL 100 min.

The perfect romantic spa, in a setting with candles and incense starting with a significant feet bath with petals and aromatic salts, followed by a body massage full of long strokes, slow rhythm and releasing movements, while a warm mud therapy is applied in the back to induce total rest, ending with scalp relaxing techniques. Enjoy sparkling wine and sweet delights to say "I love you".

\$500 USD per couple

VITALITY COUPLES RITUAL 100 min.

Renew and energize your body with a therapeutic blend of massage techniques, such as shiatsu, aromatherapy, deep tissue, body stretching, warm back pillows and more that will help release muscle tension and rid the body of tiredness, followed by an hydrating and soothing facial. Enjoy sparkling wine and sweet delights.

\$500 USD per couple

EXCELLENCE COUPLES MASSAGE 80 min.

An indulging and therapeutic experience to share, with our signature massage based on a blend of techniques such as shiatsu, reflex points, stretching, massage, hot poultice and aromatherapy, combined for perfect tension release, enjoy sparkling wine champagne and sweet delights.

\$350 USD per couple

'BY THE OCEAN' COUPLES MASSAGE 80 min.

The rhythm of the waves will be the music on this couples massage by the ocean. Romance is the main ingredient in this unique experience embellished by the tides. Celebrate with a glass of sparkling wine.

\$350 USD per couple



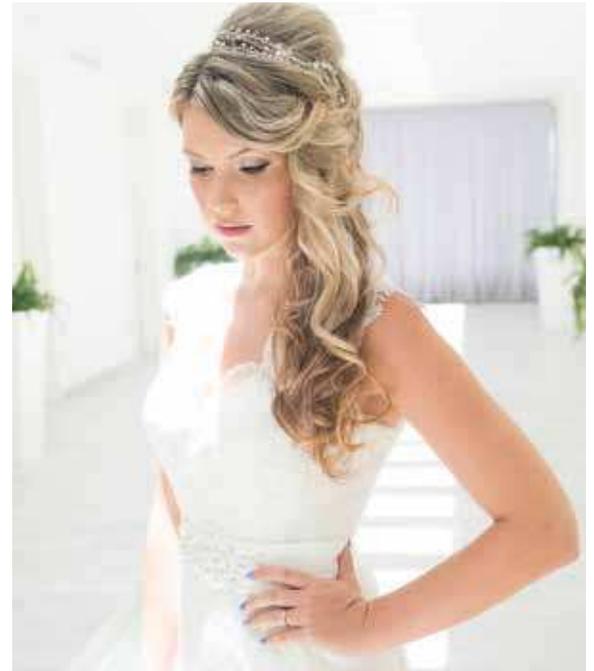




...be Timeless

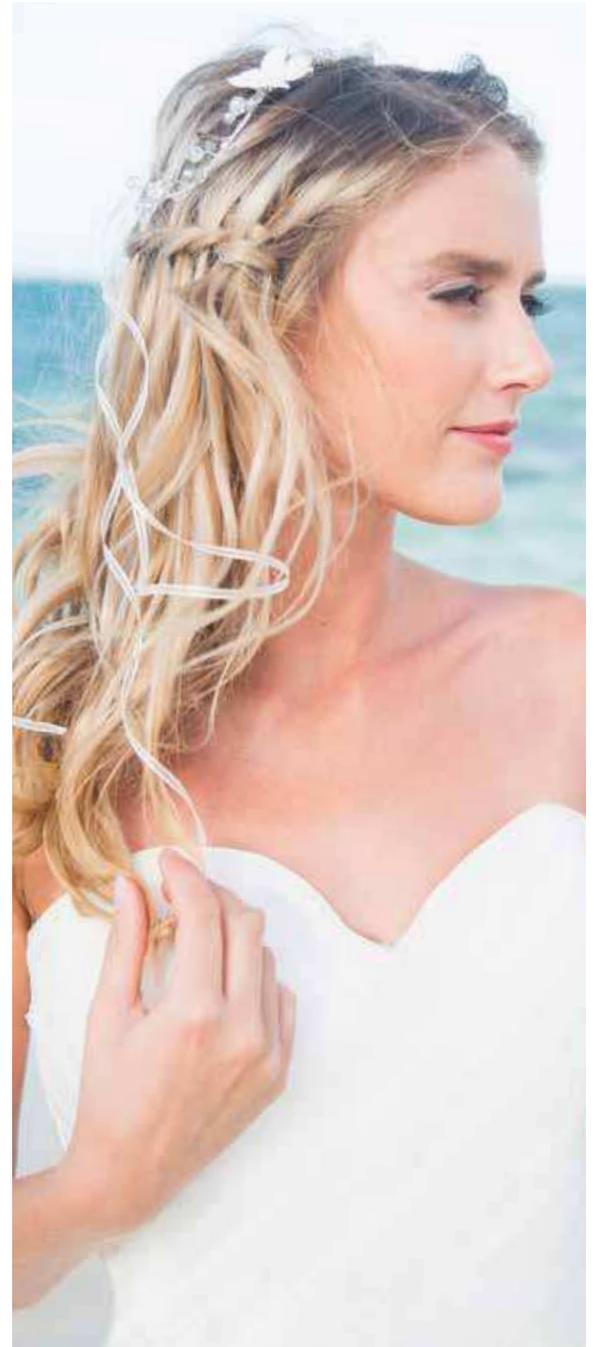


...be Gorgeous





...be You



BRIDE'S SPA CARTE

*Bridal Spa
Celebrations*

SHARING CELEBRATION

Including:

- Aqua Wellness Hydrotherapy session, circuit of water stations to relax and improve circulation.
- Back Relax Massage 25 min with aloe balms.
- Setting of our spa terrace with sparkling wine, juices and fruit petites for your enjoyment.
- Miilé Spa Gift for your guests.
- Minimum 4 people.

\$100 USD per person

MAGIC CELEBRATION

Including:

- Aqua Wellness Hydrotherapy session, circuit of water stations to relax and improve circulation.
- Relaxing Full Body Massage 50 min with aloe balms.
- Setting of our spa terrace with sparkling wine, juices and fruit petites for your enjoyment.
- Miilé Spa Gift for your guests.
- Minimum 4 people.

\$135 USD per person

BEAUTY CELEBRATION

Including:

- Aqua Wellness Hydrotherapy session, circuit of water stations to relax and improve circulation.
- Spa Pedicure 50 min or Spa Manicure
- Setting of our spa terrace with sparkling wine, juices and fruit petites for your enjoyment.
- Miilé Spa Gift for your guests.
- Maximum 3 Spa Pedicures and 2 Spa Manicures at a time.
- Minimum 3 people.

\$100 USD per person

Gratuities are not included with Miilé Spa treatments. They may be charged to your room or given to your therapist in cash.

Cancellations must be made at least 24 hours prior to your scheduled appointment or a 50% charge will be applied. Please don't forget! No-shows will be charged 50%.

NOTE: Promotions or discounts in Miilé Spa cannot be applied to any other promotion given by the Travel Agency or Hotel Reservations.

OPENING HOURS FROM 9 AM TO 8 PM