

OUR PRODUCT PHILOSOPHY

When choosing products for each of the Raffles Spas around the world, we place careful emphasis on many aspects. With luxury in mind, each chosen brand is proven to deliver results-driven treatments which are tailor-made to suit the needs of our valued travellers. Environmental sustainability is considered whenever and wherever possible, reflecting our social responsibilities as a brand. Our relationships with the product houses are important to ensure we have the finest spa products and training available for each and every encounter with our guests.

DERMALOGICA

Dermalogica offers powerful, potent product lines free of common irritants and ingredients which can cause breakouts.

TROPICALIFE

Tropicalife products contain 100% natural raw ingredients with up to 97% organic ingredients, and free from parabens, synthetic perfumes, and mineral oil. Skin care products from Tropicalife are inherently authentic and carefully formulated for purity and effectiveness while keeping environmental sustainability at the fore.



RAFFLES WELLNESS

We know that exercise is a vital component to daily life, especially for travellers on the go, and we appreciate the desire for high-quality, well-equipped fitness facilities. We provide spacious, customised, wellness area and supplies fitness facilities to meet all your needs.

Raffles Spa is the perfect environment for living well, with access available exclusively to hotel guests and private members, offering the following facilities and services:

- Outdoor swimming pool
- Fitness centre
- Wet areas, complete with sauna, steam room and jacuzzi
- Relaxation areas
- Shower and locker area
- Wellness cuisine inspired by healthy living

MEMBERSHIP

Raffles Spa offers exclusive one year full membership, giving you access to our comprehensive spa and wellness facilities at our properties in Cambodia.

As a valued member, you will enjoy the following benefits:

- One complimentary 60 minutes 'Just for you - Customised Facial' per year
- Family membership allows for a maximum of 2 children only, limited to children under the age of 12
- Spa treatments are not applicable to children
- One night complimentary stay at Raffles Grand Hotel d'Angkor inclusive of breakfast
- Privileged pricing on food and beverage and spa treatments at Raffles Grand Hotel d'Angkor
- Upon presentation of membership card, enjoy full use of the Spa facilities at Raffles Hotel Le Royal, Phnom Penh (subject to availability)

HYDROTHERAPY WELLNESS EXPERIENCES

Steam Room Wellness

Maintained at 42-45°C, the humid aromatic heat experience is highly beneficial for those who suffer from asthma and bronchitis, as it opens up the breathing passages and alleviates congestion. We recommend that a session lasts 10-15 minutes and that you keep your body well hydrated afterwards. Humid heats are especially beneficial before or after a massage treatment to increase circulation.

Sauna Wellness

Maintained between 85-110°C this dry heat soothes and warms the muscles, relieving tension from your body and minimising joint pain. This is especially beneficial for those who suffer from illnesses such as arthritis, painful migraines, and headaches, or as a way of warming the body after an intense workout or treating the common cold. Dry heat is recommended for 10-15 minutes daily and it is important to ensure that your body is kept well hydrated afterwards.

Outdoor Pool

Our 35-metre long outdoor pool provides a peaceful environment in which to revitalise yourself with an energising swim or to simply relax with a refreshing drink

SPA ETIQUETTE

SPA EXPERIENCE

Raffles Spa offers a variety of locally inspired spa experiences. Choose from a variety of massages, body treatments, facials and Spa day packages.

SPA ENVIRONMENT

Raffles Spa is a quiet sanctuary. For your peace and privacy, phones and other electronic devices are not permitted. If you wish to receive messages during your time with us, please let our staff know.

FEES AND SERVICE CHARGE

All prices are in US Dollars and are subject to service charge and applicable government taxes.

SPA CANCELLATION POLICY

If you must reschedule or cancel any spa appointments or packages, please notify the Spa two hours in advance. Missed appointments without proper notices are subject to a 100% charge for reserved services. The same applies for no shows.

SPA ARRIVAL AND ETIQUETTE

We recommend you arrive 30 minutes prior to your appointment time to enjoy the facilities and ensure your treatment starts on time. Late arrivals may result in a reduction of your treatment experience.

PERSONAL MATTERS

Please inform us of any health conditions at the time of booking. You will also be asked to complete a medical history form upon arrival, so we may better customise your experience to your needs.

SPA ATTIRE

You will receive a robe and sandals to wear between treatments and a locker for your personal belongings. We request that you please leave jewellery and valuables in your hotel room or the safe provided for you.

MAKING SPA APPOINTMENTS

T +855 63 963 888

E spa.siemreap@raffles.com

The Spa is located next to the swimming pool.

Advanced reservations are recommended to ensure availability.

Our Spa Hosts will be delighted to guide you to select your spa experience.

TREATMENT MENU

RAFFLES SPA JOURNEYS

Raffles Spa Journeys assure the act of inner and outer transformation by travelling from one place to another through sensory pleasures, unique surroundings and rejuvenating sensations. Leave feeling well-rested and on your journey to living well.

ANGKOR ESCAPE

150 mins.....USD 199

Renew your skin with this deluxe facial based on your specific skin care needs promoting healing and skin repair. Hydrate fine lines, reduce discomfort associated with acne and cool inflammation and redness. This facial imparts complete vitality and relaxation, and includes a specially developed scalp and foot massage.

RAFFLES SPA RETREAT

120 mins.....USD 169

This pampering face and body retreat promises full mind and body relaxation and rejuvenation. Your journey begins with a full body exfoliation using a mineral salt glow followed by a full body massage using a heated herbal oil. Finish the journey with a hydrating Facial tailored to your skin's needs, leaving you feeling healthy and looking youthful.

Prices are subject to service charge and applicable government taxes.

CLASSIC FACIALS

MULTI VITAMIN LUMINESCENCE FACIAL

90 mins.....USD 125

This specific treatment delivers brightening and clarity for immediate luminosity. With this results-driven facial using multi vitamin skin exfoliation containing fruit enzymes and hydroxyl acids, your skin will appear lighter, brighter and more refined. Included in this facial is a foot ritual, head neck and shoulder massage as well as a hand and foot massage.

NOURISHING FRESH SKIN

60 mins.....USD 79

A luxurious skin care treatment experience specifically tailored to soothe, restore and purify your skin, leaving it conditioned and nourished. This includes a face massage and scalp pressure point to ease the tension away.

CUSTOMISED CLASSIC FACIAL

60 mins.....USD 69

Renew your skin with this deluxe facial based on your specific skin care needs promoting healing and skin repair. Hydrate fine lines, reduce discomfort associated with acne and cool inflammation and redness. This facial imparts complete vitality and relaxation, and includes a specially developed scalp and foot massage.

EYE ENHANCEMENT

40 mins add on.....USD 39

Hydrating botanicals and antioxidant vitamins protect the eye area against the effects of dehydration which is rich and firming. It provides four important benefits to the eye area: retexturing; sun protection; minimizing of dark circles, and; reduction of puffiness.

Prices are subject to service charge and applicable government taxes.

BODY TREATMENTS

TRADITIONAL KHMER HERBAL WRAP

90 mins.....USD 125

Khmer Herbs contained in a traditional spicy healing pack originating from Cambodia is prepared from a combination of roots, herbs and spices. Heated herbal compresses holding precious herbs such as galangal, ginger, cinnamon and lemongrass are then compressed on the body to relieve stress, boost energy and detoxify the body. The treatment is completed with a moisturizing body lotion along with a full body massage.

TOXI-CLEANSE BODY WRAP

90 mins.....USD 115

Experience the healing benefits of the earth's elements as you exfoliate your skin and cocoon your body in a thermal mineral body pack. Sooth tired, achy muscles and surrender to a deeply relaxing scalp massage, mini facial and body massage. This sensory experience reduces cellulite and water retention removing impurities and toxins. Leave feeling weightless and full of energy.

NATURAL KHMER HERBAL SCRUB

60 mins.....USD 79

This luxurious treatment starts with a gentle Khmer body scrub, using unique herbs to cleanse your skin, relax the muscles and release impurities. A moisturiser is applied to the body for smoother, softer skin.

AROMA SALT GLOW

60 mins.....USD 69

A salt scrub rich in minerals, dried seaweed and fruit enzymes are combined to smooth and silken the skin as well as remove rough skin. This also includes a dry body brushing and lymphatic massage to stimulate energy flow feeling refreshed and revitalised.

SOOTHING ALOE BODY WRAP

60 minutes.....USD 69

The healing, moisturising properties of Aloe Vera plant provide nourishing and soothing properties in this hydrating body wrap. Includes a luxurious scalp and neck massage followed by a foot massage with invigorating foot balm.

Prices are subject to service charge and applicable government taxes.

RAFFLES GRAND SIGNATURE MASSAGE

90 mins.....USD 135

Inspired by the healing powers of Ayurveda therapy, this rare and unique technique originates from India. Warm coconut oil is applied all over the body by two trained therapists in a special rhythmic way easing you into a total relaxation. This treatment is especially good for rheumatic diseases like arthritis, paralysis, reproductive weakness and nervous disorders.

WARM STONE MASSAGE

90 mins.....USD 125

This indulgent body treatment soothes muscle tension and encourages blood circulation. Using nourishing essential oils and warm volcanic stones to penetrate tired, aching muscles, combined with gentle stretching techniques, activates various energy points allowing you to unwind into a restful state of mind.

TRADITIONAL KHMER MASSAGE

90 mins.....USD 125

Inspired by Asian therapists, the traditional Khmer therapeutic massage also known as "Chad Ta Shai" is a vigorous, firm pressure point massage which incorporates kneading and twisting of the muscles which encourages internal energy flow, restores balance and conveys a renewed feeling of vitality. Heated herbal compresses holding precious herbs such as turmeric, ginger and lemongrass are then compressed on the body to relieve stress, boost energy and improve blood circulation.

MUSCLE TENSION RELEASE MASSAGE

60/90 mins.....USD 79/USD 115

Derived from traditional Swedish massage techniques to renew, strengthen and heal the body. This full massage applies stretching, long strokes, along with palm and thumb pressure techniques to relieve tension, improve circulation and create a feeling of well-being.

AROMATHERAPY RELAXATION MASSAGE

60/90 mins.....USD 69/USD 105

Using the art of movement combined with ancient aromatherapy oils, this Swedish-style full body massage uses gentle techniques to help restore harmony, and relaxes the mind and body.

ORIENTAL FOOT REVIVER*

60 mins.....USD 69

Experience holistic revitalisation and deep relaxation as your therapist applies specific thumb and finger techniques to various reflex points on the feet, which effectively stimulate corresponding organs in the upper body.

*This is not a reflexology treatment

Prices are subject to service charge and applicable government taxes.

For those of you who wish to upgrade any of our present treatment listings with additional time and services, or for those who don't have the time to stay and indulge, we have created mini treatments to suit all your skin care needs, ensuring complete relaxation and rejuvenation.

Choose from a variety of 30 minute mini treatments including:

REVIVING HAND TREATMENT.....USD 39

REVIVING FOOT TREATMENT.....USD 39

BACK, NECK AND SHOULDER MASSAGEUSD 39

EXPRESS BODY SCRUBUSD 39

HEAD AND SCALP MASSAGEUSD 39

EXPRESS FACIAL.....USD 39

Prices are subject to service charge and applicable government taxes.