



BELMOND  
**LA RÉSIDENCE D'ANGKOR**  
SIEM REAP

## RELAXING YOUR BODY AND MIND THROUGH THE SOOTHING EFFECT OF FLOWING WATER

At Kong Kea Spa, we are committed to providing unique treatments from the heart, blending ancient Asian healing techniques with age-old beauty recipes featuring the curative benefits of fresh, natural, quality ingredients.

Kong Kea means "Water for the King" or "Water for the God". In today's Cambodia, this term is mostly used by educated people, with a higher language level. The logo of the Spa is the actual Sanskrit spelling of Kong Kea. The presence of the orange color in the logo represents the Bird of Paradise flower, chosen for the spa and grown all around the property grounds. The orange color used to illuminate the 5 water walls as well as all the niches and ceiling glows, was purposely selected due to its healing properties.

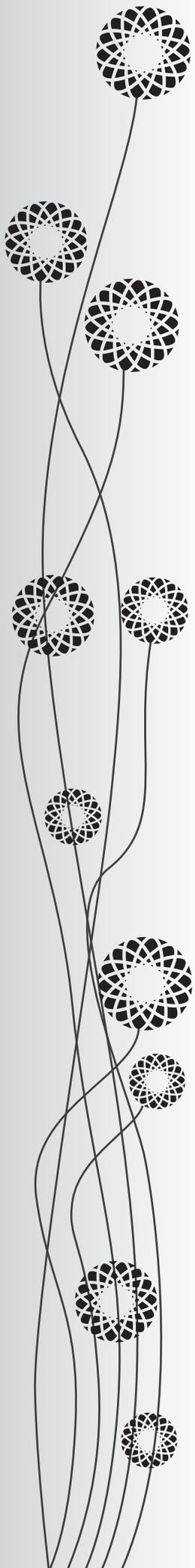
Trained in anatomical physiology, massage and service, our local therapists combine the latest organic nutrition and health knowledge with the most essential element – warm, genuine care that flows from the heart through the hands, to stimulate, rejuvenate, balance and relax your mind and body.

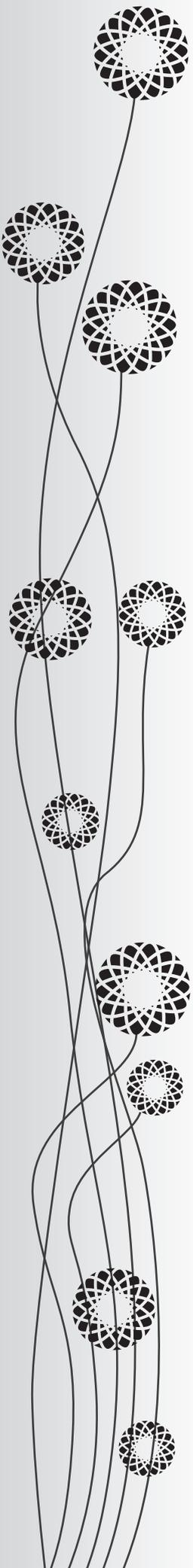
### PURE INSPIRATION

Kong Kea Spa believes in all things natural, whether it be the spa ingredients that we source locally, or international brands that complement our treatment range.

### FACILITIES

Kong Kea Spa has 6 rooms consisting of :  
2 couple's rooms with rest room, bath tub and shower,  
(1 room with steam, 1 room with sauna).  
2 single rooms with shower, (1 room with steam, 1 room with sauna).  
1 single room for dry treatments.  
1 single room for traditional Khmer or Indochina massage.  
Spa indoor swimming pool as a relaxation area.  
Spa manicure and pedicure at the spa pool.  
Two lockers with rest room and changing room (male and female).





Fitness Center facilities include:

- 1 Set of dumbbells
- 2 treadmills
- 2 exercise bikes
- 1 rowing machine

## **RESERVATIONS**

We recommend that all spa treatments are booked in advance to ensure availability. Please arrive at the spa 15 minutes prior to your treatment in order to give you sufficient time to register.

## **ATTIRE & AMENITIES**

Our primary concern is your total relaxation. Please feel free to wear whatever makes you feel comfortable. A robe, sandals, towel and disposable underwear are available at the Spa. Many of our guests come to the spa wearing the bathrobes provided in your room.

## **CANCELLATION POLICY**

2 hours cancellation notice is required to help us re-schedule your appointment. Cancellations less than 2 hours prior to the treatment will incur a 50% cancellation fee. This applies to all treatments.

## **SPA POLICY**

It is recommended that guests with high blood pressure, heart conditions, pregnancy or any other medical condition, consult a doctor prior to their treatment. We thank you for not smoking or consuming alcohol in the spa. It is best to remove all jewelry before your spa treatment and any items of value should be secured in your room safety box. Use of the Spa facilities, fitness center, whirlpool, and all Spa services are reserved for those 18 years and older.

Should you prefer a male therapist, please inform us in advance to avoid disappointment.

The spa is open daily from 9:00 – 22:00 and last treatment at 21:00.

Fitness center is open daily from 6:00 – 22:00.

## SIGNATURE TREATMENTS

### J'PONG REFRESHING & CLEARING STEAM

This is a traditional Khmer treatment for colds, congestion and coughs with added benefits for tired muscles. The effectiveness of the steam is increased by adding herbs like turmeric, cinnamon, sweet plai, lemongrass, cloves and kaffir lime leaf mixed with essential oils. In Cambodia it is believed to improve blood circulation and refresh the body. To be enjoyed in the steam room or sauna.

30 mn – **\$28**

### MASSAGE THERAPY

#### KHMER HERBAL HEALER

Our authentic Khmer Herbal Hot Compress massage is a unique treatment to be experienced at least once in a lifetime. A heated muslin parcel of aromatic herbs and exotic spices is applied to pressure points on the body, easing stress and relaxing muscles. Hot compresses can also be used to address back pain, increase energy flow, improve circulation, relax muscles and stimulate nerves. We start with feet therapy and we continue to the whole of your body to make you feel free from pain.

70 mn – **\$79**

100 mn – **\$118**

#### REJUVENATE WITH “ANGKUNH” WARM OIL TREATMENT

“Angkunh” is a medicinal tree grown in Cambodia's deep forest. The seed of Angkunh is used in various traditional medicines to relieve muscle tensions and improve blood circulation. Kong Kea Spa's signature oil is boiled with “Angkunh” seeds to provide ultimate relaxation throughout your body.

70 mn – **\$70**

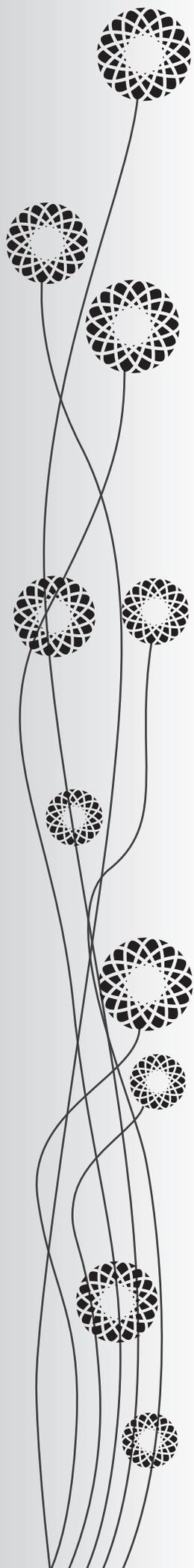
100 mn – **\$100**

#### BAMBOO MASSAGE

This special massage technique has a triple action high performance formula helping to reduce the pain and leaving your body relaxed and peaceful with a Zen feeling.

70 mn – **\$70**

100 mn – **\$100**



## FOUR HANDS MASSAGE

We start with feet therapy and we let you feel the benefit from the experience of two therapists working together to soothe muscle pain and reduce stress providing double relaxation. This highly synchronized treatment performed in unison by two therapists offers the ultimate relaxation not to be forgotten.

70 mn – **\$110**

100 mn – **\$159**

## SHIRODHARA

Traditionally used to treat stress related disorders and combined with feet therapy, Shirodhara is the pouring of warm medicated oil onto the forehead. On a physical level it will leave you profoundly relaxed and aid the treatment of headaches, migraines, insomnia and sinusitis. We recommend a period of rest after the treatment, allowing your mind and body to unwind.

55 mn – **\$50**

## AROMATHERAPY MASSAGE

Long strokes soothe and improve lymphatic drainage and circulation, while relaxing techniques work into muscles to relieve tension and ease stiffness. The fragrance of essential oils enhances the experience. Pressure can vary from soft to medium and we start with feet therapy to feel the tension in your body and let your stress go!

70 mn – **\$68**

100 mn – **\$98**

## ENERGIZING MASSAGE

This energizing massage uses long, stronger strokes to induce relief from stress and tension, while stimulating blood circulation. Pressure can vary from medium to strong. You will feel great when we put your feet in warm water with medicinal herbs and continue to treat all of your body.

70 mn – **\$68**

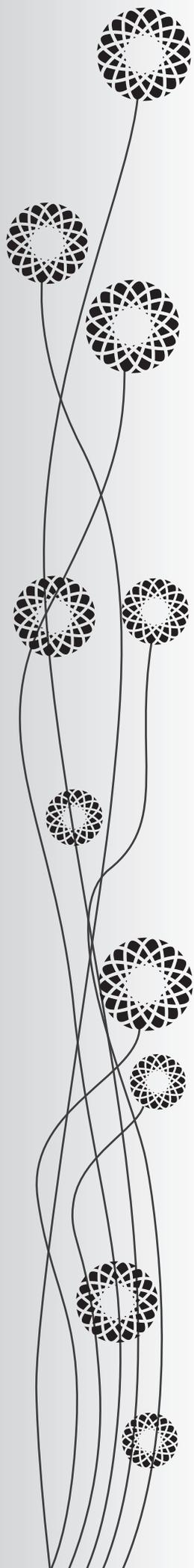
100 mn – **\$98**

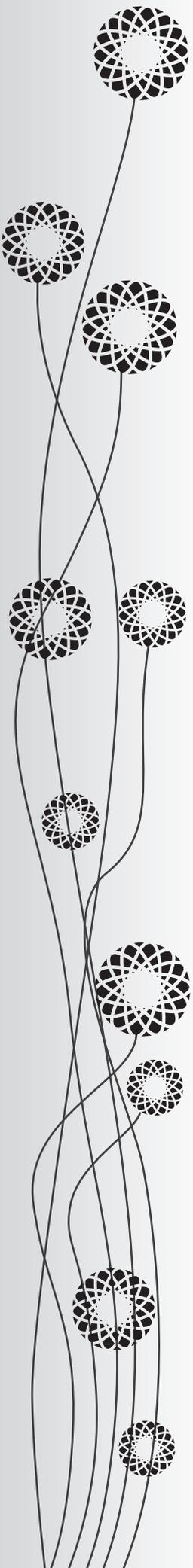
## BACK PAIN RELEASE

Tension in muscles of the shoulders, neck and back is often associated with long travel or life condition. This therapy is specially designed to address these "tension areas" in the back muscles and combined with feet therapy will leave you feeling relaxed for the rest of your journey.

70 mn – **\$58**

All price are subject to 7.5 % Service Charge and 10% Government Tax





## COUPLE MASSAGE

Share the comfort of our luxurious double spa suite with a loved one or friend. Experience your choice of massage followed by a steam or sauna for 20mins. Any of our individual massages such as SAromatherapy, Energizing, Foot Reflexology or Back Neck Shoulder massages can be arranged for a couple's session.

80 mn – **\$110**

110 mn – **\$159**

## OIL FREE MASSAGE THERAPY

### ANCIENT KHMER MASSAGE

Experience an old fashioned Khmer massage called "Chab Ta Shai" A vigorous oil free and firm massage for effective pain relief. The touch techniques are deep and reasonably forceful and in continuous, elastic and rhythmic strokes, we treat your feet first and let you experience our healing technique to release your worry inside and let them go!

70 mn – **\$60**

100 mn – **\$78**

### INDOCHINA SIGNATURE MASSAGE

This unique massage has been used for centuries throughout the region to bring balance to body, mind and energy. Given clothed and without oil this experience involves pressure point massage using thumbs, hands, arms, knees and feet, as well as stretching movements. It is an invigorating therapy starting with feet therapy that relieves muscular tension, loosens joints and opens energy channels.

70 mn – **\$60**

100 mn – **\$75**

## LOWER BODY TREATMENTS

### FOOT REFLEXOLOGY AND MASSAGE

Reflexology is based on the principle that the human body has energy that flows freely through it when in a state of optimum health. In this treatment we add feet treatment and we continue with a gentle pressure that is applied to specific points on and around the feet to free energy that has become blocked due to stress, poor diet and lack of exercise allowing the body to return to a state of natural balance. We always combine with a foot massage to relax and release.

70 mn – **\$58**



## FULL LEG MASSAGE

Therapeutic full leg massage specially designed to help release pain and tight muscles for runners and athletes. The treatment begins with back stretches followed by a full leg massage.

80 mn – **\$ 68**

## MANICURE & PEDICURE

### KONG KEA SPA MANICURE

This indulgent spa manicure includes a stimulating hand scrub, soothing hand bath, relaxing hand massage and essential nail maintenance, grooming and varnish.

60 mn – **\$ 38**

### KONG KEA SPA PEDICURE

Treat your feet to the attention they deserve! This pampering spa pedicure includes an invigorating foot scrub, relaxing foot-bath, foot massage and essential nail care.

60 mn – **\$ 40**

### EXPRESS PEDICURE & MANICURE

60 mn – **\$ 68**

## FACIAL TREATMENTS

### BIO LUXURY FACIAL

This classic luxury facial treatment provides holistic benefits to sustain the balance of oil and moisture, giving the skin what it needs to revitalize and hydrate. Suitable for all skin types. We always start with your feet therapy to make you feel ready to absorb all the benefits of our products.

70 mn – **\$ 80**

### BIO ANTI-AGING

This advanced treatment uses powerful plant botanicals that have a triple action high performance formula helping to firm, lift and strengthen the skin as well as to reduce the appearance of fine lines and wrinkles, leaving your skin hydrated, moisturized and uplifted. We always start with your feet therapy to make you feel ready to absorb all the benefits of our products.

70 mn – **\$ 85**

## BODY TREATMENTS

### TRADITIONAL TURMERIC & ORANGE SCRUB

Natural ingredients of turmeric and orange to exfoliate, nourish and tone the skin while stimulating circulation. Combine with feet therapy, your body will absorb all the benefits of turmeric which is for anti cancer and makes your skin brighter and orange which helps your skin become softer and look younger!

55 mn – \$55

### TRADITIONAL RATTANAKIRI COFFEE SCRUB

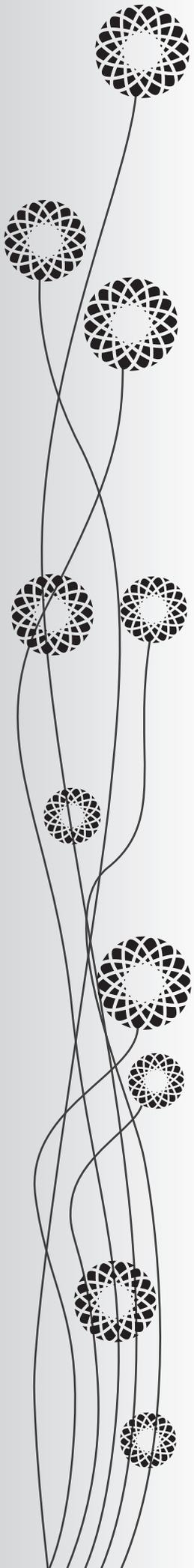
Take you reference to turmeric and orange in Rattanakiri is one of the most beautiful provinces in Cambodia, it is also famous for its coffee plantations. The coffee is a powerful antioxidant and firms the skin. It leaves the skin soft, glowing and aromatic. Our treatment is always combined with feet therapy.

55 mn – \$55

### TRADITIONAL ALOE VERA & BANANA LEAF BODY WRAP

The cooling effect and properties of Aloe Vera work to soothe and rejuvenate the skin. It also works for sun-burn and minor wounds. After massaging the body softly with Aloe Vera, it will be covered with banana leaves to leave the body moisturized and hydrated.

55 mn – \$45



## SPA PACKAGES

### KONG KEA SPA HEALTHY PACKAGE

Begin with J'pong 30mn followed by a body scrub of your choice to cleanse and remove dead skin cells, then continue with an hour of aromatherapy body massage to relax the whole body and finish with a Bio Luxury facial.

215 mn – **\$200**

### KONG KEA SPA RECHARGING ENERGY

A deluxe spa day package to recharge and balance your body and mind. We start with SHIRODARA to calm the body that work very hard, followed by one hour energizing massage and finish with Relaxing foot & reflexology to keep all the energy in you.

180 mn – **\$145**

### BASIC HEALTHY YOGA

Enjoy this Yoga session presented by Certified Practitioners. Please note that bookings should be made 24h in advance and cancellation policies may apply. Limited to 4 people per session.

per person for group session

– **\$30**

person for private session

– **\$45**

