

	Sharing Platters	USD
	Cheese Manchego, blue, parmesan, cheddar, camembert	18
	Spring Rolls chicken or vegetarian, fresh or fried, peanut sauce	8
	Cold Cut coppa, smoked duck breast, Iberico ham, chorizo, pickle, olive	20
96	Carpaccio sliced buffalo parmesan, capers, pesto, citrus mayonnaise	15
	From the Garden	
	Luang Prabang salad lettuce, tomato, cucumber, egg, peanuts, sweet egg sauce	12
	The Blue salad seasonal fruit, blue cheese, nuts, lettuce, honey vinaigrette	14
	Fraicheur salad watermelon, cucumber, dragon fruit, feta, lemon, mint, olive oil	14
	Roast Tomato soup carrot, onion, celery, rosemary, croutons	12
	Pumpkin velouté carrot, onion, kaffir lime, baguette	14
	Caesar salad roast chicken, bacon, lettuce, croutons, parmesan, Caesar dressing	12
	Sandwiches & Pasta All our sandwiches are served with French fries	
	Veggie ciabatta, eggplant, pumpkin, tomato, onion confit, pesto, blue cheese	12
	Croque Monsieur cheddar, coppa, béchamel - with an egg for a Croque Madame	14
	Club Sandwich bacon, roast chicken, omelette, lettuce, tomato	14
	Le Rustique Baguette ham, lettuce, camembert, pickle, mustard mayonnaise	14
	Italian Baguette coppa, pesto, sun-dried tomato, parmesan, lettuce	14
Jb	Governor's Burger cheddar, bacon, onion confit, fried egg, onion ring, BBQ sauce	20
	Pasta your choice of penne or spaghetti - Pesto, Carbonara, Napolitan, Bolognese	16
	Asian Flavours	
	Naem Khao steamed rice crêpe stuffed with carrot, mushroom - pork additional	12
	Fried Rice sautéed with mixed vegetables, fried egg, pork or chicken	14
96	Chicken Curry marinated in coconut milk with tomato, onion, steamed rice	16
	Pho Noodle soup rice noodles, vegetables, herbs, pork or chicken	10
	Asian salad sautéed buffalo, mango, cucumber, rice noodles, sweet & sour sauce	12

	From the Land	USD
	Tilapia Fish bok choy, steamed rice, seafood sauce	18
Jb	Bourguignon marinated buffalo wedge potatoes, sautéed mushrooms	25
96	<b>Skewers</b> grilled buffalo baked potato, sauce symphony; BBQ, blue cheese, tamarind, tartar, red wine	20
	Stroganoff braised buffalo spaghetti, bell peppers, white wine & cream sauce	20
$\partial \theta$	Rib Steak 250g entrecôte sautéed pumpkin, grilled mixed vegetables, pepper sauce	25
	NZ Beef Tenderloin french fries, watercress, mushroom sauce	30
	NZ Lamb Chops herb crusted, broccoli, mashed potatoes, pesto	28
	Fillet Mignon grilled pork ratatouille, steamed rice	22
	<b>Duck Breast</b> marinated with sesame seeds, soy sauce, honey steamed rice, green beans, cashew nuts	18

## De-Light by Sofitel



Our De-Light menus are based on a low calorie gastronomy program in partnership with Thalassa Sea & Spa with an emphasis on fresh, whole ingredients.

## *Appetizers*

Fish Ceviche ginger, coriander, lime
170 calories

Or Vegetarian Spring Rolls lime dressing 204 calories

35

## Main Courses

Fillet Mignon ratatouille, green salad 314 calories

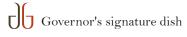
Or Tilapia Fish steamed with vegetables 317 calories

## Desserts

Watermelon Consommé melon, lime, mint 93 calories

Or Mango Carpaccio lemon sorbet 112 calories







A Sweet Ending	USD	
Mango Tart freshly baked, frangipani, pastry cream, coconut sorbet		
Apple Crumble crème anglaise, rosella sorbet	8	
Chocolate Fondant caramel sauce, vanilla ice cream (15m preparation)	15	
Fruit Platter seasonal fruit, freshly cut	20	
Homemade Sorbet coconut, rosella, mango, lemon	4/scoop	
Homemade Ice cream chocolate, vanilla	4/scoop	
Beverages & Juices		
Teas & Coffees		
English Breakfast, Assam, Earl Grey, Dry Green, Phongslay Green, Rosella, Lemongrass		
Lao Coffee, Espresso, Americano	5	
Cappuccino, Latte, Ice Coffee, Ice Cappuccino, Ice Latte	6	
Waters		
Soda Water 32cl	4	
Perrier 33cl / 75cl	8 / 11	
Tigerhead Water 60cl / 1.5L	4/6	
Evian 50cl / 1L	5 / 7	
Detox Freshly Squeezed Juices	6	
* tomato, celery, mint		
* green tea, banana, lemon		
* pineapple, cucumber, lemon		
Fresh Juices mango, orange, pineapple, watermelon	6	
Soft Drinks Coke, Diet Coke, Sprite, Tonic, Ginger Ale	5	
Smoothies apple, banana, mango, papaya, pineapple	6	
Milkshakes vanilla, banana, chocolate, Lao Coffee, Baileys	6	