

## BUSINESS LUNCH

- APPETISER**
- ◇ **Kanzuri Shrimps** 100/3
  - or
  - ◇ **Chef Salad** 80/20
  - or
  - ◇ **Salmon Carpaccio** 30/1/3

**MAIN COURSE**  
 Every main course is served with **Negihama roll**

- ◇ **Kagero Yaki Premium Beef Steak** 85/25/2/180  
 or  
*Served with Akadashi Miso Soup*
- ◇ **Black Cod Saikyo Yaki** 160/20  
 or  
*Served with Akadashi Miso Soup*
- ◇ **Nabeyaki Udon 1/2 \*** 125/300  
*\*Nabeyaki Udon's cooking time: 30+ minutes*

- DESSERT**
- ◇ **Yuzu Crème Brulee** 200
  - or
  - ◇ **Panna Cotta** 150

**Two dishes - 2690**  
**Three dishes - 2900**

**BENTO BOX\*** 550/180 **3750**  
 Bento Box of the day, served with Akadashi miso soup  
*\* Bento Box' cooking time is 30+ minutes*

**NABEYAKI UDON\*** 250/600 **2530**  
*\* Nabeyaki Udon's cooking time is 30+ minutes*

## БИЗНЕС-ЛАНЧ

- ЗАКУСКА**
- ◇ **Креветки «Канзури»** 100/3
  - или
  - ◇ **Шеф-салат** 80/20
  - или
  - ◇ **Карпаччо из лосося** 30/1/3

**ОСНОВНОЕ БЛЮДО**  
 С основным блюдом подается **ролл «Негихама»**

- ◇ **Стейк из говядины «Кагеро яки»** 85/25/2/180  
 или  
*Подается с мисо-супом «Акадаши»*
- ◇ **Черная треска «Сайкио яки»** 160/20  
 или  
*Подается с мисо-супом «Акадаши»*
- ◇ **Набеяки удон 1/2\*** 125/300  
*\*Время приготовления Набеяки удона: 30+ мин.*

- ДЕСЕРТ**
- ◇ **Крем-брюле «Юдзу»** 200
  - или
  - ◇ **Пана-котта** 150

**Два блюда - 2690**  
**Три блюда - 2900**

**БЕНТО-БОКС\*** 550/180 **3750**  
 Bento-бокс дня; подается с мисо-супом «Акадаши»  
*\*Время приготовления Bento-бокса: 30+ мин.*

**НАБЕЯКИ УДОН\*** 250/600 **2530**  
*\*Время приготовления Набеяки удона: 30+ мин.*

**ДЕСЕРТЫ / DESSERTS**

◆ Свон де шу Крем-пафф с фруктами	245 850	Swan de Choux Puff Cream with Fruits
◆ Адзуки Шоколадный фондан	320/50 850	Azuki Chocolate Fondant
◆ Тирамису с каштаном	400/50 850	Tiramisu with Chestnuts
◆ Юдзу Крем-брюле	345 850	Yuzu Creme Brulee
◆ Панна-котта с ягодами	320 850	Panna Cotta with Berries
◆ Ширатама Зензай	215/50/15/30 850	Shiratama Zenzai
◆ Чизкейк «Маракуйя»	255/50 850	Passion Fruit Cheesecake
◆ Нуга с цукатами и фундуком	235 850	Nougat with Candied Peels and Hazelnut
◆ Коконат-кейк Кокосовое пирожное	130/30 850	Coconut Cake
◆ Мороженое Ваниль, шоколад, клубника, судзу, кунжут, адзуки, зел. чай	50 290	Ice Creams Vanilla, Chocolate, Strawberry, Suzu, Sesame, Azuki, Green Tea
◆ Сорбет Манго, малина, личи, юдзу	50 290	Sorbets Mango, Raspberry, Lychee, Yuzu
◆ Фрукты и ягоды ассорти	400 4290	Assorted Fruits and Berries

Цена за 100 граммов / Price for 100 gr.

Виноград	550	Grapes
Дыня	380	Melon
Голубика	1320	Blueberries
Ежевика	2640	Blackberry
Клубника	770	Strawberry
Малина	2420	Raspberry
Киви	280	Kiwi
Ананас	350	Pineapple
Манго	850	Mango
Яблоко	170	Apple
Апельсин	220	Orange

All prices are in rubles inclusive of VAT. Цены указаны в рублях с учетом НДС.

◆ Lactose free Блюда без лактозы ◆ Gluten free Блюда без глютена ◆ Suitable for vegetarians Vegetарианские блюда

**ДИЖЕСТИВЫ / DIGESTIVES**

	50 мл/ml	
Грэмс Сикс Грейпс Руби Порт	1500	Graham's Six Grapes Ruby Port
Уорс Отима Тони Порт 20 лет	1650	Warre's Otima Tawny Port 20 y.o.
Херес Солера Резерва Рэа Крим Супериор	670	Jerez Solera Reserva Rare Cream Superior
Кальвадос Шато дю Брёй Рояль 30 лет	3850	Calvados Chateau du Breuil Royal 30 y.o.
Граппа Тре Соли Тре Берта	3470	Grappa Tre Soli Tre Berta
Гран Марнье Кордон Руж	1080	Grand Marnier Cordon Rouge
Лимончелло	1070	Limoncello

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## SHEF'S SPECIAL

- ◆ Shrimps & Iwate Oyster Platter 2980  
*(324 kcal) 255/125/95*
- Grilled Langustines 2860  
*(299 kcal) 335*
- ◆ Grilled King Crab 3520  
*(408 kcal) 200/50*
- Lobster Gratin 6500  
*(764 kcal) 500/25*

## AQUARIUM MENU / LIVE

- ◆◇ Japanese Iwate Oyster 800  
*The price is for 1 pc.*
- ◆◇ Russian Far East Oyster 400  
*The price is for 100 g. gross weight*
- ◆◇ Kamchatka Crab 1200  
*The price is for 100 g. gross weight*

## MEGU SIGNATURE DISHES

**'Art unfolds at the table...'**

Enjoy our most popular signature dishes

- ◆◇ MEGU's Original Asparagus *(47 kcal) 100/14* 1850
- ◆◇ MEGU's Original Baby Corns *(49 kcal) 88/14* 1150  
in Okaki Japanese Rice Crackers, Flash Fried
- ◇ Oriental Salad individual *(369 kcal) (45/14/20)* 600  
with White Fish Sashimi full *(784 kcal) (225/70/60)* 2400  
Seared with Sesame Oil,  
Homemade Spicy Dressing
- ◇ Salmon Tartare *(298 kcal) 115/13/55/18* 2150  
with Ikura Sauce and Black Caviar,
- ◇ 'Oh Toro' Bluefin Tuna Tartare *(129 kcal) 60/5/50* 7680  
with Black Caviar
- ◆◇ Mozuku Shot *(4,4 kcal) 20* 360
- ◇ Salmon Carpaccio *(240 kcal) 80/35* 1740  
with "Rice Koji"
- ◆◇ Yellowtail Carpaccio *(144 kcal) 72/7* 1750  
Thinly Sliced Yellowtail Drizzled  
with Japanese Chili 'Kanzuri' Sauce
- ◆◇ Premium Beef Carpaccio *(475 kcal) 74/6* 1750  
Thinly Sliced Beef with Shiso Leaves  
and Creamy Sesame Sauce
- Crispy Kanzuri Shrimps *(534 kcal) 200/5* 1480  
Lightly Battered & Flash Fried Tempura  
in Spicy 'Kanzuri' Cream Sauce
- ◆◇ Premium Beef Ishiyaki *(925 kcal) 105/26* 5300  
Thinly sliced Beef  
on a Hot Lava Stone from Mount Fuji
- ◆ Grilled Quail with Foie Gras *(271 kcal) 310* 2300



## MEGU OMAKASE 8 Courses PRIX FIXE

888 g

11000

## APPETIZERS

- ◆◇ Maguro Tuna Carpaccio *(32 kcal) 80/14* 2360  
with Spicy Miso Sauce
- ◆◇ Seasonal Omakase Sashimi full *(3336 kcal) 169/20* 4650  
*/5 kinds/* tasting *(1087 kcal) 65/10* 1980
- ◆◇ Kinmedai Carpaccio *(108 kcal) 50/50* 2360  
with Kiwi Dressing
- ◇ Premium Wagyu Beef "Tataki" *(310 kcal) 120/50* 3870  
with Japanese Sauce
- ◆◇ Edamame *(210 kcal) 140/30* 750  
with Suzu Salt
- ◆◇ Vegetable Tempura *(856 kcal) 180/30/3* 1150  
served with Green Tea Salt
- ◇ Shrimp Tempura *(267 kcal) 160/30/3* 1800  
served with Green Tea Salt
- ◇ King Crab Claw Tempura *(352 kcal) 160/30/3* 2550  
served with Green Tea Salt
- ◇ Spicy Baked Unagi *(136 kcal) 135/2* 1200  
with Avocado Puree
- ◆ Sautéed Japanese Scallops *(347 kcal) 160/33* 5850  
with Foie Gras Teriyaki Sauce

**If you have any food allergies please inform your server upon arrival.**

All prices are in rubles / VAT included

## SOUPS

◆◇ 'Akadashi' Miso Soup	(71 kcal) 150/19	<b>490</b>
◆◇ 'Emerald' Edamame Soup	(237 kcal) 160/11	<b>700</b>
◆◇ Dobinmushi	(199 kcal) 310	<b>1400</b>
with Seafood, Chicken and Mushrooms in Clear Fish Broth, Served in a Dobin Tea Pot		
◆◇ Spicy Bouillabaisse Miso Soup full	(272 kcal) (380/10)	<b>1780</b>
1/2	(136 kcal) (190/6)	<b>890</b>

## SALADS

◆◇ Lobster Salad	(210 kcal) 80/30/20	<b>2900</b>
with Mandarin Dressing		
◆◇ Seaweed Salad	(98 kcal) 150/60/13	<b>820</b>
Original Dashi Marinated		
◆◇ Chef's Mixed Green Salad	(245 kcal) 162/40	<b>820</b>
with MEGU Dressing		
◆◇ Organic Tofu Salad	(335 kcal) 300/100/60	<b>1200</b>
◇ Caesar Salad	◆◇ with Yuzu Dressing (246 kcal) 190/16	<b>820</b>
	with Shrimps (343 kcal) 140/80/40/5	<b>1550</b>

## MAIN COURSES

◆◇ Suzuki Sea Bass	(188 kcal) 200/25	<b>2350</b>
with Grapeseed Oil and 'Noto' Salt		
◆◇ Black Cod Saikyo Yaki	(285 kcal) 210/20	<b>3850</b>
with Yuzu Miso		
◆◇ Grilled Chicken	(572 kcal) 160/40/38/13	<b>1870</b>
with Assorted Japanese Sauces		
◆◇ Grilled Lamb Chops	(607 kcal) 270/8/40	<b>2690</b>
with 'Gempei Miso'		
◆◇ Grilled Duck Breast	(800 kcal) 360	<b>1750</b>
Balsamic-Soy Sauce		
◆◇ Nitsuke Kinmedai	(230 kcal) 150/30	<b>3800</b>
Cooked in Nitsuke Sauce		
◆◇ Salmon 'Chan Chan' Yaki	(1272 kcal) 680/45	<b>2450</b>
◆◇ Wild Japanese Madai Grill	(330 kcal) 100/20/2	<b>2750</b>
◇ Ippon Anago Tempura	(884 kcal) 140/30/3	<b>3790</b>
◆◇ Grilled Tuna "Chutoro" Steak	(450 kcal) 100/35	<b>4800</b>

## MEGU SIGNATURE Mount Fuji Lava Stone

### Kagero Yaki Premium Beef Steaks

	<b>Tasting</b>	<b>Regular</b>
	<u>80/25/2</u>	<u>160/25/4</u>
◆◇ Filet Mignon Premium	<b>2650</b> (101 kcal)	<b>5300</b> (197 kcal)
◆◇ Filet Mignon Premium (Wagyu, Japan)	<b>11500</b> (347 kcal)	<b>23000</b> (693 kcal)
◆◇ Sirloin Premium (Wagyu, Japan)	<b>10500</b> (332 kcal)	<b>21000</b> (656 kcal)

## Premium Beef Chateaubriand

**11000**

Flavor of your choice:

◆◇ Herbs and Assorted Pepper Mix	(93 kcal) 240/20
◆◇ Kuwayaki-grilled with Wasabi and Grated Daikon	(181 kcal) 240/25/18
◆◇ Ginger & Black Sesame a la Rikyu	(346 kcal) 240/40

## SIDE DISHES

◆◇ Platinum Rice	(347 kcal) 180	<b>650</b>
Steamed		
◆◇ Fried Rice	(778 kcal) 275/20	<b>820</b>
With Vegetables and Garlic		
◆◇ Fried Rice with Shrimp	(778 kcal) 275/80/20	<b>1380</b>
With Vegetables and Garlic		
◆◇ Fried Rice with Crab	(815 kcal) 275/80/20	<b>2150</b>
With Vegetable and Garlic		
◆◇ Parmesan French Fries	(732 kcal) 160/5	<b>680</b>
White Truffle Oil		
◆◇ Sauteed Mushroom Medley	(93 kcal) 240	<b>850</b>
◆◇ Grilled Vegetables With Sakura Smoke	(260 kcal) 250/25	<b>2140</b>

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◇ Lactose free

◆ Gluten free

◆ Suitable for vegetarians

## SUSHI (1 pc. in a portion)

◆◇ Akami (36 kcal) 20/3	<b>550</b>	◆◇ Sake (Salmon) (42 kcal) 20/3	<b>380</b>
◆◇ Soy Marinated Akami (40 kcal) 20/3	<b>600</b>	◆◇ Ikura (Salmon Roe) (33 kcal) 20/3	<b>380</b>
◆◇ Toro Tuna Tartare (35 kcal) 20/3	<b>550</b>	◆◇ Russian Caviar (32 kcal) 15/3	<b>1650</b>
◆◇ Chu Toro (36 kcal) 20/3	<b>1100</b>	◆◇ Kinmedai (35 kcal) 20/3	<b>550</b>
◆◇ O Toro (36 kcal) 20/3	<b>1200</b>	◆◇ Madai (35 kcal) 20/3	<b>600</b>
◆◇ Seared Chu Toro Tuna with Garlic (41 kcal) 20/3	<b>1100</b>	◆◇ Hamachi (Yellowtail) (33 kcal) 20/3	<b>450</b>
◆◇ Soy Akami Tuna & Black Truffle (51 kcal) 21/3	<b>880</b>	◆◇ Kani (King Crab) (47 kcal) 20/3	<b>750</b>
◆◇ Crispy Tuna Tartare (73 kcal) 24/3	<b>550</b>	◆◇ Botan Ebi (Jumbo Sweet Shrimp) (32 kcal) 27/3	<b>880</b>
◆◇ Salmon & Ikura (49 kcal) 24/3	<b>450</b>	◆◇ Ebi (Shrimp) (32 kcal) 26/3	<b>350</b>
◆◇ Seared Wild Salmon Belly (42 kcal) 21/3	<b>450</b>	◆◇ Hotate (Scallop) (30 kcal) 24/3	<b>450</b>
◆◇ Seared Premium Beef (61 kcal) 20/3	<b>880</b>	◆◇ Shime Saba (Vinegared Mackerel) (53 kcal) 20/3	<b>550</b>
◆◇ Unagi & Avocado (41 kcal) 24/3	<b>450</b>	◆◇ Unagi (Fresh Water Eel) (36 kcal) 23/3	<b>450</b>
◆◇ Awabi (Abalone) (21 kcal) 18/3	<b>990</b>	◆◇ Anago (Sea Eel) (59 kcal) 22/3	<b>650</b>
◆◇ Shima Aji (33 kcal) 20/3	<b>500</b>	◆◇ Uni (32 kcal) 20/3	<b>2750</b>

## SASHIMI (1 pc. in a portion)

◆◇ Akami (20 kcal) 13/6	<b>550</b>	◆◇ Ikura (Salmon Roe) (17 kcal) 10/2	<b>450</b>
◆◇ Soy Marinated Akami (20 kcal) 13/6	<b>600</b>	◆◇ Russian Caviar (16 kcal) 5/2	<b>1650</b>
◆◇ Toro Tuna Tartare (17 kcal) 10/6	<b>550</b>	◆◇ Kinmedai (18 kcal) 13/6	<b>550</b>
◆◇ Chu Toro (17 kcal) 13/6	<b>1100</b>	◆◇ Madai (18 kcal) 13/6	<b>600</b>
◆◇ O Toro (19 kcal) 13/6	<b>1200</b>	◆◇ Hamachi (Yellowtail) (16 kcal) 13/6	<b>450</b>
◆◇ Seared Chu Toro Tuna with Garlic (20 kcal) 13/6	<b>1100</b>	◆◇ Kani (King Crab) (25 kcal) 13/6	<b>750</b>
◆◇ Soy Akami Tuna & Black Truffle (21 kcal) 14/6	<b>880</b>	◆◇ Botan Ebi (Jumbo Sweet Shrimp) (15 kcal) 17/6	<b>880</b>
◆◇ Seared Salmon Belly (26 kcal) 13/6	<b>450</b>	◆◇ Ebi (Shrimp) (15 kcal) 16/6	<b>350</b>
◆◇ Seared Premium Beef (45 kcal) 13/6	<b>880</b>	◆◇ Hotate (Scallop) (14 kcal) 13/6	<b>450</b>
◆◇ Unagi & Avocado (20 kcal) 24/3	<b>450</b>	◆◇ Shime Saba (Vinegared Mackerel) (26 kcal) 13/6	<b>550</b>
◆◇ Sake (Salmon) (21 kcal) 13/6	<b>380</b>	◆◇ Unagi (Fresh Water Eel) (18 kcal) 14/6	<b>450</b>
◆◇ Awabi (Abalone) (21 kcal) 17/3	<b>990</b>	◆◇ Anago (Sea Eel) (29 kcal) 12/6	<b>650</b>
◆◇ Shima Aji (17 kcal) 14/6	<b>500</b>	◆◇ Uni (32 kcal) 20/3	<b>2750</b>

## SUSHI ROLLS (5 or 6 pcs. in a portion)

◆◇ Asparagus (157 kcal) 110/3	<b>550</b>	◆◇ Tuna (174 kcal) 100/3	<b>900</b>
◆◇ Cucumber (156 kcal) 100/3	<b>550</b>	◆◇ Crispy Chu Toro Tuna (200 kcal) 112/3	<b>1200</b>
◆◇ Avocado (280 kcal) 131/3	<b>550</b>	◆◇ Diamond Tuna (221 kcal) 125/3	<b>2050</b>
◆◇ Avocado & Cucumber (249 kcal) 141/3	<b>600</b>	◆◇ Negihama (174 kcal) 110/3	<b>900</b>
◆◇ Ume & Shiso & Cucumber (167 kcal) 105/3	<b>600</b>	◆◇ Negitoro (188 kcal) 110/3	<b>1200</b>
◆◇ Unagi & Cucumber (227 kcal) 146/3	<b>850</b>	◆◇ Spicy Tuna (245 kcal) 153/3	<b>1050</b>
◆◇ Grilled Eel & Avocado (245 kcal) 141/3	<b>1050</b>	◆◇ Spicy Salmon (307 kcal) 156/3	<b>800</b>
◆◇ Salmon & Avocado (276 kcal) 141/3	<b>780</b>	◆◇ Spicy Scallop (257 kcal) 151/3	<b>750</b>
◆◇ King Crab & Avocado (263 kcal) 151/3	<b>1050</b>	◆◇ Spicy & Crispy Shrimp (370 kcal) 127/3	<b>850</b>
◆◇ Crunchy Unagi & Garlic (322 kcal) 145/3	<b>1050</b>	◆◇ Seared Premium Beef (574 kcal) 170/3	<b>2690</b>
◆◇ Toro Taku (226 kcal) 125/3	<b>1850</b>	◆◇ Ebi Miso-Cheese Roll (349 kcal) 160/5/2	<b>950</b>

## PLATTERS: SUSHI / SASHIMI

◆◇ UME Sushi Set: 7 pcs, 1 Roll (574 kcal) 255/25	<b>3250</b>	◆◇ Hon Maguro Tuna Collection: 7 sushi, 1 Roll (428 kcal) 252/25	<b>5440</b>
◆◇ MOMO Sushi Set: 9 pcs, 1 Roll (513 kcal) 302/25	<b>4230</b>	◆◇ Assorted Vegetable Zen Sushi: 5 pcs, 1 Roll (365 kcal) 232/25	<b>1400</b>
◆◇ SAKURA Sushi Set: 11 pcs, 1 Roll (590 kcal) 342/25	<b>5350</b>	◆◇ MEGU Chef's Combo: 5 sushi, 1 Roll, 5 Sashimi (716 kcal) 410/45	<b>6700</b>

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MEGUMI

Modern Japanese Cuisine

