

NIKKISPA[™]



LOVE REJUVENATION. LIVE THE MOMENT.

Nikki Spa beats at the heart of the Resort. Prepare for an atmospheric journey where the senses are gently massaged and nurtured towards total relaxation.

Thoughtfully designed to create the ultimate voyage to revitalisation. The spa is where you can indulge in lively, social areas for upbeat vibes or calm and private spaces for relaxation and reflection.

Nikki Spa philosophy blends high and low energy levels, offering an exclusive approach to wellbeing and health. At Nikki Spa, we create environments that provide the ultimate indulgence and relaxation, with the aim to make each experience a personal journey.

Our team of talented Spa experts are here to guide you and ensure that your journey is tailored to your every need.

Join us for a spa experience like no other.

PRODUCTS

ESPA

As global leaders in spa, ESPA is to be found in prestigious spas across five continents and are dedicated to producing result-driven, natural skincare that is a pleasure to use, ensuring skin looks its best at every stage of life.

ESPA's award-winning products are as unique as they are effective, they are tested each and every day by a highly trained and extremely professional global network of therapists, and are loved by men and women alike.

FARM TO TREATMENT

Nikki Spa highlights healthy, organic products that harness plant-derived benefits. We engage in reconnecting the mind and the body for total relaxation, mood enhancement, and physical rebound from the daily grind.

Choose your own local herbs to customize your treatment. Freshly picked herbs blended with selected organic oils are incorporated into your treatments.



TREATMENTS

The Nikki Spa treatment offering is a thoughtful collection of effective, beneficial and result-driven treatments, created to address balance and restore equilibrium to mind and body on the ultimate journey to wellbeing.

Taking influences from proven methods and ingredients of both Eastern and Western modalities the Nikki Spa exclusive treatments focus on three main pillars - preparation, care and repair - ensuring that guests are always ready to enjoy the Nikki Beach lifestyle.

With a hand-picked team, trained to standards of excellence, the personalised attention is second to none and sets the Spa experience apart.

PRIVATE SPA SUITE

When total seclusion is the need – our “use the name” is the solution. “Use the name” is Your own private hideaway.

Enjoy it with a loved one or alone. We have created a selection of indulgent suite escapes. You can also create your own.

FLOAT AWAY

120 MINS

Total escapism – Nikki Beach style. Surrender to the talents of your therapist who will assess your needs and personalize your treatment experience especially for you.

OCEAN AND EARTH

120 MINS

Combining the cleansing benefit of traditional hammam with remineralising marine mud and grounding, tension releasing hot rock massage to banish tension and revive the senses.

Sea salt and oil body scrub – marine mud hammam – hot rock body and scalp massage

AEGEAN DREAM

120 MINS

This skin quenching ritual calls upon the most luxurious and nourishing ESPA creams and oils to restore comfort, luminosity and radiance to the entire body.

Smoothing body scrub – nourish and firm body massage – radiance facial



NIKKI SPA EXCLUSIVE

The Nikki Spa Exclusive treatments have been carefully created to address specific needs and utilise efficient products and techniques to achieve results. All Nikki Spa Exclusive treatments last 120 minutes in duration.

REVIVE 120 MINS

Travel, change in time zones and lack of quality sleep can take their toll on vitality - this treatment helps to reconnect and re-align physical and energetic balance. Carefully selected essential oils and advanced massage techniques soothe deep-seated tension, re-set your body clock and invigorate mind and body.

Includes: Body realignment stretches - personalized Hot rock body and scalp massage

RENEW 120 MINS

Emerge renewed and revitalized from this cleansing, uplifting and purifying treatment ritual. A skin smoothing sea salt body scrub precedes the detoxifying marine algae body wrap and deep muscle massage.

Includes: Sea salt body scrub - Marine algae body wrap - Detoxifying massage

REFUEL 120 MINS

Look no further for the perfect party preparation. Glowing skin, sparkling eyes, supple movement and luscious hair make this lavish treatment the one-stop shop for a pre-party treat.

Includes: Skin brush & Polish body exfoliation - Revitalizing eye treatment - Back massage - Scalp massage

REPEAT 120 MINS

An immediate energy boost to keep the candle burning at both ends! This motivating, uplifting, invigorating and refreshing treatment uses powerful essential oils and stimulating massage techniques to awaken energy centers and heighten the senses - leaving you ready to go!

Includes: Invigorating salt & oil scrub - Energizer body massage

RETREAT 120 MINS

The ultimate chill-out treatment. Stress-busting back massage, focusing on ironing out key areas of tension, followed by a foot massage helping to re-connect and ground energy and culminating with a mind-soothing scalp massage to melt away tension and install positive thoughts - pure bliss!

Includes: Back massage - Foot and leg massage - Scalp massage

RESTORE 120 MINS

Repair, restore and revitalize balance - both physically and energetically. Equilibrium and order can be achieved in this repairing treatment ritual. Skin is treated to a cell-boosting cocktail of active ingredients bringing a new level of radiance and vitality, while massage and powerful essential oils act to restore tranquility and nourish sun-drenched skin.

Includes: Skin radiance facial - Aroma massage

SKIN SOLUTIONS

Our facials begin with a detailed consultation and in-depth skin analysis using SkinVision™ technology to identify skin conditions not visible to the naked eye.

Your facial is specifically tailored to you, to include cleansing, exfoliation, steam and extraction where necessary, and a treatment specific massage, mask and intensive serum.

Finally, skincare products are chosen for your individual needs to achieve the best possible results.

SKIN RADIANCE FACIAL

60 MINS

This revitalising facial treatment helps refresh tired skin, giving a noticeably brighter and naturally radiant appearance.

A special application of ESPA Skin Radiance Moisturizer; rich in natural AHAs and BHAs from Hawaiian Algae and Meadowsweet, helps to smooth, reduce irregular pigmentation and brighten the skin to deliver instant results.

REHYDRATOR FACIAL

60 MINS

An intensive and regenerating facial for dehydrated skin leaving it supple and nourished.

Gentle cleansing and exfoliation help the skin absorb replenishing face treatment oils and masks to deeply moisturise and soothe the complexion. This rehydrating facial leaves skin smooth and feeling rejuvenated.

DE-SENSITISER FACIAL

60 MINS

A comforting facial for sensitive skins prone to redness and irritation, leaving skin calmed and nourished.

De-sensitising natural plant extracts and calming aromatherapy oils such as Chamomile and Benzoin are used to gently cleanse, nourish and hydrate fragile skin. This soothing facial helps to reduce skin sensitivity leaving skin calmed, nourished and comfortable.

SKIN PURIFYING FACIAL

60 MINS

Ideal for oily, congested and problematic skin, or those suffering from hormonal imbalance.

This deep cleansing facial helps to regulate oil secretions and refine open pores. Essential Tea Tree and White Thyme oils, which are naturally decongesting and anti-inflammatory, are used to soothe and calm the skin, encouraging a more balanced and clearer complexion.

Complement your treatment with:

LIFT & FIRM EYE TREATMENT

25 MINS

Perfect for those who are concerned with the first signs of ageing around the eyes.

An effective firming and hydrating treatment, helping to reduce the appearance of fine lines and relieve tension from eye-strain and computer headaches. Incorporating a cleanse, exfoliation, massage and application of our Lift & Firm Intensive Eye Serum.

BODY TREATMENTS



These ESPA body treatments and massages are designed and tailored specifically to ensure you experience the best physical and emotional therapeutic benefits depending on your needs.

BACK, FACE & SCALP TREATMENT

60 MINS

With or without hot stones

Renowned as our 'Hero' treatment and loved by all; this ESPA experience delivers triple results by targeting three key areas - the back, the face and the scalp, making it the ideal treatment for anyone.

Includes: Back exfoliation and hot stone back massage
- personalised facial - scalp massage

BODY DETOX

60 MINS

Purify the body and deeply nourish skin with this instantly effective body wrap. Detoxify with this complete body wrap of Marine Algae combined with essential oils to rejuvenate skin, before a therapeutic scalp massage unwinds a busy mind.

Includes: Skin Brush & Exfoliating Body Polish
- Detoxifying Marine Algae Envelopment - Scalp Massage

HAMMAM



Enhanced by the luxurious setting, the experience will leave you refreshed and renewed, as it has done for people since ancient times. The Hammam, or Turkish bath, is a tradition that has evolved over thousands of years.

Relaxing and skin softening our Nikki Spa Hammam rituals combine traditional and modern. Relax your body and soothe your muscles in the warming steam prior to experiencing any of the below Hammam treatments. Ideal preparation for any massage.

INDULGENCE HAMMAM RITUAL

60 MINS

A total body experience to caress, revitalise and invigorate.

This traditional experience starts by deeply cleansing the skin with a revitalising body scrub, followed by a full body foam massage, nourishing marine mud body mask with aromatic oils of Sweet Orange and Rose Geranium, and a refreshing hair wash and hydrating conditioning scalp treatment.

Includes Scrub - foam massage
- hair wash and conditioning treatment - mud body mask - steam - body cleanse

SOFTENING BODY RITUAL

45 MINS

The perfect energising treatment.

This rejuvenating full body treatment combines an invigorating kese scrub to exfoliate the skin, prior to a traditional full body foam massage to soothe muscles and revive mind and body.

Includes Scrub - foam massage - cleanse

SOFTENING BODY RITUAL

25 MINS

Following a cleansing steam, enjoy a relaxing full body massage using traditional soap with essential oils to release deep-seated tension and smooth skin.

Includes Foam Massage - cleanse

MASSAGE

AROMA MASSAGE

60 / 90 MINS

ESPA aromatherapy massage is essential, professional and specific, using a blend of individually chosen oils.

A personal consultation will ensure that you receive a unique treatment to suit your specific needs.

Choose from the following: Detoxifier, De-Stresser, Muscle Relaxer, Jet-Lag Reviver, Immune Booster, Energiser, Body Toner

HOT ROCK MASSAGE

60 / 90 MINS

A therapeutic full body massage using aromatherapy oils and warm volcanic stones to relieve deep muscle tension.

The warmth of the stones penetrates your muscles to soothe aches and pains; helping you to unwind and your body to feel rejuvenated.

CLASSIC MASSAGE

60 / 90 MINS

A traditional Swedish full body massage using firm pressure to promote relaxation and ease muscle tension.

This treatment is ideal as an introduction to massage stimulating movements help soothe tired aching muscles to leave you relaxed and revived.

FITNESS MASSAGE

60 / 90 MINS

A powerful massage designed to alleviate deep-seated tension and muscular stress.

Specialised techniques concentrate on specific areas of concern and alleviate common discomforts such as a stiff neck, painful lower back pain and sore, tight shoulders.

Why not complement your treatment with:

SALT & OIL SCRUB

30 MINS

This exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple. Perfect as a stand-alone treatment, or in preparation for an ESPA Massage.

For a lighter application, Exfoliating Body Polish is applied instead of Salt & Oil Scrub.

ESPA MATERNITY

PRE & POST NATAL TREATMENT

60 MINS

A deeply nourishing body massage designed to target areas prone to stress and tension during or after pregnancy.

Gentle back exfoliation, if required, is followed by a soothing body massage specifically designed to suit your individual concerns, focusing on the areas needed to alleviate muscular aches, whilst helping to relax, restore and revitalise.

A course of 6 treatments is recommended following the first trimester of pregnancy.

Includes: Back exfoliation (if required) - body/scalp massage - this treatment is tailored to your specific needs.



ESPA FOR MEN

Our ESPA face and body treatments for men are specifically tailored to your skin type, each one designed precisely to ensure you experience the best physical and therapeutic benefits depending on your needs.

MANKIND FACIAL

60 MINS

Whether your skin needs a deep cleanse, a healthy glow, soothing or hydrating, we encourage our male guests to experience this personalised treatment that combines a relaxing shoulder, neck, face and scalp massage with a tailored solution to your skin's needs.

Includes: Double cleanse – exfoliation – steam and extraction – face massage – mask – scalp massage

BACK, FACE & SCALP TREATMENT

90 MINS

with or without hot stone

Renowned as our 'Hero' treatment and loved by all; this ESPA experience delivers triple results by targeting three key areas – the back, the face and the scalp, making it the ideal treatment for anyone.

Includes: Back exfoliation – back massage (120 mins with hot stones) – facial – scalp massage

PERSONALISED MASSAGE

60 / 90 MINS

After a detailed consultation our therapists will determine the most suitable massage for you, choosing from the following; Aroma, Hot rock or Classic.

Includes: Tailored massage to suit your individual needs

FITNESS MASSAGE

60 / 90 MINS

A powerful massage designed to alleviate deep-seated tension and muscular stress.

Specialised techniques concentrate on specific areas of concern and alleviate common discomforts such as a stiff neck, painful lower back pain and sore, tight shoulders.

MUSCLE REVIVER

40 MINS

A condensed massage targeting tension related headaches and neck strain.

If you have little time to spare, this deeply soothing back, face and stress releasing scalp massage is an ideal way to melt away tension and relieve tight muscles. You'll feel revived and invigorated for the day ahead or relaxed and calm for a peaceful night's sleep.

Includes: Back massage – facial massage – scalp massage

EXPRESS

SALT & OIL BODY SCRUB

25 MINS

This exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple. Perfect as a stand-alone treatment, or in preparation for an ESPA Massage.

For a lighter application, Exfoliating Body Polish is applied instead of Salt & Oil Scrub.

PERSONALIZED EXPRESS FACIAL

25 MINS

Your therapist will select the most suitable facial for your skin.

Every ESPA personalized facial includes a consultation, SkinVision analysis, cleanse, exfoliation, customized facial mask and finishes with an application of a booster serum to suit your skin.

BACK, NECK & SHOULDER MASSAGE

25 MINS

Ease tension, stiff and aching areas with this targeted treatment. Your therapist will skillfully select the most suitable massage techniques and oils where needed.





LOVE FITNESS. LIVE THE MOMENT.

Train, Tone & Transform by TONE GYM

An exclusive approach to wellbeing and health; Train, Tone & Transform, a source of personal discovery, energy and empowerment.

One of the most exclusive gyms in Bodrum, Nikki Spa & Tone Gym is home to everyone that's looking to get toned and healthy all around the year.

Our specialists range from Yoga, Tai Chi Masters and Spiritual Mentors, to Sports Scientists, Nutritionists and Energy workers. Together they deliver an intelligent mix of carefully curated workshops, effective therapies, movement sessions, health-giving nutritional programmes and relaxing spa treatments. Retreats also include unique cultural adventures drawing on the most authentic elements of the destination, from Boot Camps to Cooking Classes.

FITNESS - Live Fit

Increase fitness levels or sports performance. This enjoyable active immersion incorporates a full nutrition programme and a wide variety of movement workouts.

WEIGHT - Live Healthy

Finely tuned immersion incorporates Raw, Liquid and Cooked Food Programmes tailored to the individual.

CLEANSE- Live Clean

Reduce stress and promote self-healing through a return to internal homeostasis. This holistic immersion addresses the wellness obstacles.

AWARENESS - Live Happy

Highly meditative immersion designed to bring you back to yourself, with a renewed internal focus. Meditation, Yoga and reflection combined with modalities such as craniosacral therapy, reconnection healing and Reiki to encourage stillness and inner healing.

HOW TO SPA

SPA OPENING HOURS

Daily from 8 am - 10 pm

SPA TREATMENT TIMES

Daily from 9 am - 10 pm

SCHEDULING AN APPOINTMENT

To schedule an appointment for your perfect treatment, please contact our Nikki Spa reservations team who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend to book in advance. All spa treatments and packages will need to be guaranteed with a credit card.

PRIVATE VILLA EXPERIENCES

Indulge in your private Villa overlooking the beauties of the Aegean Sea with the additional time for relaxation.

ARRIVAL TIME

Please allow sufficient time before your treatment to complete a Spa Consultation Form and/or Health Questionnaire. We recommend you to arrive 45 mins prior to your scheduled appointment to change, relax and enjoy the spa facilities. Please be advised that late arrivals will result in a reduction of treatment time.

The spa will provide luxurious towels, robes and slippers and any amenities required for use during your spa visit.

SPA FACILITIES AND ACCESS

Access to and use of the spa is restricted to guests over 16 years of age. The following spa facilities are available at Nikki Spa Bodrum - sauna, steam room, power showers, vitality pool, spa changing and relaxation areas.

Tone Gym

A state-of-the-art gym equipped with the 'Techno Gym' cardiovascular and strength machines and free weights area. Personal trainers are on hand to help you prepare for sporting events, reach specific goals or create a life-changing fitness routine. TONE is accessible to hotel guests, members and day spa guests.

Vitality pool

The vitality pool with air and water massage jets is available to enjoy prior to Spa treatments for hotel guests, members and day spa guests only.

Beauty Bar

A glamorous studio dedicated to hair, manicures, pedicures and grooming services.it.

CHILDREN'S POLICY

We are delighted to offer treatments for children under 16 years old however they must be accompanied by an adult for the whole duration of the treatment, except for manicures and pedicures taken in the Beauty Bar. Please contact the Nikki Spa reservations team for details on treatments available for our young guests. Access to the rest of the spa including the changing facilities, heat experiences and gym are restricted to guests over 16.

CANCELLATION POLICY

A minimum of 6 hours advance notice is required when rescheduling or cancelling confirmed appointments, Late cancellation and no show will result in a charge of 50% of the treatment fee.

SPA ETIQUETTE

Our spa environment is one of relaxation and tranquillity. Please respect all spa guests' right to privacy and serenity. In light of this, the spa is a mobile phone, camera and smoke-free zone.

Guests are encouraged to support us in our eco-friendly drive and commitment to safeguard the environment by utilizing minimum amount possible of towels and disposables.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

PREGNANCY

We have specially designed treatments for expectant women and nursing mothers. Please allow our spa team to guide you in selecting which treatments are most suitable during this special time.

GIFT VOUCHERS

An ideal gift for someone special. Please contact the ESPA reservations team for details.

HOMECARE

To continue your spa experience at home, most products used in our treatments are available at the reception.

REFUND POLICY

Unopened retail products can be exchanged within ten days of purchase

VALUABLES

Nikki Spa accepts no responsibility for loss of valuables and jewellery at any time on the spa premises.

PRICES

All prices are quoted in Turkish Lira and are subject to change at any time. Gratuities are not included and are welcomed at your discretion.



Glow Collections by NIKKI SPA

Glow Collections are a carefully coordinated set of treatments to allow you to relax and de-stress for the rest of the day.

Getaway Glow

Designed to offer an indulgent experience and to leave you both looking and feeling like you are off on a weekend getaway.

*Aromatherapy Massage, ESPA Exclusive Facial
A glass of Champagne served with
fresh strawberries & cream
2 hrs - 850 TL*

Beach Glow

A total body treatment created to prepare your skin for a sun-kissed glow or nourish a sun-bronzed body. The total treatment offers the ultimate feel-good sensation and fully prepares your body for resort life.

*Authentic Hammam Ritual, Full Body Signature
Massage, Skin Specific Facial
Tropical mojito served with a wild berry platter
2 hrs 30 mins - 900 TL*

Mankind Glow

Stop the clock for relaxation with this treatment package. Unwind with a deep tissue massage to release tight muscles and ease tension away, followed by our quick fix facial to keep your skin in excellent condition, complete with a nail buff on hands and feet. Tailor made for the gentleman.

*Nikki Spa Signature Massage, Mankind Facial
Lemon drop martini served with
crudites and ranch dressing
2 hrs - 800 tl*

Shine & Glow

Revitalize and deeply hydrate your hands and feet leaving a glowing and radiant brilliance. Treatments include a cuticle soak, skin exfoliation, therapeutic massage, nail shaping and nail enamel application.

*Classic Manicure & Pedicure,
Espresso Martini served with Cookies
1 hr 350 TL*

Gents Manicure

A manly upgrade of the Classic Manicure, this hand treatment includes a cuticle soak, skin exfoliation, moisture rich mask, therapeutic massage, and nail shaping.

*Accompanied with a Classical Martini served with
crackers with tzatziki dip
1 hr 250 TL*

NIKKI SPA™

All prices shown are in TL, inclusive of VAT
and exclusive of Service Charge.

PRICE LIST

PRIVATE SPA SUITE

FLOAT AWAY	120 mins 600 TL
OCEAN AND EARTH	120 mins 750 TL
AEGEAN DREAM	120 mins 750 TL

NIKKI SPA EXCLUSIVE

REVIVE	120 mins 600 TL
RENEW	120 mins 650 TL
REFUEL	120 mins 600 TL
REPEAT	120 mins 700 TL
RETREAT	120 mins 750 TL
RESTORE	120 mins 700 TL

SKIN SOLUTIONS

SKIN RADIANCE FACIAL	60 mins 750 TL
REHYDRATOR FACIAL	60 mins 750 TL
DE-SENSITISER FACIAL	60 mins 650 TL
SKIN PURIFYING FACIAL	60 mins 650 TL

Complement your treatment with:

LIFT & FIRM EYE TREATMENT	25 mins 450 TL
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BODY TREATMENTS & MASSAGE

BACK, FACE & SCALP TREATMENT with or without hot stones	90 mins 750 TL
BODY DETOX	60 mins 400 TL

HAMMAM

INDULGENCE HAMMAM RITUAL	60 mins 350 TL
SOFTENING BODY RITUAL	45 mins 300 TL
REVITALISING FOAM MASSAGE	25 mins 250 TL

POOLSIDE TREATMENTS

Hand & Arm Massage	25 mins 95 TL
Foot Massage	30 mins 95 TL
Back & Shoulder Massage	30 mins 95 TL
Scalp Massage	25 mins 95 TL
Private Cabana Massage	60 mins 550 TL
Yacht Massage	60 mins 800 TL

MASSAGE

AROMA MASSAGE	60 mins 370 TL
	90 mins 450 TL

HOT ROCK MASSAGE	60 mins 400 TL
	90 mins 550 TL

CLASSIC MASSAGE	60 mins 300 TL
	90 mins 400 TL

FITNESS MASSAGE	60 mins 400 TL
	90 mins 550 TL

Complement your treatment with:

SALT & OIL SCRUB	30 mins 220 TL
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ESPA MATERNITY

PRE & POST NATAL TREATMENT	60 mins 550 TL
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FOR MEN

MANKIND FACIAL	60 mins 600 TL
BACK, FACE & SCALP TREATMENT (with or without hot stones)	120 mins 750 TL

PERSONALISED MASSAGE	60 mins 500 TL
	90 mins 550 TL

FITNESS MASSAGE	60 mins 400 TL
	90 mins 650 TL

MUSCLE REVIVER	40 mins 500 TL
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NIKKI SPA

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and exclusive of Service Charge.