



Massage Offers

Traditional Massage

This soothing massage with relaxing oil is restful and refreshing. Soft and smooth stroking and stretching of your tense muscles leave them feeling pleasantly relaxed after this massage. Your mind also unwinds to leave you feeling reborn.

25 minutes €34

35 minutes €46

55 minutes €67

65 minutes €78

75 minutes €89

Butterfly massage

Ideal for pregnant women and seniors. During the butterfly massage we work with soothing strokes and caresses, exerting as little pressure as possible on your body. Repeated strokes over your back leave you feeling totally relaxed and restore your energy.

35 minutes €46

55 minutes €67

65 minutes €78

Aroma massage

Aromas have a significant bearing on how you feel. Some make you feel calm, while others boost you with energy or positive associations. We invite you to select from our extensive range of aromas before we massage you. We then mix the aromas of your choosing with neutral massage oil so that we can give you a massage tailored perfectly to your needs.

35 minutes €49

55 minutes €71

65 minutes €83

75 minutes €94

Chocolate oil massage

Chocolate exerts a magical force of attraction on everybody. That is why we recommend that you experience this massage at least once in your life. We massage you with special chocolate oil, a neutral looking oil that leaves no stains but possess the aromatic properties of chocolate that are guaranteed to have the desired effect. An uplifting and refreshing massage experience for almost everybody.

65 minutes €83

85 minutes €103

Cocktail massage

During this massage we combine a number of techniques, all of them focused on your specific bodily needs that we discover during the session. You can choose from a number of oils that harmonise with your massage wishes.

35 minutes €49

55 minutes €71

65 minutes €83



75 minutes €94

Hot-stone massage

This hot-stone massage ensures a wonderfully relaxed and warm feeling. The iron-rich stones retain heat for an extremely long time thanks to their unique composition. After a delightful massage with the hands, we place the stones on your back so that you are massaged beneath the skin. The combination of heat and movement is beneficial for your muscles and reduces energy blockades.

Sports massage

A strong massage in which your muscles are kneaded until supple. If you suffer from fatigue or tension in your muscles, a sports massage can be therapeutic. As with every massage your blood circulation increases, leading to the rapid removal of toxins. The stronger the massage, the greater the effect. You may feel some muscular aching after this massage as the toxins released through kneading seek a way out. That is a sure sign you were right to choose this massage.

35 minutes €46

55 minutes €67

65 minutes €78

75 minutes €89

Chakra massage

Energy flowing through the body is channeled to our organs through so-called meridians. The junctions where these meridians converge are called chakras. Stress or imbalance can sometimes cause blockades in these chakras. This massage lifts these blockades through the application of very focused massage techniques. You will feel your energy flowing again and feel more energetic and in balance. Since a qualified masseur is required for this massage, we kindly ask you to book one day in advance so that our specially appointed masseur can reserve plenty of time for you.

35 minutes €46

55 minutes €67

65 minutes €78

Reiki treatment

Reiki is an exceptional way of restoring the balance between body and mind. Placement of the hands helps to distribute the energy in your energy points, known as chakras, more effectively. The hands of our masseur form the battery for this treatment: they give more life energy (Reiki) to points that need it, and toxins are drained away through the hands. You can remain clothed during this session. Since relaxation and concentration are important for this treatment, talking is kept to a minimum. The energy in your body starts to flow again, allowing you to feel strong and in balance.

65 minutes €78



Foot reflexology massage

Most organs and parts of the human body find their source in the foot. Many bodily complaints can therefore be alleviated – and sometimes even cured – by massaging the feet. Focusing on these pressure points can restore the balance between body and mind.

25 minutes €34

35 minutes €46

55 minutes €67

65 minutes €78



Beauty Treatment

Facial Treatments

Beautiful You - 55 minutes €82

Extensive face treatment. After washing your skin we remove any impurities and then apply a cleansing mask that works deeply into your skin. While the mask is doing its work you can enjoy a relaxing massage of the hands. We round off the treatment with advice tailored to your skin's needs and a wonderful face cream from the exclusive Skin Care System Gold range from Babor.

Beautiful You XL - 75 minutes €104

A comprehensive alternative to the Beautiful You treatment. On top of the Beautiful You package, we depilate your eyebrows. Moreover, we massage your face, neck and décolletage with a herbal oil of your choosing.

Pure Anti-Ageing - 55 minutes €84

This face treatment focuses on skin in need of a little extra attention. After cleansing and peeling your face, we depilate your eyebrows and apply a special facemask. This mask opens your pores so that the cleansing action reaches deep into your skin and our special anti-ageing products have a lasting effect. While the mask is doing its work we gently massage your hands and round off the treatment with advice tailored to your skin's needs and the gift of an anti-ageing face cream from Babor.

Pure Anti-Ageing XL - 110 minutes €153

Treat your face to an extensive anti-ageing session! We offer all elements of the Pure Anti-Ageing package and, in addition, devote plenty of time to gently massaging your face, neck and décolletage. We pay particular attention to any impurities in your face, and round off by advising you on the best care for your skin type.

Special Selections - 40 minutes €60

Specially intended for the more impure skin type, this face treatment concentrates on an in-depth cleansing of the skin. We start by applying a healing and cleansing gel and peeling off the dead skin cells. After that we apply a mask that opens the pores deep down into the skin. While the mask is working into your skin we gently massage your hands. We round off the treatment with a face cream from Babor and personal advice on your skin's needs.

Special Selections XL - 85 minutes €122

During the Special Selections treatment we pay particular attention to any skin impurities you may have. We depilate your eyebrows and take plenty of time to massage your face, neck and décolletage.

Rose Quartz - 85 minutes €122

Throughout this entire treatment we work with products based on roses and rose quartz, such as rose oil and rose cream. That is because the scent of roses has a de-stressing effect. Rose quartz has cleansing properties and improves blood circulation so that antibodies are rapidly removed from your body. The face treatment starts with cleansing and peeling. Then we massage your face with the help



of rose quartz stones. After this relaxing massage we apply a special rose mask and gently massage your hands. We round off with personal advice about your skin's needs and an effective face cream.

Pure Men - 55 minutes €83

This face treatment makes use of products from the Babor Men range that is specially designed for men's skin. We cleanse and peel your skin, removing dead cells in the process. Then we apply a mask that penetrates deep into the skin. While the mask is working into your skin you enjoy a relaxing massage of the hands. We round off with personal advice about your skin type and a face cream that leaves your complexion looking radiant and refreshed again.

Platinum - 115 minutes €162

The Platinum cream from Babor is the ultimate anti-ageing cream. The platinum particles in this cream have restorative properties and the mask enables them to work deeply into your skin. The cream gives your skin a boost, making it smooth and radiant again. To achieve the best results, we first cleanse and peel your skin thoroughly. Then we apply a purifying mask that opens up the pores. While the mask is working into your skin you enjoy a relaxing massage of the hands. We round off with personal advice about your skin's needs and the exclusive Platinum cream from Babor.

Fluid Crash Kur - 20 minutes €39

A face massage that has an immediate effect on your complexion. After your face has been cleansed you can choose from our wide selection of fluids, each with its own action. We massage the fluid into your face, neck and décolletage. The combination of vitamins and moisture-regulating substances in the fluid leaves your skin looking and feeling refreshed immediately. This treatment makes you feel reborn.

One of the masks listed below - 20 minutes €39

A mask is the quickest way to cleanse your skin thoroughly and deeply. You can choose from a number of masks:

Algae mask: Algae have a detoxifying effect. An algae mask effectively absorbs impurities. Once the mask is removed, you will feel refreshed and refined.

Collagen mask: collagen keeps your skin young, firm and supple. But after the age of 25 your body produces less collagen, so your skin loses its elasticity. This facemask strengthens the skin, leaving you looking years younger!

Thermo Sculpting: a mineral-based mask whose unique composition warms the skin, opening the pores deeply so that impurities are rapidly removed.



Face peeling

During a face peeling session dead skin cells are gently removed from your skin. The pores in your skin open, enabling dirt to be cleared away easily and enhancing your skin's ability to absorb care products more deeply. Peeling leaves your skin feeling softer and looking younger.

Natural herbal oil peeling 40 minutes €57

Sea salt peeling 25 minutes €40

Aromatic oil peeling 25 minutes €39

Body treatments

Body packing

Body packing is a treatment carried out after peeling. Peeling removes dead skin cells and opens your pores. As a result, the oils and other skincare products used during body packing can penetrate deep into your skin. After we have massaged the packing products into your skin you rest for a while under a warm blanket. We finish the session by applying an invigorating cream that nourishes your skin and leaves you feeling relaxed.

Herbal pack 40 minutes €70

Aromatic pack with a de-stressing effect.

Algae pack 40 minutes €66

The detoxifying effect of algae makes you feel purified.

Fruit pack 40 minutes €66

Vitamins strengthen your skin and leave you feeling younger.

Mud pack 40 minutes €66

Activates the blood flow through your skin and muscles. It strengthens, cleanses and relaxes.

Vitamin Power Pack - 90 minutes €129

Indulge your skin with an extensive vitamin treatment. After we have cleansed your body with a salt scrub, we apply a natural vitamin pack. While the pack is working into your skin we massage your hands. We round off the session with a relaxing massage, leaving your skin smoother and therefore younger.

Algae Treatment - 90 minutes €126

Algae possess extraordinary properties. They detoxify and hydrate your skin, combat cellulitis, activate cell regeneration, and enhance blood flow through the skin. No wonder that an algae pack will leave you feeling refreshed and reinvigorated. Before applying the pack we peel your body to boost the effect of the algae. While the pack is doing its work you can enjoy a relaxing massage of the hands.



Shi Tao Treatment - 100 minutes €118

This hot-stone massage gives you a wonderfully relaxed and warm feeling. Heat and altered moisture circulation enable the massage to work deep below the skin. Energy blockades disappear and your muscles relax. The massage is combined with a body scrub with fragrant spa salts and aromatic oils.

Cool Body Treatment - 75 minutes €106

A refreshing treatment that cleanses and stimulates your skin. We start with an extensive skin peeling session that opens all pores. Then we cover your whole body with a mask that cleanses deeply and extracts impurities. While the pack is doing its work you can enjoy a relaxing massage of the hands. We round off with a refreshing hydrating cream that leaves your skin feeling smoother.

Back Treatment - 60 minutes €96

Treat your back to the ultimate form of relaxation. First we peel your skin to cleanse it. Then we massage your back with a herbal-based cream that penetrates deep into the pores. During the massage we allow plenty of time to relieve any tension in your muscles or tissue. This treatment is highly relaxing and perfect for people with a tired back.

Waxing

Bikini line	20 minutes	€26
Armpit	20 minutes	€26
Lower legs	30 minutes	€37.50
Entire legs	40 minutes	€51
Back	30 minutes	€31
Upper lip	5 minutes	€12
Chin	5 minutes	€12
Cheeks	10 minutes	€17
Touching up eyebrows	10 minutes	€13
Shaping eyebrows	20 minutes	€17.50
Manicure	50 minutes	€59
Pedicure (cosmetic)	50 minutes	€54

Make-up advice - 50 minutes €45

Advice that you will value for the rest of your life. What make-up works best for you? And what do you look like at your most radiant? Our make-up artist can tell you all there is to know and will gladly give you useful tips for both make-up and skincare products, taking your skin's needs and lifestyle into account. And of course we would be delighted to do your make-up for a party or any other special occasion, such as a wedding. Make-up treatment is available upon request. Ask us about the options.

Tooth bleaching - 60 minutes €99

We will gladly bleach your teeth to give you a brighter smile. Needless to say, our specialists possess all the necessary qualifications. During this extensive treatment you can enjoy a gentle and relaxing massage of the hands.

Aftercare - 30 minutes €59