## spa packages

### Kalahari Energise Package - Refresh
An all over uplifting body experience that will leave you relaxed and revived.

60 min massage
60 min exfoliation and wrap
60 min rejuvenating facial — 180 min — R2 535

### Kalahari Bespoke Body Package - Soothe
A customised body package tailored to your specific needs.

30 min body exfoliation
30 min body wrap
60 min massage — 120 min — R2 305

### Kalahari Jet Lag Treatment - Enhance
Reduces symptoms of jet lag and stimulates circulation with body exfoliation.

40 min body wrap
40 min massage
40 min facial — 120 min — R1 755

### Africology Botanical well-being Body and Face Ritual
An experience to harmonise the body's own energy field.

30 min body exfoliation
30 min body wrap
60 min facial — 120 min — R1 635

### Africology Skin Adoration Wrap
A soothing journey to relax and ease tight muscles

30 min body exfoliation
30 min body wrap
60 min full body massage — 120 min — R1 635

### Waxing
Waxing is a temporary method of hair removal, which removes hair from the root.

| | |
|---|---|
| Hollywood (incl full frontal & g-string area) | R 330 |
| Brazillian (full frontal ) | R 305 |
| Under-arm | R 165 |
| Standard bikini (sides only) | R 195 |
| Full leg | R 345 |
| ¾ leg wax | R 255 |
| ½ leg (top or bottom) | R 210 |
| Full arm | R 190 |
| Half arm | R 120 |
| Back wax | R 375 |
| Chest | R 170 |
| Brow | R 155 |
| Chin | R 120 |
| Lip | R 120 |
| Ear | R 145 |
| Nose | R 145 |

**Please consider our other guests:** The spa is a haven of tranquillity. For the consideration of others, we request that guests keep noise to a minimum.

**Spa treatment hours:** The spa is open daily from 09h00 to 19h00. Subject to change.

**Reservations:** Advanced booking prior to your arrival is strongly recommended to secure your preferred date and time of treatment.

**Cancellation policy:** Spa appointments cancelled less than twenty-four hours prior to your scheduled appointment will result in a 50% cancellation charge. A no show will result in a full charge.

**Arrival:** We recommend that you arrive 15 minutes prior to your scheduled treatment to allow adequate time to change and avoid reduced treatment times. Please bear in mind that all spa treatments need to end on time

**Payment:** We accept cash and all major credit cards. Payment may also be charged to the room. All prices are quoted in South African Rand (ZAR) and are subject to change without prior notice.

**Attire:** For your comfort, complimentary bathrobes, slippers and disposable undergarments are provided. Bring your bathing costume along to enjoy our water facilities.

**Spa amenities:** For your convenience, we supply complimentary shampoo and spa body products.

**For your comfort:** Our spa is a non-smoking facility and the consumption of alcohol is prohibited. It is advisable to avoid the consumption of alcohol and heavy foods prior to, or directly after a spa treatment. Please refrain from using your cellphone whilst at these premises.

**gift cards** a Librisa Spa treatment makes the perfect gift for any occasion.

**Purchase online or at the hotel reception.**

librisa spa 2016/17

## librisa facials

Our facials are designed to bring your skin optimal health. Your customized facial will include steam, exfoliation, extraction, mask and massage.

### Kalahari Moistures Boost Facial
A super moisturising treatment for skin dehydrated by environment.

90 min R1 085

### Kalahari Anti-Ageing Facial
An intensive facial where a multitude of ingredients are delivered to dull, tired and lack-luster skin to bring about vitalised, energised and healthy skin.

90 min R1 085

### Kalahari Instant Radiance Facial
A facial that leaves the skin with a luminous glow Ideal skin in need of an instant boost.

90 min R1 030

### Kalahari Delicate Facial
A delicate facial compiled to calm redness associated with irritated and sensitive skin.

90 min R1 030

### Kalahari Bespoke Facial
A customised facial that provides a deep cleanse according to the skin needs.

60 min R 845

### Africology Facials

#### African Goddess Facial
An anti-ageing renewal treatment to restore elasticity, combat ageing and promote healthy glow.
Includes invigorating back exfoliation and moisturise.

90 min R1 275

#### Africology Bespoke Facial
A customised holistic approach facial aiding in skin wellbeing.

75min R1 005

# librisa massage therapy

Our massages incorporates the "push-pull" technique. This aims to bring wholeness and balance to the body.

### Librisa Kgapa Signature Massage

A unique massage, exclusive to Librisa Spa that will restore the body, mind and soul.

| | | |
|---|---|---|
| Full Body | 90 min | R1 205 |
| Back of Body | 60 min | R1 005 |
| Back & Neck | 40 min | R 820 |

### Kalahari Rolling Sands Massage

Experience complete relaxation with botanical oils that enhance the skin and relieve muscle tension.

| | | |
|---|---|---|
| Full Body | 90 min | R1 205 |
| Back of Body | 60 min | R1 005 |
| Back & Neck | 40 min | R 820 |

### Hot-stone Massage

This is the sensation of the warm stones delicately massaging away everyday stress.

| | | |
|---|---|---|
| Full Body | 90 min | R1 205 |
| Back of Body | 60 min | R1 005 |
| Back & Neck | 40 min | R 820 |

### Deep Tissue Massage

A specific massage therapy that concentrates on the deep layers of muscle and fascia in the body leaving it more flexible and supple.

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|---|---|---|
| Full Body | 90 min | R1 205 |
| Back of Body | 60 min | R1 005 |
| Back & Neck | 40 min | R 820 |

### Swedish Massage

Increases the circulation of blood, lymph and relaxes the superficial muscles.

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|---|---|---|
| Full Body | 90 min | R1 050 |
| Back of Body | 60 min | R 965 |
| Back & Neck | 40 min | R 720 |

### Aromatherapy Massage

Gentle soothing strokes are used together with a combination of essential oils to rebalance, revitalize or purify the body.

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|---|---|---|
| Full Body | 90 min | R1 050 |
| Back of Body | 60 min | R 965 |
| Back & Neck | 40 min | R 720 |

### Slimming Detox Massage

| | | |
|---|---|---|
| Full Body | 90 min | R1 050 |
| Back of Body | 60 min | R 965 |

### Foot Reflexology

A pressure point massage that leaves you with the feeling of restoration and a sense of balance. 40 min R 720

### Prenatal Massage

Massage during pregnancy can reduce anxiety and relieve muscle aches and joint pain. 60 min R 965

### Scalp Massage

A gentle massage that aids in improving circulation and relaxation of scalp muscles. 40 min R 720

# bliss for two packages

### Morning Bliss for Two

40 min massage followed by Morning Tea in the hotel lounge R1 755

### Afternoon Bliss for Two

60 min massage followed by Afternoon Tea in the hotel lounge R2 325

### Evening Bliss for Two

Two 60 minute massages followed by Evening Tea in the hotel lounge R2 325

## Librisa Spa "Journey of Discovery"

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| Full Day Discovery (four treatments) | 6 hours | R4 650 |
| Half Day Discovery (two treatments) | 3 hours | R2 650 |

Journey of Discovery options:

- Manicure and Pedicure • Scalp Massage and Foot Massage
- Kalahari Bespoke Facial • Librisa Kgapa Signature Massage
- Full Body Polish with Body Wrap

The journey of discovery also includes a Kalahari or Africology Journey Kit.

# hand and foot treatments

### Tsama Spa-Manicure

A beauty treatment for hands and finger nails which includes massage. Choose between french, varnish, or men's manicure. 45 min R 455

### Calabash Spa-Pedicure

Improves the appearance of feet and toe-nails which includes massage. Choose between french, varnish or men's pedicure. 60 min R 570

# librisa body treatments

Our Librisa treatments are designed to bring your body to optimal health.

### Kalahari Body Polish with massage

The exfoliating benefits combined with the invigorating botanical oils that enliven body and mind.
Followed by a shower and relaxing
50 min full body massage. 90 min R1 205

### Kalahari Desert Glow

Buffs away dry, dull skin to reveal a healthy glow.
Ending with an invigorating shower.
30 min R 620

### Africology Rooibos Lavender Clay Wrap

Healing for skin conditions such as eczema, sunburn and swelling. Leaves skin feeling smooth and refined.
60 min R1 205

### Africology Coffee Mint Clay Wrap

Stimulates lymph drainage and aids in toxin elimination.
Great for pregnant women.
60 min R1 205

### Librisa Luxury Bath

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|---|---|---|
| Librisa Luxury Bath incl 45 min massage | 75 min | R1 205 |

### Librisa Teen Experience

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|---|---|---|
| Teen Deep Cleanse | 45 min | R 575 |
| Sweet Pamper Massage | 45 min | R 585 |
| Princess Varnish | 20 min | R 120 |
| Princess Manicure | 30 min | R 300 |
| Princess Pedicure | 40 min | R 420 |

### Tinting

Eyelash & brow tinting will enhance the general appearance of your lashes & brows.

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|---|---|---|
| Lash Tint | 25 min | R 145 |
| Brow Tint | 10 min | R 110 |
| Lash & Brow tint | 30 min | R 215 |