

# salon services

## Hair Care

Wet Cut.....	\$40
Ladies Shampoo, Cut & Style.....	\$70 & up
Color Only (per color).....	\$70
Color Correction.....	\$135
Full Highlights.....	\$155 & up
Partial Highlights.....	\$125 & up
Permanent & Style.....	\$140 & up
Up-do & Style.....	\$90 & up
Bridal Consult, Hair.....	\$75 & up
Damaged Hair Remedy.....	\$45
Men's Cut & Style.....	\$40
Beard Trim.....	\$15

## Cosmetic Application

Consult & Make-up Application.....\$85 & up

## Waxing

Eyebrow Arch, Lip or Chin.....	\$20
Full Face.....	\$50
Underarm Wax.....	\$22
Standard Bikini Wax.....	\$55
Back Wax.....	\$55
Legs/Half.....	\$55
Legs/Full.....	\$80

# gentleman's selections

**Gentleman's Facial** 50 min \$135 | 80 min \$215  
 This customized, deep cleansing and hydrating facial is scientifically formulated to address the gender-specific needs of men. Our detailed consultation on your home care program will assure continued results.

**Handshake Maintenance** 25 min \$45  
 Designed for active males who demand the best look at all times. Filing, trimming and cuticle care using pure, chemical-free products.

**Sports Foot Treatment** 25 min \$55  
 Designed for the active man. Arnica gel is used to de-stress aching feet. Includes a rigorous exfoliation, cleansing and moisturizing treatment.

**Deep Tissue Sports Massage** 50 min \$155 | 80 min \$235  
 Experience the rejuvenating effects of a deep-tissue massage. This intense indulgence helps restore body alignment and range of motion by focusing on the deeper layer of muscle tissue.

## reservations

For reservations, please contact us by phone or email:

**In-room: ext. 2220 | Local (904) 432-2220**  
**Toll-free (877) 843-7722**  
[aispa@omnihotels.com](mailto:aispa@omnihotels.com)

Advance reservations are recommended and may be reserved with any major credit card. Please notify us of any medical conditions at time of booking. We kindly ask that you provide 24-hour notice should you need to cancel your reservation to avoid charges. A 20% service charge is customarily added to each spa service and shared amongst the spa staff. However, this may be adjusted at your discretion. The Spa meditation area and locker rooms are reserved for guests ages 18 and over. All prices and services are subject to change.

## gift cards

Spa gift cards make an ideal year-round gift for any special occasion. These cards may be purchased for a specific dollar amount.

## spa and salon hours (may vary seasonally)

Monday–Wednesday: 8am–7pm  
 Thursday–Saturday: 8am–8pm  
 Sunday: 9am–5pm





## massage treatments For ages 18 and older.

**Swedish Massage** 50 min \$135 | 80 min \$205  
Our most popular massage and one of our most enjoyable. This massage uses light to moderate pressure, while promoting relaxation, enhancing circulation, relieving muscle pain & tension and improving flexibility.

**Aromatherapy Massage** 50 min \$145 | 80 min \$215  
This flowing, light to moderate pressure relaxation massage includes potent herbal aromatherapy oils formulated to stimulate internal healing. Relaxation points of the back, face and feet are targeted.

**Deep Tissue Sports Massage** 50 min \$155 | 80 min \$235  
Experience the rejuvenating effects of a deep tissue massage. This intense indulgence helps restore body alignment and range of motion by focusing on the deeper layer of muscle tissue.

**Lomi Lomi Massage** 80 min \$225  
This Hawaiian based service utilizes techniques that have been passed down through generations for over 1,500 years. Therapists use vigorous, rhythmic strokes and gentle stretches to treat the body, mind and spirit. You will leave feeling relaxed, refreshed and renewed.

## body treatments For ages 18 and older.

**Quartz Sand Table Massage** 50 min \$170  
Psammo therapy utilizes heated sand and dates back to ancient Egypt. The gentle and deeply affecting warmth of this customized massage provides physical and mental relaxation. It also stimulates metabolism and has a purifying effect. This unique treatment is beneficial for arthritis, fibromyalgia, joint or back pain and insomnia.

**Plantation Blossom Ritual** 80 min \$215  
This combination exfoliation & massage service begins with a warmed exfoliant of lemon, papaya, cherry blossom, and rice powder cream. A foot massage based on reflexology is next, followed by a relaxing body massage.

**Hot Stone Massage** 75 min \$190  
This relaxing massage harnesses the restorative power of thermotherapy. Direct application of warm stones and hands carefully and effectively penetrates the muscles.

**Couples Massage** 50 min \$280 | 80 min \$425  
Treat yourself and a companion to ultimate relaxation with a dual massage in the comfort of a private treatment room. Your experience continues as you both relax in our private couples relaxation room.

**Reflexology** 25 min \$70 | 50 min \$125  
An ancient Chinese practice based on the notion each body organ corresponds to a specific point on the foot. A restorative process in which feet are massaged to re-establish an optimal flow of energy.

**Tree House Thai Massage** 50 min \$160 | 80 min \$240  
Thai massage blends point pressure and stretching. It is beneficial if you are stiff, sore and tired from over exertion. It enhances strength, flexibility, relaxes tense muscles and can recapture lost range of motion. The service is provided on a padded mat in our unique tree house. Loose fitting clothing is required. *Limited availability.*

**Sun Soothe Wrap** 25 min \$80 | 50 min \$145  
The sun and beach are guest favorites, but too much of a good thing can put a damper on your stay. Our exclusive blend of essential oils will give you instant relief and help you recover quickly. The combination of lavender, geranium and peppermint will soothe and hydrate sun-damaged skin.

**Essence of Tranquility** 50 min \$150 | 80 min \$220  
This restorative and rejuvenating treatment creates a deep sense of relaxation. Light strokes will enable you to drift into a state of calm and rest. Your take home gift of essential oils will allow to continue the spa experience.

**Sweet Sugar Glow** 50 min \$125  
Using mango and coconut sugar scrub, this treatment rids the body of old skin cells, revealing new healthy skin. Your skin's elasticity will be enhanced and moisture replenished.

# miles from stress, footsteps from the sea.™

## facials

All of our facials include cleansing, exfoliation, mask, toning and moisturizer. Ages 16 and older.

**Custom Cleansing Facial** 50 min \$135 | 80 min \$205  
Re-establish the natural beauty and health of your skin with pure ingredients and simple luxury. Customized to provide your complexion with the most benefits. *Enhance your 80 minute facial and include an anti-aging eye treatment for \$215.*

**Pure Results Facial** 50 min \$145 | 80 min \$215  
Using only all natural ingredients, this custom, deep cleansing facial gives you both results and a relaxing sensorial experience. A gentle exfoliation is followed by a layering of vitamins, anti-inflammatory botanicals and antioxidants, leaving your skin protected and revitalized.

## manicures

All include buff or polish.

**Spa Manicure** 80 min \$80  
Your manicure begins with a warm soak and exfoliation. Then a hydrating masque is applied, followed by a hand massage and warm paraffin for soft, supple, hydrated skin. Lastly, your choice of buffing or polish for the nails.

**Soft Palms** 50 min \$55  
This beautifying treatment includes the finest coconut exfoliation and moisturizing products. Cuticles and nails will be shaped and nourished. Choice of buffing or polish for a finished look.



**Anti-Aging Facial** 80 min \$215  
The perfect blend of peptides, antioxidants, firming collagen and hyaluronic filling agents are applied to melt time away. Then, a mineral micro-dermabrasion prepares the skin to receive "injection-like" wrinkle-filling serums and restore youthfulness.



## pedicures

All include buff or polish.

**Spa Pedicure** 80 min \$99  
We begin with a warm soak followed by an exfoliation. Then, a hydrating masque is applied, followed by a foot and calf massage. Next, your feet are enveloped with warm paraffin. The finishing touch is a buffing or polish.

**Paradise Feet** 50 min \$75  
Soothe and revitalize tired feet and legs. We start with a ritual cleansing, then your feet are moisturized while your legs are revitalized with a massage and masque. The perfect pedicure for men and women!

**Pampered Soles** 50 min \$60  
Pampering begins with cleansing in a hot whirlpool just for the feet, followed by trimming of nails and cuticles. Completed with buff or polish.