



by Mario Botta

refreshing,
relaxing &
stimulating Spa Lounge

Dear Guests

Welcome under the light sails of Mario Botta's spectacular "Bergoase". Enjoy light snacks, vitamin-rich fruit juices or refreshing fitness drinks during your spa day. The sweet temptations from our pastry are wellness for your palates.



Spa Suites

Our two SPA Suites, Polaris and Muscida offer Luxury in a very private atmosphere for two or more hours. Our SPA Suites offer you a unique private whirlpool, a steam bath and a sauna. You can also choose between cosmetic and massage treatments. We would be delighted to fulfill any of your food and beverage requests. Relax in your SPA Suite in privacy under the starry sky of Arosa. Would you like to surprise your wife on her anniversary? Are you planning a very special surprise or you just want to treat yourself? Our SPA Suites are exactly what you need! We would be pleased to arrange an individual gift voucher for you!



| | |
|------------------------------|---------|
| „Polaris“ for 2 hours | 400 CHF |
| Every additional hour | 100 CHF |
| „Muscida“ for 2 hours | 300 CHF |
| Every additional hour | 100 CHF |

All prices are in Swiss Francs, VAT included.



SOUP

| | CHF |
|---|-----|
| Tom Ka Gai <i>Coconut milk soup with poultry stripes and oyster mushrooms</i> | 18 |
| Beef Pho <i>Beef Pho with ginger, coriander and noodles</i>  | 18 |
| Iced cucumber mint soup  <i>with Arosa yogurt</i> | 16 |



SALAD BOWL

| | CHF |
|---|-----|
| King prawns <i>with bell-pepper, radishes and cucumbers</i>  | 29 |
| Beef fillet stripes <i>with soya sprouts and coriander</i>  | 34 |

CLUB SANDWICH

| | CHF |
|--|-----|
| Classic <i>Chicken breast with cocktail sauce, alpine bacon, egg, ramati tomatoes and iceberg salad</i> | 29 |
| Vegetarian <i>Marinated grilled vegetable, basil pesto, egg, ramati tomatoes and iceberg salad</i>   | 27 |
| Salmon <i>Loch Fyne gravad salmon, with sprouts, honey-dill sauce, egg, ramati tomatoes and iceberg salad</i> | 28 |

Our club sandwiches are served with pommes crisps and a small salad.

 *Vegetarian dishes*
 *Our wellness dishes – selected products carefully prepared.*

SANDWICH

| | CHF |
|---|-----|
| Italian style <i>Fresh tomatoes and buffalo mozzarella with basil pesto</i> ✓ | 15 |
| Spanish style <i>Serrano ham and Parmesan cheese</i> | 17 |
| Provence style <i>Marinated antipasti vegetable, with lemon-oil and herbs</i>  ✓ | 18 |

SWEET DISH

| | CHF |
|---|------|
| Tschuggen Birchermüesli | 10 |
| Fresh fruit and berry selection | 16 |
| Cake selection from our trolley | 7.00 |



Vegetarian dishes



Our wellness dishes – selected products carefully prepared.

Declaration of origin:

Veal, pork: Switzerland

Beef: Switzerland / Argentina

Poultry, sausages, ham:

Switzerland / France / Italy

Fish: France / Scotland

MINERAL WATER

| | | CHF |
|-----------------|-------|-----|
| Valsler Silence | 50 cl | 6 |
| Valsler Classic | 50 cl | 6 |

SOFT DRINGS

| | | CHF |
|-----------------|-------|-----|
| Coca-Cola | 33 cl | 5 |
| Coca-Cola light | 33 cl | 5 |
| Coca-Cola zero | 33 cl | 5 |
| Fanta | 33 cl | 5 |
| Sprite | 33 cl | 5 |
| Rivella rot | 33 cl | 5 |
| Rivella blau | 33 cl | 5 |
| Rivella grün | 33 cl | 5 |
| Apple juice | 33 cl | 5 |
| Apple spritzer | 33 cl | 5 |
| Tonic Water | 20 cl | 5 |
| Bitter Lemon | 20 cl | 5 |
| Ginger Ale | 20 cl | 5 |

BOTTLED BEER

| | | CHF |
|----------------------------------|-------|-----|
| Calanda Edelbräu | 30 cl | 6 |
| Feldschlösschen non-alcoholic | 30 cl | 6 |
| Schneider Weisse | 50 cl | 7 |

COFFEE

| | CHF |
|-----------------|-----|
| Coffee | 5 |
| Espresso | 5 |
| Double espresso | 7 |
| Milk coffee | 6 |
| Cappuccino | 6 |
| Latte Macchiato | 7 |

MILK DRINKS

| | CHF |
|------------|-----|
| Ovomaltine | 5 |
| Chocolate | 5 |

TEA

| | CHF |
|--|-----|
| Finest Tschuggen tea selection different brands, freshly brewed in a teapot. | 7 |

Please ask us for our extensive selection.

BY THE GLASS

Champagne

| | | |
|---------------------|-------|-----|
| | 10 cl | CHF |
| Louis Roederer Brut | | 20 |
| Louis Roederer Rosé | | 27 |

Local sparkling wine

| | | |
|--------------------------------------|-------|-----|
| | 10 cl | CHF |
| Pinot Noir Brut | | 13 |
| C. & F. Obrecht, Jenins, Switzerland | | |

Prosecco

| | | |
|------------------------------|-------|-----|
| | 10 cl | CHF |
| Sergio Mionetto | | 11 |
| Francesco Mionetto, Venetien | | |

White wine

| | | |
|--------------------------------------|-------|-----|
| | 10 cl | CHF |
| Riesling x Sylvaner | | 8 |
| C. & F. Obrecht, Jenins, Switzerland | | |

Red wine

| | | |
|--------------------------------------|-------|-----|
| | 10 cl | CHF |
| Pinot Noir | | 8 |
| C. & F. Obrecht, Jenins, Switzerland | | |

VITALIZING BEVERAGES

CHF

Wellness drinks

| | | |
|--------------------|-------|---|
| Bergoasen iced tea | 33 cl | 6 |
|--------------------|-------|---|

Purelosofhy drinks tread a different path:

**Naturally functional – rich in
taste – light in calories
packaged with style and
nature in mind!**

CHF

| | | |
|-------------------|-------|---|
| Purelosofhy Relax | 25 cl | 6 |
| Purelosofhy Renew | 25 cl | 6 |
| Purelosofhy Power | 25 cl | 6 |

Fresh fruit and vegetable juices

CHF

| | | |
|--------------|-------|---|
| Orange juice | 20 cl | 9 |
| Carrot juice | 20 cl | 9 |