



NIKKI SPA MENU



NIKKI SPA

Welcome to a world of luxury, wellness and tranquility where all your senses come to play.

At NIKKI SPA we blend treatments in a unique way alternating HIGH and LOW energy levels, offering an exclusive approach to well-being and lifestyle.

We create environments that provide the ultimate indulgence and relaxation, with the aim to make each experience a personal journey.



NIKKI SPA therapists are ELEMIS trained. They look. They listen. They tune in to you, performing transformative treatments, personalised to respond to the ever-evolving rhythm of your life and the ever-changing nature of your skin.

All the treatments are designed to support great skin health; to respect that skin is alive. No two skins are the same. And no two bodies are the same. Every spa therapy is shaped and moulded around you, for a results-driven, personalised experience.

ELEMIS pushes the boundaries to develop unique textures, ground-breaking formulations and conduct clinical trials to confirm what we already know; that ELEMIS delivers real results. There are no short cuts and there are no gimmicks.

ELEMIS treatments and products are pioneering industry game-changers, loved by hundreds of beauty editors and celebrities including Victoria Beckham, Kate Hudson, Cindy Crawford and others. ELEMIS has won over 200 independent beauty awards and is considered to be today the Number One British Spa and Skincare brand.



Add-ons

These revolutionary speed spa treatments for the Eyes and Neck can be added to any massage, face or body treatment.

Feast your Eyes – 15mins - €30

Give puffy eyes their marching orders with this instantly reviving eye treatment. A warm Rosewood compress, and intensive eye mask rehydrate, soothe and lift, while you zone out with a de-stressing hand and arm massage. See the world through new eyes.

Save Your Neck – 15mins - €30

Make sure your neck is running a tight ship with this targeted toning treatment. We will help the muscle to firm up, while the Arjuna-infused jowl and chin mask lifts and tightens for super-sleek contouring. People will wonder what you've done.

MASSAGE THERAPY

ELEMIS Freestyle Deep Tissue Massage – 30mins - €60 / 1hr - €100 / 1hr30mins - €125

This is a vigorous workout for the body, perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, pure relaxation or emotional balance. Skin is prepped to release toxins and the flowing massage works deeper and deeper into the tension, encouraging optimum circulation. As effective as an hour's stretching, but so much more nurturing.

ELEMIS Deeper Than Deep Hot Stone Massage – 1hr - €115 / 1hr30mins - €140

Nothing gets into the belly of the muscle like a hot stone. Bathed in the intensely moisturising Frangipani Monoi Body Oil, a curated range of Balinese stones are selected to address exactly what you need. They are worked over the body, deep into the muscles, getting into areas of tension at a profound level, persuading the muscles to release their trapped energy. The result is sparkling vitality with the added bonus of intensely hydrated skin.

ELEMIS Garden of England Rose Restore – 1hr - €120

Take a walk in an English rose garden with this lavishly hydrating body massage and micro-wrap. The unique trio of Rose, Camelina and Poppy seed oils maintain and restore elasticity, whilst encouraging skin renewal. The skin is anointed with nourishing oils whilst a nurturing Rose balm and bespoke massage comfort the skin, and ground the spirit. Skin is left exquisitely moisturised, intensely supple and deliciously scented.

Swedish Massage 50mins / €90

Relaxing massage to increase the oxygen flow in the blood and release toxins from the muscles. Regenerating, stimulating and refreshing.

ELEMIS Peaceful Pregnancy Face and Body Massage – 1hr15mins - €140

This unique pregnancy massage is a profoundly nurturing and tranquil oasis. Mothers-to-be are lulled and restored to optimum wellness. An intuitive, sensitive and relaxing massage hydrates and moisturises skin that is expanding to accommodate a growing baby. Only nurturing aromatics are imparted – along with wisdom, empathy and respect.

ELEMIS Couple's Massage - 1hr - €200 / 1hr30mins - €230

Enjoy an ELEMIS Deep Tissue Massage in the same treatment room with two spa therapists. Indulge into an oasis of relaxation and wellness with your loved one or a friend.



FACE THERAPY

The ELEMIS globally renowned hands-on facial treatments use touch as a powerful diagnostic tool, softening and prepping the skin to receive actives. Product is applied using a combination of ancient and modern massage techniques from around the world. The hands of a highly trained ELEMIS therapist are profoundly effective anti-ageing tools. This is where intuition meets expertise with clinically proven results.

ANTI-AGEING PLUMP-UP & TONE

ELEMIS Pro-Collagen Age Defy – 1hr - €115

This is the treatment to tackle fine lines and wrinkles and help support the cellular structure of the skin. The proven benefits of marine charged Padina Pavonica and Red Coral help plump out fine lines, whilst Indian Mulberry reduces skin-fatigue, helping relax wrinkles. Targeted lymphatic drainage massage re-energises and rejuvenates, while an age-defying peel-off mask encourages the highest cellular function, visibly improving firmness and elasticity for beautifully nourished, younger looking skin.

ELEMIS Pro-Definition Lift and Contour – 1hr-€125

Powered by breakthrough technology targeting sagging jowls, cheeks and jawlines, this facial helps restore the architecture of the face. The Arjuna and Lupin-infused jowl and chin mask works on elasticity, whilst potent nutrients and stem cells found in Edelweiss and Tiger Grass help support the extra-cellular matrix. The structure of the skin is boosted through a unique deep, muscle toning massage from the scalp to the décolleté. The skin appears plumper and revitalised, creating a profoundly sculpted, youthful effect.

RADIANCE SMOOTHING & TONING

ELEMIS Superfood Pro-Radiance – 30mins - €60 / 1hr - €100

This is a crafted nutritional boost for stressed, dull skin. Rich in superfoods, essential minerals and trace elements; Magnesium, Potassium, Zinc, Vitamin A and E form a mineral army to jump start tired and exhausted skin. An amino active mask helps restore lost moisture, deeply nourish, detox and pack the skin with powerful, energising nutrients. Skin is left smoother, plumper and luminously radiant – stress-free and lit up with good health.

MEN

ELEMIS High Performance Skin Energizer for MEN – 1hr - €100

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration, as steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massage deeply relax.



BODY THERAPY

EXFOLIATE & NOURISH

ELEMIS Intensely Cleansing Salt Scrub - Lime and Ginger or Frangipani - 30mins - €60

The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment. The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Delivers velvety soft, invigorated skin.

ELEMIS Body Nectar Nourishing Wrap - Sweet Orchid or Frangipani - 1hr -€90

This lusciously fragrant, intensely moisturising body wrap will transport you to the Far East. The velvety texture of the Monoi oil offers super-hydration, quenching a thirsty skin. The aromatic oil is applied using sweeping strokes with maximum attention paid to any particularly parched areas. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work. An emotionally grounding experience for skin that has never felt silkier.

BODY DETOX & RE-SHAPE

ELEMIS Thousand Flower Detox Wrap - 1hr - €110

Enriched by Somerset soil packed with tree, flower and grass rich nutrients, this treatment provides super skin-health and powerful detoxification, helping stimulate the elimination process and restore equilibrium. Omega-rich Green Tea seed oil is massaged into the skin followed by the thousand flower, vitamin-packed, super nutritious earth wrap encouraging the body to surrender its toxins. A nourishing Green Tea balm, rich in minerals, proteins and Omegas – the superfoods of the skin – is the final touch, leaving you feeling completely reinvigorated and the body firing on all cylinders.

ELEMIS Targeted Toning Tightener - 30mins €65 / 1hr30mins - €160

Tightening and toning are the pillars of this treatment. A powerful blend of salts, minerals and seaweeds work together to target cellulite and poor skin tone on hips, thighs, abdomen and backs of arms. Nigari salt deeply cleanses, followed by a targeted sculpting massage to kick-start the micro-circulation, promoting a smoother silhouette and invigorating the entire body. A cooling rubberised mask, rich in super-detoxing caffeine and green clay is applied to problem areas, whilst clinically proven Red Algae redefines areas prone to sagging. The result is a targeted body airbrush and skin that looks and feels intensely toned and refreshed. Choose a localised treatment for 30mins:

Arms, Hips & Thighs, or Abdomen



FACE & SCALP

Glow Business – 15mins - €30

A burst of brilliance stuffed full of anti-oxidants, algae and richly active minerals to give the skin a blast of life force. To wake cells up and get them turning over. Your face will be the life and soul of any party.

Frangipani Hair and Scalp Massage 15mins – €30

This scalp massage is so blissful it should be illegal. Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading invigorates and clears your head. We can either make you float like a butterfly or sting like a bee. You choose.

Outdoor & Speed Spa Treatments

Enjoy the revolutionary ELEMIS SPEED SPA treatments or one of the ELEMIS Massages in the comfort of the Nikki Beach Pool Gazebos. 'Minimum Time, Maximum Results' is the motto of these treatments that will give your skin an incredible glow and your body a quick boost.

MASSAGE

ELEMIS Freestyle Deep Tissue Massage – 30mins - €60

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

Neck & Shoulder Massage - 15mins - €30

A neck and shoulder reviver designed to sweep you off to the land of eased muscles and calm thoughts. Tease out those knots and tease out those tensions with a combination of the most magical massage techniques from around the world.

EYES AND NECK

Feast your Eyes – 15mins - €30

Give puffy eyes their marching orders with this instantly reviving eye treatment. A warm Rosewood compress, and intensive eye mask rehydrate, soothe and lift, while you zone out with a de-stressing hand and arm massage. See the world through new eyes.

Save Your Neck – 15mins - €30

Make sure your neck is running a tight ship with this targeted toning treatment. We will help the muscle to firm up, while the Arjuna-infused jowl and chin mask lifts and tightens for super-sleek contouring. People will wonder what you've done. If you have been partying the night before, this is the perfect quick treatment.

HANDS AND FEET

ELEMIS Garden of England Rose Restore Hand Treatment – 30mins - €30

Hand massages are alarmingly relaxing. And this is the last word in conditioning, restorative, anti-ageing hand treatments. Targeting age spots and dryness, you'll waft out with the softest little paws and a blissed-out smile on your face.

ELEMIS Best Foot Forward – 30mins - €40

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Feet are left nourished, soft and smooth.

*Receive one of the ELEMIS 15min treatments for Free, when you purchase two ELEMIS products at the spa (one to be skincare).



RITUALS

This range of expertly curated ELEMIS packages is designed to deliver focused results, relaxation and restoration. Each package speaks to whatever you need, whenever you need it.

AFTER PARTY SPA RECOVERY RITUAL 1hr - €100

This is the perfect hangover treatment. It will help you recover sleeping time and bring your body and skin back to the best glow. The Ritual starts with an ELEMIS Deep Tissue Back Massage with the Cellutox Active Body Oil that is high in concentration of Juniper and Lemon and eliminates toxins, a powerful synergy for uplifting the body and spirit. Then you are treated to an ELEMIS Booster Facial, a superfood and mineral-packed wonder-child of ELEMIS' innovative nature-meets science philosophy. This feeds every layer of the skin and you should expect a good, healthy glow. Keep this radiance and hide the late party hours with the ELEMIS Pro-Collagen Hydra Gel Eye Masks and the ELEMIS Pro-Radiance Illuminating Eye Balm for Women or Anti-Fatigue Eye Gel for Men.

TARGETED DETOX & RE-SHAPE 2hrs30mins - €280

This is a complete Top to Toe Detox Ritual. Targeting fluid retention and cellulite with the ELEMIS Thousand Flowers Detox Wrap, following with the ELEMIS Targeted Toning Tightener either on hips, arms or abdomen. This exquisite Ritual finishes with the revolutionary ELEMIS Pro-Definition Lift and Contour Facial that will restore the architecture of your skin. This is the perfect afternoon, pre-dinner treat that will re-unite all your senses. Continue your rituals at home with the ELEMIS Cellutox Active Body Oil and the ELEMIS Body Detox Brush.

DEEP RELAX & TONE 2hrs30mins - €240

This Ritual will transport you to a Spa Heaven and will ease any muscle tension. You are treated to an ELEMIS Deep Tissue Full Body Massage with the ELEMIS Musclease Active Body Oil, rich in Rosemary that will invigorate and tone your muscles. Then you will be spoiled with the ELEMIS hero facial, Pro-Collagen Age-Defy for a beautifully nourished, younger looking skin. The finishing touch will be the ELEMIS Best Foot Forward treatment where your lower legs and feet will be exfoliated, bathed and massaged. This is a real holiday Spa treat to yourself or a loved one. Continue your rituals at home with the ELEMIS best-seller, Pro-Collagen Marine cream and the ELEMIS Frangipani Monoi Body Oil.

SKIN FINTESS 1hr45mins - €200

This package is all about keeping your skin fit and healthy. You will enjoy an ELEMIS Intensely Salt Scrub for velvety soft skin and then treated to an ELEMIS Deep Tissue Back Massage to ease any muscle tension in the lower back, shoulders and neck. The third step will be the ELEMIS Superfood Pro-Radiance facial for smoother, plumper and luminously radiant skin with the addition of the ELEMIS Neck Treatment that will help the muscles to firm up giving you a plumper, sculpted, youthful effect. Continue your rituals at home with the ELEMIS Frangipani Monoi Salt Glow and the ELEMIS Pro-Radiance Illuminating Flash Balm.



WAX AWAY

Full Leg/Half Leg 30mins - €30 / 15mins - €15

Full Arm/Half Arm 30mins - €30 / -15mins - €15

Under Arm 10mins - €15

Bikini Line 15mins - €20

Brazilian 20mins - €30

Full Bikini 30min - €40

Chest 20mins - €15

Belly 15mins - €15

Shoulders 15mins - €20

Back 30mins - €30

Lower Back 15mins - €15

Full Face 30mins - €30

Upper Lip 15mins - €15

Eyebrows 20mins - €15

NIKKI TONE

TONE

Bring your party mood from The Beach Club at Nikki Tone and enhance your overall health, fitness and well-being. Our modern equipped gym keeps your energy levels high.

Hotel Residences have complimentary use of the Tone facilities.



HOW TO SPA & SPA ETIQUETTE

NIKKI TONE OPENING HOURS

Monday to Sunday 08:00 – 20:00

NIKKI SPA OPENING HOURS

Monday to Sunday 11:00 to 20:00

SCHEDULING AN APPOINTMENT

To schedule an appointment for your perfect treatment, please contact our reservations team who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend to book in advance. All spa treatments and packages will need to be guaranteed with a credit card.

ARRIVAL TIME

We recommend you arrive up to 15 minutes in advance of your treatment so that you can change and complete a Spa Consultation Form. Please be advised that late arrivals will result in a reduction of treatment time. The spa will provide luxurious towels, robes and slippers and any amenities required for use during your spa visit.

NIKKI TONE

A state-of-the-art gym equipped with Life Fitness cardio vascular and strength machines and free weights area. Personal trainers are on hand to help you prepare for sporting events, specific goals or assistance with the creation of a life-changing fitness routine.

CHILDREN'S POLICY

We are delighted to offer treatments for children under 16 years old however they must be accompanied by an adult for the whole duration apart from manicures and pedicures taken in the Nail Bar. Please contact Spa reservations team for details on treatments available for our young guests. Access to the rest of the spa including the changing facilities, spa and heat experiences and gym are restricted to over 16's.

CANCELLATION POLICY

A 50% charge will be incurred for any treatment not cancelled at least 24 hours prior to your scheduled time. Late arrival will shorten your treatment time.

SPA ETIQUETTE

Our spa environment is one of relaxation and tranquility. Please respect all spa guests' right to privacy and serenity. In light of this, the spa is a mobile phone, Blackberry, pager, camera and smoke free zone.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

PREGNANCY

We have specially designed treatments for expectant women or nursing mothers. Please allow our spa team to guide you in selecting which treatments are most suitable during this special time.

HOMECARE

To continue your spa experience at home, most ELEMIS products used in our treatments are available at Spa reception.

VALUABLES

Nikki Spa accepts no responsibility for loss of valuables and jewellery at any time on the spa premises.

LOST PROPERTY

All lost & found property should be handed in Security & Safety Department. Non valuable items should be handed in House Quality Department. The valuable items will be stored for three months; the non-valuable items will be stored for two months.

PRICES

All prices are quoted in Euros and are subject to change at any time. Gratuities are not included and are welcomed at your discretion.