

LA PRAIRIE SIGNATURE CAVIAR BODY

An immersion in pure luxury and absolute wellness. Designed to firm and tone the skin, this relaxing, tension-releasing, nourishing massage is based on La Prairie's iconic line: The Caviar Collection, a rich source of pure marine protein, omega-3 and amino acids, designed to leave you glowing with health and a deep sense of wellbeing. 50 minutes / €160

TUSCAN ESCAPE MASSAGE

Escape from your hectic life rhythm and immerse your body and soul deep in the peaceful Tuscan countryside to restore your balance for a rebirth. Weather you choose to slow down and rest or reawaken and energize, this massage will make you feel completely rebalanced. The healing and harmonizing power of Tibetan bowls, used at the beginning and at the end, is combined to a full body massage that will enhance the effect that you have previously selected with the help of your therapist. A signature drink prepared by our barman will maximize the effect of your Tuscan Escape. Perfect after a long journey to remove jet-lag effects, this massage is also recommended at the beginning of your Rosewood Castiglione del Bosco experience to fully harmonize your body and soul to this magical place. This treatment features 2 different effects: you can choose to slow down and rest or to reawaken and energize, based on your body and mind needs.

Please note that the treatment requires at least 30' notification before it starts.

80 minutes / €210

ESSENCE OF TUSCANY MASSAGE

The spa's signature massage will immerse you in Tuscan goodness, offer a warm caress of naturally-derived oils that fill the air with Tuscan scents, and extend a gentle stroke of small soft linen bags that echo the aromatic notes of the selected oil. In the profoundly holistic approach of having our blends of Tuscan essential oils appealing to your senses for a personalized effect, feel the stress of modern life dissolving while your muscles relax and your skin is infused with precious natural healing elements.

Please note that the treatment requires at least 1.5 hours notification before it starts in order to prepare the aromatic linen bags.

50 minutes / €160 or 80 minutes / €200

CLASSIC BODY MASSAGE

Designed to release tension and refocus your energy, this is a light or medium-pressure massage of long, kneading strokes that will stimulate circulation, relax muscles and calm both body and mind. Deeply healing and intensely holistic, relying on the combination different blends of natural essential oils and the gentle vapors of our naturally-derived essences, chosen by you to awaken the senses through their intense aromas.

50 minutes / €150 or 80 minutes / €190

DEEP TISSUE MASSAGE

This deep tissue massage relieve muscle tension, increase tone and bring new energy. Tailored to individual needs, it shares with our massages a healing, holistic focus, in which the vapors of Tuscan essences help to awaken the senses and energize mind and body with a personalized approach.

50 minutes / € 160 or 80 minutes / €200

MADE TO MEASURE MASSAGE

Sometimes a massage needs to target one specific area of tension. In consultation with your massage therapist, this bespoke massage can be designed to relax, energize – whatever it takes to restore health and harmony relying on the aromatic vibrations of the natural Tuscan essences of our products. Our selection of aromatic lotions combined with the vapors of the Tuscan blends, beckon a personalized response to each individual need.

20 minutes / €90 or 50 minutes / €160

DRAINING MESSAGE

A gentle massage to stimulate the lymphatic system, relax and energize with slow strokes. Designed to improve circulation, increase the elimination of toxins and excess fluids while firming and toning specific areas of the body. Personalized to individual requirements, it relies on the use vitamins and natural extracts with draining and shaping properties while inebriating your mind with Tuscan fragrances.

50 minutes / €160 or 80 minutes / €200

MOM & MOM-TO-BE MASSAGE

Designed to comfort and relax before or after pregnancy, this gentle pamper is a natural caress to relieve body discomforts, relax and soothe tense and tired muscles, improving circulation and general body tone. With elasticizing properties, the naturally-derived oil will restore the skin elasticity preventing and contrasting stretch-marks.

When booking your appointment, please note you must at least be in your second trimester to receive a Mom-to-be massage.

50 minutes / €160 or 80 minutes / €200