GRILL MENU



APPETISERS

Bluebell Falls Goats Cheese V €8 Golden crumbed, pickled spring vegetables & rocket salad

Bang Bang Chicken COA €8 Lightly battered chicken, chilli dressing & mixed leaves

Salt and Chilli Squid €8 Mixed leaves & garlic aioli

Hamptons Prawn €10 & Apple Cocktail COA With crisp salad, avocado, apple, bloody Mary dressing & pumpkin seed brown bread **Home Made Duck Spring Rolls** €8 With dark soya & sweet chilli syrup

Carpaccio of Beef C €12 Thinly sliced raw beef, rocket, parmesan & light dressing

Very Healthy Salad V C €7 Arabic style pearl cuscus, broccoli, almonds & mandarin dressing

Liscannor Bay Chowder COA €7 With our unique, pumpkin seed brown bread Hampton's Sticky Wings 68 Our own special, sweet & spicy glaze & blue cheese dip

Classic Caesar Salad €7 Baby gem, bacon, croutons, aged parmesan, & caesar dressing

Knife & Fork BBQ Ribs $C \in 8$ Fall off the bone pork ribs our own blended hickory sauce & creamy slaw

Seared Local Scallops C €13 Cauliflower puree, peppered mandarin & black olives Organic Duck Liver Pate COA €8 Toasted brioche, red onion relish, lambs leaf & port reduction

Satay Marinated Chicken Skewers C €8 Marinated peppers, lemon, chilli & coriander syrup

Smoked Salmon COA €12 Caprice dressing, seasoned leaves & our own pumpkin seed brown bread

Smoked Haddock & Cod Fish Cake €8 Warm chorizo, caper salsa & organic leaves

FROM THE SEA

Pan seared fillet of Halibut C €24 Sicilian style cauliflower, black olive & soil port reduction

Pan Seared Sea Bass C €19

With roasted red pepper sauce, long

stem broccoli, celeriac & potato cake

Dulin Bay Prawn Scampi C €21 Chunky tartar sauce & Hamptons fries

Oven Roasted Atlantic Salmon €20 Sundried tomatoes, Kalamata, olives, crushed

King Prawn Curry C €21 Red coconut curry served with basmati rice

Tempura Monkfish COA €21 Asian slaw salad, Hamptons sweet & sour dipping sauce, sweet potato fries



JOSPER FLAME GRILLED MEATS

10oz Black Angus Sirloin Steak C €26 30 day dry aged from O'Connors Farm, Limerick. Served with Portabello mushroom, confit tomato, onion ring, peppercorn & brandy sauce Choose From:

Garlic Potatoes, Hampton's fries or creamy mash potato

10oz Prime Angus Fillet C €30 30 day dry aged from O'Connors farm, Limerick

Slow Braised Lamb Shank C €17 Served on whipped potatoes, lightly creamed Savoy cabbage and red wine jus Roast Fillet of Pork C €17 Colcannon potato, apple compote & port wine jus

Hamptons 10oz Gourmet Bearnaise Burger COA €16 Sauteéd mushrooms topped with bearnaise sauce & Hamptons fries

20oz Mohawk Steak C €36 30 day dry aged from O'Connors farm, Limerick Honey & Thyme Glazed €19 Half Roast Duck

Creamed potatoes, roasted carrot & parsnips with a cherry port jus

Morroccan Style Lamb Kebabs C €24 Roasted mediterranean veg, taziki & golden pearl cuccus

> **10oz Rib Eye Steak** C €25 30 day dry aged from O'Connors farm, Limerick

Hamptons Hickory Burger COA €16 Vintage cheddar cheese, bacon, specially blended tomato relish, onion ring,

fries & burger salad garnish

12oz Milk Fed Veal Cutlet C €27 Beetroot salad, confit tomato, onion ring & red wine jus

20oz Double Fillet Steak C €60 For 2 persons sharing

All our meat dishes are served with Portabello mushroom, confit tomato, onion ring, peppercorn & brandy sauce



HAMPTONS CLASSICS

Knife & Fork BBQ Ribs C €18 Served with Hampton's fries and slaw 30 day dry aged from O'Connors farm, Limerick Red Coconut Chicken Curry C €17 Naan bread & steamed rice Bang Bang Chicken COA €17 Wok tossed chicken, lightly battered with stirfried oriental vegetables, chilli dressing served with Hampton's fries or Steamed rice Hamptons Chicken Kiev C €17 Herb crusted chicken breast, garlic butter, pomegranate salad & sweet potato fries

VEGETARIAN ENTREES

Oriental Noodle Stir-fry €17 Oriental veg cooked in a sweet & spicy sauce Red Coconut Vegetable Curry C €17 Naan bread & steamed rice Chefs Pasta of the Day €16See todays specials board

· SIDES

Hamptons Truffled Fries €5

Onion Rings €4

Garlic Potatoes €4

Creamed Potatoes €3

Steamed Greens €4

Hamptons Fries €4

Grilled Asparagus €4

Creamed Spinach €4

Rocket & Parmesan Salad €4

Honey Roasted Carrot & Parsnips €4

ALLERGENS

Some of our menu items contain allergens, and some may contain nuts. If you have any dietary requirements, or require further information on our ingredients, please ask a member of our customer service team.





RESTAURANT | GRILL ROOM | PRIVATE DINING

STARTER | MAIN COURSE | DESSERT



Bluebell Falls Goats Cheese V

Golden crumbed, pickled spring vegetables & rocket salad

Bang Bang Chicken COA

Lightly battered chicken, chilli dressing & mixed leaves

Home Made Duck Spring Rolls

With dark soya & sweet chilli syrup

Today's Soup COA

Soup of the day with our homemade pumpkin seed soda bread

Hampton's Sticky Wings

Our own special, sweet & spicy glaze & blue cheese dip

Classic Caesar Salad

Baby gem, bacon, croutons, aged parmesan, & caesar dressing

Organic Duck Liver Pate COA

Toasted brioche, red onion relish, lambs leaf & port reduction

Satay Marinated Chicken Skewers C

Marinated peppers, lemon, chilli & coriander syrup

APPETISERS FROM THE SEA

Liscannor Bay Chowder COA

With our unique, pumpkin seed brown bread

Smoked Haddock & Cod Fish Cake

Warm chorizo, caper salsa & organic leaves

Hamptons Prawn & Apple Cocktail COA

With crisp salad, avocado, apple, bloody Mary dressing & pumpkin seed brown bread



Pan Seared Sea Bass C

With roasted red pepper sauce, long stem broccoli, celeriac & potato cake

Oven Roasted Atlantic Salmon Sundried tomatoes, calamata, olives, crushed new potatoes & mediterranean salsa

Tempura Monkfish COA

Asian slaw salad, Hamptons sweet & sour dipping sauce, sweet potato fries



10oz Black Angus Sirloin Steak C

€3 supplement

30 day dry aged from O'Connors Farm, Limerick. Served with Portabello mushroom, confit tomato, onion ring, peppercorn & brandy sauce

Choose From: Garlic Potatoes, Hampton's fries or creamy mash potato

Peppered Pork Fillet C

Clonakilty black pudding mash, apple compote & port wine jus

Honey & Thyme Glazed **Half Roast Duck**

Creamed potatoes, fine herb stuffing & cherry port jus.

Hamptons Hickory Burger COA Vintage cheddar cheese, bacon, specially

blended tomato relish, onion ring, fries & burger salad garnish

Bang Bang Chicken COA

Wok tossed chicken, lightly battered with stir fried oriental vegetables, chilli dressing served with Hampton's fries or Steamed Rice

Knife & Fork BBQ Ribs C

Served with Hampton's fries and slaw

THE

Slow Braised Lamb Shank C

Served on whipped potatoes, lightly creamed Savoy cabbage and red wine jus

Red Coconut Curry C

Chicken or vegetable curry, naan bread & steamed rice

Hamptons Chicken Kiev C

Herb crusted chicken breast, garlic butter, pomegranate salad & sweet potato fries

Todays Vegetarian Pasta V

See today daily market specials board



SEAFOOD SPECIALS

(See Specials Board) Seafood specials available daily from Carrigaholt West Clare.

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V. Denotes vegetarian friendly dishes. C. Denotes coeliac friendly dish COA. Denotes coeliac friendly option available on this dish.



RESTAURANT | GRILL ROOM | PRIVATE DINING

HAMPTONS RESTAURANT | GRILL ROOM | PRIVATE DINING

Kids Menu

	APPETISERS	••••••
Todays Fresh Soup C Served with fresh wheaten bread or petit pan		€3
Chicken Skewers C Asian salad & a spicy satay sauceHomemade		€4
Home Made Duck Spring Rolls With dark soya & sweet chilli syrup		€4
Dublin Bay Prawn Cocktail C Fresh prawns with our own spicy cocktail sauce		€5

	DESSERTS	••••
2 Scoops of Hamptons Ice cream C Please choose from: Vanilla, Mint, Strawberry or Chocolate		€3
Chocolate Brownic	e C	€4

GRILLS & ENTREES 1/2 Chargrilled Sirloin Steak €9 Aged prime Irish rib sirloin chargrilled 'Knife & Fork' Barbecue Ribs C €9 Slow cooked, fall off the bone pork ribs with our smokey barbecue sauce **Hamptons Prime Classic Burger** €7 Ground prime Irish beef in our toasted brioche bun **Breaded Chicken Fillet Strips** €7 Served with Hamptons fries **Bang Bang Chicken** €9 Wok tossed chicken, lightly battered with stir fried oriental vegetables, chilli dressing served with Hampton's fries or Steamed Rice €9 **Grilled Chicken Supreme** Served with creamy mash & gravy Fish 'n Chips €8 Fillet of fresh haddock in our famous crispy batter PASTA DISHES Penne Pasta bolognese €8 Penne Pasta With Chicken €8 Served with brocolli and cream sauce **Baby Bowl** €3 Creamed potatoes, pureed carrots & roast chicken gravy