

a higher level

*USA Today - "Top 10 Best Hotel Spa
in the Nation" 2015 and 2016*

THE SPA at Loretto



Seek a higher level of inspiration.

Discover enlightenment & rejuvenation.

For centuries, travelers in search of a higher spiritual calling have been attracted to Santa Fe for its mystical energy.

Shaped by the many diverse cultures that have called this area home, Santa Fe encompasses an uplifting, rewarding experience for each traveler who today passes this way.

Feel the spirit at The Spa at Loretto, where a range of spa offerings include treatments, styles and ingredients honoring the different traditions that make up Santa Fe, as well as the utilization of indigenous plants of New Mexico and the Sangre de Cristo Mountains.

Come; soak in the splendor of Santa Fe at The Spa at Loretto and prepare for a journey that will satisfy the senses and soothe the soul.

for your Body

MASSAGE SERVICES

Mindful Massage

Our most popular massage using medium pressure and multiple techniques to focus on areas of stress or concern. Create a personalized spa massage experience that you and your therapist orchestrate.

50/80 minutes \$155/\$200

Elemental Massage

Unwind with this gentle, relaxing Swedish-style massage that improves circulation and vitality. Pressure can range from light to medium.

50/80 minutes \$145/\$195

Sacred Stone Massage

Surrender to the healing warmth of this ancient spa massage. Heated, smooth volcanic river stones penetrate the deeper layers of your muscles to take you to a new dimension of relaxation

80 minutes \$215

Sports Enthusiast Massage

A fit body is the most valuable equipment you can bring to your sport! Relieve tension, relax sore muscles and enhance your performance. Using a combination of medium pressure and stretching techniques, our therapists customize the massage focusing on the area most stressed by your sport. Light comfortable clothing may be worn.

80 minutes \$210

Dos Milagros

Two therapists, four hands = pure bliss.

50 minutes \$310

Asian Fusion Massage

A combination of ancient forms of Shiatsu, Thai and Balinese, this massage combines pressure point techniques with rhythmic stretching movements to promote balance and relaxation.

80 minutes \$210

Deep Tissue Massage

Facilitate muscle recovery with this medium to firm massage, designed for athletes in training. Not recommended for those new to massage or visiting high elevations as it may cause extended days of soreness.

80 minutes \$210

Mother-to-Be Massage

Share a moment of serenity with your baby. This massage will ease the discomforts that occur as your body changes. We request your physician's written consent.

50/80 minutes \$155/\$200

Sole Revival

Enjoy a gentle foot and leg massage created to relax and revitalize tired feet and legs. Disappear from the world while your therapist uses light to medium pressure and massage on the reflex points of the feet and lower legs. A perfect remedy for a day spent hiking or shopping.

50 minutes \$145

Couple's Massage

Our romantic couple's room is the perfect setting for two. See our Spa Coordinator to choose from a selection of spa massage rituals and experiences

Prices vary per selection.

EMBELLISHMENTS

Add to any massage, 30 minutes each

Intuitive Lifestyle Energy Work

Additional energy work to bring your massage to a deeper level of relaxation and healing.

\$85

Desert Sage Scrub

Add our signature scrub to any massage for a softening and uplifting experience.

\$85

Heavenly High Altitude Relief

Be surrounded in warm inhalation towels, enticing aromas and specific point work designed to alleviate symptoms of high altitude distress.

\$85

Sole Revival

Enjoy a gentle foot massage created to relax and revitalize tired feet and legs. Your therapist uses light to medium massage on the reflex points of the feet. A perfect remedy for a day spent hiking or shopping.

\$85

Head and Neck Bliss

...just another 30 minutes please! Focused massage work targeting tension in the head and neck.

\$85

Desert Quench Bliss

Head and Neck Bliss with the addition of a Shea butter and nutrient rich oil hair conditioner.

\$95

Soak

Immerse yourself in our beautiful oversized tubs infused with aromatherapy, rose petals and soothing salts.

Soak alone for \$35

or together with a loved one \$55

The Spa at Loretto's Aromatherapy Blends

Used for centuries to improve overall health and relieve tension, essential-oil blends can turn any massage into a fragrant indulgence. Choose from our house crafted oil blends: Earth, Fire, Water, Air or Spirit. **Does not add additional time to massage.**

\$10



for your Mind

BODY TREATMENTS

Signature Salt Glow

Customize your experience! Choose your favorite scent from our house crafted aromatherapy oils, blended tableside with sea salts known for detoxification and the reintroduction of valuable minerals to the body. A smoothing and uplifting experience.

50 minutes \$155

Milk & Honey Body Wrap

The ultimate in spa indulgences, includes a gentle exfoliating organic sugar scrub and a replenishing body mask of honey and coconut infused milk. Pure luxury!

50 minutes \$155

Café Olé

Need an energy boost? Awaken the senses and uncover smooth, glowing skin. Experience our robust Indonesian coffee scrub followed by a vitamin-rich body crème application.

50 minutes \$155

DAY PACKAGES AND RITUALS

“I Want it My Way” Spa Package

Perhaps it is balance you seek, or just a little relaxation. Maybe you need more energy or it's time for a complete de-stressing. With the “I Want it My Way” spa package you can create your very own personalized experience to achieve the benefits you desire. Group any three – 50 minute services together and receive 20% off your total treatment package price.

Restrictions apply.

Price dependent upon choices.

Sacred Journey

Sacred Stone Massage *80 minutes*

Signature Facial

Classic Manicure

Classic Pedicure

\$438

Peaceful Warrior

Sports Enthusiast Massage

Gentleman's Facial

Gentleman's Manicure

\$330

Javanese Lulur

Royal Spa Treatment

A regal preparation originating from the central palaces of Java, traditionally reserved for royalty. This ritual includes a scented soak in a luxurious porcelain tub infused with rose petals. A body smoothing gentle polish with turmeric, rice, jasmine and sandalwood, preparing the body for an authentic Balinese massage with its rhythmic and

soothing strokes. A beautiful ancient ritual filled with the exotic scents of jasmine and Frangipani

110 minutes \$275

Native Reflections Ritual

A New Mexico favorite! Begin this ritual with a sage clearing and Native American inspired blessing. Next, soak undisturbed in your ritual bath infused with sage oil. The experience continues with a Sacred Stone Massage using our house crafted Spirit Blend Massage Oil. A perfect signature spa experience created for leaving behind the stresses of the day and reconnecting with the earth and oneself.

110 minutes \$275

365 Minutes of Bliss – Beyond indulgence!

- **Native Reflections Ritual**

Sage clearing and blessing followed by a sage scented bath soak and Sacred Stone Massage.

- **Zen Flower Organic Facial**

Asian inspired organic facial treatment focused on relaxation, marma point massage, and glowing radiance.

- **Milk and Honey Wrap**

Gentle exfoliating organic sugar scrub and replenishing body mask of whole milk and honey.

- **Loretto Manicure & Pedicure**

Luxurious and Pampering! Scrub, buff, massage and healing paraffin in our zero gravity chairs. Choose one (or

more) of our fabulous natural nail colors for a perfect finish!

- **ChakraBalancing**

Feel balanced, relaxed and refreshed. A selection chosen from our menu of intuitive lifestyle treatments as an introduction to a subtle, yet powerful form of energy healing.

365 minutes \$775

DESIGNED FOR COUPLES

Corazones en Fuego

Hearts on Fire

Rose Petal Bath for two
Couple's Mindful Massage *50 minute*
Organic Desert Glow Facial for two
Spa Manicure for two
\$650 per couple

“Heels Over Head” Ritual for the Couple's Sole

Enjoy a luxurious ritual with a loved one in our healing zero gravity chairs. Imagine soaking your tired feet in a copper basin filled with warm water, detoxifying salts and rose petals. Recline back and enjoy a gentle foot and leg massage to nourish the spirit, revitalize the body and soothe the mind. Warmed by a richly textured blanket and a lavender scented eye pillow, disappear from the world while your therapist uses pressure and massage on the reflex points of the feet. Experience it with someone you love!

\$290 per couple

for your Soul

INTUITIVE LIFESTYLE

For these services please wear loose, comfortable clothing.

Astrology

Using the time and place of your birth, our astrologer interprets patterns and tendencies, and offers insights into your life. Birth date, birthplace and time of birth needed 24 hours prior to appointment.

50 minutes \$145

Reiki

Reiki is a Japanese healing technique that attunes the energy flow within the body and allows for one's own natural healing processes to occur. This is a subtle light-touch modality, not a traditional massage.

50 minutes \$145

Cranial Sacral

Very subtle work focused on increasing the flow of cerebrospinal fluid through the head and spine. Beneficial to people who suffer from headaches, chronic neck pain, chronic fatigue and problems related to stress and tension. This is a light-touch modality, not a traditional massage.

50 minutes \$145

Chakra Balancing

According to Tantric tradition, everyone has seven energy centers that serve as junction points between the body and spirit. These spinning vortices, called chakras in Sanskrit, receive and express our vital life energy. Feel balanced, relaxed and refreshed. This is a subtle light-touch modality, not a traditional massage.

50 minutes \$145

Sage Vision - Intuitive Reading

Seeking clarity and support in soulful, purpose-based living? Need assistance in navigating challenging or transitional situations? Consult with Lynsey for an **Intuitive Reading**. Come away with a renewed sense of focus and empowerment, and a deepened appreciation for the wisdom and meaning of your unique Soul path.

50 minutes \$145

FACIALS

The Spa at Loretto's Signature Organic Facial

Using 100% natural and organic products, this customized facial treatment will take you into a complete mind, body and soul experience. Plentitude and calm will be restored by beginning this facial with a relaxing back massage. A facial treatment, specifically designed to release tension and restore balance, helping your skin rediscover its natural, healthy glow.

80 minutes \$205

Zen Flower Facial

Asian inspired organic facial treatment focused on relaxation, marma point massage, and glowing radiance. Rarely does a facial treatment offer such a tranquil, harmonizing and meditative experience.

80 minutes \$205

Renew OxyGeneo™ Facial

– Loretto exclusive!

A Spa at Loretto break through facial treatment delivering immediate results. This technologically advanced facial is designed to deliver visible results after a single treatment. Combining patented technologies with a power-packed “3 in 1” combination that exfoliates, oxygenates and infuses. Gently removes impurities while infusing oxygen and light
50/80 minutes \$195/\$265

Desert Glow Organic Facial

Discover the European secret for beautiful skin. This pampering treatment includes a soothing facial massage, deep pore cleansing and customized serums and masks.
50 minutes \$155

Gentleman’s Organic Facial

Designed specifically for men, this European-style spa treatment soothes skin irritated by daily shaving and environmental aggressors.
50 minutes \$155

Soul 2 Sole

Combine our Desert Glow Facial and our Sole Revival foot massage and allow your senses to soar. Two skilled therapists and two amazing treatments done simultaneously. This is a true delight. A favorite for a special occasion
50 minutes \$300

FACIAL EMBELLISHMENTS

Gentle Vision Eye Treatment

Include a penetrating eye treatment with any facial to smooth fine lines, brighten dark circles, reduce puffiness or quiet redness.
\$65

Heavenly High Altitude Relief

Be surrounded in warm inhalation towels, enticing aromas and specific point work designed to alleviate symptoms of high altitude distress.
\$85

NAIL SERVICES

Classic

Scrub, buff and polish!
For those on the go!
Manicure \$49 / Pedicure \$79

Spa Select

A softening paraffin twist on the classic.
Manicure \$69 / Pedicure \$99

Gentlemen

Show up for your busy lifestyle with a groomed finish!
Manicure \$49 / Pedicure \$79

Loretto Manicure and Pedicure

The Ultimate Indulgence for your feet and hands! Contact our Spa Specialists for more info.
Manicure \$79 / Pedicure \$109

We provide natural nail services only ~ sorry no gels, shellac or acrylics.

ABOUT YOUR SPA VISIT

Scheduling

To secure your desired time, make your reservation early. We require a minimum of 4 hours notice to change or cancel any appointments. Please mention any coupons or special offers you have at the time of service.

Cancellation Policy

To avoid cancellation charges, we require 4 hours notice. Cancellations or changes made outside of our policy and “no shows” will be charged full price of the service.

Punctuality

If you arrive late for your service, your treatment may be modified. All treatments end on time so that the next guest will not be inconvenienced.

Upon Arrival

Please arrive five to ten minutes prior to your appointment time. If you are a hotel guest, we

recommend that you use the robe and slippers provided in your guest room and leave your personal belongings behind. To ensure the comfort of all of our spa guests, please leave your cell phone behind or on silent mode.

During Your Visit

To get the most out of your treatment, communicate with your therapist. Your comfort and enjoyment are most important to us, so let us know if you have concerns about depth of pressure, the temperature of the room, music volume or other issues. During treatments, you will be draped appropriately for privacy.

For Your Convenience

Please allow us to add a 20% gratuity to your services. This is distributed entirely amongst your service providers. Inform us before processing payment if you would like to add an alternative amount. All treatment and package prices are posted without taxes and gratuities.



**Open 9:00 am – 8:00 pm Tuesday through Saturday
9:00 am – 6:00 pm Sunday and Monday**