

FRESH START

SUPERFOODS*

Powerfully paired – Our delectable superfoods dishes pair wholefoods to boost their benefits and their flavors. Antioxidant rich and naturally low in calories, our tempting selections make healthful meals impossible to resist.

BLUEBERRY BANANA SMOOTHIE
Made with soy milk, honey, all natural granola brittle €7,00

STEEL CUT CINNAMON SCENTED OATMEAL
Sliced banana, pecans and drizzled with honey €12,00

ALL NATURAL GRANOLA, LOW FAT YOGURT AND BERRIES
Enhanced with flax seeds and almonds €9,00

SMOKED SALMON SILKY TOFU AND AVOCADO**
Toasted bagels, micro greens, grapes, tomatoes €13,00

EGG WHITE OMELET, BROCCOLI AND CHEDDAR**
Tomatoes, crisp hash browns or salad €13,00

FRUITS, JUICES & YOGHURTS

Selection of freshly sliced fruits €8,00

Fruit salad €6,00

Fresh orange juice 0,1l €4,30

Fresh grapefruit juice 0,1l €4,30

Different fruit juices 0,1l €3,00

Smoothie Shot €2,00

Plain yoghurt with fruits €6,00

Actimel or Activia €3,00

BREADS & PASTRIES

Two bread rolls €3,00

Two danish pastries €3,00

Two croissants €3,00

CEREALS

Bircher muesli €6,00

Muesli €5,50

Cornflakes €5,50

SIDE ORDERS

Porridge €5,50

Five grilled sausages €4,00

Selection of cheese €8,00

Selection of ham and cold cuts €8,00

Portion of smoked salmon €8,00

Portion of honey or jam €1,50

Portion of nutella or philadelphia €1,00

BREAKFAST ENTRÉES

CONGEE
with crullers €9,00

AMERICAN BREAKFAST BUFFET
please help yourself from our extensive choice €31,00

ESSENTIALS
fresh orange juice 0,1l, two croissants with butter and a choice of jam, coffee or tea speciality €16,00

CONTINENTAL BREAKFAST
fresh orange juice 0,1l, selection of bread rolls and croissants, small selection of ham and cheese, different jams and butter, coffee or tea speciality €22,00

SMALL BREAKFAST
coffee or tea speciality with pastry and jam €9,50

ONE EGG
boiled €3,00

TWO EGGS
poached, with toast €7,00

TWO EGGS
as fried egg, scrambled egg or omelette €7,00
with ham or bacon, with tomatoes or mushrooms €9,50

COFFEE & TEA

Cup of coffee €3,00

Pot of coffee, tea or hot chocolate €6,00

Cappuccino, Café Latte, Latte Macchiato €4,00

Espresso €3,50

*"These nutritional powerhouse foods can help extend your health span – the extent of time you have to be healthy, vigorous and vital." – Dr. Steven Pratt, author of SuperFoodsRx: Fourteen Foods That Will Change Your Life.

**Consuming raw or undercooked meats, seafood, shellfish, or eggs may increase your risk of food-borne illness.