

THE RITZ-CARLTON SPA



THE RITZ-CARLTON®
DOHA

Immerse yourself in a unique spa journey, where the elements of the sea and desert create the perfect environment for a truly peaceful spa experience. Using a fusion of traditional Arabic principles, Asian traditions and progressive European concepts, this day spa at The Ritz-Carlton, Doha provides a natural respite from the day's cares. Step into a haven for the inner and outer self; an unparalleled retreat that promises relaxation and restoration of the body, mind and spirit.

FACIAL TREATMENTS

Radiance Facial priced at QR 600

Deep Purifying and Stabilizing. This detoxifying and balancing facial is tailored to deep cleanse, purify and nourish your skin by stimulating its natural defenses. This treatment reduces the skin shine and controls troubled acne conditions. After treatment, your complexion will recover its radiance and your skin will be hydrated and toned.

Duration of the treatment is 90 minutes

Sanctuary Facial priced at QR 580

Oxygenating. A cocktail of minerals, seaweed and high concentration of hydrogen peroxide actively infuses oxygen to the skin. Our facial treatment is inclusive of a hand and scalp massage to simply revitalize and calm the senses, leaving you feeling totally relaxed and rejuvenated.

Duration of the treatment is 75 minutes

Sheer Cure Facial priced at QR 580

Age defining. This ultimate facial treatment is a complete beauty cure that restores, hydrates, eliminates signs of fatigue, enhances the texture of the skin tone and provides a luminous, radiant and glowing complexion. Relax and enjoy this anti-ageing cutting-edge facial experience, which will magnify the sense of well-being, while your skin feels velvety and smooth.

Duration of the treatment is 75 minutes

Ultimate Infusion Facial priced at QR 580

Vitamin C. Turn back time and transform your skin with this intensely and powerful antioxidant facial treatment that will help you neutralize the damaging effects of free radicals, stress and sunlight. Using a sequence of timeless anti-ageing techniques integrated with the power of Vitamin C facial skincare line, this treatment is designed to reawaken the skin's natural healing energies, by providing exceptional luminosity, firmness and elasticity to your skin.

Duration of the treatment is 75 minutes

Visible Brilliance Facial priced at QR 550

Sensitive. The indulgent facial to calm and soothe your skin care worries away. Relax and enjoy this serene experience which rebalances sensitive, irritated and reactive skin types.

Duration of the treatment is 75 minutes

The Ritz-Carlton Spa Massages

Welcome to The Ritz-Carlton Spa in Doha. A place for you to replenish, revitalize and restore your health and well-being through massage and aromatherapy. After your massage, you will feel relaxed and uplifted, ready to return to the daily life with renewed energy, well rejuvenated with a restored sense of well-being.

The Ritz-Carlton Signature Massage

A tension relieving massage, featuring a signature combination of personalized Ritz-Carlton massage techniques (pressure point, Swedish and deep tissue) that works deep into the tensed and tired muscles, this massage will ease your stressed and sore spots and will improve circulation. Excellent for those with hectic lifestyles as well as it is an ultimate relief and relaxation.

90 minutes / QR 600

60 minutes / QR 480

30 minutes / QR 280

Sports and Fitness Massage

Designed for physically active individuals, this type of massage is a focused and detailed therapy, which combines deep tissue techniques, range of motion and resistance work to promote healing and injury prevention associated with exercise.

90 minutes / QR 700

60 minutes / QR 600

Sensory Foot Massage

In unparalleled luxury, experience the deeply relaxing ritual of an authentic, traditional Foot Massage. This ancient art of healing applies pressure to the reflexology points on the tired feet to release tension, reduce fatigue, and improve physical balance to the entire body and making you feel like you're walking on air

30 minutes / QR 300

Revitalizing Head Massage

This is an ancient pressure point massage based on the traditional technique of a head massage that has been practiced in Asia for over three thousand years. By utilizing the ultra-rich, high conditioning and moisturizing signature blend of hair treatment oils and masks, together with strong pressure point massage and friction movement, this sublimely relaxing head treatment will release uncomfortable toxins on the scalp and helps to eliminate headaches & eyestrain.

30 minutes / QR 280

Special Package

This beautiful relaxation ritual incorporates a foot bath to begin the sensory journey, followed by a full body relaxation massage and facial. Experience the best of both worlds.

60 minutes facial and

60 minutes Ritz-Carlton massage / QR 800