



# SPA MENU

THE SPA  
at  
THE RITZ-CARLTON, ARUBA

## MASSAGES

### THE RITZ-CARLTON SIGNATURE MASSAGE

50 minutes \$150

80 minutes \$195

Cold pressed coconut oil from the island is used for this treatment

### DEEP TISSUE /SPORTS MASSAGE

50 minutes \$170

80 minutes \$235

### ARUBA DIVI DIVI MASSAGE

80 minutes \$210

This massage has unique techniques created by the therapists of The Ritz-Carlton, Aruba. Movements from a variety of different disciplines are blended together to improve circulation, enhance relaxation, and stimulate healing. Combined with the massage oil derived from the local Divi Divi tree - known for its astringent attributes - this treatment is an experience like no other.

### BLACK STONE MASSAGE

80 minutes \$210

For this treatment dark smooth warm stones are used to create a sense of balance and tension relief. It is suited for people who have muscle tension but prefer a lighter massage. The heat relaxes muscles, allowing the therapist to work the muscles without using deep pressure.

### JET LAG MASSAGE

80 minutes \$230

This aroma escape will get you back on track in no time. We combine a 50 minutes Rosemary Aromatherapy Massage with 30 minutes Reflexology to bring mind and body back in sync. A wonderful relaxing way to start your vacation.

### TROPICAL WAVE MASSAGE

50 minutes \$260

A full body treatment performed by two therapists working simultaneously, creating a choreographed dance on your back, legs, neck and your entire body.

### REFLEXOLOGY

25 minutes \$85

Firm pressure to specific points on the feet and hands that correspond to every gland and organ of the body make up this rejuvenating treatment.

### Pregnancy Massages available

Massage enhancements

\$25 (no extra time added)

Black beach stone (tension relief)

Chamomile scrub (back, feet or hands)

Moroccan oil scalp massage Yoga balm application for any aches and pains.

Book your hair appointment / wash & blow after your massage or facial and receive 20% savings

## BODY RITUALS

### MOROCCAN OIL BODY POLISH

50 minutes \$150

Made with natural orange peel, argon oil, sunflower oil and sweet almond oil, this exfoliation will polish away dead skin cells and instantly transform your skin. This treatment will rejuvenate the skin with its intense moisturizing ability for stunning results.

### WATER AND EARTH BODY RITUAL

50 minutes \$195

Invigorating chamomile exfoliation removes mature skin cells, leaving the skin refreshed. Then an application of Black Mud for hydration is performed immediately calming and soothing the skin. Enjoy a relaxing scalp massage with capula lotion while wrapped in a comforting cocoon.

### ARUBA HONEY HARVEST BODY TREATMENT

110 minutes \$320

This ritual includes a natural honey exfoliation, a body mask-like wrap of bee wax and jasmine flowers, followed by a massage with jasmine extract. We use a locally derived honey.

## NAIL SERVICES

### MANICURE

35 minutes \$45

Receive a pampering heightened with exfoliation and moisturizing, followed by an unforgettable massage and concluded with polish or buff.

### PEDICURE

50 minutes \$65

Receive a pampering heightened with exfoliation and moisturizing, followed by an unforgettable foot massage and concluded with polish or buff.

### ARNICA FOOT RESCUE

50 minutes \$85

Rescue your tired and achy feet with an arnica foot soak. For this treatment natural ingredients are used: Arnica, Calendula and Chamomile. Our arnica based foot massage will leave your feet feeling sensationally soft.

Nail enhancements \$25 Gel polish Paraffin Additional massage 15 minutes  
Fun organic teens' manicures and pedicures available.

## SUNBURN TREATMENT

### MI TA KIMA

50 minutes \$165

Using a water lily based emulsion your sun burned sensitive skin receives this soothing wrap. While laying comfortably in this cocoon like wrap healing is expedited and you can get back to enjoying the beach in no time.

## FACIAL THERAPY

### FORCES OF NATURE FACIAL

50 minutes \$150

80 minutes \$210

This ultimate experience is completely customized to your specific skin type, needs, and concerns using only the finest certified organic skin care products for face, neck and décolleté. Just inform our therapist of your specific preferences and she will assist you with a specifically for you customized facial that will treat all needs from anti-aging, sensitivity, discoloration and dehydration to fight the forces of nature.

### HIS ARUBAN FACIAL

50 minutes \$150

Tailored especially for men, this hot towel facial does a deep cleansing of the pores and is designed to alleviate shaving irritations. Followed by a relaxing face, shoulder and scalp massage your escape will be complete. Shaving is not recommended prior to this service.

Facial Enhancements \$25 (no extra time added)  
Moroccan Oil Scalp Massage  
Chamomile hand or foot scrub  
Recover Intense Hydro Mask

Book your hair appointment/wash & blow, after your massage or facial and receive 20% savings.

## HAIR DESIGN AND SALON TREATMENTS

### MAKE-UP

Hair coloring for ladies and gentlemen starting at \$80 - \$180

Hair blowout starting at \$55-\$85

Hair braiding \$5 per braid

Men's hair cut \$ 45

Ritz Kids Hair style & finish from \$25

Special occasion styling from \$100 - \$140

Full make-up application regular \$75

Eye lash extension starting at \$120

Teen make-up starting at \$30

Brides and grooms, please inquire about our special menu for hair and make-up treatments.

### Additional Spa services

Waxing - time and prices vary

Eye brow shaping

Eye lash and brow tinting

Oxygen bar

## SIGNATURE TREATMENTS

### DUSHI TERA

150 minutes \$575

A full body exfoliation treatment with organic coconut salt will prepare your skin for the organic red mud mask from the island. This treatment pairs perfectly with an organic deep cleansing facial and our famous Black Beach Stone massage. Your organic indulgence ends with a 'Sunchi' from Aruba, a fresh cactus infused lotion that soothes the skin.

### AWA AWAKENING

80 minutes \$275

Based on an old local Indian spiritual ritual and the use of one of the uniquely formulated local herbs/flower potions to choose from, we combine a 50 minutes 'spiritual' massage using a generous amount of warm massage oil with a shower treatment. Especially suited for those that are feeling fatigued. This experience will stimulate the senses allowing good energy to flow and restore balance to the body.

### CANDELA DESEO

110 minutes \$525

Enjoy a romantic ambience with champagne and chocolate covered strawberries. Now that this loving mood is set, your treatment begins with a body scrub made with freshly derived honey from our island. We continue with an aromatherapy massage for total relaxation. You will be swept away by the divine scent of a powerful potion in your bath created by our island herbalist. Escape into bliss with this treatment designed to relax you and the one you love.

### ARUBA SIGNATURE ORGANIC DIVI DIVI NAIL CARE

45 Minutes Manicure \$70

50 Minutes Pedicure \$85

\* A paraffin dip is included.

Experience the organic soak of local plants' extraction blend of Divi Divi, Wild Sage and Basora Preto (black broom) followed by a full pedicure. Our therapist will then cover your feet in an arnica coconut/red mud mask to extract toxins. Then enjoy an amazing foot massage with natural coconut oil. After cleansing your feet a warm foot cream is applied and your toenails painted with a color of your choice.

## SPA GUIDELINES

### Spa Reservations

We highly recommend making a reservation in advance. Our team is eager to assist you in creating a most memorable spa experience. You may call or email us to book your spa experience. It is important to inform us right away of:

- Any allergies and/or medical conditions including pregnancy
- If you have a specific or gender preference for your service provider
- if you are celebrating any special occasion

### Arrival time

We encourage you to arrive at least 30 minutes prior to your scheduled treatment. This will allow time to enjoy the spa facilities: steam room, sauna, whirlpools, lounges and relaxation room. All spa treatments will end on time in consideration for the next scheduled guest and therefore we are unable to extend your treatment time. All guests are invited to use the spa facilities between 9 AM - 5 PM.

### While visiting the Spa

To get the most out of your treatment, we encourage you to communicate with your therapist. Your comfort and enjoyment are most important to us, so let us know if you have concerns about depth of pressure during your massage, the temperature of your spa treatment room, music volume or other issues.

### Personal belongings/valuables

We are not responsible for any personal items and/or valuables brought into the spa or left in your locker. Please leave your valuables in a secure location in your hotel room or at home.

### Use of cell phones, electronic devices, cameras

To protect the privacy of our guests and to preserve the full guest experience, use of cell phones, electronic devices and cameras are prohibited in the spa and should be turned off.

### Age requirement

You must be 18 years or older to enjoy the spa relaxation areas, locker areas and Jacuzzi's. Massages cannot be performed on anyone under the age of 18 years. The salon area is available for children accompanied by a parent for the entire service.

### Food and Beverage

It is prohibited to bring any food or alcohol into the spa unless provided by the spa. No glass is permitted at the Jacuzzi or Locker areas.

### Method of payment

We accept all major credit cards, cash or travelers checks.

### Service charge

A 22% service charge will be added to each spa service. The service charge is distributed among The Spa staff and administration. Additional gratuities are at your discretion.

### Cancellation policy

If you must reschedule or cancel your appointment, please notify the spa at least 6 (six) hours in advance of your appointment. Any appointments rescheduled within the six-hour window will incur a move fee of \$25. In the event of a 'no-show' (no call to cancel) the full service fee will be applied. Cancellations of packages or private parties require one week's notice. Groups are subject to a four-week cancellation policy.

### Opening hours

9:00 AM - 6:00 PM (may vary depending on occupancy)