

SPA

AT THE RITZ-CARLTON JAKARTA, MEGA KUNINGAN



THE RITZ-CARLTON SPA

JAKARTA, MEGA KUNINGAN

WARM GREETINGS

FROM SPA AT THE RITZ-CARLTON JAKARTA, MEGA KUNINGAN

Pamper yourself with a unique experience that will immerse you into serenity and leave you revitalized. Spa treatment specially designed to bring a sense of holistic wellbeing. To facilitate a truly refreshing experience please take some moments to read following.

Nestled amidst lush tropical gardens is Jakarta's one of the best Spa. Introducing you to the 'Spice of Life' spa journey, that includes a selection of Indonesian traditional and luxury modern signature treatments of The Ritz-Carlton Spa. Greeted you with the soothing scent of traditional fragrance and relaxing melody as your spa journey's atmosphere. Using the traditional batik linen, of which batik tells you a different story behind the beauty of its own. Enter your sweet dreams as your choice of treatment starts and brings you to total tranquility. As you finish the awakening spa experience, sip in our home made refreshment drink at the Spa relaxation room before stepping into the private steam and sauna for a refreshing finish.

BODY MASSAGES

SERENITY MESSAGE

The heavenly massage specially design to relieve body's muscle tension. Involving Javanese and Swedish massage technique from soft to medium pressure, Serenity massage is consider as the best jet lag remedy, which brings your body relieved and refreshed. Select from an array of blended massage oil to suit every mood.

60 minutes IDR 600,000++

90 minutes IDR 800,000++

TWIN HARMONY

Known as the four handed massage, the massage applies a choreographic rhythm serenity massage or mystical touch massage where two-therapist work in harmony, resulting a total body relaxation and rejuvenation.

60 minutes IDR 1,100,000++

90 minutes IDR 1,500,000++

MYSTICAL TOUCH MESSAGE

Involving acupressure and reflexology points from feet, focus to your central nervous system. This signature massage continues with combination of massage technique including Hawaiian Lomi-Lomi, Swedish, and Javanese massage. Focusing on upper and lower back, makes an ultimate relaxing body massage treatment which stimulates the blood circulation and relieves muscle pain.

60 minutes IDR 600,000++

90 minutes IDR 800,000++

SPORTS MESSAGE

Post workout massage for whole body treatment, using combination of elbow pressure with Swedish and Javanese movements creates an intensive release of muscle tension for sport lovers.

90 minutes IDR 800,000++

HERBAL COMPRESS MESSAGE

Transforming the traditional therapy into a blissful spa experience, using heated herbal pouch with aromatherapy oil. The herbal pouch is condensed with traditional herbs and spices, utilized as the pressure along with Javanese and Swedish technique. Released heat from pouch and oil, creates a faster and deeper relaxation for body.

90 minutes IDR 800,000++



BODY MASSAGES

BLACK STONE THERAPY

Black basalt volcanic rock that absorbs and retains heat well with aromatherapy oil, merges with Javanese and Swedish technique. The retained heat gives body a deeper relaxation result which offers unique remedy to release natural body wellbeing.

90 minutes IDR 800,000++

FOOT THERAPY

Foot massage applies point pressure from feet, legs, hand, back, and head. Start with nerve endings in the feet, which relates to all different organs of the body. Holistic rejuvenating techniques that help restore balance and harmony to your body.

30 minutes IDR 350,000++

60 minutes IDR 500,000++

90 minutes IDR 650,000++

UPPER BODY CRANIAL MASSAGE

Tension reliever works on pressure points on back, shoulder and head. Working along meridians in harmonious synergy, this treatment relieves muscle tension in upper body resulting a fresher feeling throughout the day.

30 minutes IDR 350,000++



BODY BEAUTY

EXFOLIATION GLOW

Deep cleanse the skin while providing a unique exfoliation scrub to smooth the skin. Yoghurt lotion concludes the treatment, leaving your skin fresh and clean. Experience the Indonesian herbal scrubs with selections of Javanese lulur pinang, lulur colorless, coffee ginger and lavender granule for sensitive skin.

45 minutes IDR 450,000++

BODY SMOOTHING

A regenerating body masks extract from exhilarating blend natural herbs and earthy material to nourish the skin. Experience the Indonesian traditional body masks of jasmine, cinnamon, white rose, cumin on your skin and leaves it soft as velvet.

45 minutes IDR 450,000++

SPICE JOURNEY

The uniquely traditional body scrub and body masks treatment. Delicately made with exhilarating blend of traditional spices to nourish the skin, calming the mind and rejuvenating the body.

SPICE - Javanese lulur pinang scrub, cumin mask, gula asam herbal drink
UPLIFTING - Coffee ginger scrub, cinnamon mask, ginger coffee herbal drink

RELAXING - Lavender scrub, jasmine mask, beras kencur herbal drink

60 minutes IDR 600,000++

BACK REVIVER

Complete exfoliation to deep cleansing the back body skin's surface. Start with back body cleansing followed by back body scrub merges with body mask; finish off by back body massage along with aromatherapy oil using Javanese and Swedish technique.

60 minutes IDR 550,000++



FACIAL ART Ladies

ORGANIC FUSION

Harnessing the balancing power of plant energies to normalize the pH of the skin for a visibly younger, energetic and deeply hydrated complexion as well as providing a feeling of complete wellness. Features customized massage using pure essential oil blends followed by a rich multi vitamin mask to restore freshness and radiance.

60 minutes IDR 700,000++

PROPOLIS REMEDY

This richly repairing micro-emulsified gel contains a high concentration Propolis from the Jura Mountains of France. Combined with Lavender, Propolis Concentrate calms, heals and truly enriches your skin. Anti-bacterial and decongesting, this vast-constricting formulation alleviates micro-circulation problems and strengthens your fragile skin.

60 minutes IDR 800,000++

ORGANIC OLIGO PEPTIDE

A Topical alternative to Botox™
The most spectacular skin smoothing results for skin that beginning to show expression lines and lack of firmness. Exclusive patented Escutox™, a Freeze-dried complex of proteins, saccharides and oligo peptides, provides the skin with a dramatic demystifying effect. Wrinkles are reduced by up to 47% and skin elasticity is improved by up to 45%.

75 minutes IDR 1,050,000++

LUMINOUS "C" & SEA FACIAL

This in-spa treatment features a patent blend of stabilized vitamin "C" combined with the latest high-tech formulation of freeze-dried seaweed. It reduces fine lines, strengthens elasticity, and provides relief for dull, sun-damaged skin. Your complexion resurfaces renewed, firm and extremely smooth with a luminous glow.

75 minutes IDR 1,250,000++

WATER LILY

The peaceful, calming and repairing benefits of Nymphaea Alba Waterlily combine with soothing Green Tea and repairing Proline to reduce inflammation and heat in sensitized and dehydrated skin. This treatment is perfect after sun exposure and helps to restore lost moisture and vanquish free radicals that cause premature skin aging.

60 minutes IDR 800,000++



FACIAL ART

Gentlemen

MEN'S BOTANICAL

Specially designed for men, this facial delivers true wellbeing, using extracts from the earth only, organic plants and micro emulsion massage cream have been chosen and blended for their unparalleled ability to restore skin back to a healthy balance leaves the skin soft and smooth, nourishing, repairing and renewing. A customized mask is chosen according to the skins needs.

60 minutes IDR 700.000++

ORGANIC REMEDY

A Purifying and refining skin treatment that leaves skin supple and refines enlarged pores. The skin and neck are cleansed thoroughly before a gentle exfoliating is worked to soften congestion and oil accumulation. The skin is then massaged with a skin healing propolis concentrate followed by a skin balancing kaolin mask.

60 minutes IDR 800.000++

ULTIMATE YOUTHFUL FOR HIM

Counteract the aging process with this proven-effective advanced treatment specifically formulated for men. Repairing freeze-Dried Escutox™ replenish skin while counteracting aging aggressors. Visibly resurfacing, this mask promotes a demystifying effect. Wrinkles are reduced by up to 47% and skin elasticity is improved by up to 45%.

75 minutes IDR 1.050.000++

Eyes Treatment

DE-STRESS EYE PUFFINESS

The environment, travel and daily lifestyle choices can all visibly reflect on your most prominent feature. Containing Ginkgo Biloba, this treatment effectively relieves dark circles and unappealing puffiness for refreshed, radiant eyes.

30 minutes IDR 550.000++



RITUAL DELIGHT

SPICE ISLAND

An extensive body treatment, begin with body exfoliation that will cleanse and tone the skin. Follow by Aromatherapy Massage to leave you in deep state of relaxation.

90 minutes IDR 950.000++

PAMPERING BEAUTY

Complete a spa beauty with Mystical Touch Massage to relax your tired muscles and your choice of facial leaving your complexion tone for total beauty, refresh and feeling rejuvenate.

120 minutes IDR 1.150.000++

HARMONY ESSENTIALS

A relieving series of extensive spa treatments for total rejuvenation, start with natural body scrub, and follow with body wrap to nourish the skin, completed with a body massage that will provide a refreshing effect.

120 minutes IDR 1.250.000++

TRANQUILITY JOURNEY

Set in private exotic villa and start the journey with 30 minutes natural body scrub. Follow by 30 minutes body masker and 60 minutes Mystical Touch or Serenity Massage to enliven the spirit and stimulate the mind. Continue with 60 minutes Pevonia essential facial for both, exfoliates the skin and brings your complexion to a healthy glow. Plunge into Jacuzzi and cherish the end of the journey with a glass of wine for lasting memory.

210 minutes IDR 4.300.000++per couple

ROYAL LUMAFIRM®

This exclusive treatment is using the most luxurious Pevonia Lumafirm® body products, which has an exclusive formula consisting of 26 active ingredients for immediate absorbency and instant results. Start with 120 minutes Lumafirm® body treatment series, from body elixir massage, leaving a silky feeling in your skin, followed by micro-release massage gel which nourish, hydrate, revitalize, smooth and protect the skin. The treatment continues with Lumafirm® Body Wrap and Body Moisturizer for further enhancement of results.

Complete the journey with royal treatment of 60 minutes Luminous & Firm Elastin facial which tighten and firm your skin. The collagen polypeptides with myoxy caviar serum will help to prevent premature aging, more youthful appearance, deeply hydrates and tightens the skin. This treatment is suitable for all skin types. Plunge into Jacuzzi and cherish the end of the journey with a glass of wine and refreshment for lasting memory.

Royal Experience

210 minutes IDR 3,100,000 per person

210 minutes IDR 6,000,000 per couple

Body Experience

150 minutes IDR 2,300,000 per person

150 minutes IDR 4,400,000 per couple



RITUAL DELIGHT

YIN & YANG

Yin & Yang Spa rituals offer wonderfully rehydrated, bright smooth skin, deep relaxation and rejuvenation, as well as anti-stress and detoxification for ladies and gentlemen. Yin & Yang spa is inspired by Chinese philosophy where two opposite energies give rise to each other as they interrelate to one another.

Yin Ritual's concept treatment aims for a relaxing and calming the body. This head-to-toe treatment begins with a gentle foot bath to wonderfully rehydrate the skin, then body de-stressed massage with a skin smoothing aromatherapy and Salt Glow exfoliation (micro scrub), to smooth and soften the skin and remove impurities while increasing the circulation for better detoxification. A cool water lily with green tea wrap then applied to reduce irritation and inflammation. Lastly, a light facial and application of Ginkgo eye mask will help to ease eye puffiness. This luxurious journey leaves every inch of your skin velvety soft while rendering your body & face visibly rejuvenated.

Yang Ritual's concept is stimulating, energizing and warming. The ritual aims to boost the energy and blood circulation while clearing any blockages. This head-to-toe treatment begins with a foot bath and deep relaxing massage use a warm anti-stress massage oil to awaken the tissue and stimulate a healthy glow then followed by an invigorating Salt Glow Exfoliation (micro scrub) for a better inner

detoxification. Then a micronized natural Black Magma Back (moor mud) wrap is applied to stimulate the body circulation. It is ideal for those prone to chronic pain or fatigue, rheumatism and post sport injuries. The treatment ends with facial cleansing and face Acupressure.

To complete this heavenly ultimate treatment, plunge into private Jacuzzi the tropical Spa Villa and cherish the end of the lavish pampering with a glass of wine.

Guest can choose between the Yin Ritual or Yang Ritual. Couples are recommended to have the Yin Ritual for ladies and Yang Ritual for the gentlemen.

Yin & Yang Spa Rituals

210 minutes IDR 2,500,000 per person

210 minutes IDR 4,500,000 per couple

Body Ritual

150 minutes IDR 1,700,000 per person

150 minutes IDR 2,900,000 per couple



BEAUTY CORNER

WAXING DEPILATORY

Back IDR 350.000++

Bikini IDR 200.000++

Lips or Eyebrow IDR 120.000++

Underarms IDR 160.000++

Full arms IDR 210.000++

Half arms IDR 165.000++

Full legs IDR 300.000++

Half legs IDR 250.000++

Classic Manicure IDR 300.000++

Classic Pedicure IDR 350.000++

- In Room Massage available with additional surcharge.
- Elevate the moment with your loved one at our Couple Spa Villa, equipped with private Jacuzzi by only adding IDR 400.000,- per hour for upgrade surcharge in-room Jacuzzi with additional charge of IDR 400.000 per hour.



Spa Operation Hours

The Spa opens from 07.00 am – 12.00 midnight with last reservation at 10.30pm.

Spa Reservation

Spa reservations can be book directly through ext. 8975. We recommend that you book your desired treatment at least one day in advance to ensure availability.

Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation less than 4 hours' notice will incur a 50% cancellation fee. Full charges will be imposed for a 'no-show'.

Spa Arrival

1. We encourage you to arrive at the Spa at least 30 minutes prior to your scheduled treatment to ensure total relaxation and enhanced treatment results. This will allow you time to complete your information card, use the wet areas and relax before your treatment.
2. Arriving late for your appointment will limit your treatment time, reducing its full benefits and your enjoyment. Your treatment will end on time to prevent any inconvenience to the next guest and the same treatment price will apply.
3. Gentlemen are advised to shave 3 hours prior to any facial treatment.
4. We recommend you not wear jewelry nor carry valuables into the spa. The Management will not be liable for the loss of money or valuables brought into the spa.
5. For best results, it is recommended to relax for at least 30 minutes after any spa treatments before continue with any activities.

Special Consideration

1. Your health and safety come first. Please help us provide you with the best possible spa experience by completing the guest Information Card.
2. Guests, who are pregnant, have high blood pressure or any other medical conditions are advised to consult the doctor before using spa facilities or experience spa treatments.
3. In house hotel guests are welcome to visit the Spa dressed in bathrobes and slippers.
4. The Spa offers each guest the chance to relax and rejuvenate; we appreciate you leaving your mobile phone in your guest room or switching it to silent mode or off upon entering the spa premises.
5. Smoking and consumption of alcohol inside the spa premises are strictly prohibited. Alcohol consumption is not recommended prior to any spa treatment.
6. Admission to the spa is only for guest of at least 16 years of age.

The management reserves the right to remove any guest from the spa should they exhibit inappropriate behavior, even though she/he was charged for the treatment. Disclaimer: Conditions and prices are subject to change without prior notice.

All services are subject to 10% service charge and 11% applicable government taxes.