

TREATMENTS

FACIAL

RED CARPET TREATMENT	75 MIN FROM KR 1995
ESSENTIAL SHOCK	50 MIN FROM KR 1295
THE CURE THERAPY	50 MIN FROM KR 1295
THE CITRUS ESSENCE	50 MIN FROM KR 1295
THE O2 RELAX	50 MIN FROM KR 1295
DECLÉOR CLASSIC	50 MIN FROM KR 1145
CARITA DIAMOND	90 MIN FROM KR 2995
CARITA IDEAL	50 MIN FROM KR 1325
ULTIMATE LIFT FIRING	1 TIM 30 MIN FROM KR 2395
BABOR CLASSIC	50 MIN FROM KR 1145
ZO DEEP CLEANSE	50 MIN FROM KR 1325
ZO SIGNATUR TREATMENT	80 MIN FROM KR 1895

BODY TREATMENTS

FROM HEAD TO TOE NATURA BISSÉ:

D-STRESS/RECOVERY/RECHARGE/REJUVINATE	50 MIN FROM KR 1295
BAMBOO SCRUB	50 MIN FROM KR 1195
CITRUS SCRUB	50 MIN FROM KR 1195

AROMA BLEND DECLÉOR	50 MIN FROM KR 1295
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BABOR BODY WRAP INCLUDING BACK/NECK MASSAGE	50 MIN FROM KR 1325 75 MIN FROM KR 1625
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CLASSIC MASSAGE	50 MIN FROM KR 1145
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CLASSIC MASSAGE	80 MIN FROM KR 1695
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NECK AND BACK MASSAGE	25 MIN FROM KR 725
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PREGNANCY MASSAGE	50/ 80 MIN FROM KR 1695
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For a more detailed menu, please visit www.thethief.com/spamenu

HAMAM

1 PERSON	50 MIN FROM NOK 1325 PP
2 PERSONS, DUAL TREATMENT (1 THERAPIST)	50 MIN FROM NOK 995 PP
2 PERSONS, DUAL TREATMENT (2 THERAPISTS)	50 MIN FROM NOK 1325 PP
GROUPS (MINIMUM OF 8 PERSONS)	FROM 2 HOURS FROM NOK 795 PP

Hamam is a Turkish bathing ritual with ancient roots. Before it became common to have bathrooms in private homes, people went to the local hamam to wash. At the same time, it was an important social meeting place. We recommend visiting the steam bath before your treatment in the THIEF HAMAM, as it leaves your body warm and your skin soft and ready for the treatment.

On the heated hamam bench, the therapist begins with a thorough body scrub that effectively cleanses the skin, removes dead skin cells and increases circulation. This is followed by a ritual application of warm lather and a light massage, before your hair is washed and your scalp is massaged. After the treatment, you will feel completely relaxed, and your skin will be fresh and glowing. We recommend drinking plenty of water and relaxing after the treatment.

RHASSOUL

RHASSOUL | 30 MIN | NOK 495 PP | MAX 12 PERSONS

THIEF RHASSOUL is a Moroccan tradition that we have brought home. The name is derived from the volcanic mud which is taken from the foot of the Atlas Mountains, and whose therapeutic effects are known far and wide. The mud is 100 per cent organic and has a cleansing, exfoliating, healing and softening effect on your skin. The mud has a proven effect on several skin conditions and can also be used for the hair and the scalp. Different types of mud are distributed on various parts of the body to achieve the best effect. The treatment takes place in a steam room. Firstly, the skin is prepared with an effective salt scrub. Then the therapeutic mud is rubbed onto your skin – either by yourself or by one in your group. After 15 minutes, the mud is washed off with hot water in the special tropical showers. An effective and relaxing treatment for small as well as large groups.

THIEF GUSS

THIEF GUSS | 50 MIN | NOK 295 PP | MAX CAPACITY 25, MIN CAPACITY 10

Our THIEF GUSS Master creates a unique and addictive sauna experience, pouring water and essential oils on the hot stones, while explaining the origin and significance of each of the essential oils. Using different towel techniques, the heat and the scent from the oils are spread throughout the room, providing a sense of well-being as well as having a cleansing, detoxifying and revitalising effect while increasing your circulation, improving your immune system, and lowering your blood pressure. THIEF GUSS also focuses on Dr Kneipp's methods – alternating between hot and cold temperatures – which is a recognised way of stimulating the immune system.

OTHER TREATMENTS

THIEF SPA MANICURE USING GELISH	85 MIN FROM NOK 1095
THIEF SPA PEDICURE	50 MIN FROM NOK 1095
THIEF MAKEUP	FROM NOK 1095/HOUR
LASH EXTENSIONS	NEW SET FROM NOK 1990 REFILL FROM NOK 690

