



THE RITZ-CARLTON
CHARLOTTE





*Let us make the world
revolve around you.*

ESCAPE

Located in the heart of Uptown and surrounded by spectacular views, The Ritz-Carlton Spa, Charlotte is a true haven in the city. We invite you to relax and unwind in the stunning Aqua Lounge, chic Relaxation Lounge and therapeutic Vitality Lounges. Enhance your wellness experience with a work out in The Fitness Center or savoring poolside cuisine. Your city escape awaits you.



EXPERIENCE

HONEY & CHOCOLATE DETOX RITUAL

110 MINUTES

Rejuvenate your skin with this decadent experience. Honey's natural antioxidant and humectant properties exfoliate and soothe the skin, before a rich chocolate body mask deeply nourishes and hydrates.

INCLUDES Foot soak, full body exfoliation, body wrap, warm shower, relaxing massage

ECO-GREEN BODY TREATMENT

110 MINUTES

Purify your body with this ultimate skin renewal treatment. A fine grain scrub and nourishing earthy body mask leave your skin glowing. A hot oil scalp treatment and intuitive massage complete this luxurious service.

INCLUDES Foot soak, dry brushing, mud wrap, scalp treatment, body scrub, finishing massage

ORGANIC FACIAL & BODY WRAP

80 MINUTES

Treat your face and body to the purest of skin care with bio-dynamic ingredients that have potent healing and beautifying properties. Enjoy firmer, softer skin on your entire body after this custom body facial.

All products used are free of harmful chemicals, preservatives or additives.

INCLUDES Facial cleansing, skin analysis, exfoliation and mask, scalp massage, full body hydrating mask wrap



THE RITZ-CARLTON SPA

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MASSAGE

DEEP MUSCLE MASSAGE

80 MINUTES **OR** 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

STRESS RELIEF MASSAGE

80 MINUTES **OR** 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

RELAXATION MASSAGE

80 MINUTES **OR** 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

SOUTHERN HOT STONE MASSAGE

80 MINUTES

A therapeutic and rejuvenating massage using warm volcanic stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

NATURALLY NURTURED MASSAGE

80 MINUTES **OR** 50 MINUTES

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

COUPLES MASSAGE

80 MINUTES **OR** 50 MINUTES

A wonderful experience shared with a loved one or friend in our couple's massage room "Heart". Choose from Deep Muscle, Stress Relief, Relaxation or Naturally Nurtured Massages.



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BODY

BODY

NOURISHED GLOW

50 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.

INCLUDES Full body salt and oil exfoliation, back massage, oil application

BODY BALANCER

50 MINUTES

Restore serenity to body, mind and skin with this richly indulgent and deeply reviving back, neck and scalp treatment.

INCLUDES Back exfoliation, back massage, application of facial oil, scalp massage

TONING BODY WRAP

80 MINUTES

Stimulate circulation and reduce fluid retention with this intensely revitalizing treatment. Paprika and stinging nettle help improve your skin's elasticity and suppleness, while cinnamon and paprika reduce the visible signs of cellulite and aging. Carrot and calendula also work to nourish and moisturize your skin.

INCLUDES Dry brushing, herbal body wrap, scalp massage



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FACIAL

CUSTOM FACIAL

80 MINUTES **OR** 50 MINUTES

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

AGE-DEFYING FACIAL

80 MINUTES **OR** 50 MINUTES

Instantly combat the most visible signs of skin aging - smoothing fine lines and reviving youthful radiance to your complexion.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

ULTIMATE RADIANCE & RENEWAL FACIAL

80 MINUTES

Restore skin's vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The must-have treatment for immediate results prior to a special event

INCLUDES Brush cleanse, skin radiance mask, age-defying crystal massage, lifting mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

ORGANIC FACIAL

80 MINUTES **OR** 50 MINUTES

Infuse your skin with the finest organic skin care made from biodynamic ingredients. These potent, authentic formulations address anti-aging, sensitivity, congestion, discoloration and dehydration.

INCLUDES Facial cleansing, skin analysis, exfoliation, skin specific mask, facial massage, scalp massage

PERFORMED WITH EMINENCE PRODUCTS



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MEN

THE MEN'S MASSAGE

80 MINUTES

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

MUSCLE RECOVERY MASSAGE

80 MINUTES OR 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports related tension.

RELAXATION MASSAGE

80 MINUTES OR 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

STRESS RELIEF MASSAGE

80 MINUTES OR 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

POWER HOUR

50 MINUTES

Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens your senses, leaving you ready for anything.

INCLUDES Full body salt & oil exfoliation, back massage, oil application

THE MEN'S FACIAL

50 MINUTES

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

INCLUDES Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS



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BEAUTY

ULTIMATE HONEY & CHOCOLATE MANICURE

40 MINUTES

Indulge in the scents of chocolate and honey during this indulgent treatment. Honey and chocolate combine to repair, replenish and condition your nails with moisturizing shea butter to provide the ultimate hydration for long lasting results.

INCLUDES Soak, cut and file, exfoliation, cuticle work, massage, personalized mask, polish or buff

MANICURE

25 MINUTES

Essential maintenance for hands.

INCLUDES Soak, cut and file, cuticle work, application of hand cream, polish or buff

ULTIMATE HONEY & CHOCOLATE PEDICURE

50 MINUTES

A blissful treatment using deeply nourishing honey and chocolate to repair, replenish and condition your nails, feet and legs. A true spa experience in itself.

INCLUDES Soak, nail file and shape, exfoliation, cuticle work, massage, personalized mask, polish or buff

PEDICURE

35 MINUTES

Maintain amazing results and keep nails in good condition with this conditioning treatment.

INCLUDES Soak, nail file and shape, exfoliation, cuticle work, application of body cream, polish or buff

GEL POLISH APPLICATION

A revolutionary power polish is applied for an incredibly durable, chip-free manicure with superior shine.

INCLUDES Gel polish application during any nail service

WAXING SERVICES

A full list of luxury waxing services is available on the price list.



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ENHANCEMENTS

Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All Enhancements must be booked and received with a treatment.

FACIAL ENHANCEMENTS

MICRO-CURRENT

Improve muscle tone with the addition of this gentle electrical micro-current to any facial.

LIFESTAGE ANTI-AGING BOOSTERS

Boost any facial by using the technologically advanced LIFESTAGE serums and moisturizers to address all the most visible signs of aging.

GOLD REJUVENATING MASK

Diminish the appearance of fine lines and wrinkles, enhance the skin's elasticity all the while reducing inflammation and combating the signs of fatigue to leave a bright complexion. Ideal to enhance any treatment.

EYE & LIP ENHANCEMENT

Instantly reduces the appearance of fine lines and wrinkles, increases hydration and protects the skin from moisture loss during any facial.

BODY ENHANCEMENTS

HOT STONE MELTER

Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress during any massage treatment.

SMOOTH & FIRM BODY BUTTER

Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

BACK REVIVER

Reveal smoother skin during any massage with this exfoliating and refreshing treatment that will leave the back smooth, soft and hydrated.

FACIAL & BODY ENHANCEMENTS

MOROCCANOIL SCALP TREATMENT

Using the strengthening properties of MoroccanOil with a deeply relaxing scalp massage during any facial or massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.

HAND OR FOOT REVIVER

Reveal smoother skin with this exfoliating and nourishing treatment that will leave hands or feet smooth, soft and bright.

HAND OR FOOT PARAFFIN

Lock in moisture and rejuvenate the appearance of your skin with this paraben-free paraffin. Available with any treatment, this enhancement will leave your hands or feet feeling silky, smooth and deeply hydrated.



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