



SPA *del* REY

RELAX. BREATHE. RELEASE.

# enter a world of relaxation and beauty.

Experience customizable treatments with powerful results. Located in The Ritz-Carlton, Marina del Rey, Spa del Rey is an oasis with picture-perfect harbor views that create a unique backdrop for a day of relaxation. Spa del Rey utilizes luxury products and treatments to renew your state of well-being, while promoting balance and harmony. Whether you're traveling for business or pleasure or a local resident needing a half-day stay-cation, immerse yourself in the latest spa therapies designed to stimulate your senses and cleanse your mind, body and soul.

## Massage

### Spa del Rey Custom Massage

A customized blend of massage techniques designed for your specific needs and wants. Your choice of Swedish, Deep Tissue or a little of both! 30/60/90 MINUTES

### Body Plan

A Spa del Rey Custom Massage plus two massage enhancements. 60/90 MINUTES

### Athlete's Fire & Ice

This signature massage was created as the ultimate solution for fitness enthusiasts in need of intense bodywork. Hot stones warm sore, tense muscles preparing them for a deep tissue massage. A stimulating balm is used on targeted areas providing instant relief and leaving a tingly cooling sensation. The body is restored to a state of wholeness, ready to take on life's next physical challenge. 60/90 MINUTES

### Motherhood

A relaxing and nurturing massage for women in their second and third trimesters or postnatal time period. 60 MINUTES

A COUPLE'S SUITE IS AVAILABLE FOR THE ABOVE SERVICES.

## Massage Enhancements

### Hot Stone Focus

Heated basalt stones will penetrate targeted muscles and warm them up for focus on the deeper layers of the muscle tissue for those specific areas of concern.

### Foot Focus

Special attention to tired, achy feet using peppermint oil and warm towels on acupressure points.

### Scalp Quench

A deeply relaxing scalp massage featuring a meditative application of warm oil.

### Anti-Aging Soothing Balm

Nourish dry, dehydrated skin with a nutrient rich emollient that soothes skin and reduces fine lines and wrinkles.

### Muscle Comfort

A cooling stimulating balm is applied to sore muscles to increase circulation and comfort aches and pains.

### Dry Brush

A brush exfoliation to increase detoxification and soften skin. As an added treat, the brush is yours to keep!

### Revitalized Hands or Feet

A gentle sugar exfoliation followed by an hydrating body butter massage restores and revitalizes your hands and feet.

## Body Treatments

### Spa del Rey Custom Scrub & Massage

Enjoy a full body exfoliation followed by a hydrating shea butter massage. Your skin will feel instantly soft and radiant. 60/90 MINUTES\*

### Citrus Drench

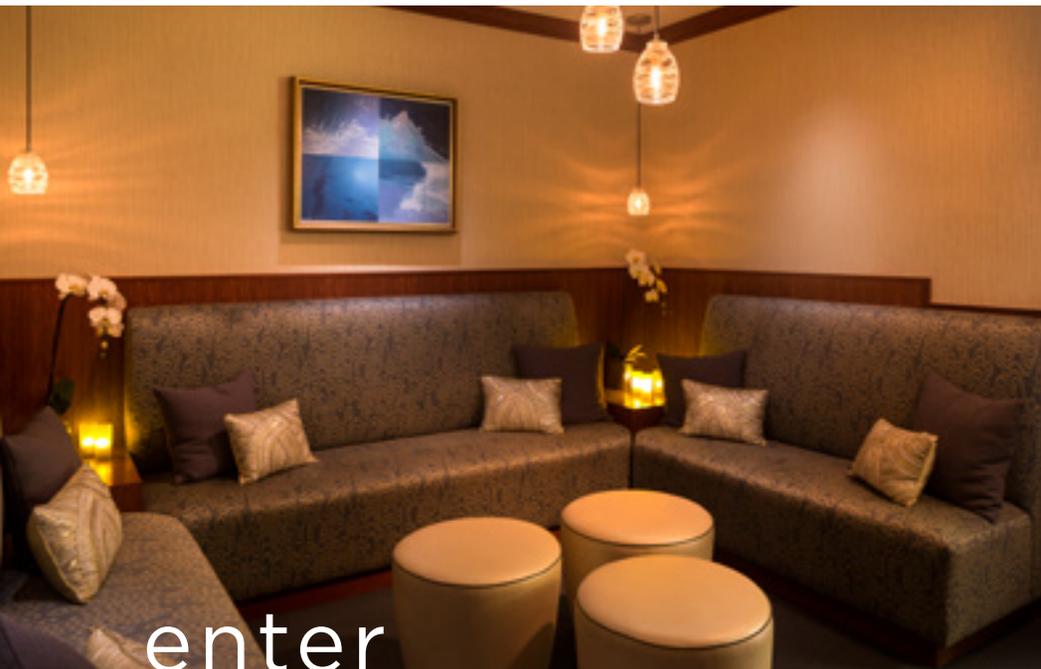
This body polish and wrap tones, while providing deep hydration. Natural ingredients protect the skin from dryness and aging, providing anti-oxidant and firming results. 60/90 MINUTES

### O2 Body Perfection

Experience full body oxygenation and detoxification starting with a hydrating exfoliant. An oxygen perfecting mask recaptures skin's lost vitality, eliminating toxins, and preventing fluid retention. Packed with rich antioxidants and purifying ingredients, this mask delivers maximum elasticity. The final touch includes an oxygen perfecting oil massage that is proven to reduce cellulite and reveal fresh, luminous skin. 60/90 MINUTES

### Diamond Rose Ritual

Enjoy a diamond dust exfoliation followed by a massage enhanced with rose oil. Let yourself be transported through a journey of restoration. 60/90 MINUTES\*



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### Fountain of Youth

A customized exfoliation polishes away dry, aging skin and reveals a brighter, more even appearance. Anti-aging peptides firm and lift in a detoxifying body wrap. A revitalizing serum and nourishing massage balm sculpt and tone the body to complete perfection. 60/90 MINUTES

ENHANCEMENTS AVAILABLE FOR 90 MINUTE TREATMENTS ONLY.  
\*ALSO AVAILABLE IN OUR COUPLE'S SUITE.

## Facials

### Direct Affect

A quick peel for a glow-on-the-go. Using a combination of five AHAs with anti-aging and lifting ingredients as well as exclusively developed massage techniques, this powerful and unique experience offers outstanding, rejuvenating results. 30 MINUTES

### Sensitive Skin

Sensitive skin will be left glowing after this treatment! This amazing facial protects, nourishes, restores hydration and promotes even skin tone to the most sensitive skin. 60 MINUTES

### Citrus Essence

This antioxidant treatment relieves sun-damaged skin and helps fight the signs of premature aging. Drench your skin with Vitamin C and nutrients, while stimulating collagen production and renewing skin's firmness. Your skin will emerge nourished and revitalized! 60 MINUTES

### Even Brighter

Even out, lighten and brighten your skin with this revolutionary brightening treatment. This facial helps address pigmentation concerns including skin discoloration, age spots, sun damage and acne scars without the use of harsh chemicals. A dose of antioxidants protect the skin, while a targeted serum evens the complexion. A NuFace quick lift takes this facial to the ultimate level. 75 MINUTES

## Facials

### Gentleman's Facial

This stimulating facial is designed for the special skincare needs of men, particularly addressing the effects of under-eye circles, stress and daily shaving, which results in dull skin. The exclusive combination of highly effective products adapt to the needs of each skin type while a scalp, neck and shoulder massage transports you to a state of profound relaxation. 60/90 MINUTES

### The Cure

This facial includes a cutting-edge thermo-active enzymatic detoxification: enzymatic heat that opens and softens the pores while refreshing botanical elements close and purify them. A nano-stimulating mask releases moisturizing, soothing and revitalizing effects on the skin, providing a radiant and luminous appearance. 60/90 MINUTES

### O2 Reboot

This highly detoxifying treatment is excellent for big city-goers, frequent flyers, smokers and anyone looking for a skin refresh. Our light-as-air formula penetrates the skin and releases pure oxygen molecules into the epidermal layer to re-energize natural cellular functions and eliminate toxins. A deep oxygenation and breathing massage further decongests body and mind. Feel your skin breathe! 60/90 MINUTES

### Diamond Experience Cryo-Repairing Lifting Facial

For the ultimate in luxury, it does not get more exquisite than this! Making its California debut exclusively at Spa del Rey, this revolutionary, anti-aging treatment reveals rejuvenated skin by means of an intensive mio-facial lifting massage and exclusive ingredients to penetrate the deepest layers of the skin for optimum regeneration. The "cold lifting" penetrates deeply in the skin to repair damaged DNA, bringing intense hydration and regeneration while brightening the skin to a revitalized and youthful appearance. 90 MINUTES

\*90 MINUTES INCLUDES EXTRACTIONS, ARM AND HAND MASSAGE AND EXTENDED SCALP, NECK AND SHOULDER MASSAGE.

## Facial Enhancements

### Scalp Quench

A deeply relaxing scalp massage featuring a meditative application of warm oil. (NO ADDITIONAL TIME REQUIRED)

### Revitalized Hands or Feet

A gentle sugar exfoliation followed by an intensely hydrating body butter massage. (NO ADDITIONAL TIME REQUIRED)

### Glyco 3 Peel

Triple exfoliation with Alpha-Hydroxy acids leaves the skin smooth and visibly refined. 15 MINUTES

### Vortex Fusion Extractions

Quick and painless extractions performed with the HydraFacial Hydrapeel Fusion tip. 15 MINUTES

### LED Light Therapy

Light therapy is a non-invasive anti-aging treatment to heal and minimize the effects of fine lines, sun damage or acne. 15 MINUTES

### NuFace Lip & Eye Treatment

Help diminish all signs of aging in these delicate areas. 15 MINUTES

### NuFace Quick Lift

Experience the technology of microcurrent to stimulate, lift and tone the facial muscles. NuFace is known as a "non-invasive facelift" and a celebrity pre-red carpet treatment for its immediate, yet cumulative results. Complimented with the NuFace Lip & Eye Treatment, diminishing signs of aging from the delicate lip and eye area. 20 MINUTES

THE NUFACE DEVICE IS ALSO AVAILABLE FOR PURCHASE IN THE SPA BOUTIQUE.

## HydraFacials®

An advanced medical-grade skin care treatment that targets fine lines and wrinkles; congested, oily and acne prone skin; rosacea and hyper pigmentation. It softens the appearance of large pores, improves skin texture and tone, and helps to repair existing sun damage. Recommended for all skin types.

### Booster HydraFacial MD®

This treatment offers the perfect skin care solution for the time-challenged, by bathing the skin in rich antioxidants and deeply hydrating hyaluronic acid. It starts with deep cleansing and gentle exfoliation, followed by painless extractions, and ends with a burst of hydration. 30 MINUTES

### HydraFacial MD®

A customizable, rejuvenating skin resurfacing treatment that immediately reduces the look of lines, wrinkles, acne, hyperpigmentation, congested pores and uneven skin tone on the face and neck. This facial also includes LED light therapy, leaving you to experience truly exquisite results. 60 MINUTES

### Deluxe HydraFacial MD®

An invigorating treatment that includes all the luxurious essentials of the HydraFacial for your face, neck and décolleté. It begins with lymphatic drainage therapy and also includes a Muti-Peptide Dermabuilder. 90 MINUTES

## Waxing

Brow	Full Face	Bikini	Half Leg
Lip	Underarm	Back	Brazilian
Chin	Arm	Chest	Full Leg

LENGTH OF SERVICES VARY FOR EACH CLIENT.

## Nail Services

### Spa del Rey Manicure

Relax and enjoy a hand massage complimented by a sugar exfoliation scrub that will restore hands, leaving your skin soft, as your nails are shaped and polished to perfection. 30 MINUTES

### Spa del Rey Pedicure

Begin with an aromatic foot soak and nail grooming with clipping, shaping and buffing, paying special attention to cuticles. A pure sugar scrub gently exfoliates and awakens youthful skin. Your choice of nail color completes this treatment. 45 MINUTES

### Athlete's Fire & Ice Pedicure

This powerful pedicure is perfect for athletes and those who are often on their feet. Helps to alleviate symptoms of pain and stress, and detoxifies by performing a massage with hot stones to increase circulation. A cooling stimulating relief balm appeases tired legs and comforts swollen ankles. The sensation of lightness will stay with you all day long. 60 MINUTES



### Citrus Splash Pedicure

A Vitamin C polish over the legs and feet provide the skin with a smooth and glowing appearance, complimented with a soufflé mask. Finalize this treatment with an application of a rich vitamin aroma balm to hydrate, moisturize and soften the skin revealing radiant legs. 75 MINUTES

### Diamond Rose Manicure

A luxurious treatment for your hands with an exquisite absolute rose oil, transporting you through a journey of restoration and well-being in a wonderful atmosphere of roses. 60 MINUTES

### Diamond Rose Pedicure

Pamper your feet with this bloom of roses treatment. Start off with a deep exfoliation, removing dull and rough skin using diamond dust. Recharge with a soothing absolute rose oil massage that alleviates tired and aching muscles and will leave your skin smooth as a rose petal. 60 MINUTES

## Nail Services Enhancements

### Gel Nails

This no-chip, long lasting polish is the latest breakthrough in nail technology, offering instantly dry and flawless finish that lasts up to two weeks. Perfect for busy schedules or any occasion that demands long-lasting color.

### French Polish

### Callus Cure

### Paraffin Treatment

### Hot Stone Focus

### Extended Massage

## Spa Packages

### Diamond Experience

3 1/2 HOURS

Diamond Cryo-Repairing Lifting Facial	90 MINUTES
Diamond Rose Manicure	60 MINUTES
Diamond Rose Pedicure	60 MINUTES

### Spa del Rey Experience

3 1/4 HOURS

Spa del Rey Custom Massage	60 MINUTES
Spa del Rey Custom Facial	60 MINUTES
Spa del Rey Manicure	30 MINUTES
Spa del Rey Pedicure	45 MINUTES

### Express Experience

1 HOUR

Spa del Rey Custom Massage	30 MINUTES
Direct Affect Facial	30 MINUTES



## Spa Etiquette

We recommend arriving 30 minutes prior to your service to unwind in the eucalyptus steam room, outdoor heated swimming pool and whirlpool, or just relax in the lounge with a book or magazine. Late arrivals may determine the length of your treatment as your service will end as scheduled so that the next guest may begin on time.

**Attire** Most guests disrobe completely for spa treatments. Our therapists are trained to appropriately drape you with sheets and towels for privacy. We provide a robe and slippers for all spa treatments. If you plan to enjoy the heated outdoor pool and whirlpool, please bring a bathing suit. We also have swimsuits for purchase in our boutique.

**Cancellation Policy** Cancellations and changes must be made 24 hours prior to your appointment to avoid being charged in full. Missed appointments will be charged the full amount of all reserved treatments.

**Service Charge** An 20% service charge will be added to the price of your service(s) for your convenience. Additional gratuities are a matter of personal discretion, and should reflect your satisfaction with our services.

**Cell Phones** To preserve a peaceful experience for everyone, we do not permit the use of cell phones in the spa.

**Non-Hotel Guests** For access to the pool, whirlpool, and eucalyptus steam, services must be at least 60 minute treatments per guest.

**Personal Belongings** We provide lockers for your personal belongings, but regret that we cannot be responsible for lost or damaged items. Please do not wear your jewelry to the spa. Due to the space limitation, we cannot accommodate luggage or sports equipment.

**Reservations** We encourage guests to make advance reservations. Our spa concierge is available to advise and assist you with treatment selections. Please notify us when booking your treatments if you have high blood pressure, allergies and physical disabilities; or if you are pregnant. You may request a male or female therapist for your service. All therapists are trained and certified professionals. Guests must be age 16 or over to receive services. Prices are subject to change without notice. Prices are exclusive of service charge (gratuity). A 20% service charge will be added to the price of your service(s).

**Groups** We are happy to accommodate groups of all sizes. Spa del Rey is a perfect place to gather with friends or business associates to relax and rejuvenate. Our customized treatments and personalized service make Spa del Rey the ideal location for any special occasion. A full private spa rental is also available for your special event; please inquire with our spa concierge.

**Bridal Parties** Please inquire about our special Wedding Packages Menu.

**Spa Hours** Spa del Rey is open 7 days a week from 8 a.m. to 8 p.m. Please inquire for seasonal hours.

FOR INFORMATION AND APPOINTMENTS, PLEASE CALL 310.574.4356  
OR BOOK ONLINE AT SPA-DELREY.COM

# SPA *del* REY

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310.574.4356 | [Spa-delRey.com](http://Spa-delRey.com)

