



Let us make the world revolve around you.

### ESCAPE

Escape to a world of tranquility in the luxurious Ritz-Carlton Spa, Vienna. Relax and spoil yourself in a world-class, urban Spa retreat, where we believe that wellness is the key to natural beauty. Our selection of sumptuous and yet effective treatments use only the finest products, known to enhance well-being, rejuvenate the body and mind and raise your level of beauty.



# EXPERIENCE

Vienna is acknowledged as a vibrant, cosmopolitan city and Spa guests will discover this unique sense of place in our urban spa retreat. International luxury spa expertise and legendary service are harmoniously presented in our glorious spa. Guided by the twin elements of health and beauty, our Spa rituals and treatments immerse our

guests in a world of utmost relaxation

and bring about inner peace.

THE RITZ-CARLTON SPA

#### IMPERIAL ROSE RITUAL

90 MINUTES

An experience inspired by the Empress Elisabeth, also known as Sissi and Vienna's famous Rose Gardens. This truly relaxing treatment works to re-balance the body. Rose Geranium and Sweet Orange oils are used to harmonize the mind while giving nourishment to the skin.

INCLUDES Salt & oil scrub, hot stone massage

### DELUXE BODY CULTIVATION

90 MINUTES

Give yourself the time to revitalize the body. Using natural healing aromatics combined with traditional massage techniques. This ritual brings about a truly hollstic, restorative experience.

**INCLUDES** Body scrub, aromatic bath, massage

PERFORMED WITH SUSANNE KAUFMANN PRODUCTS

### ALKALINE TAILORED FACIAL

90 MINUTES

A highly specialized, detoxifying facial treatment. The skin is brought to a natural state of balance, as toxins are sensitively removed by carefully devised cleanse, exfoliation and massage techniques. Skin is left regenerated and in harmonious balance, with a clear complexion.

INCLUDES Facial cleanse, alkaline exfoliation peel, lymphatic massage, alkali detoxifying mask

PERFORMED WITH SUSANNE KAUFMANN PRODUCTS

#### ULTIMATE NATURAL ANTI-AGING RITUAL

120 MINUTES

The optimum natural anti-aging ritual designed to counteract common lifestyle concerns which are so easily shown on our skin. This luxurious facial treatment will aim to tighten repair and restore a youthful glow which will result in a total rejuvenation ensuring you feel and look wonderful. The inclusion of highly effective ultrasound techniques, optimizes the results of this extremely effective treatment.

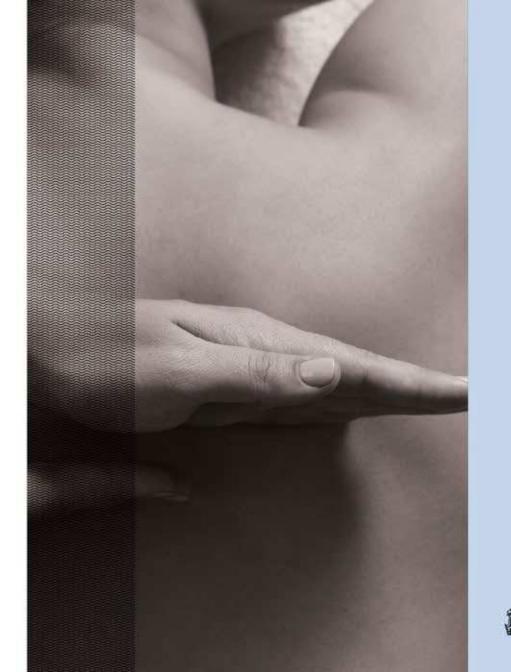
INCLUDES Foot bath and hand wrap, gentle exfoliation, deep lifting facial massage including Ultrasound, lifting mask, scalp and hand massage

PERFORMED WITH SUSANNE KAUFMANN PRODUCTS



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## MASSAGE

#### DEEP MUSCLE MASSAGE

90 MINUTES OR 60 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrate on specific areas of concern to help relieve common discomforts and sports related tension.

### STRESS RELIEF MASSAGE

90 MINUTES OR 60 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

#### RELAXATION MASSAGE

90 MINUTES OR 60 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses moderate pressure and a blend of essential oils to melt away tension.

#### HOT STONE MASSAGE

90 MINUTES OR 60 MINUTES

A therapeutic and rejuvenating massage using warm volcanic stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

### NATURALLY NURTURED MASSAGE

90 MINUTES OR 60 MINUTES

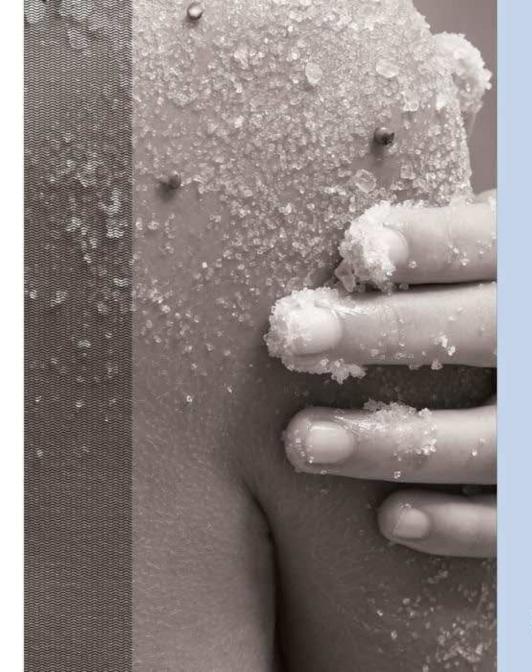
Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

#### ANTI-HEADACHE MASSAGE

60 MINUTES

This massage releases blockages that can often cause headaches. The upper body and scalp is relaxed through targeted stretching and massage techniques.

INCLUDES A traditional foot bath, aroma oil massage to arms, shoulders neck & scalp.



#### ULTIMATE BODY BALANCER

#### 90 MINUTES

Restore serenity to body, mind and skin with this richly indulgent and deeply effective bespoke treatment.

INCLUDES Back exfoliation and massage, custom facial, scalp massage

PERFORMED WITH ESPA PRODUCTS

#### NOURISHED GLOW

#### 60 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.

INCLUDES Full body salt and oil exfoliation, back massage and oil application

#### INTENSE DETOX

#### 70 MINUTES

Detox your body and mind using cleansing ingredients combined with specialized massage techniques to release stored toxins, tone the skin and revitalize the mind.

INCLUDES Detox oil peeling, acupressure, lymphatic drainage and Tuina massage

#### ULTRASOUND BODY SHAPE

#### 90 MINUTES

Tone and firm your body with this highly effective contouring treatment. Using ultrasonic waves to deliver active ingredients deep into the skin increasing the detoxification process and aids in the breakdown of fat cells.

INCLUDES Ultrasound treatment, anti-cellulite wrap, massage

#### ARKAYA DEEPA RELAXATION TREATMENT

#### 60 MINUTES

Stimulate blood circulation, refine skin and promote detoxification of the body. Using warm aromatic oils this treatment increases vitality, provides nourishment and promotes regenerating deep relaxation.

INCLUDES Jojoba exfoliation, warm oil massage

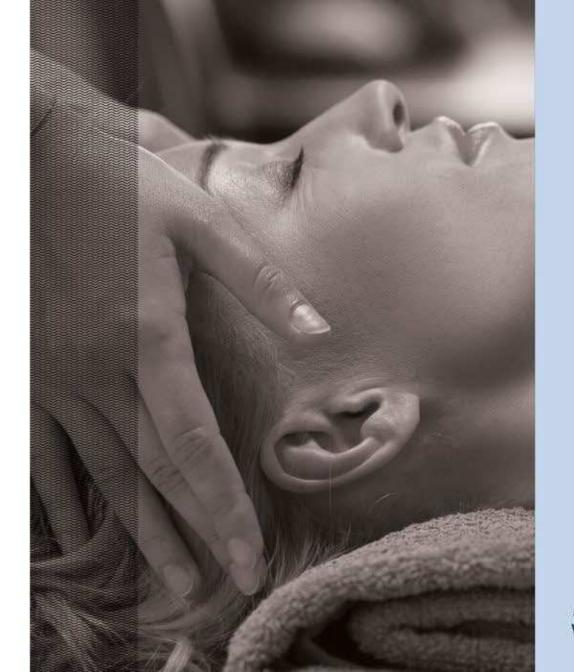
#### PERSONALIZED MINERAL BATHS

#### 20 MINUTES

Warming mineral baths integrate key elements of spa wellness; water, mineral salts and aromatherapy. As a prelude to a treatment and personalized for individual needs, they open the way to a deeper experience relaxing and detoxifying the body and mind.



THE RITZ-CARLTON SPA



## FACIAL

#### CUSTOM FACIAL

90 MINUTES OR 60 MINUTES

Purify, hydrate, brighten and smooth your complexion with this radiancerestoring facial that is tailored to your individual needs.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

#### AGE DEFYING FACIAL

90 MINUTES OR 60 MINUTES

Instantly combat the most visible signs of skin aging - smoothing fine lines and reviving youthful radiance to your complexion.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

#### **ULTIMATE RADIANCE &** RENEWAL FACIAL

90 MINUTES

Restore skin's vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The ideal treatment for

INCLUDES Deep brush cleanse, Skin Radiance Mask, age-defying crystal massage, professional Lifting Mask

PERFORMED WITH ESPA PRODUCTS

#### DEEP CLEANSING FACIAL

60 MINUTES

Deep clean and purify the skin using intense organic complexes. This treatment reveals a clear, fresh complexion bringing the skin gently back into a natural balance.

INCLUDES Deep cleansing, exfoliation, skin analysis, mask, hand massage

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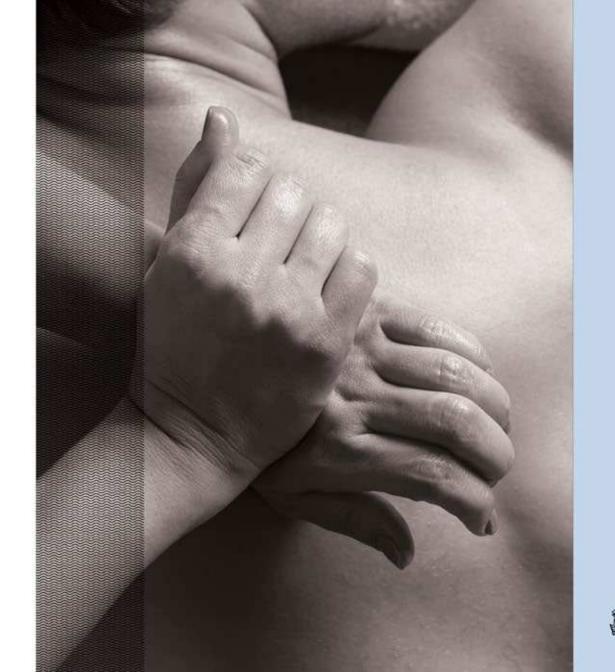
#### NATURALLY PERFORMED ANTI-AGING TREATMENT

90 MINUTES

Reveal smooth and revitalized skin with this highly active organic treatment; harnessing the benefits of natural immediate results prior to a special event. anti-aging ingredients with the use of deep-working ultrasound waves and specialized massage techniques. Designed to stimulate cell metabolism, increase collagen and repair the natural barrier function of the skin.

> INCLUDES Cleanse, skin analysis, exfoliation peel, ultrasound, facial massage, mask, scalp massage, hand massage and mask

PERFORMED WITH SUSANNE KAUFMANN PRODUCTS



### MEN

### THE MEN'S MASSAGE

90 MINUTES

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

#### RELAXATION MASSAGE

90 MINUTES OR 60 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses a moderate pressure and a blend of essential oils to melt away tension.

#### MUSCLE RECOVERY MASSAGE

90 MINUTES OR 60 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrating on specific areas of concern to help relieve common discomforts and sports related tension.

### STRESS RELIEF MASSAGE

90 MINUTES OR 60 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

#### POWER HOUR

60 MINUTES

Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens your senses, leaving you ready for anything.

INCLUDES Full body salt & oil exfoliation, back massage and oil application

#### THE MEN'S FACIAL

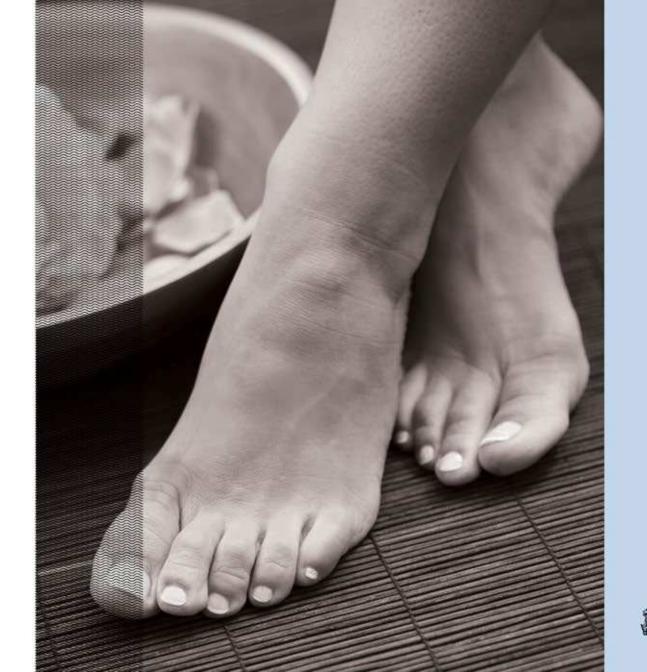
60 MINUTES

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

INCLUDES Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

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#### ULTIMATE MANICURE RITUAL ORGANIC VEGAN POLISH

60 MINUTES

This indulgent treatment provides long lasting results. Organic products, deeply nourish, repair, replenish and condition your nails.

INCLUDES Soak, cut and file, exfoliation, cuticle work, massage, sugar scrub mask, nail buff

#### ULTIMATE PEDICURE RITUAL

60 MINUTES

An intensive treatment using deeply nourishing, organic products to repair, replenish and condition your nails.

INCLUDES Soak, nail file and shape, exfoliation, cuticle work, massage, sugar scrub mask, nail buff

15 MINUTES

Add a layer of our extraordinary nail polish to either a manicure or pedicure. Take home a small bottle of nail polish in your chosen color.

INCLUDES Base cost, color application, top cost

#### ORGANIC VEGAN FRENCH POLISH

25 MINUTES

Add a layer of our extraordinary nail polish to either a manicure or pedicure. Take home a small bottle of nail polish in French Rose color.

INCLUDES Base coat, french colour application, top coat

#### SHELLAC POLISH REMOVAL

30 MINUTES

Remove existing shellac / gel polish prior to any manicure or pedicure.

#### SHELLAC MANICURE OR PEDICURE

75 MINUTES

A revolutionary shellac lacquer is applied and then set under UV lightning, leaving you with an instantly dry, incredibly durable, high shine, longer lasting manicure / pedicure.

INCLUDES Soak, cut and file, exfoliation, cuticle work, massage, shellec application

#### SHELLAC FRENCH MANICURE OR PEDICURE

90 MINUTES

A revolutionary shellac lacquer is applied and then set under UV lightning, leaving you with an instantly dry, incredibly durable, high shine, longer lasting manicure / pedicure.

INCLUDES Soak, cut and file, exfoliation, cuticle work, massage, shellac french polish application

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# ENHANCEMENTS

Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment.

All Enhancements must be booked with a treatment.

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#### HAIR CONDITIONING TREATMENT

Combining the strengthening properties of an organic Hair Elixir and the conditioning benefits of Pink Hair & Scalp Mud with a deeply relaxing scaip massage any massage. to reduce tension and leave you with beautifully healthy hair. Can enhance any massage, facial or body treatment.

#### LIFESTAGE ANTI-AGING BOOSTERS Boost any ESPA facial by using the technologically advanced LIFESTAGE serums and moisturizers to address all the most visible signs of ageing.

#### HAND REVIVER

Boost any facial, massage or body treatment to reveal brighter and smoother hands with this exfoliating and nourishing enhancement.

#### HOT STONE MELTER

Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress. The perfect enhancement to

#### SMOOTH & FIRM BODY BUTTER

Enhance any massage by adding the sublime benefits of a lifting and smoothing body butter to your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

#### FOOT / BACK REVIVER

Reveal smoother skin with this exfoliating and nourishing treatment that will leave feet or back smooth, soft and bright. Can enhance any massage or body treatment.



## GUIDELINES

#### CANCELLATION POLICY

Please be informed that our cancellation policy is 24 hours prior to the scheduled treatment start time. We reserve the right to charge 100% of the treatment costs in case of no-shows or cancellations made less than 24 hours.

#### SPA EXPERIENCE

We recommend arriving 20 minutes prior to your scheduled spa appointment at The Ritz-Cariton Spa, so as to give you ample time to prepare yourself for of other users and refrain from activities that may a relaxing experience. We will gladly provide a bathrobe, towels and slippers, as well as toiletries.

Should you arrive late, it is not possible for us to extend the duration of the treatment on the agreed time.

#### DRESS CODE

Changing clothes is only permitted in the locker rooms. Members and guests are required to wear appropriate clothing in public areas. Members and guests should wear correct swimwear in the swimming pool. For your own safety and security, it is recommended you wear appropriate sportswear and athletic shoes when using The Ritz-Carlton Spa and Fitness.

#### HYGIENE

For hygienic purposes, all guests and members are asked to take a shower before using the spe, the pool and prior to any treatments. When using sauna, steam bath and relaxation lounges, guests are requested to place a towel on the chairs as well as lounging areas.

#### ETIQUETTE AND BEHAVIOR

Members and guests are asked to respect the privacy disturb others. Sound equipment, such as portable music devices may only be used with headphones. Throughout the spa area, we kindly ask you to refrain from the use of mobile phones and cameras. Pets and smoking as well as the consumption of alcoholic Outside these times, treatments can be arranged beverages are not allowed in The Ritz-Carlton Spa. on request.

#### SAFETY

The Ritz-Carlton, Vienna gym is available to be used by persons aged 16 and over. The usage of the Ritz-Carlton Spa facilities is at your own risk. The management is not responsible or liable for any loss or damage to property. It is not advisable to leave valuables unattended in public areas of The Ritz-Carlton Spa.

#### HEALTH

Please inform us with regards to any health restrictions, such as allergies or injuries, which could limit your treatment or your spa stay. For your own safety, we recommend to consult a doctor in case of physical ailments such as high blood pressure, heart problems, diabetes and inform the Spa staff prior to the usage of facilities of The Ritz-Carlton Spa.

#### OPENING HOURS

The Ritz-Carlton Spa is open daily from 6am to 10pm. Spa treatments are offered daily from 10am to 8pm.

The fitness center is available 24 hours a day to hotel quests.

For more information or to book an appointment, "Book Online" or contact us at spa.vienna@ritzcarlton.com or call +4313t188 423.

