



# CASAS DO CÔRO

## HOTEL PRESENTATION

Casas do Côro have 31 rooms from six different accommodation typologies: four of them standard rooms; one single standard room; four superior rooms; seven suites; four villas with two and three rooms and five villas with one room. They have several living and reading rooms, “Casão do Largo” Restaurant for meals and “Atelier do Côro” for breakfasts and meetings with all the necessary means and capacity for 30 people, bar, outside swimming pool with bar for light lunches on summer, two outside lounges the “Refúgio das Fragas” and “Refúgio da Vinha” - biological and educational garden.

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## CONCEPT

Casas do Côro SPA is different for its particular surrounding where you can feel the welcoming of a pure and intact nature. Modern equipped the Casas do Côro Spa offers you face and body treatments on a holistic and multisensory approach. Our concept has on its basis five pillars for well being: beauty, harmony, nature, comfort and nutrition. The result is a space of pure leisure and relaxation where stresses of everyday life disappear.

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## APRESENTAÇÃO DO SPA

- \* Double jacuzzi
  - \* Panoramic Sauna
  - \* Panoramic Turkish bath
  - \* Indoor pool with 4 lumbar and cervical treatment zones and waterfall
  - \* Pool bar
  - \* Aqua Gym (water bike, treadmill and elliptical)
  - \* Two suites for double massages, one with the possibility of being outside
  - \* Relation room
  - \* Lifestyle Spa room with ambient lounge music, bar and fireplace open fire suspended
  - \* Outdoor garden of olive trees
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## PRESENTATION OF THE BRAND

DVINE is a Portuguese selective brand of cosmetics that is different for the exclusive fragrance of its products, inspired on the aroma of the first Port wine of entirely organic production.

DVINE is creating a new generation of cosmetics fusing on the same product the purity and the sustainability of the biologic ingredients with the efficacy and the sophistication of performance ingredients for an anti aging approach privileged and masterful. They are eight basic cares focused on the skin youth.

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ELEMIS is a brand with 25 years of experience in the market of beauty and well-being. It's now a leading brand in facial treatments, body and exotic rituals, having also launched anti-aging products that were award-winning and internationally recognized. Cosmetics and treatments of the British brand are present in the best SPAs of hotels around the world, in Steiner Group luxury cruises, in business class lounges and as exclusive partners of the airline British Airways.



## TREATMENTS

We will be at your disposal to clarify all your doubts and to provide you the best service. Casas do Côro Spa has a variety of personalized treatments that will give you what you need. We invite you to know our treatments where the body, mind and spirit melt each other on a smooth and relaxed atmosphere.

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## BODY TREATMENTS

### FEET TREATMENT | 25 MINUTES / 40 €

The feet massage technique involves the application of different pressures on reflex points on feet. A relaxing ritual for who wants to ease tensions and simultaneously pamper the feet. A combination of cleaning, exfoliation and hydration, that sends relaxation waves all over your body.

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### EXFOLIATION RITUAL | 40 MINUTES / 50 €

It is an indispensable ritual for a healthy and soft skin. It allows removing the dead exterior skin cells, stimulating the skin renovation and the maintenance of a skin healthy and profoundly clean. This ritual uses a exfoliating of seed grape and apricot kernel involved on an emollient and natural source that combines with the essential oil that you choose.

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### CLEOPATRA RITUAL | 1H and 30 MINUTES / 90 €

Cleopatra was one of the most fascinating women on the history and Casas do Côro Spa created this beauty ritual where nothing was forgotten. Face body and an aromatic bath that rejuvenates your skin and its going to make you ore beautiful and attractive. Enjoy it and feel yourself like a queen.

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### HARMONY RITUAL | 1H and 30 MINUTES / 90 €

It is a sweet elixir of beauty of a moisturising action and regenerating. Relax while you receive a fantastic face massage and a delicious “pedras do côro” massage. And to finalize a bubble bath with chocolate’s aroma.

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### MUSCLEASE AROMA SPA OCEAN WRAP | 45 MINUTES / 90€

A body mask of heated seaweed in synergy with a heated mixture of rosemary and pine essential oils that diminishes muscle pains, rheumatism, arthritis, muscular spasms and fatigue.

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### CELLUTOX AROMA SPA OCEAN WRAP | 45 MINUTES / 90€

It is a body mask of heated seaweed in synergy with a mixture of essential oils of lime and juniper. Detoxifies, decongests and stimulates all systems. It is excellent on cellulite reduction and fluid retention.

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## MASSAGENS

### **BACK MASSAGE | 25 MINUTES / 35 €**

A fundamentally massage to prevent and relief stiffness and tension from your column and neck. The ingredients of the essential lemon oil allows to feel an immediate comfort and a most deep and localized relaxation.

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### **RELAXATION MASSAGE | 55 MINUTES / 70€**

A massage with essentials oils that leads to pure relation allowing to recover the mood, increase energy and reduce stress. With the fluidity of movements and the ingredients of the oils is created an atmosphere of cal and harmony beneficiating body and soul.

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### **INVIGORATING MASSAGE | 55 MINUTES / 70€**

The aromatic and therapeutic properties of essential oils are the protagonists of this invigorating and revitalizing massage. Choreography of rhythm and sensation opens you the way to enjoy in fullness the fruity profile. Floral or balsamic from a magical mix that you made.

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### **MASSAGE WITH CANDLES | 55 MINUTES / 60€**

Relax your body. Let go yourself to the great power of candles and get in a zen world, giving you a well being sensation and harmony.

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### **PEDRAS DO CÔRO | 50 MINUTES / 70€**

Delight yourself with an energetic massage where hands and stones will join together in one. The hot stones are placed along the chakras, restabilising that way your emotional and physical balance and vital energy of your body. The heat of the stones along the tense muscles is an excellent antidote for the “madness” that we call day in and day out.

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## FACIAL CARE

### **FACIAL D'VINE | 40 MINUTES / 60€**

Try the power of cosmetic of fusion. The power of combination of vegetables extracts from the grape and ingredients antioxidant and regenerating of high performance does this facial the better of two worlds. Let yourself be embrace by the highly hydrating textures and for the unique aroma of the wine port. This is a ritual of beauty bohemian and chic, ideal for personalities that value the exclusive and the great power of nature.

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### **FRUIT ACTIVE GLOW – DEVITALIZED AND SALLOW SKINS | 60 MINUTES / 90€**

This treatment is used to achieve a deeply revitalized skin. It gives skin its natural vitality restoring its balance. It also eliminates the tired and heavy appearance of the skin, brightening your visage.

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### **EXOTIC MOISTURE DEW – DRY SKINS | 60 MINUTES / 90€**

This treatment is an intensive bath of hydration. It improves texture and skin tone with a deep hydration and nutrition. It does a depth cleaning, while it eliminates impurities and oxygenates the skin cells.

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### **HERBAL LAVENDER REPAIR – COMBINATION SKINS/ OILY SKINS | 60 MINUTES / 90€**

For a perfect balance of the skin, this treatment repairs and restores the excess of oil. Decongests, detoxifies and purifies oily skin.

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### **SKIN BOOSTER FACIAL – BRIGHT AND SMOOTH SKIN | 30 MINUTES / 45 €**

Perfect for a lunch hour or early evening "Beauty Flash", these facials are designed exclusively for the maximum results in minimum time.

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## PACKAGES

### CASAS DO CÔRO | 1H AND 30 MINUTES / 100€

Spoil yourself with a mix of exfoliation and a massage on your choice (relaxation or invigorating), to feel the soft skin effect and the sensation of general well being. To be able to give continuity to your experience you can buy one of our products.

**It includes:** an exfoliation, a relaxation massage or a invigorating massage.

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### TOTAL RELAX | 1H AND 30 MINUTES / 170€

The relaxation massage followed of a facial treatment with D'VINE products so you can obtain a total relaxation with the mix of sensations, aromas and techniques in order you feel light, without tensions and stress. The product that you bought will allow you to feel the same experience each time you use it.

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### PURIFYING | 1H E 15 MINUTES / 95€

A combination of treatments so you can release the "weights" accumulated on daily. Starting for giving more attention to feet but during the experience legs are not forgotten neither other areas of tension!

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### D'OURO | 1H E 40 MINUTES / 170€

Let the beauty of the landscape lead you and take care of yourself from head to toe! This is a deep treatment of feet, combined with a massage with rhythmic techniques and ending with a facial that is the "cherry on the top of the cake "!

Includes: feet treatment, invigorating massage, Facial Dvine.

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### MOMENTS FOR TWO | 2 HOURS / 190€ (PER PERSON)

A moment "dolce fare niente" for two! Our double suite is indicated to perform this ritual. We start with a gentle exfoliation followed by a relaxing massage and a luxurious facial treatment. Finally it will be reserve a moment that they will be only two in a hot tub, available for a romantic getaway, honeymoon or just to spend a special moment.

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### EXOTIC COCONUT RUB AND MILK RITUAL WRAP/FLOAT / 45 MINUTES / 90€

A ceremony of pure pleasure and sensuality!

This indulgent therapy calms and gently nourishes the skin, while smoothes the senses. Skin Nourishing Milk Bath slightly heated is involved in the body after a gentle exfoliation with Balinese coconut. This opulent and exotic bath nutrition is an excellent nourishing and soothing treatment that is combined with a massage on the face and scalp.

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### **ALL YOU SHOULD KNOW ABOUT TREATMENTS:**

Treatments are available only for people over 16 years.

If you want the treatment to be carried out in a double treatment room you must request it on booking. It will have an additional cost of 15 € and it will be confirmed upon availability.

Some of the treatments are also available to be held outdoors, see the conditions in the reception. We recommend you to do the SPA reservation at the same time as the reservation for the hotel due to the high occupancy of the SPA. Packages reservations must be obligatorily done at least 24 hours in advance before check-in.

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### **TO FULLY ENJOY YOUR EXPERIENCE:**

- **SCHEDULES:**

We will be available daily. For using the facilities and treatments: 10 a.m. to 8 p.m.

Schedules are subject to change so it may change according to the season, holidays or whenever necessary.

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- **USE OF FACILITIES:**

The access to the SPA must be requested at the reception and it will be subject to reservation as we preserve the customer experience and therefore it's only allowed to enter up to 12 people simultaneously. In periods of higher occupation, the permanence on the SPA will also be limited so that all guests can use the facilities. Guests over 16 years are welcome at any time within business hours and also by the above conditions.

But we do not forget the kids! For them there is a "happy hour" from 10 a.m. to 12 a.m. where they can only use the pool always accompanied by an adult.

The entrance to the SPA has a value of 30 €/person and 15€/child.

Who just does the treatment(s) and only the treatment doesn't need to pay the cost of the entrance to the SPA.

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- **WHAT TO WEAR:**

In the Spa Reception we have towels and bathrobes to use on the Spa. The use of bathing suit, bikini or shorts, slippers and swimming cap are compulsory. Disposable underwear will be provided for all body treatments, if you will. If the weather conditions allow and you wish so, you can come directly with the bathrobe from your room. If not, you must leave your belongings in the SPA reception, registering the Customer Form.

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- **ENVIRONMENT AND SAFETY:**

The SPA wishes to provide you total relaxation and a tranquility environment.

We ask you to switch off mobile phones or any other electronic device while staying in our facilities. It is not allowed to use them.

We ask you to keep in silence while enjoying the experience and/or treatments.

The pool has no lifeguard so the guest is responsible for their own health and safety when using the facilities of the SPA.

If you have any medical condition (at the moment or in a long-term) or if you are pregnant, we recommend that you look for advice from your doctor before using the spa facilities or let us know your clinic status. In the event of any indisposition, do not hesitate to ask for help.

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- **PERSONAL BELONGINGS:**

It is important that you keep your personal belongings in the hotel room.

Casas do Côro does not assume any responsibility for belongings left in any place within the SPA facilities.

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- **FOR INFORMATION AND APPOINTMENTS (OUT FROM CASAS DO CÔRO):**

Phone: +351 917 552 020

E-mail: [reservas@casasdocoro.pt](mailto:reservas@casasdocoro.pt)

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- **FOR INFORMATION AND APPOINTMENTS IF YOU ARE STAYING AT CASAS DO CÔRO:**

Dial 10 or go to the Reception

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- **TERMS AND CONDITIONS:**

**Payment**

The cost of treatments or products acquired in the SPA will be charged together with the room cost. The payment of both will be required at the check-out. You can ask for information relatively to the payment methods at the reception of the hotel.

**Cancellation policy**

If you need to cancel any reservation treatment or package let us know more than 12 hours in advance of the scheduled time of treatment: there will be no costs.

If you let us know with less than 12 hours in advance of the scheduled time of treatment we will charged you 50% of the treatment / package.

All information and prices of this SPA Menu must be considered as correct. However, Casas do Côro reserves the right to change or amend any details at any time without previous notice.

If the facilities are not fully operational, the management of Casas do Côro has the right to closed any division of the SPA at any time, for maintenance or other reasons.