### Schloss Fuschl SPA MENU





Our SPA is a place of rest and relaxation. We request your support in respecting this atmosphere and privacy of other guests. Please turn off your mobile phone and refrain from using cameras within the SPA area.

We request children to keep noise to a minimum. The Schloss Fuschl SPA is a non-smoking area.

#### Appointments

Due to high demand, we recommend making reservations prior to your arrival at the hotel.

So that you can relax and enjoy your treatments, we encourage you to arrive 10 minutes prior to your appointment. Please be advised that late arrivals will result in a reduction of treatment time. A full cancellation charge will be incurred for any treatment not changed or cancelled 24 hours prior to your appointment.

#### SPA Opening hours:

From 07:00 a.m. to 10:00 p.m.

#### Fitness:

Open 24 hours a day.

#### Treatment hours:

From 09:00 a.m. to 07:00 p.m. and upon request



## Anti-Aging and Luxury

In the spa areas of our hotels we offer professional anti-aging and detox programmes, fitness training and massage treatments at the highest level.

Our team consists of qualified cosmetic specialists, massage therapists and fitness trainers.

In our Schloss Fuschl Spa, in an area of 1100 square metres you will discover an indoor pool, an outdoor hot tub, a steam bath, Finnish, aroma and bio saunas.

Our treatment rooms overlooking Lake Fuschl are fitted with ultramodern equipment and have soft packs, infrared technology and wellness bath tubs.



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### Anti-Ageing and Professional Skincare

value of every Biologique Recherche product lies in its exclusive plant and biological extracts, guaranteed formulation and high-quality active to be perfectly kind to your skin. ingredients.

All ingredients are manufactured using

The Remodeling Face (electricity) und Micro-Puncture Lab (microneedling) treatment attain maximum skin rejuvenation for magical, extraordinary skincare results.

### Biologique Recherche Cosmetics Facial Treatments

#### Initialization Booster No 1 Soin LISSANT

For sensitive, stressed skin, immediately restores elasticity and freshness, creates an even complexion

€ 145.00

90 minutes

#### Initialization Booster No 1 Soin MC 110

For normal and devitalised skin plumps for fuller, lifted facial features

60 minutes € 145.00

Initialization Booster No 2 Lift CVS

Mechanical exfoliation, refines pores, reconstructs skin cells, lifts, rejuvenates

60 minutes € 145.00

with mask Feerie

90 minutes € 175.00

#### Biologique Recherche Remodeling Face

For bigger eyes, accentuated cheekbones, smoothed out wrinkles and clearer face contours thanks to the unique BR treatment device with 2 electric phases.

A workout for your facial muscles

60 minutes € 130.00 90 minutes € 180.00

#### Biologique Recherche Micro-Puncture Lab

Biological wrinkle treatment with acupuncture needles and active concentrates which needling brings into the collagen layers of the skin.

Long-lasting anti-ageing treatment.

120 minutes

€ 245.00

Remodeling Face Treatment combined with Micro-Puncture Lab

additional € 85.00

#### Seconde Peau

The revolutionary anti-ageing method for an alternative to botox and fillers. 3D technology with 80% hyaluronic acid Immediate, effective wrinkle smoothing.

60 minutes

€ 240.00

#### Skin Brightening and Anti Pigment Treatment

Targeting lightening of pigments and age spots. Visible reduction from the first treatment.

90 minutes

€ 165.00

# BIOLOGIQUE RECHERCHE Body Treatments

P 50 Gommage Peeling Treatment

Enzymatic full body peel in preparation for Biologique body treatments or massages.

30 minutes

€ 65.00

Body Lifting/ Lift C.V.S. Corps

Detoxifying, to slag and stimulating

Firming and regenerating

90 minutes

Essential Oil Treatment/ Detox- and Slimming

90 minutes

€ 170.00

€ 170.00

**Anti Cellulite Treatment** 

Fat and Water Reduction

90 minutes € 170.00

All Biologique Recherche treatments can be combined with each other. Our specialist team will be happy to help you to combine the treatments that your skin needs and provide comprehensive advice.



### LIGNE ST BARTH

The exquisite elixirs and spa treatments of LIGNE ST BARTH whisk you away to a world of Caribbean relaxation. Exotic oils and the fragrances of the Caribbean tiaré flower, fine lily or the essence of pure bourbon vanilla pamper the senses.

### Facial and Body Treatments

Facial treatments for relaxation

St. Barth Pureness

60 Min. € 125.00

St. Barth Freshness

60 Min. € 125,00

St. Barth Homme

60 Min.

€ 125,00

#### Softness

Gentle body peel, ideal in combination with an aroma oil massage.

60 minutes

€ 125.00

#### Sensation

Relaxing body treatment.

60 minutes

€ 120.00

90 minutes

€ 145.00



### Therapeutic Massages

#### Classic massage

Eases and releases muscle tension.

30 minutes

€ 70.00 (back)

60 minutes

30 minutes

60 minutes

90 minutes

€ 110.00

€ 70.00

€ 130.00

€ 195.00

90 minutes

Aroma oil massage

€ 150.00 30 minutes 60 minutes

90 minutes

Foot reflexology massage
Inner organs and energy systems are
stimulated and regenerated via the foot
reflex zones.

30 minutes

45 minutes

€ 65.00

€ 95.00

### Sports massage

Deep tissue massage, activates metabolism and blood circulation for muscle regeneration.

es € 85.00

€ 145.00

€ 195.00

30 minutes € 75.00 60 minutes € 140.00

reduces general fatigue.

90 minutes € 175.00

Lymphatic drainage massage

Stimulates the flow of your lymph

Improves sluggish metabolism and

and eliminate waste products.

fluids, assisting your body to detoxify





#### Lomi Lomi Nui

The mother of massages, a Hawaiian massage ritual for holistic relaxation.

60 minutes 90 minutes

€ 175.00

€ 210.00

### Schloss Fuschl SPA -Warm wax massage

Enjoy gentle light and warmth - for pure relaxation and soft skin.

60 minutes 90 minutes

€ 135.00 € 165.00 Base mineral salt bath -Detoxification

For detoxification and body deacidification.

30 minutes

€ 55.00



### Sport & Fitness

#### Strength training with a personal trainer

Equipment training for endurance, along with maximum development of muscles and strength growth.

45 minutes € 65.00 € 95.00 60 minutes

Functional training with a personal trainer

Strength training utilizing your own bodyweight.

€ 65.00 30 minutes 60 minutes € 95.00

**Individual Power Plate training** Optimal muscle growth for fast results.

30 minutes € 45.00 € 65.00 60 minutes

Individual yoga coaching

Challenging Hatha and Ashtanga yoga training for strength and mobility.

60 minutes € 95.00

Aquacise

An ideal combination of exercise and fun in the water.

30 minutes € 55.00 45 minutes € 65.00

After your exercise activities, we highly recommend a sports massage in order to provide physical balance. Our trainers are certified fitness and massage therapists, and are always available to share their expertise with you.

All treatments are available in combination with a precious stone / base mineral-salt bath or infrared light. Bookable for an extra charge of € 45.00 (30 minutes) bookable and highly recommended.



#### Pampering for two

We are happy to design a package tailored specifically to your needs. Enjoy your relaxation time together. We are happy to arrange your treatment as a couple by request.

#### Private SPA

Enjoy your sauna and private SPA area. Enjoy our different varieties of tea and your scheduled massage in a cozy private environment.

3 hours € 130.00

(excluding massage treatment)



### O.P.I. Manicure, Pedicure

SPA manicure

with peel and skin care.

€ 75.00 45 minutes

SPA manicure deluxe

with peel, hand massage, skin care and nail polish.

€ 105.00 60 minutes

Gel polish Manicure.

100 minutes € 135.00 SPA pedicure

with peel and skin care.

€ 75.00 45 minutes

SPA pedicure deluxe

with peel, foot massage, skin care and nail polish.

60 minutes € 105.00

Gel polish Pedicure.

90 minutes € 135.00 **Beauty Services** 

Face € 15.00 Underarms € 25.00 Bikini zone € 40.00 Half leg € 40.00 Full leg € 60.00





## Hair and Makeup Lounge at Schloss Fuschl SPA

Whether to quickly freshen up your "do" or for a professional wedding styling, we offer you a complete service for ladies and gentlemen. Our professional hair and makeup stylists will be pleased to offer you a consultation.

Pinned-up hairstyles from	€ 75.00
Wash and dry from	€ 55.00
Daytime makeup	€ 65.00
Bridal makeup	€ 105.00

#### Men's Package - Classic

Hair wash, haircut to suit, and head massage € 55.00

Hair colouring and other services are charged accordingly.

Bridal styling, individual and personal, upon request including trial session at the hotel.

### Gift Certificates







If you are interested in purchasing gift certificates, annual memberships, attending styling events or the private spa, please feel free to contact us. We are always pleased to assist.

Phone: +43 (0)6229 2253-1576 Email: spa@schlossfuschl.com

\* Prices are subject to change without notice.