



KAYANGAN SPA™

TREATMENTS MENU

All treatments begin with our signature
“REMPAH REMPAH” foot cleanse featuring a purifying combination
of neem and sيره leaves selected from our own healing garden.

**Select from our exclusive range of massage oils
(each one imbued with a unique benefit to fulfil your personal needs)**

MALAY

Combining 20 traditional herbs and spices to warm and soothe the body.

SARI EMBUN

Containing pure essences of frangipani and jasmine.
Relaxing and aromatic.

SARI AYU

Designed to purge impurities from within, this blend of green coffee,
ginger and lemongrass assists to detoxify and firm the body.

KAYANGAN

Our signature oil is hand crafted from neem leaves picked
from our own healing garden, highlighted with essence of orange,
this oil is stimulating and refreshing.



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MASSAGE BY KAYANGAN

TRADITIONAL MALAY URUT MASSAGE – (60 mins RM 240)

Practiced for centuries throughout Malaysia, this highly therapeutic massage focuses on pressure points and energy lines. A firm and deep technique handed down through generations and offered to experience in luxury at Kayangan Spa by our local healer or tukang urut. ***Advance booking required.***

BALINESE MASSAGE – (60 mins RM 240 , 90 mins RM 325)

The world renowned Balinese massage is performed using long strokes, skin rolling and thumb pressure. A rhythmic experience promising deep relaxation performed exclusively by our Balinese Spa specialists.

BAMBOO MASSAGE – (60 mins RM 260)

Local bamboo sticks are oiled creating a uniquely effective massage tool. Rhythmic, rocking, stretching and point techniques are achieved with the bamboo sticks, excellent for relieving tightness and soreness and working out muscle knots.

TIBETAN SINGING BOWL MASSAGE – (60 mins RM 260 , 90 mins RM 350)

Combining the Hawaiian technique of lomi-lomi, and vibrational and sound therapy assisted by the Tibetan singing bowl. This unique massage is designed to balance the body and remove energy blockages. A transformational experience not to be missed.

REFLEXOLOGY – (60 mins RM 150)

Based on ancient Chinese techniques utilising pressure point stimulation on the feet. This therapy is designed to improve circulation, encourage energy flow and promote a sense of well-being.

MALAY HAIR AND SCALP RITUAL – (60 mins RM 240)

Begin with a cleansing wash using specialty salon products. Our signature recipe of hair cream, hibiscus flowers, lime and essential oils is then massaged into the hair and scalp to reduce tension and stimulate circulation. After wrapping with steaming towels for deep penetration, our therapist will massage the shoulders, upper body and arms.

BODY BY KAYANGAN

**Combine with your favourite 60 minute massage for the ultimate body indulgence.
(Not applicable for Traditional Malay Urut Massage)**

PILIH PILIH - (120 mins RM 430)

Choose your own ingredients from the apothecary shelf. Blend a base of crushed rice, sea salt or earth clay with essential oils and botanicals of your choice. Select from grated ginger, dried flowers, spices and citrus rind to create a truly customized body treatment.



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HANDS AND FEET BY KAYANGAN

MANICURE – (60 mins RM 150)

Begin with a soothing soak and gentle exfoliation followed by cuticle grooming, a relaxing hand massage, nail shaping and polish using OPI products.

KAYANGAN MANICURE – (80 mins RM 200)

Enjoy all of the benefits of our Manicure with a more languid massage and an application of our signature Rosella skin mask to deeply cleanse and soften the skin.

PEDICURE – (60 mins RM 150)

Begin with a soothing soak and gentle exfoliation followed by cuticle grooming, a relaxing foot and leg massage, nail shaping and polish using OPI products.

KAYANGAN PEDICURE – (80 mins RM 200)

Enjoy all of the benefits of our Pedicure with a more languid massage and an application of our signature Rosella body mask to deeply cleanse and soften the skin.

TURUN TANAH – (90 mins RM 245)

A superb “treat for the feet”, enjoy this special treatment combination designed for the hardest working area of the body. Begin with our signature “REMPAH REMPAH” foot cleanse, followed by a foot and lower leg scrub and mask, then enjoy a therapeutic Reflexology treatment highlighted with bamboo techniques. Your feet will feel brand new.

FACE BY KAYANGAN

WAJAH RATNA – (60 mins RM 240)

Restore clarity and radiance to your face with this all natural facial inspired by the age-old royal beauty traditions of Malaysia. Crushed mung beans, petal essence and hibiscus are combined to cleanse tone and nourish the face for a pure, clear and healthy complexion.

WAJAH INDERA – (60 mins RM 240)

Utilising nutrient rich ingredients such as black rice, sandalwood and aloe vera specifically chosen for male skin. This facial is designed to deep cleanse, exfoliate and soothe and is complimented by a relaxing facial massage assisting to tone and firm the facial muscles.

OXYGEN INFUSION FACIAL – (60 mins RM 360)

Experience the latest international technique for instant skin revitalization.

Skin rejuvenating essences are delivered into the skin through therapeutic grade oxygen; results are immediately evident and include clearer, smoother, firmer skin with reduced blemishes. A must at the beginning and end of the holiday.

Options -

- ❖ Calming for sensitive skins
- ❖ Balancing for oily combination skins
- ❖ Regenerating for dry mature skins
- ❖ Whitening for lightening pigmentation spots



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STYLED BY KAYANGAN

Utilizing high quality salon products, enjoy a deep hair cleanse, nourishing conditioner applied with Balinese massage techniques and finish with hair ready to enjoy a wonderful night out.

Choose either -
WASH AND BLOW DRY – (RM 150)
WASH AND STYLE – (RM 150)

WATER THERAPY BY KAYANGAN

Add to your favourite body or facial treatment.

SIRAMAN RATUS – (25 mins RM 70)
A traditional herbal bath infusion made from warming spices and fragrant woods, soothing and healing.

SIRAMAN SARI – (25 mins RM 70)
Flower petals and essences are swirled together to transport you to a tranquil space.

SIRAMAN SUSU – (25 mins RM 70)
Creamy coconut milk, fragrant pandan and vanilla are blended for a nourishing soak.

KABUS WANGI – (25 mins RM 90)
Cleanse the body at a deep level and leave refreshed and renewed. Our aromatherapy steam room is infused with plant essences taken from our own healing garden.
Subject to room availability.

LANGKAWI LEGENDS BY KAYANGAN

MAHSURI – (180 mins RM 535)
An ode to Mahsuri, a legend that tells of a wronged maiden who's honesty and purity prevails in the face of darkness.
foot cleanse – body scrub – steam - body mask – reflexology – bath
A purification ritual. Begin with a foot cleanse followed by an invigorating sea salt body scrub to remove toxins, follow with a session in the steam room to open pores prior to the application of a cleansing body clay mask. Next experience foot reflexology to stimulate the body's natural processes and finish off with a deep cleansing bath soak.

TELAGA TUJUH – (25 mins RM 70)
Add to your favourite body or facial treatment.
Inspired by the exquisite waters of the seven wells where fairies are believed to dwell, this energizing bath soak is infused with 7 exotic healing ingredients native to our beautiful island home. Detoxifying gamat, iron rich seaweed, salt crystals, lemongrass, lime juice, kaffir leaves, and kayu putih essence are combined to invigorate the body and purge impurities from within.



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EXPERIENCES BY KAYANGAN

JARI JEMARI - (70 mins RM 280)

foot cleanse – back scrub – back mask – massage – poultice application
Designed to ease away aches and pains in the back and shoulders area, where most people carry their stress. Enjoy a refreshing scrub, healing mask and massage followed by the application of heated herbal poultices.

HALUSAN – (120 mins RM 435)

foot cleanse – dry body brushing – body mask – bath – bamboo massage
Experience this indigenous body treatment designed to heal the body, calm the mind and soothe the soul. Begin with our signature “REMPAH REMPAH” foot cleanse and invigorating dry body brushing, a spiced body mask is then applied to the skin to warm and soothe. Follow with a cucumber rub to balance the body temperature. Next relax into a traditional bath infusion and finish off with a Bamboo massage.

MERAK KAYANGAN – (185 mins RM 630)

foot cleanse – body polish – bath – Balinese massage – facial
Begin with a floral foot bath infused with tuberose essence followed by a hibiscus body polish and an indulgent soak in a luxurious petal strewn bath. Next enjoy a Balinese massage with Sari Embun massage oil to relieve tension, improve blood flow, ease stress and calm the mind and finish with a revitalising facial treatment. This journey will leave your soul renewed and your complexion radiant and luminous.

IINDERA MAHKOTA – (185 mins RM 630)

foot cleanse – body scrub – bath – Tibetan singing bowl massage – facial
This special treatment package is created with Men's skin and body needs in mind. After a cleansing foot ritual, enjoy a deeply exfoliating salt and herbal body scrub followed by a soothing bath, Tibetan singing bowl massage and finish off with a Gentlemen's facial treatment.

BERSANDING (couples treatment) – (140 mins RM 990 for two)

foot cleanse – body mask – massage – steam – bath
At Kayangan Spa indulge in pure luxury with this romantic body ritual. In a candlelit couples suite with sensual sounds playing synergize your energies with side by side indulgence; begin with an aromatic sweet chocolate body mask followed by a relaxing massage with Jasmine essence used for centuries as an aphrodisiac. Finish off with couples' steam and romantic soak in a petal strewn bath where we serve you your choice of tea or hot chocolate and delectable chocolate truffles.

CAHAYA SAKTI – (180 mins RM 535)

foot cleanse – body scrub – steam - body mask – reflexology – bath
Specifically created for body detoxification and regeneration. Begin with a foot cleanse followed by an invigorating sea salt body scrub, follow with a session in the steam room to open pores prior to the application of a cleansing body mask. Next experience foot reflexology to stimulate the body's natural processes and finish off with a cleansing bath soak.