



CASTELLO di VELONA
Resort, Thermal Spa & Winery
- MONTALCINO -

OLI SPA MENU

All our treatments include a 10 min. consultancy session with our beauty therapists

OLI SPA MESSAGES

THE ULTIMATE AROMATHERAPY EXPERIENCE ^{AA}

Time 80' Euro 132,00

This hero treatment release tension held in every part of the body, leaving you feeling deeply relax and recharged. Starting with the expert advice from your therapist to find out what your emotional and physical needs are, your body, helped by an Aroma test, will choose the most suitable oil blend best adapted to you in this precise moment of your life. With the selected oil, carefully applied pressures stimulate the nervous system, Swedish and Neuromuscular techniques relieve muscular tension, and lymphatic drainage helps encourage healthy circulation. This treatment works head to toes and it will dissolve all of your stress and tension. An intense massage ritual designed from a fusion of eastern and western techniques enabling the therapist to work on your body, mind and spirit.

INTENSIVE MUSCLE RELEASE ^{AA}

Time 50' Euro 88,00

This deeply restorative treatment is specifically designed to work deep into stiff, tight and aching muscles. Whether it's a heavy exercise schedule or too many hours spent sitting at your desk, when you are pushing yourself to your limit, your body could send you signals, starting to become stiff, tight and painful. Swedish and cross muscle fiber massage techniques are combined with the internationally acclaimed Destress Muscle Gel and Oil to instantly release pain and tension. Black pepper, Rosemary and Ginger warm the muscles and help disperse the build-up of lactic acid that causes stiffness and pain. Calming lavender soothes and act as an anti-inflammatory. Want to focus on a particular area? We will be more than happy to.

CALIFORNIAN MASSAGE

Time 50' Euro 88,00

Beyond the concept of relaxation and wellbeing. This massage will improve the flowing of vital energies, stimulating the blood circulation, plus an extraordinary effect on emotions.

DRAINING MASSAGE

Time 50' Euro 88,00

Sweet and rhythmic massage techniques to encourage lymphatic circulation. Detoxing action, it helps to defeat cellulite and is useful to reduce swelling legs and fluid retention.

BACK MASSAGE

Time 25' Euro 50,00

REFLEXOLOGY

Time 25' Euro 60,00

This ancient massage technique using pressures to stimulate the nervous system, improving the flowing of the energies, well-being and self-healing.



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OLI SPA RITUALS

CASTLE DREAM

Time 80' Euro 124,00

A treatment for weary travelers to get you back on track when you're feeling fuzzy-headed, tired and sluggish. This treatment helps to relieve swelling legs, ankles and aching muscles, it combines a Basil, Rosemary and Tuscan herbs body mask with a relaxing massage, which pays special attention to the area of the head and the feet.

TUSCAN SUNSET

Time 80' Euro 210,00

A couple package, the perfect ritual for those who want to enjoy the best of our region. Let us freshen you up with a Fiori di Sale salt, followed by a Tuscan Lavender Jacuzzi bath. A powerful anti-stress massage with an oil blended with wild herbs will find the end with a natural herbs tea of infuse.

RENDEZ-VOUS FOR TWO

Time 50' Euro 190,00

Our secluded double treatment room allow you to enjoy your preferred style of massage alongside your companion, ending all this romantic rendezvous with some of the best Champagne and Chocolates.

OLI SPA TREATMENTS

THE ULTIMATE DETOX REVIVER ^{AA}

Time 50' Euro 78,00

This invigorating treatment is specifically designed for those looking for an intensive body detox. The perfect therapy when you are dieting, feeling a little sluggish and lacking energy.

The ultimate trilogy of body brushing, exfoliation and mud mask stimulate lymph, remove dead skins cells while re-mineralizing the skin. A tailor made treatment to speed up the elimination of toxins, re-charged and re-energized mind and body.

CLEAR YOUR MIND ^{AA}

Time 110' Euro 169,00

The perfect ritual for those feeling ill-effect of stress and a hectic lifestyle. A chamomile and olive grain scrub refreshes legs and feet before you are treated to a spiritually uplifting inhalation of frankincense and a traditional aromatherapy massage to target symptoms of stress. A blend of chamomile, petit-grain and rosemary helps to calm and cleanse your thoughts, whilst an Ayurvedic scalp and facial massage with the award-winning Destress Mind Oil, works on your complete wellbeing to relieve anxiety and emotional exhaustion. Perfect for clear and refocus your mind and thoughts.

This is an effective treatment any time of day to refresh your memory and get your brain back on track.

SUMMER SKIN COOLER ^{AA}

Time 50' Euro 78,00

Soothe and re-hydrate over-exposed skin with this cooling, refreshing treatment.

The treatment combines the famous skin-healing properties of lavender with cooling peppermint and regenerative rose to rescue distressed skin. Gentle exfoliation prepares the body for an intensive layering of Renewing Rose Hydrating Body Gel, soothing Lavender and Peppermint Bath Oil. An Hydrating Rose Face Mask is applied to the face and while the active extracts get to work an Ayurvedic scalp massage releases tension, with the help of DeStress Frankincense essential oil, in the head for an all-over relaxing, restorative treatment.

Your skin will enjoy a cool, soothed and moisturized effect.



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BESPOKE SKIN POLISH ^{AA}

Time 25' Euro 35,00

A relaxing all over exfoliation and layering of richly nourishing products to leave the skin looking radiant and feeling wonderfully smooth.

HEAVY LEG REVIVER ^{AA}

Time 25' Euro 45,00

Get the energy flowing back through your feet with this rejuvenating treatment. A specially selected combination of lively, reviving essential oils to stimulate the circulation, reduce fluid retention and lift the spirits. Feet and lower legs are brushed, soaked, exfoliated with a scrub of ground olive pits and refreshed with hot towels before a stimulating Revive Body Gel and Oil are massaged into the skin.

ULTIMATE ROSE PREGNANCY MASSAGE ^{AA}

Time 50' Euro 84,00

Feel nurtured and supported in a time of constant change.

Choose from a selection of three oils each safely formulated to be used during pregnancy to nourish, renew and support your expanding skin so can reduce the risk of stretch marks. Using the traditional Aromatherapy pressure point massage for the upper back and paying particular attention to tight shoulders, this massage helps to relieve stress and tension. The legs are massaged to ease the heavy feeling that can come with pregnancy and a relaxing a rejuvenating full scalp and facial massage, will complement this top to toe treatment. Give yourself a moment to appreciate the joy of pregnancy and leave the stresses of life behind you.

SALT & HONEY EXFOLIATING NATURAL TREATMENT

Time 50' Euro 65,00

This treatment restores luminosity and radiance of the skin and the body. The native salt will slide on your body (light scrub), together with honey and oils resulting in a sweet and pleasant feeling and a single smoothing effect.

FACIAL TREATMENTS

ULTIMATE AROMATHERAPY ASSOCIATES FACIAL ^{AA}

Time 80' Euro 112,00

A bespoke facial, specially designed to suit your individual skin needs. This ultimate facial remains true to Aromatherapy Associates' skincare philosophy, preparing your skin by cleaning and exfoliating, followed by a layering of active serum, face oil and treatment mask. A combination of the finest pure essential oils and plant extracts are applied with specifically designed massage techniques, to restore and recondition the skin, leaving the complexion smooth and luminous. Treats your individual skincare needs to restore and recondition, leaving your complexion smooth and luminous.

AGE REPAIR FACIAL ^{AA}

Time 80' Euro 136,00

This is natural, highly effective skincare to reduce the signs of aging without using harsh chemicals.

This repairing and anti-aging facial works with natural oils of Inca Inchi and Larch extract which stimulate collagen formation to deliver firm and tightened skin, whilst the anti-inflammatory properties of Pomegranate and Rose Hip seed oil work on slowing down the effects of aging skin.

For a firm, plumped and more youthful looking complexion.



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ESSENTIAL ROSE FACIAL ^{AA}

Time 50' Euro 75,00

This luxurious facial harnesses the regenerative properties of Rose to nourish, soften and hydrate all skin types, especially the dry, delicate and finely textured complexions. This treatment helps to boost your circulation and promote cell renewal and regeneration, leaving your skin radiant, dewy and delicately scented. The result is a smooth, radiant complexion and a relaxed state of mind.

INSTANT EYE REPAIR ^{AA}

Time 25' Euro 38,00

Refresh and brighten your eyes with this revitalizing eye treatment, the perfect addition to any facial. The delicate eye area is the first place to show tiredness and aging and it really benefits from some special care and attention. This treatment uses specialized massage techniques to improve micro-circulation and drainage, helping reduce puffiness. Feel rejuvenated with eyes looking fresh, bright and youthful.

MEN FACIAL TREATMENTS

THE REFINERY ESSENTIAL FACIAL ^{AA}

Time 50' Euro 75,00

A treatment suitable for all skin types, particularly dull skin looking for a deep cleanse. A deep cleansing and brightening facial that will leave skin looking clean, luminous and deeply hydrated with rich, invigorating essential oils and botanical extracts. To complement the relaxing properties of this treatment, a relaxing scalp massage is also performed, leaving you with a calm and comforted state of mind.

This treatment refreshes and balances, leaving a clean and bright looking skin.

THE REFINERY POWER LIFT FACIAL ^{AA}

Time 80' Euro 136,00

This treatment is for men concerned with fine lines and wrinkles. A results-driven facial that will tighten, firm, reduce fine lines/wrinkles while nourishing the skin with the finest botanical blends and therapeutic essential oils.

A treatment that offers skin an instant lift while nourishing and hydrating.



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OLI SPA BEAUTY

Spa Manicure	Euro 50,00
Spa Luxury Manicure (80')	Euro 95,00
Spa Pedicure	Euro 60,00
Spa Luxury Pedicure (80')	Euro 105,00

WOMEN WAX

Entire Leg	Euro 35,00
Half Leg	Euro 20,00
Half Bikini	Euro 14,00
Entire Bikini	Euro 25,00
Arms	Euro 15,00
Armpits	Euro 15,00
Upper Lips	Euro 10,00
Eyebrows	Euro 15,00

MEN WAX

Back	Euro 40,00
Legs	Euro 50,00



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Oli Spa Etiquette

OPENING HOURS

Every day from 10,00 am to 8,00 pm.

Access to the SPA is allowed only for guests over 16 years old.

Flip-flops are available at the Spa reception. It is not allowed enter in the SPA with shoes.

SUGGESTIONS

We recommend to book treatments in advance in order to be able to book time and treatments you prefer.

For the reservation of a treatment in your private treatment room, where the accommodation has a dedicated cabinet, please contact the Spa Reception or the Front Desk.

We advise you to share with your therapist all information relating to your health or possible pregnancy at the time of booking. Please be advised that special pregnancy treatments are also available.

Each treatment required in your room will be charged at an additional cost of 30% on top rates.

We suggest to respect the scheduled appointments. A delay will entail a shorter treatment time and reduced treatment benefits. The treatment will end at the appointed time to avoid delays for the following Guest.

If you would like to cancel your treatment, please inform us, at least 3 hours in advance, otherwise the full amount of the treatment booked will be charged as penalty.

To enhance the effect of our treatments, we recommend our Guests to have a bath in the thermal pools and use the steam baths and sauna before the treatment, as well as to avoid the application of oils or creams and sun exposure after the treatments.

To all expecting mothers we kindly remind that all massages have to be avoided during the first 14 weeks of pregnancy. Do not resume treatment until after the 6 weeks' postnatal medical check.