



## THE VANDERBILT GRACE

We invite you to spend part of your relaxing time in our Spa located on the ground floor.

Our suggestions for your experience would be to enjoy a **refreshing dive in our indoor pool** alternating with a cold shower. A total of 3 or 4 alternations are great not only to relax you and renew your energy, but also promote your health and beauty.

The **Sauna** is available free of charge for all our guests between 6am and 10pm. Health and age restrictions are posted at the Spa.

### FACIALS

---

#### **Le Grande Classique**

Deep pore cleansing, restoring and relaxing facial for her or him

60 minutes \$125

#### **Alpha-Vital**

Radiance-enhancing, resurfacing treatment

60 minutes \$150

#### **Evasion Sensorielle**

First ever Facial Treatment Ritual choreographed with porcelain painting brushes...the ultimate in luxury

60 minutes \$150

#### **Advanced Optimizer**

With hibiscus and lupine peptides, a lifting and firming facial experience

60 minutes \$150

## BODY TREATMENTS

---

### **Vanderbilt Seasonal Body Treatment**

Natural botanicals and fruits combined with the purest oils, sugars and scrubs bring a renewing glow for spring, summer, autumn or winter  
Length of services and price may vary.

### **Gommage Marin**

Invigorating body polish rich in mineral salts and trace elements. This is a perfect complement to our Vanderbilt Signature Massage  
30 minutes \$85

### **Sole to Soul Foot Ritual**

Dip your feet into a warm aromatic bath of healing salts and essential oils before your polishing scrub from toe to knee, deeply warming massage to tired feet and finally a shoulder and scalp massage.  
45minutes \$85

## BODY MESSAGES

---

### **The Vanderbilt Signature**

A customized therapeutic massage incorporating warm aromatic compresses  
60/90 minutes \$115/\$175

### **Amber**

Soothing massage oil candle treatment...as if every bit of the body had no choice but to unwind and relax  
60 minutes \$125

### **Deep Tissue**

A perfect massage after sport or travel to help eliminate toxins and enliven circulation  
60/90 minutes \$135/\$195

### **The Brenton Point Hot Stone Massage**

With stones washed under the breaking waters of the Atlantic shoreline, deeply penetrating warmth reaches aching and fatigued muscles to the soul  
60 minutes \$145

### **Mommy-to-Be**

An expecting mother or new mother experiences many exciting changes. Specially trained therapists can bring comfort to aching back, hip and leg and help

Mommy relax

60 minutes \$125

### **The Duet**

A warm fireplace welcomes you into your Duet Spa Suite. Perfect for couples, mothers and daughters or two best friends

60/90 minutes \$250/\$350

## **SIGNATURE TREATMENTS**

---

### **Thai Yoga Massage**

A unique and deeply relaxing ancient practice that profoundly resets and restores the mind and body

60 minutes \$125

### **Migraine Miracle® Cold Stone Therapy**

A natural, safe, holistic and uniquely instinctual method for relieving the symptoms of migraine headaches. The Migraine Miracle® healing method incorporates cold stone therapy, proprietary essential oil blends and pressure point massage. This method provides a renewed sense of balance and harmony along with dramatic relief from migraine headaches without the use of prescription drugs.

30/60 minutes \$85/\$125

\*Cancellations must be made prior to 24 hours of service to avoid full penalty.



THE VANDERBILT  
GRACE

---